

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

- SEAA Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Danny Russell	Highgate H	26:17	14	Robert Thompson	Hillingdon	28:27
2	Mohamud Aadan	Thames Val	26:27	15	Sam Ashcroft	Ealing S&M	28:37
3	Alexander Dunbar	C.Norwich	26:43	16	Alex Robinson	Hercules W	28:41
4	Andrew Rayner	Blackheath	26:47	17	Alex Wall-Clarke	Southamptn	28:54
5	Nicholas Torry	Serpentine A	27:05	18	Thomas Stevens	Datchet Da	29:04
6	Matthew Graham	Belgrave H	27:14	19	Andrew Inskip	Bedford&D B	29:14
7	Luke Humphreys	Bedford&D A	27:30	20	James Chettle	Cambridge	29:38
8	Edward Shepherd	Woodford G A	27:36	21	Thomas Plibersek	Woodford G B	29:53
9	C Busaileh	Herne Hill	27:42	22	Naill Sheehan	Newham&E B	30:24
10	Glen Watts	Shaftesbur	27:44	23	Richard Edmonds	Serpentine B	30:46
11	Kevin Rojas	Brighton&H	27:48	24	Robert Wakefield	Aldershot B	33:14
12	Kieran Reilly	Tonbridge	28:13				
13	Jason Prickett	Aldershot A	28:25				

- SEAA Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	James Poole	Blackheath	14:22	41:09	+ 3	20	Kevin Murphy	Woodford G B	16:05	45:58	+ 1
2	Robel Bahelbi	Highgate H	15:09	41:26	- 1	21	David Lee	Datchet Da	17:13	46:17	- 3
3	Tom Hook	C.Norwich	15:03	41:46	0	22	Matthew Applegate	Cambridge	17:39	47:17	- 2
4	Matthew Bergin	Bedford&D A	14:22	41:52	+ 3	23	John Nugus	Serpentine B	17:19	48:05	0
5	Andrew Connick	Belgrave H	14:53	42:07	+ 1	24	Robert Hislop	Aldershot B	16:53	50:07	0
6	Daniel Bruynuoghe	Woodford G A	15:23	42:59	+ 2	Fastest runners over stage 2:					
7	Anthony Whiteman	Shaftesbur	15:18	43:02	+ 3	1	Matthew Bergin	Bedford&D A	14:22		
8	Ali Yahye	Thames Val	16:38	43:05	- 6	2	James Poole	Blackheath	14:22		
9	Pau Herrero	Serpentine A	16:06	43:11	- 4	3	Andrew Connick	Belgrave H	14:53		
10	Ian Crowe-Wright	Brighton&H	15:31	43:19	+ 1	4	Tom Hook	C.Norwich	15:03		
11	Simon Coombes	Herne Hill	15:49	43:31	- 2	5	Andrew Penney	Hercules W	15:06		
12	Dominic Brown	Tonbridge	15:22	43:35	0	6	Robel Bahelbi	Highgate H	15:09		
13	Andrew Penney	Hercules W	15:06	43:47	+ 3	7	Steve Hepples	Newham&E B	15:11		
14	Joshua Arnold	Aldershot A	15:34	43:59	- 1	8	Anthony Whiteman	Shaftesbur	15:18		
15	Ben Waterman	Ealing S&M	16:01	44:38	0	9	Dominic Brown	Tonbridge	15:22		
16	Michael Harrison	Bedford&D B	15:36	44:50	+ 3	10	Daniel Bruynuoghe	Woodford G A	15:23		
17	Peter Merritt	Southamptn	16:18	45:12	0						
18	Daniel Thompson	Hillingdon	16:53	45:20	- 4						
19	Steve Hepples	Newham&E B	15:11	45:35	+ 3						

- SEAA Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Benjamin Noad	Highgate H	27:01	1:08:27	+ 1	20	Alexander Miller	Datchet Da	28:50	1:15:07	+ 1
2	Daniel Mulhare	Belgrave H	26:44	1:08:51	+ 3	21	Louis Clark	Woodford G B	31:17	1:17:15	- 1
3	Steven Naylor	Bedford&D A	27:24	1:09:16	+ 1	22	Oliver Park	Cambridge	30:02	1:17:19	0
4	Matthew Gunby	Woodford G A	26:31	1:09:30	+ 2	23	N BarberisNegra	Serpentine B	30:27	1:18:32	0
5	Nicholas Earl	C.Norwich	28:09	1:09:55	- 2	24	Andrew Hislop	Aldershot B	35:35	1:25:42	0
6	Alex Gibbins	Blackheath	29:05	1:10:14	- 5	Fastest runners over stage 3:					
7	C Hartley	Thames Val	27:20	1:10:25	+ 1	1	Matthew Gunby	Woodford G A	26:31		
8	Steven Fennell	Tonbridge	27:25	1:11:00	+ 4	2	Daniel Mulhare	Belgrave H	26:44		
9	Steven Connor	Aldershot A	27:26	1:11:25	+ 5	3	Benjamin Noad	Highgate H	27:01		
10	Dave Morgan	Serpentine A	28:29	1:11:40	- 1	4	C Hartley	Thames Val	27:20		
11	Daniel Watts	Shaftesbur	28:41	1:11:43	- 4	5	Steven Naylor	Bedford&D A	27:24		
12	Ben Paviour	Herne Hill	28:42	1:12:13	- 1	6	Steven Fennell	Tonbridge	27:25		
13	Jake VanAllen	Brighton&H	29:39	1:12:58	- 3	7	Steven Connor	Aldershot A	27:26		
14	Frederick Slemeck	Hercules W	29:31	1:13:18	- 1	8	Nicholas Earl	C.Norwich	28:09		
15	Jacob Wiebel	Southamptn	28:30	1:13:42	+ 2	9	Dave Morgan	Serpentine A	28:29		
16	Olly Laws	Newham&E B	28:41	1:14:16	+ 3	10	Jacob Wiebel	Southamptn	28:30		
17	James Laing	Hillingdon	29:21	1:14:41	+ 1						
18	Richard Henderson	Bedford&D B	29:57	1:14:47	- 2						
19	Nicholas Landeau	Ealing S&M	30:11	1:14:49	- 4						

