

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th February 2013

NOTE: The individual results include only runners who have run at least 3 races for U11 and 4 for all others

Under11 Girls — Points after 5 races

1	Katie Miller	Liverpool	2	(0, 4, 3, 1, 1)
2	Ella McNiven	Liverpool	4	(0, 8, 9, 2, 2)
3	Bethany Thomson	Sale H Man	5	(0, 3, 2, 5, 3)
=	Grace De-Campos	Manchester	5	(0, 2, 4, 3, 0)
5	Elizabeth Twite	Sale H Man	6	(0, 1, 5, 7, 6)
=	Alice Stiles	Manchester	6	(0, 6, 1, 8, 5)
7	Alex Townsend	Liverpool	10	(0, 10, 10, 6, 4)
8	Chantelle Johnson	Moston&dis	11	(0, 5, 6, 14, 7)
=	Tess McHugh	Sale H Man	11	(0, 7, 8, 4, 11)
10	Beth Smyth	Manchester	15	(0, 0, 7, 9, 8)
11	Sammy Mason	Salford Me	21	(0, 0, 11, 15, 10)
12	Lucia Meloni	Warrington	23	(0, 12, 11, 0)
=	Neve Maddock	Vale Royal	23	(0, 9, 14, 20, 24)
14	Lauren Smith	Sale H Man	24	(0, 11, 0, 13, 14)
15	Olivia Kenyon	Liverpool	25	(0, 13, 13, 0, 12)
16	Laura Hole	Sale H Man	29	(0, 0, 0, 12, 17)
=	Eve Cobey	Macclesfie	29	(0, 21, 24, 10, 19)
18	Georgia Fazakerley	Manchester	30	(0, 14, 16, 17, 25)
19	Emma Gordon	Liverpool	33	(0, 0, 17, 32, 16)
20	Annabel Pennington	Liverpool	35	(0, 23, 19, 16, 20)
=	Isobel Murphy	Liverpool	35	(0, 17, 18, 22, 0)
22	Ellie Young	Liverpool	36	(0, 0, 25, 23, 13)
23	Mollie Cooke	Stockport	38	(0, 0, 0, 29, 9)
=	Megan Lewis	E Cheshire	38	(0, 15, 23, 24, 59)
=	C HaywoodPercival	Salford Me	38	(0, 0, 20, 18, 34)
26	Amelia Newbould	Macclesfie	45	(0, 19, 29, 28, 26)
27	TiaRae Barton	Sale H Man	47	(0, 0, 0, 26, 21, 0)
28	Mary Knowles	Warrington	48	(0, 0, 0, 27, 21)
=	Scarlett Whittaker	Sale H Man	48	(0, 0, 0, 19, 29)
=	Molly Atherton	Sale H Man	48	(0, 0, 22, 26, 33)
31	Ella Head	Wirral AC	51	(0, 0, 21, 36, 30)
32	Lucy Griffiths	Macclesfie	53	(0, 0, 28, 25, 32)
33	Sophie Kerr	Liverpool	54	(0, 24, 30, 34, 38)
=	Freya Handley	E Cheshire	54	(0, 33, 0, 31, 23)
35	Clara Parker	Sale H Man	58	(0, 25, 33, 40, 56)
36	Beth Doubtfire	Liverpool	61	(0, 22, 0, 39, 0)
=	Natasha Wood	Liverpool	61	(0, 30, 31, 37, 0)
38	Holly Leadbetter	Liverpool	64	(0, 32, 32, 53, 39)
39	Lauren Ward	Liverpool	68	(0, 29, 39, 0, 0)
=	Anya Read	Moston&dis	68	(0, 0, 0, 33, 35)
41	Isla Law	Vale Royal	69	(0, 34, 35, 0, 0)
42	India Hayes	Warrington	72	(0, 31, 0, 45, 41)
43	Charlotte Stokes	Warrington	73	(0, 37, 36, 51, 45)
44	Lara Crawford	Macclesfie	74	(0, 0, 37, 0, 37)
45	Faith Crossley	Liverpool	76	(0, 38, 38, 0, 0)
46	Rachael Anderson	Sale H Man	77	(0, 0, 34, 43, 0)
47	Isla Bellamy	Halton&fro	80	(0, 39, 41, 48, 55)
48	Holly Murphy	Liverpool	81	(0, 43, 0, 38, 0)
=	Poppy GlasbySeddon	Sale H Man	81	(0, 0, 0, 35, 46)
50	Elizabeth Pederson	Liverpool	82	(0, 41, 46, 41, 0)
51	Lillie Walker	Liverpool	84	(0, 44, 40, 46, 63)
52	Daisy Cornell	Liverpool	85	(0, 42, 0, 0, 43)
53	Alex Tasker	Liverpool	87	(0, 40, 47, 57, 0)
54	Milli Smith	Liverpool	89	(0, 0, 42, 55, 47)
55	Nadia Alsamarraie	Liverpool	90	(0, 46, 44, 49, 0)
56	Lucie Hall	Stockport	91	(0, 0, 0, 47, 44)
57	Tess Newbould	Macclesfie	93	(0, 45, 48, 0, 61)
58	Florence Thomson	Macclesfie	97	(0, 48, 49, 0, 0)
59	Anna Briggs	Stockport	102	(0, 0, 0, 54, 48)
60	Gemma Grierson	Liverpool	105	(0, 49, 0, 56, 0)
=	Jess Murphy	Liverpool	105	(0, 47, 0, 58, 62)
62	Anna Brogan	Manchester	106	(0, 0, 0, 52, 54)
63	Holly Downey	Liverpool	109	(0, 50, 0, 59, 0)