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- SEAA Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Michael Dan	Highgate H	15:40	1:24:07	0	19	Matthew Nicholson	Bedford&D B	16:25	1:31:12	- 1
2	Benjamin Alcock	Bedford&D A	15:17	1:24:33	+ 1	20	Simon Wigzell	Datchet Da	17:14	1:32:21	0
3	Matt Taylor	Belgrave H	16:03	1:24:54	- 1	21	John Ferguson	Cambridge	17:07	1:34:26	+ 1
4	James Stockings	Woodford G A	15:51	1:25:21	0	22	Wilbraham Rob	Woodford G B	17:44	1:34:59	- 1
5	Mohamed Mohamed	Thames Val	15:07	1:25:32	+ 2	23	Andrew Taylor	Serpentine B	17:34	1:36:06	0
6	Wayne Lincoln	C.Norwich	16:07	1:26:02	- 1	Fastest runners over stage 4:					
7	Niall Fleming	Shaftesbur	14:59	1:26:42	+ 4	1	James Shane	Newham&E B	14:33		
8	Steve Cooper	Blackheath	16:52	1:27:06	- 2	2	Niall Fleming	Shaftesbur	14:59		
9	James Thompson	Tonbridge	16:08	1:27:08	- 1	3	Jorge RasoGea	Herne Hill	15:05		
10	Ben Bradley	Aldershot A	15:47	1:27:12	- 1	4	Mohamed Mohamed	Thames Val	15:07		
11	Jorge RasoGea	Herne Hill	15:05	1:27:18	+ 1	5	Benjamin Alcock	Bedford&D A	15:17		
12	Martin O'Connell	Serpentine A	16:58	1:28:38	- 2	6	Michael Dan	Highgate H	15:40		
13	James Shane	Newham&E B	14:33	1:28:49	+ 3	7	Ben Bradley	Aldershot A	15:47		
14	David Boyce	Brighton&H	16:41	1:29:39	- 1	8	James Stockings	Woodford G A	15:51		
15	Timothy Sherman	Southamptn	16:26	1:52:49	0	9	Matt Taylor	Belgrave H	16:03		
16	Belal Aly	Hercules W	17:05	1:30:23	- 2	10	Wayne Lincoln	C.Norwich	16:07		
17	Joseph Carton	Hillingdon	16:24	1:31:05	0						
18	Mohamed Hashi	Ealing S&M	16:21	1:31:10	+ 1						

- SEAA Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Paskar Owor	Belgrave H	27:16	1:52:10	+ 2	20	Jim McMahon	Bedford&D B	31:39	2:02:51	- 1
2	Ben Pochee	Highgate H	28:16	1:52:23	- 1	21	Timothy Ballard	Woodford G B	31:01	2:06:00	+ 1
3	Matthew Janes	Bedford&D A	27:59	1:52:32	- 1	22	Alex Eggeman	Cambridge	31:38	2:06:04	- 1
4	Chris Smith	Thames Val	27:17	1:52:49	+ 1	23	Jamie Hogg	Serpentine B	31:17	2:07:23	0
5	Matt Shone	Woodford G A	27:52	1:53:13	- 1	Fastest runners over stage 5:					
6	Michael Skinner	Blackheath	26:50	1:53:56	+ 2	1	Michael Skinner	Blackheath	26:50		
7	Stu Huntington	C.Norwich	27:59	1:54:01	- 1	2	Paskar Owor	Belgrave H	27:16		
8	Orlando Edwards	Shaftesbur	27:37	1:54:19	- 1	3	Chris Smith	Thames Val	27:17		
9	Luca Russo	Tonbridge	28:38	1:55:46	0	4	Howard Bristow	Brighton&H	27:35		
10	Mark Dooley	Herne Hill	28:37	1:55:55	+ 1	5	Orlando Edwards	Shaftesbur	27:37		
11	Tobias Smith	Aldershot A	28:45	1:55:57	- 1	6	Matt Shone	Woodford G A	27:52		
12	Howard Bristow	Brighton&H	27:35	1:57:14	+ 2	7	Stu Huntington	C.Norwich	27:59		
13	Hugh Torry	Serpentine A	28:46	1:57:24	- 1	8	Matthew Janes	Bedford&D A	27:59		
14	Matthew Bennett	Southamptn	28:06	1:58:14	+ 1	9	Matthew Bennett	Southamptn	28:06		
15	Wayne Bell	Newham&E B	30:25	1:59:14	- 2	10	Ben Pochee	Highgate H	28:16		
16	Martin Bateman	Hillingdon	29:21	2:00:26	+ 1						
17	C Hepworth	Ealing S&M	29:57	2:01:07	+ 1						
18	Sean Crummy	Hercules W	31:31	2:01:54	- 2						
19	Rob Foster	Datchet Da	29:45	2:02:06	+ 1						

- SEAA Men Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Neilson Hall	Bedford&D A	14:34	2:07:06	+ 2	22	Richard Peel	Serpentine B	17:19	2:24:42	+ 1
2	Richard Ward	Belgrave H	16:06	2:08:16	- 1	23	Steve Lambert	Woodford G B	18:52	2:24:52	- 2
3	Jonathan Deane	Highgate H	16:07	2:08:30	- 1	Fastest runners over stage 6:					
4	Daniel Allport	Thames Val	16:15	2:09:04	0	1	Frank Baddick	Newham&E B	14:31		
5	Angus Holford	Woodford G A	16:00	2:09:13	0	2	Neilson Hall	Bedford&D A	14:34		
6	Oliver Maskell	C.Norwich	15:58	2:09:59	+ 1	3	C Joslin-Allen	Tonbridge	15:06		
7	G Vacharopoulos	Blackheath	16:29	2:10:25	- 1	4	James McCarthy	Brighton&H	15:44		
8	C Joslin-Allen	Tonbridge	15:06	2:10:52	+ 1	5	Oliver Maskell	C.Norwich	15:58		
9	James Trapmore	Shaftesbur	16:36	2:10:55	- 1	6	Angus Holford	Woodford G A	16:00		
10	Andrew Rooke	Aldershot A	16:08	2:12:05	+ 1	7	Richard Ward	Belgrave H	16:06		
11	Deron Fagan	Herne Hill	16:47	2:12:42	- 1	8	Cathal Logue	Serpentine A	16:07		
12	James McCarthy	Brighton&H	15:44	2:12:58	0	9	Jonathan Deane	Highgate H	16:07		
13	Cathal Logue	Serpentine A	16:07	2:13:31	0	10	Andrew Rooke	Aldershot A	16:08		
14	Frank Baddick	Newham&E B	14:31	2:13:45	+ 1						
15	Russell Osborn	Southamptn	17:42	2:15:56	- 1						
16	Carl Yates	Hillingdon	17:05	2:17:31	0						
17	Philip Glynn	Hercules W	17:01	2:18:55	+ 1						
18	Mark Cameron	Ealing S&M	18:02	2:19:09	- 1						
19	Gordon Barrie	Bedford&D B	16:51	2:19:42	+ 1						
20	Guiseppe Rivelli	Datchet Da	17:39	2:19:45	- 1						
21	Ben Jones	Cambridge	17:38	2:23:42	+ 1						