Race 2 - Under 11 Boys — Points after 5 races

1	Sam Evans	Warrington	2	(0, 1, 1, 1, 1)
2	Fabio Carosi	Stockport	4	(0, 3, 2, 3, 2)
3	Ben Batho	Stockport	5	(0, 2, 3, 4, 4)
=	Lucas Parker	Stockport	5	(0, 5, 5, 2, 3)
5	Ben Harrison	Warrington	9	(0, 8, 4, 6, 5)
6	Flynn Walsh	Stockport	11	(0, 0, 0, 5, 6)
7	Jordan Jones	Warrington	14	(0, 0, 0, 7, 7)
8	Edward Pettitt	Vale Royal	15	(0, 6, 0, 0, 9)
9	Marco Lavorini	Manchester	16	(0, 0, 0, 6, 10)
10	Peter Goodfellow	Macclesfie	17	(0, 9, 10, 8, 14)
11	Rory Thompson	Vale Royal	18	(0, 7, 11, 13, 0)
12	Joe Houghton	St Helens	20	(0, 0, 0, 8, 12, 0)
13	Connor Keys	Sale H Man	21	(0, 0, 9, 0, 12)
14	Dylan Bourke	Stockport	22	(0, 0, 0, 14, 8)
=	Charlie Fawkes	Vale Royal	22	(0, 15, 13, 9, 15)
16	Will Horton	Vale Royal	24	(0, 12, 12, 18, 18)
17	Bailey Hulse	Sale H Man	25	(0, 0, 15, 10, 16)
18	Joe Williams	Warrington	28	(0, 11, 17, 0, 0)
=	Oliver Clark	Sale H Man	28	(0, 0, 18, 11, 17)
20	Elliot Livingston	ABC Runnes	30	(0, 14, 16, 0, 36)

21	Jamie Ford	St Helens	32	(0, 13, 19, 20, 0)
22	Sam Heyworth	Sale H Man	34	(0, 0, 0, 15, 19)
=	Brodie Dunn	Trafford A	34	(0, 18, 0, 16, 0)
24	Morgan Frith	Macclesfie	39	(0, 17, 22, 24, 0)
25	Lewis Rowlinson	Sale H Man	40	(0, 20, 20, 25, 0)
26	Fares Ibrahim	Stockport	42	(0, 0, 0, 19, 23)
27	Edward Corden	Stockport	46	(0, 0, 0, 26, 20)
=	Jay Cushen	Vale Royal	46	(0, 23, 23, 0, 0)
29	William Lord	Sale H Man	47	(0, 0, 25, 22, 33)
30	Lewis Stanley	Vale Royal	48	(0, 22, 0, 0, 26)
31	Lewis Danher	St Helens	50	(0, 24, 26, 0, 0)
32	Oliver Thompson	Stockport	52	(0, 0, 0, 23, 29)
=	Ethan Sephton	Vale Royal	52	(0, 25, 27, 0, 0)
34	Owen Jones	Halton&fro	55	(0, 0, 0, 21, 34)
35	W Carroll-Nichols	Moston&dis	57	(0, 28, 0, 29, 0)
36	Xander Storey	St Helens	58	(0, 27, 0, 31, 0)
=	Joseph Dennett	ABC Runnes	58	(0, 26, 0, 32, 0)
38	Jack Croker	Macclesfie	65	(0, 0, 0, 28, 37)
39	Darcy Maher	Sale H Man	73	(0, 0, 0, 30, 43)

Race 2 - Under 13 Girls — Points after 5 races

1	Aine Cunningham	Sale H Man	4	(1, 1, 1, 1, 1)
2	Danielle Stringer	Manchester	14	(3, 2, 3, 6, 9)
3	Ellie Twite	Sale H Man	17	(6, 4, 4, 3, 0)
4	Lucy Miller	Liverpool	20	(4, 5, 8, 0, 3)
5	Eleanor Kenny	Manchester	23	(5, 3, 5, 10, 0)
6	F Hacker-Davies	Sale H Man	24	(8, 6, 6, 4, 8)
7	Niamh Nugent	Sale H Man	30	(9, 7, 9, 7, 7)
8	Rebecca Jones	Stockport	32	(13, 0, 10, 5, 4)
9	Megan Taylor	Manchester	47	(12, 12, 12, 11, 0)
=	Claudia Cowan	Sale H Man	47	(7, 25, 0, 9, 6)
11	Susan Shirling	St Helens	51	(11, 14, 13, 13, 15)
12	Georgia Bourke	Stockport	53	(16, 11, 19, 15, 11)
13	Natasha Harrison	Stockport	64	(20, 10, 18, 19, 17)
14	Emily Barker	Salford Me	66	(22, 15, 15, 14, 0)
15	Jemma Vickers	Sale H Man	71	(21, 16, 17, 17, 21)
16	Emma Flynn	Stockport	76	(18, 20, 25, 22, 16)
17	L Haywood-Percival	Salford Me	87	(29, 0, 20, 18, 20)
18	Jessica Cook	Liverpool	89	(25, 17, 29, 25, 22)
19	Emily Hughes	Manchester	90	(27, 26, 21, 20, 23)
20	Molly Wilson	Salford Me	101	(0, 21, 28, 27, 25)
21	Heather Corden	Stockport	107	(23, 28, 38, 0, 18)
22	Megan Barnsley	ABC Runnes	109	(31, 27, 27, 0, 24)
23	Alexandra Barnsley	ABC Runnes	117	(45, 22, 24, 0, 26)
24	Chloe Taylor	Sale H Man	121	(35, 19, 37, 30, 38)
25	Grace Garner	Stockport	137	(40, 41, 30, 26, 0)
26	Isabella Hulme	Sale H Man	139	(0, 36, 40, 36, 27)
27	Emily Lucas	Liverpool	140	(41, 35, 39, 33, 33)
28	Chiara Young	Sale H Man	152	(48, 38, 41, 37, 36)
29	Abigail McNulty	Salford Me	158	(38, 0, 44, 39, 37)
30	Abbie Roberts	St Helens	160	(43, 39, 35, 43, 43)
31	Sophie Harrison	Salford Me	186	(50, 42, 47, 47, 0)
32	B Lennon-Butler	Sale H Man	189	(0, 44, 54, 44, 47)
33	Freya Roberts	St Helens	196	(55, 49, 0, 48, 44)
34	Ellie Mawdsley	St Helens	214	(0, 48, 58, 53, 55)