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- SEAA Men Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Lozano Alberto	Belgrave H	25:39	2:33:55	+ 1
2	Jack Goodwin	Bedford&D A	28:24	2:35:30	- 1
3	Tom Beedell	Woodford G A	28:12	2:37:25	+ 2
4	Ryan McKinlay	Highgate H	28:59	2:37:29	- 1
5	Frank Bailey	Shaftesbur	26:48	2:37:43	+ 4
6	Piers Arnold	C.Norwich	27:48	2:37:47	0
7	Peter Tucker	Blackheath	27:24	2:37:49	0
8	Thomas Cox	Tonbridge	28:13	2:39:05	0
9	Sean Renfer	Thames Val	30:11	2:39:15	- 5
10	Mark Greenwood	Aldershot A	28:56	2:41:01	0
11	Joshua Mutch	Brighton&H	28:33	2:41:31	+ 1
12	John Kettle	Herne Hill	29:49	2:42:31	- 1
13	Yari Fontebasso	Serpentine A	30:05	2:43:36	0
14	Edward Baber	Southamptn	30:27	2:46:23	+ 1
15	Ian Grime	Newham&E B	32:51	2:46:36	- 1
16	James Manley	Hillingdon	31:31	2:49:02	0
17	Joe Toomey	Hercules W	30:26	2:49:21	0
18	Chris Bradfield	Datchet Da	29:41	2:49:26	+ 2
19	Steven Herring	Bedford&D B	30:27	2:50:09	0
20	Max Wells-Pestell	Ealing S&M	33:10	2:52:19	- 2
21	Iain Wood	Cambridge	31:41	2:55:23	0
22	Richard Milner	Serpentine B	31:07	2:55:49	0
23	Tony Russell	Woodford G B	31:24	2:56:16	0

Fastest runners over stage 7:

1	Lozano Alberto	Belgrave H	25:39
2	Frank Bailey	Shaftesbur	26:48
3	Peter Tucker	Blackheath	27:24
4	Piers Arnold	C.Norwich	27:48
5	Tom Beedell	Woodford G A	28:12
6	Thomas Cox	Tonbridge	28:13
7	Jack Goodwin	Bedford&D A	28:24
8	Joshua Mutch	Brighton&H	28:33
9	Mark Greenwood	Aldershot A	28:56
10	Ryan McKinlay	Highgate H	28:59

- SEAA Men Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Kristopher Gauson	Belgrave H	14:20	2:48:15	0
2	Matt Leach	Bedford&D A	15:19	2:50:49	0
3	Jordan Donnelly	Woodford G A	15:24	2:52:49	0
4	Brahma Pochee	Highgate H	16:10	2:53:39	0
5	Zachary Randall	Shaftesbur	16:32	2:54:15	0
6	Sean Watson	C.Norwich	16:35	2:54:22	0
7	Harry Paton	Tonbridge	16:05	2:55:10	+ 1
8	Ross Braden	Blackheath	17:30	2:55:19	- 1
9	Paul Heaphy	Thames Val	16:23	2:55:38	0
10	David Mulvee	Herne Hill	14:55	2:57:26	+ 2
11	Zared Hale	Brighton&H	16:24	2:57:55	0
12	Andrew Conway	Aldershot A	18:07	2:59:08	- 2
13	Will Green	Serpentine A	15:46	2:59:22	0
14	Martin Johnson	Southamptn	16:22	3:02:45	0
15	Alan Metcalfe	Bedford&D B	17:04	3:07:13	+ 4
16	Stewart Bond	Hercules W	18:48	3:08:09	+ 1
17	Dean Burch	Hillingdon	19:25	3:08:27	- 1
18	Douglas Orr	Datchet Da	19:22	3:08:48	0
19	Martin Shelley	Ealing S&M	17:48	3:10:07	+ 1
20	Istvan Jacso	Cambridge	17:02	3:12:25	+ 1
21	Alec Laing	Serpentine B	17:52	3:13:41	+ 1
22	Joe Everitt	Woodford G B	17:39	3:13:55	+ 1

Fastest runners over stage 8:

1	Kristopher Gauson	Belgrave H	14:20
2	David Mulvee	Herne Hill	14:55
3	Matt Leach	Bedford&D A	15:19
4	Jordan Donnelly	Woodford G A	15:24
5	Will Green	Serpentine A	15:46
6	Harry Paton	Tonbridge	16:05
7	Brahma Pochee	Highgate H	16:10
8	Martin Johnson	Southamptn	16:22
9	Paul Heaphy	Thames Val	16:23
10	Zared Hale	Brighton&H	16:24

- SEAA Men Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Philip Wicks	Belgrave H	26:29	3:14:44	0
2	William MackKay	Bedford&D A	27:55	3:18:44	0
3	Michael Callegari	Shaftesbur	27:01	3:21:16	+ 2
4	Scott Overall	Blackheath	26:18	3:21:37	+ 4
5	Harold Wyber	Woodford G A	29:17	3:22:06	- 2
6	Richard Scott	Highgate H	28:39	3:22:18	- 2
7	Luke Allen	C.Norwich	29:05	3:23:27	- 1
8	Ben Cole	Tonbridge	28:39	3:23:49	- 1
9	Peter Scannell	Thames Val	30:30	3:26:08	0
10	Jeff Cunningham	Herne Hill	28:57	3:26:23	0
11	Matthew Bristow	Brighton&H	29:28	3:27:23	0
12	Rick Weston	Serpentine A	28:25	3:27:47	+ 1
13	Grant Burnett	Aldershot A	29:51	3:28:59	- 1
14	Graham Fisher	Southamptn	30:31	3:33:16	0
15	Craig Emmerson	Bedford&D B	31:43	3:38:56	0
16	Guy Richard Bowles	Datchet Da	31:06	3:39:54	+ 2
17	Alex Urban	Hercules W	33:29	3:41:38	- 1
18	Angelo John	Ealing S&M	32:22	3:42:29	+ 1
19	Simon Connell	Hillingdon	34:09	3:42:36	- 2
20	Andy Robbins	Serpentine B	31:24	3:45:05	+ 1
21	Gareth Cavell	Woodford G B	31:30	3:45:25	+ 1
22	Neil Carrington	Cambridge	34:08	3:46:33	- 2

Fastest runners over stage 9:

1	Scott Overall	Blackheath	26:18
2	Philip Wicks	Belgrave H	26:29
3	Michael Callegari	Shaftesbur	27:01
4	William MackKay	Bedford&D A	27:55
5	Rick Weston	Serpentine A	28:25
6	Ben Cole	Tonbridge	28:39
7	Richard Scott	Highgate H	28:39
8	Jeff Cunningham	Herne Hill	28:57
9	Luke Allen	C.Norwich	29:05
10	Harold Wyber	Woodford G A	29:17