Race 3 - Under 13 Boys — Points after 5 races

1	Connor Fazakerley	Manchester	18	(4, 11, 5, 2, 7)
2	Joe Ford	St Helens	19	(3, 5, 7, 7, 4)
3	Ben Skertchly	Manchester	28	(15, 4, 4, 5, 0)
4	Chris Larkin	Halton&fro	31	(10, 7, 6, 14, 8)
5	John Humphries	Vale Royal	32	(17, 10, 11, 6, 5)
6	Matty Fox	Manchester	34	(5, 9, 12, 8, 0)
7	Louie Haynes	E Cheshire	41	(19, 15, 16, 4, 6)
8	Sam Cross	Wirral AC	60	(13, 13, 21, 13, 21)
9	Jacob Brophy	Wirral AC	63	(18, 16, 0, 16, 13)
10	Harry Boyd	Sale H Man	64	(32, 17, 20, 15, 12)
11	Robert Finnis	Macclesfie	65	(16, 14, 14, 21, 23)
12	Sam Tempest	Wirral AC	76	(22, 21, 25, 17, 16)
13	Jonathon Head	Wirral AC	82	(14, 23, 23, 22, 24)
14	Byren Cookson	Moston&dis	87	(0, 26, 31, 10, 20)
15	Jack Thomas	E Cheshire	90	(24, 28, 30, 19, 19)
16	Benjamin Livingston	ABC Runnes	95	(0, 27, 26, 20, 22)
17	Sammy Wame	Manchester	123	(34, 35, 33, 29, 27)
18	Cameron Buchan	Sale H Man	125	(0, 37, 35, 28, 25)
19	Daniel Wallace	Wirral AC	148	(39, 44, 39, 0, 26)

Race 3 - Under 15 Girls — Points after 5 races

1	Katy Whiteoak	Stockport	7	(4, 1, 1, 1, 0)
2	Katie Lowery	Macclesfie	10	(0, 2, 3, 3, 2)
3	Sophie Hill	Moston&dis	22	(0, 4, 7, 7, 4)
=	Amber Towns	Sale H Man	22	(7, 5, 10, 5, 5)
5	Dannielle Webb	Liverpool	25	(6, 7, 5, 0, 7)
6	Juliet Downs	Stockport	32	(10, 8, 11, 6, 8)
7	Kieia Grady	Halton&fro	52	(15, 14, 14, 10, 14)
8	Aileen Kearney	Wirral AC	56	(14, 21, 0, 9, 12)
9	Molly Bogin	Manchester	59	(16, 16, 16, 11, 23)
10	Lucy Griffiths	St Helens	73	(18, 18, 17, 20, 25)
11	Melanie Cattell	Liverpool	78	(23, 0, 19, 16, 20)
12	Nicola Harris	Wirral AC	88	(25, 24, 20, 0, 19)
13	Giovanna Brady	Moston&dis	95	(0, 26, 23, 22, 24)
14	Lucy Cattell	Liverpool	102	(24, 0, 24, 28, 26)
15	Emily Rowe	Liverpool	112	(31, 0, 21, 33, 27)
16	Savannah Morgan	ABC Runnes	115	(30, 28, 25, 32, 0)
17	Alex Glynn	St Helens	124	(37, 35, 26, 34, 29)
18	Emily Roberts	St Helens	138	(38, 34, 0, 36, 30)

Race 4 - Under 15 Boys — Points after 5 races

1	Donnacha Maguire	Manchester	6	(1, 1, 3, 4, 1)
2	Thomas Taylor	Manchester	10	(2, 5, 1, 2, 0)
3	Euan Gilchrist	Sale H Man	18	(8, 3, 4, 3, 0)
4	Luke Piper	E Cheshire	22	(7, 4, 9, 6, 5)
5	Shay Ward	Stockport	23	(9, 7, 7, 5, 4)
6	George Lewis	E Cheshire	27	(0, 8, 6, 7, 6)
7	Sam Tarry	Manchester	45	(12, 12, 16, 11, 10)
8	Jay Homby	Stockport	53	(10, 0, 22, 10, 11)
9	Kyle Anderson	Moston&dis	76	(0, 20, 27, 16, 13)
=	Saeed Absiyeh	Sale H Man	76	(17, 21, 25, 13, 0)
11	Dillon Cooper	E Cheshire	85	(19, 0, 28, 17, 21)
12	Grant Anderson	Stockport	86	(20, 28, 0, 21, 17)
13	Bill Karuga	Moston&dis	93	(0, 27, 29, 23, 14)
14	Lewis Thurgoland	Stockport	105	(23, 29, 33, 0, 20)
15	Anthony Kelly	Moston&dis	106	(0, 31, 37, 20, 18)
16	George Stott	Moston&dis	117	(0, 34, 39, 22, 22)

Race 4 - Under 17 Women — Points after 5 races

1	Elizabeth Apsley	Stockport	7	(3, 3, 2, 1, 1)
2	Emily Kearney	Wirral AC	9	(5, 2, 3, 2, 2)
3	Ellen Downs	Stockport	19	(6, 5, 5, 3, 0)
4	Rosa Chrystie-Lowe	Stockport	25	(7, 6, 7, 7, 5)
=	Lucy Scott	Vale Royal	25	(9, 8, 8, 5, 4)
6	Rachel McGoldrick	St Helens	42	(0, 14, 10, 10, 8)
7	Sophie Williams	Stockport	44	(10, 12, 12, 14, 10)
=	Hannah Christy	Sale H Man	44	(0, 17, 9, 9, 9)
9	Rachel Hibberd	Sale H Man	49	(13, 11, 0, 13, 12)
10	Fiona Nuttall	Wirral AC	51	(16, 13, 0, 8, 14)
11	Lauren Brett	Wirral AC	56	(11, 18, 20, 16, 11)
12	Maria McGoldrick	St Helens	58	(0, 16, 14, 15, 13)
13	Hayley Simpson	E Cheshire	65	(14, 0, 18, 18, 15)
14	Danielle Dignan	E Cheshire	67	(17, 19, 17, 17, 16)
15	Clare Dignan	E Cheshire	79	(18, 23, 21, 0, 17)