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- SEAA Men Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	William Cockerell	Belgrave H	15:53	3:30:37	0	21	Richard Park	Cambridge	17:05	4:03:38	+ 1
2	Josh Lunn	Bedford&D A	15:22	3:34:06	0	22	Robert Quantrell	Woodford G B	19:28	4:04:53	- 1
3	Bertie Powell	Woodford G A	15:22	3:37:28	+ 2	Fastest runners over stage 10:					
4	Anthony Jackson	Shaftesbur	16:15	3:37:31	- 1	1	Mark Haskett	Thames Val	15:19		
5	David McKinlay	Blackheath	16:34	3:38:11	- 1	2	Bertie Powell	Woodford G A	15:22		
6	Stephen Whiting	Highgate H	16:03	3:38:21	0	3	Josh Lunn	Bedford&D A	15:22		
7	James Berehowskyj	C.Norwich	16:14	3:39:41	0	4	William Cockerell	Belgrave H	15:53		
8	Alex Howard	Tonbridge	16:18	3:40:07	0	5	Mohammed Ismail	Herne Hill	15:55		
9	Mark Haskett	Thames Val	15:19	3:41:27	0	6	Stephen Whiting	Highgate H	16:03		
10	Mohammed Ismail	Herne Hill	15:55	3:42:18	0	7	James Berehowskyj	C.Norwich	16:14		
11	Tim Lunnon	Brighton&H	16:35	3:43:58	0	8	Anthony Jackson	Shaftesbur	16:15		
12	Hendrik Zietsman	Serpentine A	16:38	3:44:25	0	9	Daniel Bradford	Bedford&D B	16:17		
13	Tad Dicker	Aldershot A	16:31	3:45:30	0	10	Alex Howard	Tonbridge	16:18		
14	Gareth Klepacz	Southamptn	16:44	3:50:00	0						
15	Daniel Bradford	Bedford&D B	16:17	3:55:13	0						
16	Adrian Sell	Datchet Da	17:35	3:57:29	0						
17	Benjamin Palmer	Hercules W	17:36	3:59:14	0						
18	Tony Grant	Hillingdon	19:50	4:02:26	+ 1						
19	A Anzai-Jackson	Ealing S&M	20:21	4:02:50	- 1						
20	David Evans	Serpentine B	17:58	4:03:03	0						

- SEAA Men Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	James Kelly	Belgrave H	26:51	3:57:28	0	18	Alan Pritchard	Cambridge	30:19	4:33:57	+ 3
2	John Eves	Bedford&D A	27:53	4:01:59	0	19	Paul Leppard	Hillingdon	32:44	4:35:10	- 1
3	Martyn Cryer	Woodford G A	27:32	4:05:00	0	20	Shepherd Chris	Woodford G B	31:03	4:35:56	+ 2
4	Henry Dodwell	Highgate H	28:27	4:06:48	+ 2	21	Mark Delahunty	Ealing S&M	33:23	4:36:13	- 2
5	Daniel Davies	Shaftesbur	29:22	4:06:53	- 1	22	Fraser Johnson	Serpentine B	34:43	4:37:46	- 2
6	Daniel Bradley	Tonbridge	28:18	4:08:25	+ 2	Fastest runners over stage 11:					
7	Rick Ward	C.Norwich	28:50	4:08:31	0	1	James Kelly	Belgrave H	26:51		
8	Fintan Parkinson	Blackheath	30:55	4:09:06	- 3	2	Martyn Cryer	Woodford G A	27:32		
9	James Fooks-Bale	Herne Hill	29:05	4:11:23	+ 1	3	Joe Morwood	Aldershot A	27:40		
10	Stephen Norris	Thames Val	30:07	4:11:34	- 1	4	John Eves	Bedford&D A	27:53		
11	Joe Morwood	Aldershot A	27:40	4:13:10	+ 2	5	Daniel Bradley	Tonbridge	28:18		
12	Richard Phillips	Serpentine A	29:24	4:13:49	0	6	Henry Dodwell	Highgate H	28:27		
13	Niall Robinson	Brighton&H	30:56	4:14:54	- 2	7	Rick Ward	C.Norwich	28:50		
14	Michael Tanner	Southamptn	31:36	4:21:36	0	8	James Fooks-Bale	Herne Hill	29:05		
15	Charlie Palmer	Bedford&D B	30:05	4:25:18	0	9	Daniel Davies	Shaftesbur	29:22		
16	James Samson	Datchet Da	31:08	4:28:37	0	10	Richard Phillips	Serpentine A	29:24		
17	James Davis	Hercules W	29:49	4:29:03	0						

- SEAA Men Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Neil Speaight	Belgrave H	15:26	4:12:54	0	19	Jason Steel	Hillingdon	17:57	4:53:07	0
2	Daniel Dalmedo	Bedford&D A	15:12	4:17:11	0	20	Luke Nicholas	Ealing S&M	17:59	4:54:12	+ 1
3	Gavin Lewis	Woodford G A	15:27	4:20:27	0	21	Jonathan Powell	Woodford G B	18:28	4:54:24	- 1
4	Peter Downie	Highgate H	15:42	4:22:30	0	22	Stephane Schneider	Serpentine B	17:55	4:55:41	0
5	Ronan Breen	Shaftesbur	17:38	4:24:31	0	Fastest runners over stage 12:					
6	Cameron Knapp	Tonbridge	16:16	4:24:41	0	1	Daniel Dalmedo	Bedford&D A	15:12		
7	Jordan Ali	C.Norwich	16:35	4:25:06	0	2	Neil Speaight	Belgrave H	15:26		
8	Danny Brewer	Blackheath	16:56	4:26:02	0	3	Gavin Lewis	Woodford G A	15:27		
9	Basil Wallace	Herne Hill	16:53	4:28:16	0	4	Peter Downie	Highgate H	15:42		
10	Simon Baptist	Thames Val	17:55	4:29:29	0	5	Michael Read	Southamptn	16:03		
11	Richard Batchelor	Aldershot A	16:40	4:29:50	0	6	Cameron Knapp	Tonbridge	16:16		
12	Andrew Reeves	Serpentine A	16:31	4:30:20	0	7	Andrew Reeves	Serpentine A	16:31		
13	Chris Mallinson	Brighton&H	17:42	4:32:36	0	8	Jordan Ali	C.Norwich	16:35		
14	Michael Read	Southamptn	16:03	4:37:39	0	9	Richard Batchelor	Aldershot A	16:40		
15	James Black	Bedford&D B	18:01	4:43:19	0	10	Basil Wallace	Herne Hill	16:53		
16	Philip Jones	Datchet Da	18:02	4:46:39	0						
17	Ian Pegler	Hercules W	18:32	4:47:35	0						
18	Javier DeEsteban	Cambridge	17:00	4:50:57	0						

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

SEAA Men — Team Results — Final (nn) is team position after the appropriate stage.

<p>1 Belgrave Harriers 4:12:54</p> <p>1 Matthew Graham (6) 27:14 3 Daniel Mulhare (2) 26:44 5 Paskar Owor (1) 27:16 7 Lozano Alberto (1) 25:39 9 Philip Wicks (1) 26:29 11 James Kelly (1) 26:51</p>	<p>10 Thames Valley Harriers 4:29:29</p> <p>1 Mohamud Aadan (2) 26:27 3 CHartley (7) 27:20 5 Chris Smith (4) 27:17 7 Sean Renfer (9) 30:11 9 Peter Scannell (9) 30:30 11 Stephen Norris (10) 30:07</p>
<p>2 Bedford & County AC 'A' 4:17:11</p> <p>1 Luke Humphreys (7) 27:30 3 Steven Naylor (3) 27:24 5 Matthew Janes (3) 27:59 7 Jack Goodwin (2) 28:24 9 William Mackay (2) 27:55 11 John Eves (2) 27:53</p>	<p>11 Aldershot Farnham & District 'A' 4:29:50</p> <p>1 Jason Prickett (13) 28:25 3 Steven Connor (9) 27:26 5 Tobias Smith (11) 28:45 7 Mark Greenwood (10) 28:56 9 Grant Burnett (13) 29:51 11 Joe Morwood (11) 27:40</p>
<p>3 Woodford Green Ac With Essex L 'A' 4:20:27</p> <p>1 Edward Shepherd (8) 27:36 3 Matthew Gunby (4) 26:31 5 Matt Shone (5) 27:52 7 Tom Beedell (3) 28:12 9 Harold Wyber (5) 29:17 11 Martyn Cryer (3) 27:32</p>	<p>12 Serpentine RC 'A' 4:30:20</p> <p>1 Nicholas Torry (5) 27:05 3 Dave Morgan (10) 28:29 5 Hugh Torry (13) 28:46 7 Yari Fontebasso (13) 30:05 9 Rick Weston (12) 28:25 11 Richard Phillips (12) 29:24</p>
<p>4 Highgate Harriers 4:22:30</p> <p>1 Danny Russell (1) 26:17 3 Benjamin Noad (1) 27:01 5 Ben Pochee (2) 28:16 7 Ryan McKinlay (4) 28:59 9 Richard Scott (6) 28:39 11 Henry Dodwell (4) 28:27</p>	<p>13 Brighton & Hove AC 4:32:36</p> <p>1 Kevin Rojas (11) 27:48 3 Jake Van Allen (13) 29:39 5 Howard Bristow (12) 27:35 7 Joshua Mutch (11) 28:33 9 Matthew Bristow (11) 29:28 11 Niall Robinson (13) 30:56</p>
<p>5 Shaftesbury Barnet Harriers 4:24:31</p> <p>1 Glen Watts (10) 27:44 3 Daniel Watts (11) 28:41 5 Orlando Edwards (8) 27:37 7 Frank Bailey (5) 26:48 9 Michael Callegari (3) 27:01 11 Daniel Davies (5) 29:22</p>	<p>14 Southampton Athletic Club 4:37:39</p> <p>1 Alex Wall-Clarke (17) 28:54 3 Jacob Wiebel (15) 28:30 5 Matthew Bennett (14) 28:06 7 Edward Baber (14) 30:27 9 Graham Fisher (14) 30:31 11 Michael Tanner (14) 31:36</p>
<p>6 Tonbridge AC 4:24:41</p> <p>1 Kieran Reilly (12) 28:13 3 Steven Fennell (8) 27:25 5 Luca Russo (9) 28:38 7 Thomas Cox (8) 28:13 9 Ben Cole (8) 28:39 11 Daniel Bradley (6) 28:18</p>	<p>15 Bedford & County AC 'B' 4:43:19</p> <p>1 Andrew Inskip (19) 29:14 3 Richard Henderson (18) 29:57 5 Jim McMahon (20) 31:39 7 Steven Herring (19) 30:27 9 Craig Emmerson (15) 31:43 11 Charlie Palmer (15) 30:05</p>
<p>7 City Of Norwich AC 4:25:06</p> <p>1 Alexander Dunbar (3) 26:43 3 Nicholas Earl (5) 28:09 5 Stu Huntington (7) 27:59 7 Piers Arnold (6) 27:48 9 Luke Allen (7) 29:05 11 Rick Ward (7) 28:50</p>	<p>16 Datchet Dashers 4:46:39</p> <p>1 Thomas Stevens (18) 29:04 3 Alexander Miller (20) 28:50 5 Rob Foster (19) 29:45 7 Chris Bradfield (18) 29:41 9 Guy Richard Bowles (16) 31:06 11 James Samson (16) 31:08</p>
<p>8 Blackheath And Bromley Harrier 4:26:02</p> <p>1 Andrew Rayner (4) 26:47 3 Alex Gibbins (6) 29:05 5 Michael Skinner (6) 26:50 7 Peter Tucker (7) 27:24 9 Scott Overall (4) 26:18 11 Fintan Parkinson (8) 30:55</p>	<p>17 Hercules Wimbledon AC 4:47:35</p> <p>1 Alex Robinson (16) 28:41 3 Frederick Slemeck (14) 29:31 5 Sean Crummy (18) 31:31 7 Joe Toomey (17) 30:26 9 Alex Urban (17) 33:29 11 James Davis (17) 29:49</p>
<p>9 Herne Hill Harriers 4:28:16</p> <p>1 CBusaileh (9) 27:42 3 Ben Paviour (12) 28:42 5 Mark Dooley (10) 28:37 7 John Kettle (12) 29:49 9 Jeff Cunningham (10) 28:57 11 James Fooks-Bale (9) 29:05</p>	<p>18 Cambridge & Coleridge AC 4:50:57</p> <p>1 James Chettle (20) 29:38 3 Oliver Park (22) 30:02 5 Alex Eggegan (22) 31:38 7 Iain Wood (21) 31:41 9 Neil Carrington (22) 34:08 11 Alan Pritchard (18) 30:19</p>
<p>2 Andrew Connick (5) 14:53 4 Matt Taylor (3) 16:03 6 Richard Ward (2) 16:06 8 Kristopher Gauson (1) 14:20 10 William Cockerell (1) 15:53 12 Neil Speaight (1) 15:26</p>	<p>2 Ali Yahye (8) 16:38 4 Mohamed Mohamed (5) 15:07 6 Daniel Allport (4) 16:15 8 Paul Heaphy (9) 16:23 10 Mark Haskett (9) 15:19 12 Simon Baptist (10) 17:55</p>
<p>2 Matthew Bergin (4) 14:22 4 Benjamin Alcock (2) 15:17 6 Neilson Hall (1) 14:34 8 Matt Leach (2) 15:19 10 Josh Lunn (2) 15:22 12 Daniel Dalmedo (2) 15:12</p>	<p>2 Joshua Arnold (14) 15:34 4 Ben Bradley (10) 15:47 6 Andrew Rooke (10) 16:08 8 Andrew Conway (12) 18:07 10 Tad Dicker (13) 16:31 12 Richard Batchelor (11) 16:40</p>
<p>2 Daniel Bruynuoghe (6) 15:23 4 James Stockings (4) 15:51 6 Angus Holford (5) 16:00 8 Jordan Donnelly (3) 15:24 10 Bertie Powell (3) 15:22 12 Gavin Lewis (3) 15:27</p>	<p>2 Pau Herrero (9) 16:06 4 Martin O'Connell (12) 16:58 6 Cathal Logue (13) 16:07 8 Will Green (13) 15:46 10 Hendrik Zietsman (12) 16:38 12 Andrew Reeves (12) 16:31</p>
<p>2 Robel Bahelbi (2) 15:09 4 Michael Dan (1) 15:40 6 Jonathan Deane (3) 16:07 8 Brahma Pochee (4) 16:10 10 Stephen Whiting (6) 16:03 12 Peter Downie (4) 15:42</p>	<p>2 Ian Crowe-Wright (10) 15:31 4 David Boyce (14) 16:41 6 James McCarthy (12) 15:44 8 Zared Hale (11) 16:24 10 Tim Lunnon (11) 16:35 12 Chris Mallinson (13) 17:42</p>
<p>2 Anthony Whiteman (7) 15:18 4 Niall Fleming (7) 14:59 6 James Trapmore (9) 16:36 8 Zachary Randall (5) 16:32 10 Anthony Jackson (4) 16:15 12 Ronan Breen (5) 17:38</p>	<p>2 Peter Merritt (17) 16:18 4 Timothy Sherman (15) 16:26 6 Russell Osborn (15) 17:42 8 Martin Johnson (14) 16:22 10 Gareth Klepacz (14) 16:44 12 Michael Read (14) 16:03</p>
<p>2 Dominic Brown (12) 15:22 4 James Thompson (9) 16:08 6 C Joslin-Allen (8) 15:06 8 Harry Paton (7) 16:05 10 Alex Howard (8) 16:18 12 Cameron Knapp (6) 16:16</p>	<p>2 Michael Harrison (16) 15:36 4 Matthew Nicholson (19) 16:25 6 Gordon Barrie (19) 16:51 8 Alan Metcalfe (15) 17:04 10 Daniel Bradford (15) 16:17 12 James Black (15) 18:01</p>
<p>2 Tom Hook (3) 15:03 4 Wayne Lincoln (6) 16:07 6 Oliver Maskell (6) 15:58 8 Sean Watson (6) 16:35 10 James Berehowskyj (7) 16:14 12 Jordan Ali (7) 16:35</p>	<p>2 David Lee (21) 17:13 4 Simon Wigzell (20) 17:14 6 Guiseppe Rivelli (20) 17:39 8 Douglas Orr (18) 19:22 10 Adrian Sell (16) 17:35 12 Philip Jones (16) 18:02</p>
<p>2 James Poole (1) 14:22 4 Steve Cooper (8) 16:52 6 G Vacharopoulos (7) 16:29 8 Ross Braden (8) 17:30 10 David McKinlay (5) 16:34 12 Danny Brewer (8) 16:56</p>	<p>2 Andrew Penney (13) 15:06 4 Belal Aly (16) 17:05 6 Philip Glynn (17) 17:01 8 Stewart Bond (16) 18:48 10 Benjamin Palmer (17) 17:36 12 Ian Pegler (17) 18:32</p>
<p>2 Simon Coombes (11) 15:49 4 Jorge Raso Gea (11) 15:05 6 Deron Fagan (11) 16:47 8 David Mulvee (10) 14:55 10 Mohammed Ismail (10) 15:55 12 Basil Wallace (9) 16:53</p>	<p>2 Matthew Applegate (22) 17:39 4 John Ferguson (21) 17:07 6 Ben Jones (21) 17:38 8 Istvan Jacso (20) 17:02 10 Richard Park (21) 17:05 12 Javier De Esteban (18) 17:00</p>