Under 17 Men — Points after 5 races

1	Daniel Jarvis	Liverpool	8	(3, 2, 2, 0, 1)
2	Kevin Acton	Stockport	18	(7, 4, 0, 4, 3)
3	Abdulqani Sharif	Liverpool	19	(8, 5, 4, 0, 2)
4	Jonathan Stewart	Manchester	30	(10, 9, 6, 5, 0)
5	Matthew Metcalf	Sale H Man	31	(12, 8, 5, 6, 0)
6	Kieran Morgan	Wirral AC	44	(11, 14, 11, 0, 8)
7	Robert McDougall	Moston&dis	46	(0, 12, 17, 10, 7)
8	Robert Powell	Trafford A	48	(18, 15, 8, 7, 0)
9	Khalid Absiyeh	Sale H Man	51	(16, 16, 10, 14, 11)
10	Simon Chadwick	Stockport	52	(0, 22, 12, 8, 10)
11	Alex Hill	Moston&dis	64	(0, 23, 13, 15, 13)
12	Robert Poole	South Ches	65	(21, 18, 14, 12, 0)
13	Josh Walton	Stockport	80	(0, 28, 21, 16, 15)
14	Tom Dent	Stockport	94	(24, 30, 24, 0, 16)

Senior Women under 20 — Points after 5 races

1	Kate Moulds	U20 Vale Royal	7	(1, 2, 1, 0, 3)
2	Olivia Perez	U20 Liverpool	13	(2, 6, 0, 1, 4)
3	Misha Nayak-Oliver	U20 Sale H Man	17	(6, 7, 3, 2, 6)
4	Katie BowersFolan	U20 St Helens	22	(5, 8, 4, 0, 5)
5	Olivia McDermott	U20 Salford Me	27	(0, 10, 6, 4, 7)

Senior Women aged 20 to 34 — Points after 5 races

1	Gemma Connolly	St Helens	16	(5, 3, 3, 5, 5)
2	Pauline Griffin	Manchestet	25	(9, 0, 12, 2, 2)
3	Sarah Rhodes	Manchestet	28	(11, 9, 9, 4, 6)
4	Hannah Griffiths	Trafford A	31	(8, 6, 6, 0, 11)
5	Tania Hernandez	Salford H&	35	(12, 8, 7, 0, 8)
6	Amber Magee	MMU H	40	(14, 11, 0, 8, 7)
7	Cara O'Brien	Sale H Man	50	(16, 16, 0, 9, 9)
8	Liz Austen	Trafford A	52	(0, 13, 16, 10, 13)
9	Joanne Street	Sale H Man	72	(0, 20, 22, 14, 16)
10	Emily Newton	Manchestet	75	(30, 14, 17, 29, 15)
11	Jill Bailey	Stockport	90	(35, 0, 21, 17, 17)
12	Carolyn Lewtas	Salford Me	92	(0, 25, 23, 22, 22)
13	Julie Hamilton	Swinton RC	97	(29, 21, 25, 27, 24)

14	Lauren Davies	Sale H Man	101	(34, 22, 29, 16, 0)
15	Rebecca Mills	Swinton RC	105	(38, 33, 28, 19, 25)
16	Nicola Lloyd	Bramhall R	108	(32, 26, 44, 21, 29)
17	Ruth Beresford	Trafford A	113	(49, 39, 39, 15, 20)
18	Sophie Barnett	Manchestet	119	(36, 24, 27, 32, 0)
19	Wendy Woodhead	Manchestet	126	(43, 34, 37, 24, 31)
20	Emma Parkin	Manchesteu	139	(0, 42, 34, 33, 30)
21	Heather Clarkson	Manchestes	146	(41, 45, 0, 28, 32)
22	Emma Flynn	Swinton RC	153	(46, 41, 36, 30, 0)
23	Carmel Salvidge	Belle Vue	161	(55, 37, 38, 31, 0)
24	Caroline Baba	Manchester	171	(51, 0, 45, 37, 38)
25	Jennifer Johnson	Manchestet	185	(0, 52, 49, 44, 40)
26	Emma Aldred	Bramhall R	198	(57, 53, 0, 45, 43)

Senior Women (Vets) aged 35 to 39 — Points after 5 races

1	Sarah Kearney	L35 Wirral AC	6	(2, 1, 2, 0, 1)
2	Diane McVey	L35 Wilmslow R	9	(3, 2, 3, 2, 2)
3	Claire Stevinson	L35 Wilmslow R	16	(7, 3, 5, 3, 5)
4	Sharon Johnstone	L35 Wilmslow R	17	(0, 4, 6, 4, 3)
5	Claire O'Connor	L35 Salford H&	24	(5, 5, 7, 7, 0)
6	Vicky McKinnon	L35 Wilmslow R	28	(8, 7, 8, 6, 7)
7	Katy Green	L35 Wilmslow R	33	(12, 10, 11, 8, 4)
8	Sally Woolhouse	L35 Trafford A	35	(10, 6, 10, 0, 9)
9	Helen Armitage	L35 Sale H Man	46	(18, 11, 0, 9, 8)
10	Claire Chaffer	L35 Trafford A	58	(16, 13, 16, 13, 0)
11	Emma Bedford	L35 Manchesteu	80	(24, 20, 0, 19, 17)
=	Sally Cooper	L35 Manchestet	80	(22, 18, 24, 0, 16)
13	Linda Nuamah	L35 Manchester	88	(25, 21, 25, 17, 0)
14	Gillian Aspin	L35 Manchestet	91	(28, 0, 27, 18, 18)
15	Sharen Roberts	L35 Swinton RC	107	(30, 24, 30, 23, 0)