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

19 Hillingdon AC 4:53:07

1 Robert Thompson	(14)	28:27	2 Daniel Thompson	(18)	16:53
3 James Laing	(17)	29:21	4 Joseph Carton	(17)	16:24
5 Martin Bateman	(16)	29:21	6 Carl Yates	(16)	17:05
7 James Manley	(16)	31:31	8 Dean Burch	(17)	19:25
9 Simon Connell	(19)	34:09	10 Tony Grant	(18)	19:50
11 Paul Leppard	(19)	32:44	12 Jason Steel	(19)	17:57

20 Ealing Southall & Middlesex AC 4:54:12

1 Sam Ashcroft	(15)	28:37	2 Ben Waterman	(15)	16:01
3 Nicholas Landeau	(19)	30:11	4 Mohamed Hashi	(18)	16:21
5 C Hepworth	(17)	29:57	6 Mark Cameron	(18)	18:02
7 Max Wells-Pestell	(20)	33:10	8 Martin Shelley	(19)	17:48
9 Angelo John	(18)	32:22	10 A Anzai-Jackson	(19)	20:21
11 Mark Delahunty	(21)	33:23	12 Luke Nicholas	(20)	17:59

21 Woodford Green Ac With Essex L 'B' 4:54:24

1 Thomas Plibersek	(21)	29:53	2 Kevin Murphy	(20)	16:05
3 Louis Clark	(21)	31:17	4 Wilbraham Rob	(22)	17:44
5 Timothy Ballard	(21)	31:01	6 Steve Lambert	(23)	18:52
7 Tony Russell	(23)	31:24	8 Joe Everitt	(22)	17:39
9 Gareth Cavell	(21)	31:30	10 Robert Quantrell	(22)	19:28
11 Shepherd Chris	(20)	31:03	12 Jonathan Powell	(21)	18:28

22 Serpentine RC 'B' 4:55:41

1 Richard Edmonds	(23)	30:46	2 John Nugus	(23)	17:19
3 N Barberis Negra	(23)	30:27	4 Andrew Taylor	(23)	17:34
5 Jamie Hogg	(23)	31:17	6 Richard Peel	(22)	17:19
7 Richard Milner	(22)	31:07	8 Alec Laing	(21)	17:52
9 Andy Robbins	(20)	31:24	10 David Evans	(20)	17:58
11 Fraser Johnson	(22)	34:43	12 Stephane Schneider	(22)	17:55

Incomplete Teams:

Newham & Essex Beagles AC

1 Naill Sheehan	(22)	30:24	2 Steve Hepples	(19)	15:11
3 Oly Laws	(16)	28:41	4 James Shane	(13)	14:33
5 Wayne Bell	(15)	30:25	6 Frank Baddick	(14)	14:31
7 Ian Grime	(15)	32:51			

Aldershot Farnham & District 'B'

1 Robert Wakefield	(24)	33:14	2 Robert Hislop	(24)	16:53
3 Andrew Hislop	(24)	35:35			

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Fastest of all long legs

1	Lozano Alberto	Belgrave H		25:39			
2	Danny Russell	Highgate H		26:17			
3	Scott Overall	Blackheath		26:18			
4	Mohamud Aadan	Thames Val		26:27			
5	Philip Wicks	Belgrave H		26:29			
6	Matthew Gunby	Woodford G	A	26:31			
7	Alexander Dunbar	C.Norwich		26:43			
8	Daniel Mulhare	Belgrave H		26:44			
9	Andrew Rayner	Blackheath		26:47			
10	Frank Bailey	Shaftesbur		26:48			
11	Michael Skinner	Blackheath		26:50			
12	James Kelly	Belgrave H		26:51			
13	Benjamin Noad	Highgate H		27:01			
=	Michael Callegari	Shaftesbur		27:01			
15	Nicholas Torry	Serpentine	A	27:05			
16	Matthew Graham	Belgrave H		27:14			
17	Paskar Owor	Belgrave H		27:16			
18	Chris Smith	Thames Val		27:17			
19	C Hartley	Thames Val		27:20			
20	Steven Naylor	Bedford&D	A	27:24			
=	Peter Tucker	Blackheath		27:24			
22	Steven Fennell	Tonbridge		27:25			
23	Steven Connor	Aldershot	A	27:26			
24	Luke Humphreys	Bedford&D	A	27:30			
25	Martyn Cryer	Woodford G	A	27:32			
26	Howard Bristow	Brighton&H		27:35			
27	Edward Shepherd	Woodford G	A	27:36			
28	Orlando Edwards	Shaftesbur		27:37			
29	Joe Morwood	Aldershot	A	27:40			
30	C Busaileh	Herne Hill		27:42			
31	Glen Watts	Shaftesbur		27:44			
32	Kevin Rojas	Brighton&H		27:48			
=	Piers Arnold	C.Norwich		27:48			
34	Matt Shone	Woodford G	A	27:52			
35	John Eves	Bedford&D	A	27:53			
36	William MacKay	Bedford&D	A	27:55			
37	Matthew Janes	Bedford&D	A	27:59			
=	Stu Huntington	C.Norwich		27:59			
39	Matthew Bennett	Southamptn		28:06			
40	Nicholas Earl	C.Norwich		28:09			
41	Tom Beedell	Woodford G	A	28:12			
42	Kieran Reilly	Tonbridge		28:13			
=	Thomas Cox	Tonbridge		28:13			
44	Ben Pochee	Highgate H		28:16			
45	Daniel Bradley	Tonbridge		28:18			
46	Jack Goodwin	Bedford&D	A	28:24			
47	Jason Prickett	Aldershot	A	28:25			
=	Rick Weston	Serpentine	A	28:25			
49	Robert Thompson	Hillingdon		28:27			
=	Henry Dodwell	Highgate H		28:27			
51	Dave Morgan	Serpentine	A	28:29			
52	Jacob Wiebel	Southamptn		28:30			
53	Joshua Mutch	Brighton&H		28:33			
54	Mark Dooley	Herne Hill		28:37			
=	Sam Ashcroft	Ealing S&M		28:37			
56	Luca Russo	Tonbridge		28:38			
57	Ben Cole	Tonbridge		28:39			
=	Richard Scott	Highgate H		28:39			
59	Olly Laws	Newham&E B		28:41			
=	Daniel Watts	Shaftesbur		28:41			
=	Alex Robinson	Hercules W		28:41			
62	Ben Paviour	Herne Hill		28:42			
63	Tobias Smith	Aldershot	A	28:45			
64	Hugh Torry	Serpentine	A	28:46			
65	Alexander Miller	Datchet Da		28:50			
=	Rick Ward	C.Norwich					28:50
67	Alex Wall-Clarke	Southamptn					28:54
68	Mark Greenwood	Aldershot	A				28:56
69	Jeff Cunningham	Herne Hill					28:57
70	Ryan McKinlay	Highgate H					28:59
71	Thomas Stevens	Datchet Da					29:04
72	Alex Gibbins	Blackheath					29:05
=	James Fooks-Bale	Herne Hill					29:05
=	Luke Allen	C.Norwich					29:05
75	Andrew Inskip	Bedford&D	B				29:14
76	Harold Wyber	Woodford G	A				29:17
77	Martin Bateman	Hillingdon					29:21
=	James Laing	Hillingdon					29:21
79	Daniel Davies	Shaftesbur					29:22
80	Richard Phillips	Serpentine	A				29:24
81	Matthew Bristow	Brighton&H					29:28
82	Frederick Slemeck	Hercules W					29:31
83	James Chettle	Cambridge					29:38
84	Jake VanAllen	Brighton&H					29:39
85	Chris Bradfield	Datchet Da					29:41
86	Rob Foster	Datchet Da					29:45
87	James Davis	Hercules W					29:49
=	John Kettle	Herne Hill					29:49
89	Grant Burnett	Aldershot	A				29:51
90	Thomas Plibersek	Woodford G	B				29:53
91	Richard Henderson	Bedford&D	B				29:57
=	C Hepworth	Ealing S&M					29:57
93	Oliver Park	Cambridge					30:02
94	Charlie Palmer	Bedford&D	B				30:05
=	Yari Fontebasso	Serpentine	A				30:05
96	Stephen Norris	Thames Val					30:07
97	Sean Renfer	Thames Val					30:11
=	Nicholas Landeau	Ealing S&M					30:11
99	Alan Pritchard	Cambridge					30:19
100	Naill Sheehan	Newham&E B					30:24
101	Wayne Bell	Newham&E B					30:25
102	Joe Toomey	Hercules W					30:26
103	Edward Baber	Southamptn					30:27
=	N BarberisNegra	Serpentine	B				30:27
=	Steven Herring	Bedford&D	B				30:27
106	Peter Scannell	Thames Val					30:30
107	Graham Fisher	Southamptn					30:31
108	Richard Edmonds	Serpentine	B				30:46
109	Fintan Parkinson	Blackheath					30:55
110	Niall Robinson	Brighton&H					30:56
111	Timothy Ballard	Woodford G	B				31:01
112	Shepherd Chris	Woodford G	B				31:03
113	Guy Richard Bowles	Datchet Da					31:06
114	Richard Milner	Serpentine	B				31:07
115	James Samson	Datchet Da					31:08
116	Jamie Hogg	Serpentine	B				31:17
=	Louis Clark	Woodford G	B				31:17
118	Andy Robbins	Serpentine	B				31:24
=	Tony Russell	Woodford G	B				31:24
120	Gareth Cavell	Woodford G	B				31:30
121	James Manley	Hillingdon					31:31
=	Sean Crummy	Hercules W					31:31
123	Michael Tanner	Southamptn					31:36
124	Alex Eggeman	Cambridge					31:38
125	Jim McMahon	Bedford&D	B				31:39
126	Iain Wood	Cambridge					31:41
127	Craig Emmerson	Bedford&D	B				31:43
128	Angelo John	Ealing S&M					32:22
129	Paul Leppard	Hillingdon					32:44
130	Ian Grime	Newham&E B					32:51
131	Max Wells-Pestell	Ealing S&M					33:10
132	Robert Wakefield	Aldershot	B				33:14