Senior Women (Vets) aged 40 to 44 — Points after 5 races

1	Beverley Jenkins	L40 Salford H&	4	(1, 1, 0, 1, 1)
2	Jan Nichols	L40 Sale H Man	7	(2, 2, 1, 2, 2)
3	Jayne Lawton	L40 Stockport	12	(3, 4, 3, 3, 3)
4	Jude Wall	L40 Manchestet	17	(4, 5, 4, 4, 0)
5	Lauren Marsden	L40 Swinton RC	22	(5, 8, 0, 5, 4)
6	Emma McQueen	L40 E Cheshire	28	(9, 9, 5, 0, 5)
7	Gillian Doolan	L40 Stockport	36	(10, 11, 0, 7, 8)
8	Louise Harrison	L40 Stockport	54	(16, 16, 10, 12, 0)
=	Claire Deane	L40 Manchestet	54	(18, 0, 13, 13, 10)
10	Kath Livingston	L40 ABC Runnes	63	(23, 19, 16, 16, 12)
11	Emma Shillabeer	L40 ABC Runnes	65	(0, 20, 15, 17, 13)
12	Julia Foy	L40 Belle Vue	68	(22, 0, 17, 15, 14)
13	Alison Sheedy	L40 Bramhall R	79	(25, 21, 18, 0, 15)

Senior Women (Vets) aged 45 to 49 — Points after 5 races

1	Helen Walch	L45 Stockport	4	(1, 1, 1, 1, 0)
2	Kerrie Wood-Doyle	L45 Stockport	7	(2, 2, 0, 2, 1)
3	Andrea Frost	L45 Macclesfie	12	(3, 3, 2, 4, 4)
4	Janine Ridgard	L45 E Cheshire	14	(0, 5, 3, 3, 3)
5	Joanne Lott	L45 Trafford A	17	(4, 6, 7, 5, 2)
6	Carole Harrison	L45 Altrincham	32	(8, 8, 9, 11, 7)
7	April Morgan	L45 ABC Runnes	34	(9, 9, 10, 12, 6)
8	Michelle Wilder	L45 Manchestet	53	(17, 15, 15, 14, 9)
9	Justine Stevens	L45 Manchesteu	74	(23, 0, 23, 17, 11)

Senior Women (Vets) aged 50 to 54 — Points after 5 races

1	Jacky Thom	L50 Vale Royal	6	(2, 1, 2, 2, 1)
2	Kate Sutton	L50 Wilmslow R	8	(1, 2, 4, 3, 2)
3	Jackie Cordingley	L50 Sale H Man	12	(3, 3, 3, 7, 3)
4	Nicky Mowat	L50 Wilmslow R	17	(4, 4, 5, 4, 0)
5	Mary Tavener	L50 Vale Royal	23	(7, 6, 8, 6, 4)
6	Lynda Rowlinson	L50 Sale H Man	29	(6, 8, 0, 10, 5)
7	Helen Fraser	L50 Stockport	38	(8, 9, 12, 9, 0)
8	Maggie Jones	L50 Altrincham	41	(11, 11, 18, 12, 7)
9	Fiona Lamb	L50 Middleton	56	(13, 0, 19, 15, 9)

Senior Women (Vets) aged 55 to 59 — Points after 5 races

1	Ann-Marie Jones	L55 Altrincham	4	(1, 1, 1, 0, 1)
2	Annie Hirsch	L55 Belle Vue	9	(3, 2, 2, 0, 2)
3	Sue Exon	L55 Trafford A	16	(6, 0, 4, 2, 4)
4	Gillian Wolstenholme	L55 E Cheshire	20	(8, 3, 0, 3, 6)
5	Hilary West	L55 Stockport	21	(7, 4, 5, 0, 5)
6	Alyson Lamb	L55 Middleton	33	(14, 0, 8, 4, 7)

Senior Women (Vets) aged 60 to 64 — Points after 5 races

1	Angela Oldham	L60 E Cheshire	4	(1, 1, 0, 1, 1)
2	Alexis Dinsmor	L60 Stockport	7	(2, 0, 1, 2, 2)
3	Carole Williams	L60 Vale Royal	14	(4, 2, 4, 4, 0)

Senior Women (Vets) aged 65 to 69 — Points after 5 races

1	Pauline Lynch	L65 Macclesfie	6	(2, 2, 2, 1, 1)
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Senior Women — Points after 5 races

1	Beverley Jenkins	L40	Salford H&	22	(7, 7, 0, 5, 3)
2	Gemma Connolly		St Helens	23	(6, 3, 4, 10, 10)
3	Sarah Kearney	L35	Wirral AC	25	(8, 5, 6, 0, 6)
4	Diane McVey	L35	Wilmslow R	28	(9, 9, 7, 4, 8)
5	Claire Stevenson	L35	Wilmslow R	49	(18, 12, 14, 8, 15)
6	Pauline Griffin		Manchestet	50	(17, 0, 25, 3, 5)
7	Sharon Johnstone	L35	Wilmslow R	51	(0, 14, 15, 9, 13)
8	Kate Moulds	U20	Vale Royal	53	(19, 10, 12, 0, 12)
9	Hannah Griffiths		Trafford A	58	(14, 11, 10, 0, 23)
10	Sarah Rhodes		Manchestet	61	(25, 27, 18, 7, 11)
11	Jan Nichols	L40	Sale H Man	66	(15, 15, 20, 16, 27)
12	Claire O'Connor	L35	Salford H&	69	(13, 16, 21, 19, 0)
=	Helen Walch	L45	Stockport	69	(20, 18, 17, 14, 0)
14	Tania Hernandez		Salford H&	76	(26, 21, 11, 0, 18)
15	Vicky McKinnon	L35	Wilmslow R	80	(23, 22, 22, 15, 21)
16	Olivia Perez	U20	Liverpool	94	(29, 32, 0, 17, 16)
17	Katy Green	L35	Wilmslow R	96	(34, 30, 29, 23, 14)
18	Kerrie Wood-Doyle	L45	Stockport	102	(24, 23, 0, 22, 33)
19	Amber Magee		MMUH	104	(36, 33, 0, 18, 17)
20	Sally Woolhouse	L35	Trafford A	110	(30, 20, 26, 0, 34)
21	Jayne Lawton	L40	Stockport	112	(31, 34, 30, 20, 31)
22	Liz Austen		Trafford A	123	(0, 38, 34, 26, 25)
23	Cara O'Brien		Sale H Man	127	(43, 44, 0, 21, 19)
24	Jude Wall	L40	Manchestet	141	(41, 36, 37, 27, 0)
=	Andrea Frost	L45	Macclesfie	141	(38, 35, 36, 32, 40)
26	Misha Nayak-Oliver	U20	Sale H Man	143	(67, 47, 39, 25, 32)
27	Ann-Marie Jones	L55	Altrincham	150	(22, 31, 47, 0, 50)
28	Jacky Thom	L50	Vale Royal	152	(49, 39, 43, 34, 36)
29	Janine Ridgard	L45	E Cheshire	161	(0, 50, 41, 31, 39)
30	Helen Armitage	L35	Sale H Man	163	(64, 43, 0, 28, 28)
31	Kate Sutton	L50	Wilmslow R	164	(42, 45, 52, 35, 42)
32	Lauren Marsden	L40	Swinton RC	170	(44, 53, 0, 38, 35)
33	Joanne Lott	L45	Trafford A	171	(47, 51, 58, 36, 37)
34	Katie BowersFolan	U20	St Helens	189	(66, 52, 42, 0, 29)
35	Emily Newton		Manchestet	193	(84, 41, 38, 84, 30)
36	Jackie Cordingley	L50	Sale H Man	215	(62, 55, 49, 50, 61)
37	Nicky Mowat	L50	Wilmslow R	221	(63, 57, 59, 42, 0)
38	Angela Oldham	L60	E Cheshire	222	(53, 60, 0, 54, 55)
=	Claire Chaffer	L35	Trafford A	222	(58, 62, 53, 49, 0)
40	Emma McQueen	L40	E Cheshire	225	(61, 63, 60, 0, 41)
41	Joanne Street		Sale H Man	227	(0, 71, 65, 53, 38)
42	Gillian Doolan	L40	Stockport	240	(73, 67, 0, 51, 49)
43	Mary Tavener	L50	Vale Royal	252	(96, 72, 70, 47, 63)
44	Carole Harrison	L45	Altrincham	262	(77, 59, 69, 67, 67)
45	Jill Bailey		Stockport	264	(93, 0, 62, 63, 46)
46	April Morgan	L45	ABC Runnes	266	(78, 68, 72, 69, 57)
47	Olivia McDermott	U20	Salford Me	275	(0, 66, 77, 58, 74)
48	Carolyn Lewtas		Salford Me	281	(0, 82, 66, 73, 60)
49	Julie Hamilton		Swinton RC	292	(81, 73, 74, 81, 64)
50	Rebecca Mills		Swinton RC	305	(100, 95, 80, 65, 65)
51	Lauren Davies		Sale H Man	310	(92, 75, 81, 62, 0)
52	Nicola Lloyd		Bramhall R	313	(86, 83, 116, 72, 72)
53	Ruth Beresford		Trafford A	324	(131, 111, 104, 55, 54)
54	Annie Hirsch	L55	Belle Vue	332	(90, 78, 93, 0, 71)
55	Sophie Barnett		Manchestet	344	(95, 80, 79, 90, 0)
56	Lynda Rowlinson	L50	Sale H Man	346	(79, 99, 0, 89, 79)
57	Wendy Woodhead		Manchester	354	(110, 96, 101, 77, 80)
58	Emma Parkin		Manchesteu	380	(0, 117, 97, 93, 73)
59	Louise Harrison	L40	Stockport	392	(104, 103, 103, 82, 0)
60	Heather Clarkson		Manchestes	393	(107, 122, 0, 83, 81)
61	Claire Deane	L40	Manchestet	400	(116, 0, 115, 92, 77)
62	Sally Cooper	L35	Manchestet	408	(117, 98, 108, 0, 85)
=	Sue Exon	L55	Trafford A	408	(121, 0, 119, 85, 83)
64	Alexis Dinsmor	L60	Stockport	416	(129, 0, 112, 91, 84)
65	Emma Flynn		Swinton RC	418	(119, 113, 100, 86, 0)
66	Michelle Wilder	L45	Manchestet	426	(136, 116, 125, 95, 90)
=	Helen Fraser	L50	Stockport	426	(124, 109, 106, 87, 0)
68	Emma Bedford	L35	Manchesteu	430	(127, 114, 0, 101, 88)
69	Carmel Salvidge		Belle Vue	445	(148, 107, 102, 88, 0)
70	Gillian Wolstenholme	L55	E Cheshire	449	(138, 115, 0, 96, 100)
71	Caroline Baba		Manchester	455	(135, 0, 120, 105, 95)
72	Linda Nuamah	L35	Manchester	461	(130, 120, 117, 94, 0)
73	Hilary West	L55	Stockport	471	(132, 128, 122, 0, 89)
74	Gillian Aspin	L35	Manchestet	474	(147, 0, 135, 99, 93)
75	Maggie Jones	L50	Altrincham	487	(154, 137, 139, 108, 103)
76	Kath Livingston	L40	ABC Runnes	506	(160, 138, 144, 119, 105)
77	Emma Shillabeer	L40	ABC Runnes	513	(0, 144, 141, 121, 107)
78	Jennifer Johnson		Manchestet	519	(0, 143, 150, 129, 97)
79	Julia Foy	L40	Belle Vue	524	(153, 0, 145, 118, 108)
80	Pauline Lynch	L65	Macclesfie	537	(168, 150, 148, 125, 114)
81	Emma Aldred		Bramhall R	553	(165, 147, 0, 130, 111)
82	Fiona Lamb	L50	Middleton	562	(171, 0, 156, 126, 109)
83	Sharen Roberts	L35	Swinton RC	566	(161, 142, 143, 120, 0)
84	Alison Sheedy	L40	Bramhall R	581	(166, 146, 154, 0, 115)
85	Justine Stevens	L45	Manchesteu	584	(179, 0, 166, 127, 112)
86	Carole Williams	L60	Vale Royal	593	(167, 148, 155, 123, 0)
87	Alyson Lamb	L55	Middleton	606	(187, 0, 169, 133, 117)