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133 Mark Delahunty	Ealing S&M		33:23	60 Cameron Knapp	Tonbridge		16:16	
134 Alex Urban	Hercules W		33:29	61 Daniel Bradford	Bedford&D	B	16:17	
135 Neil Carrington	Cambridge		34:08	62 Alex Howard	Tonbridge		16:18	
136 Simon Connell	Hillingdon		34:09	= Peter Merritt	Southamptn		16:18	
137 Fraser Johnson	Serpentine	B	34:43	64 Mohamed Hashi	Ealing S&M		16:21	
138 Andrew Hislop	Aldershot	B	35:35	65 Martin Johnson	Southamptn		16:22	
Fastest of all short legs				66 Paul Heaphy	Thames Val		16:23	
1	Kristopher Gauson	Belgrave H	14:20	67 Zared Hale	Brighton&H		16:24	
2	James Poole	Blackheath	14:22	= Joseph Carton	Hillingdon		16:24	
=	Matthew Bergin	Bedford&D	A	14:22	69 Matthew Nicholson	Bedford&D	B	16:25
4	Frank Baddick	Newham&E	B	14:31	70 Timothy Sherman	Southamptn		16:26
5	James Shane	Newham&E	B	14:33	71 G Vacharopoulos	Blackheath		16:29
6	Neilson Hall	Bedford&D	A	14:34	72 Andrew Reeves	Serpentine	A	16:31
7	Andrew Connick	Belgrave H		14:53	= Tad Dicker	Aldershot	A	16:31
8	David Mulvee	Herne Hill		14:55	74 Zachary Randall	Shaftesbur		16:32
9	Niall Fleming	Shaftesbur		14:59	75 David McKinlay	Blackheath		16:34
10	Tom Hook	C.Norwich		15:03	76 Tim Lunnon	Brighton&H		16:35
11	Jorge RasoGea	Herne Hill		15:05	= Sean Watson	C.Norwich		16:35
12	Andrew Penney	Hercules W		15:06	= Jordan Ali	C.Norwich		16:35
=	C Joslin-Allen	Tonbridge		15:06	79 James Trapmore	Shaftesbur		16:36
14	Mohamed Mohamed	Thames Val		15:07	80 Ali Yahye	Thames Val		16:38
15	Robel Bahelbi	Highgate H		15:09	= Hendrik Zietsman	Serpentine	A	16:38
16	Steve Hepples	Newham&E	B	15:11	82 Richard Batchelor	Aldershot	A	16:40
17	Daniel Dalmedo	Bedford&D	A	15:12	83 David Boyce	Brighton&H		16:41
18	Benjamin Alcock	Bedford&D	A	15:17	84 Gareth Klepacz	Southamptn		16:44
19	Anthony Whiteman	Shaftesbur		15:18	85 Deron Fagan	Herne Hill		16:47
20	Matt Leach	Bedford&D	A	15:19	86 Gordon Barrie	Bedford&D	B	16:51
=	Mark Haskett	Thames Val		15:19	87 Steve Cooper	Blackheath		16:52
22	Dominic Brown	Tonbridge		15:22	88 Daniel Thompson	Hillingdon		16:53
=	Bertie Powell	Woodford G	A	15:22	= Robert Hislop	Aldershot	B	16:53
=	Josh Lunn	Bedford&D	A	15:22	= Basil Wallace	Herne Hill		16:53
25	Daniel Bruynuoghe	Woodford G	A	15:23	91 Danny Brewer	Blackheath		16:56
26	Jordan Donnelly	Woodford G	A	15:24	92 Martin O'Connell	Serpentine	A	16:58
27	Neil Speaight	Belgrave H		15:26	93 Javier DeEsteban	Cambridge		17:00
28	Gavin Lewis	Woodford G	A	15:27	94 Philip Glynn	Hercules W		17:01
29	Ian Crowe-Wright	Brighton&H		15:31	95 Istvan Jacso	Cambridge		17:02
30	Joshua Arnold	Aldershot	A	15:34	96 Alan Metcalfe	Bedford&D	B	17:04
31	Michael Harrison	Bedford&D	B	15:36	97 Belal Aly	Hercules W		17:05
32	Michael Dan	Highgate H		15:40	= Richard Park	Cambridge		17:05
33	Peter Downie	Highgate H		15:42	= Carl Yates	Hillingdon		17:05
34	James McCarthy	Brighton&H		15:44	100 John Ferguson	Cambridge		17:07
35	Will Green	Serpentine	A	15:46	101 David Lee	Datchet Da		17:13
36	Ben Bradley	Aldershot	A	15:47	102 Simon Wigzell	Datchet Da		17:14
37	Simon Coombes	Herne Hill		15:49	103 John Nugus	Serpentine	B	17:19
38	James Stockings	Woodford G	A	15:51	= Richard Peel	Serpentine	B	17:19
39	William Cockerell	Belgrave H		15:53	105 Ross Braden	Blackheath		17:30
40	Mohammed Ismail	Herne Hill		15:55	106 Andrew Taylor	Serpentine	B	17:34
41	Oliver Maskell	C.Norwich		15:58	107 Adrian Sell	Datchet Da		17:35
42	Angus Holford	Woodford G	A	16:00	108 Benjamin Palmer	Hercules W		17:36
43	Ben Waterman	Ealing S&M		16:01	109 Ronan Breen	Shaftesbur		17:38
44	Stephen Whiting	Highgate H		16:03	= Ben Jones	Cambridge		17:38
=	Matt Taylor	Belgrave H		16:03	111 Matthew Applegate	Cambridge		17:39
=	Michael Read	Southamptn		16:03	= Joe Everitt	Woodford G	B	17:39
47	Harry Paton	Tonbridge		16:05	= Guiseppe Rivelli	Datchet Da		17:39
=	Kevin Murphy	Woodford G	B	16:05	114 Chris Mallinson	Brighton&H		17:42
49	Richard Ward	Belgrave H		16:06	= Russell Osborn	Southamptn		17:42
=	Pau Herrero	Serpentine	A	16:06	116 Wilbraham Rob	Woodford G	B	17:44
51	Jonathan Deane	Highgate H		16:07	117 Martin Shelley	Ealing S&M		17:48
=	Cathal Logue	Serpentine	A	16:07	118 Alec Laing	Serpentine	B	17:52
=	Wayne Lincoln	C.Norwich		16:07	119 Simon Baptist	Thames Val		17:55
54	Andrew Rooke	Aldershot	A	16:08	= Stephane Schneider	Serpentine	B	17:55
=	James Thompson	Tonbridge		16:08	121 Jason Steel	Hillingdon		17:57
56	Brahma Pochee	Highgate H		16:10	122 David Evans	Serpentine	B	17:58
57	James Berehowskyj	C.Norwich		16:14	123 Luke Nicholas	Ealing S&M		17:59
58	Daniel Allport	Thames Val		16:15	124 James Black	Bedford&D	B	18:01
=	Anthony Jackson	Shaftesbur		16:15	125 Mark Cameron	Ealing S&M		18:02
					= Philip Jones	Datchet Da		18:02

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

127 Andrew Conway	Aldershot	A	18:07
128 Jonathan Powell	Woodford G	B	18:28
129 Ian Pegler	Hercules W		18:32
130 Stewart Bond	Hercules W		18:48
131 Steve Lambert	Woodford G	B	18:52
132 Douglas Orr	Datchet Da		19:22
133 Dean Burch	Hillingdon		19:25
134 Robert Quantrell	Woodford G	B	19:28
135 Tony Grant	Hillingdon		19:50
136 A Anzai-Jackson	Ealing S&M		20:21