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th February 2013

NOTE: The individual results include only runners who have run at least 4 races

Senior Men under 20 — Points after 5 races

1	Richard Powell	U20	Trafford A	11	(6, 0, 2, 1, 2)
=	Callum Rowlinson	U20	Sale H Man	11	(0, 4, 4, 2, 1)
3	Tom Hindmarch	U20	MMUH	30	(13, 8, 8, 6, 8)
4	Kyle Conway	U20	Sale H Man	35	(14, 10, 6, 0, 5)
5	Nicholas Howarth	U20	M'chr tri	38	(20, 13, 11, 5, 9)
6	Luke McCrave	U20	MMUH	47	(21, 15, 13, 9, 10)
7	Ben Fox	U20	Sale H Man	53	(19, 14, 12, 8, 0)

Senior Men aged 20 to 39 — Points after 5 races

1	Alex Lawton		M'chr tri	15	(6, 2, 10, 4, 3)
2	Damian Nicholls		Wilmslow R	20	(0, 6, 7, 3, 4)
3	Patrick Gardiner		E Cheshire	22	(9, 3, 5, 0, 5)
4	Tom Charles		Trafford A	30	(12, 0, 9, 7, 2)
5	Robert Hughes		Salford H&	34	(25, 12, 11, 5, 6)
6	Anthony Taylor		Salford H&	40	(21, 10, 12, 8, 10)
7	Matthew Clark		Swinton RC	41	(17, 8, 14, 12, 7)
8	Howard Mead		Salford H&	61	(0, 18, 21, 9, 13)
9	Rob Flannery		Sale H Man	66	(0, 15, 19, 11, 21)
10	David Marsh		Sale H Man	82	(46, 25, 30, 16, 11)
11	James Moles		M'chrFront	84	(0, 22, 24, 19, 19)
12	Mark Whittington		Swinton RC	124	(41, 28, 36, 30, 30)
13	Steven Townley		Sale H Man	126	(29, 35, 37, 25, 41)
14	Phil Burns		Stockport	137	(36, 26, 42, 49, 33)
15	David Stephan		M'chrFront	147	(45, 29, 45, 42, 31)
16	Chris Bentley		Macclesie	152	(40, 0, 41, 37, 34)
17	Robert Hasler		Macclesie	158	(37, 36, 0, 39, 46)
18	Rob Halfpenny		M'chr tri	182	(0, 50, 54, 41, 37)
19	Roger Thomas		M'chr tri	190	(0, 49, 57, 46, 38)
=	Jono Guildford		M'chrFront	190	(49, 42, 52, 53, 47)
21	Andy Quicke		M'chr tri	194	(53, 40, 49, 52, 0)
22	Mark Simpson		M'chr tri	197	(59, 45, 48, 0, 45)
23	Paul Barrett		Sale H Man	220	(66, 46, 55, 0, 53)
24	Dave Townley		Stockport	244	(0, 51, 77, 57, 59)
25	Chris Sewart		Manchester	250	(71, 64, 73, 59, 56)
26	Mark Griffiths		M'chr YMCA	256	(81, 70, 87, 56, 49)
27	Mike Neal		M'chr tri	259	(63, 52, 75, 0, 69)
28	Christopher Heys		Sale H Man	272	(62, 67, 89, 54, 0)
29	Simon Harlow		Bramhall R	275	(75, 69, 69, 0, 62)
30	Kevin Cornwall		M'chr tri	282	(76, 72, 0, 66, 68)
31	Liam Wilkinson		Swinton RC	294	(83, 87, 0, 60, 64)
=	Tim Condon		M'chr tri	294	(61, 97, 71, 65, 0)
33	John Goggins		KnutsfordT	298	(0, 77, 90, 64, 67)
34	Lucas Nightingale		M'chrFront	305	(73, 74, 96, 62, 0)
35	Stephen Webb		Belle Vue	323	(79, 79, 100, 0, 65)
36	John Pegington		M'chr tri	346	(101, 81, 101, 63, 0)
37	Lewis Green		Sale H Man	355	(109, 98, 117, 74, 74)
38	Stuart Mairs		Salford Me	358	(0, 95, 111, 77, 75)
39	Gary Birch		ABC Runner	366	(106, 84, 105, 71, 0)
40	Ali Alsaadi		Belle Vue	370	(94, 88, 108, 0, 80)
=	James Gu		M'chr YMCA	370	(122, 96, 113, 79, 82)
42	Ross Kennedy		Bramhall R	372	(119, 100, 115, 76, 81)
43	James Corrigan		Belle Vue	380	(115, 103, 114, 80, 83)
44	Jeremy Woodham		Stockport	391	(123, 107, 120, 78, 86)
45	Andy Smith		Swinton RC	407	(127, 109, 126, 83, 89)

Senior Men (Vets) aged 40 to 44 — Points after 5 races

1	Ed Fazakerley	V40	Manchester	13	(5, 2, 4, 2, 0)
2	Adrian Nutter	V40	Stockport	14	(4, 3, 5, 4, 3)
3	Jim Pendrill	V40	Wilmslow R	17	(0, 6, 6, 3, 2)
4	Andy Whittingham	V40	Wilmslow R	22	(6, 7, 7, 5, 4)
5	James Corden	V40	Stockport	26	(8, 5, 10, 6, 7)
=	Peter Abraham	V40	Altrincham	26	(9, 4, 8, 0, 5)
7	Carl Barber	V40	Sale H Man	36	(10, 9, 9, 0, 8)
8	Mark Livingston	V40	ABC Runner	41	(13, 12, 0, 7, 9)
9	Shane Wolstencroft	V40	Salford Me	59	(21, 0, 16, 10, 12)
10	David Livingstone	V40	Altrincham	62	(20, 13, 19, 0, 10)
11	John Murray	V40	M'chr tri	84	(0, 36, 24, 11, 13)
12	Tim Walton	V40	Macclesie	88	(36, 32, 26, 16, 14)
13	Tony Morgan	V40	ABC Runner	99	(32, 33, 31, 20, 16)
14	Chris Lomax	V40	Swinton RC	100	(35, 34, 33, 15, 18)
15	Chris Cook	V40	Sale H Man	107	(0, 42, 34, 14, 17)
16	Mark Norton	V40	Altrincham	113	(33, 31, 30, 0, 19)
17	Darren Hales	V40	Stockport	125	(42, 39, 0, 22, 22)
18	Steve Lomas	V40	Macclesie	135	(40, 38, 38, 19, 0)
19	Jason Brogan	V40	Manchester	142	(0, 52, 42, 27, 21)
20	Peter Johnson	V40	St Helens	150	(43, 41, 40, 26, 0)

Senior Men (Vets) aged 45 to 49 — Points after 5 races

1	Rob Downs	V45	Wilmslow R	4	(1, 1, 1, 1, 1)
2	Roger Alsop	V45	Salford H&	15	(5, 0, 3, 2, 5)
3	James Noakes	V45	Macclesie	19	(6, 3, 0, 6, 4)
4	Kevan Garner	V45	Stockport	27	(11, 7, 14, 7, 2)
5	Phil Huntington	V45	M'chr tri	30	(9, 4, 9, 11, 8)
6	Dick Byers	V45	Trafford A	31	(8, 8, 7, 8, 0)
7	Simon Grundy	V45	E Cheshire	33	(12, 5, 20, 9, 7)

8	Rob Wilson	V45	Wilmslow R	56	(0, 15, 18, 12, 11)
9	Paul Mannion	V45	Trafford A	65	(19, 23, 22, 14, 10)
10	Graham Taylor	V45	Wilmslow R	69	(0, 17, 23, 17, 12)
=	Graham Marsland	V45	Stockport	69	(0, 12, 21, 19, 17)
12	Paul Schofield	V45	M'chr tri	70	(18, 13, 15, 24, 0)
13	Mark Seed	V45	Salford H&	76	(20, 16, 26, 29, 14)
14	Matt Whitehead	V45	Manchester	78	(26, 19, 0, 18, 15)
15	Ian Smallwood	V45	Wilmslow R	99	(0, 24, 36, 23, 16)
16	Roberto Raso	V45	M'chrFront	103	(28, 27, 28, 25, 23)
17	Michael Slater	V45	Stockport	112	(35, 30, 34, 30, 18)
18	Simon Stead	V45	Belle Vue	121	(38, 33, 37, 26, 25)
19	Tim Rainey	V45	Sale H Man	129	(40, 31, 43, 34, 24)
20	Paul Rutherford	V45	Swinton RC	132	(41, 28, 32, 31, 0)
21	Robin Beaumont	V45	Trafford A	138	(43, 36, 35, 40, 27)
22	Rick Waring	V45	Swinton RC	143	(59, 35, 41, 32, 35)
23	David Bibby	V45	Stockport	148	(0, 41, 40, 37, 30)
24	Steve Fairclough	V45	Bramhall R	164	(52, 43, 46, 43, 32)
25	Andy Wood	V45	Belle Vue	168	(51, 0, 49, 39, 29)
26	James Jones	V45	West Chesh	173	(57, 45, 53, 41, 34)
27	Chris Jones	V45	Salford Me	181	(61, 48, 48, 48, 37)
28	Neil Cooper	V45	M'chr tri	184	(45, 38, 52, 49, 0)
29	Nick Roberts	V45	Stockport	190	(60, 46, 57, 51, 36)
30	Andy Chalmers	V45	M'chr tri	197	(63, 51, 56, 50, 40)
31	Nigel Harrison	V45	Stockport	205	(58, 47, 54, 46, 0)

Senior Men (Vets) aged 50 to 54 — Points after 5 races

1	Graham Macneill	V50	Wilmslow R	4	(2, 1, 1, 1, 1)
2	Dave Clamp	V50	KnutsfordT	11	(0, 2, 4, 3, 2)
3	Gary Matthews	V50	E Cheshire	13	(0, 3, 5, 2, 3)
4	Stephen Robinson	V50	E Cheshire	19	(7, 5, 6, 4, 4)
=	David Keeling	V50	Trafford A	19	(5, 4, 0, 5, 5)
6	Steve Doxey	V50	Swinton RC	22	(6, 6, 3, 0, 7)
7	John Mooney	V50	Macclesie	29	(9, 8, 0, 6, 6)
8	Derek Hughes	V50	E Cheshire	36	(0, 11, 9, 8, 8)
9	Anthony Lowe	V50	Middleton	42	(11, 0, 15, 7, 9)
10	Graham Harrison	V50	Altrincham	49	(14, 12, 14, 12, 11)
11	Pete Hill	V50	Altrincham	50	(12, 15, 13, 10, 0)
12	Alan McNally	V50	St Helens	60	(18, 14, 12, 0, 16)
=	Andrew O'Connor	V50	St Helens	60	(16, 17, 16, 13, 15)
14	Paul Garnett	V50	Wilmslow R	62	(17, 16, 17, 0, 12)
15	Paul StubbsJeffries	V50	KnutsfordT	79	(0, 20, 19, 17, 23)
16	Alan Webster	V50	Macclesie	80	(25, 0, 21, 15, 19)
17	Roger Coleman	V50	Stockport	82	(22, 0, 20, 18, 22)
18	Rob Cator	V50	Stockport	84	(26, 19, 18, 0, 21)
19	Mark Wheelton	V50	Macclesie	86	(24, 21, 22, 19, 25)
20	Tom Lavin	V50	Altrincham	95	(27, 24, 23, 21, 28)
21	Steve Hart	V50	Swinton RC	104	(31, 26, 25, 22, 0)

Senior Men (Vets) aged 55 to 59 — Points after 5 races

1	Tom McGaff	V55	Wilmslow R	4	(1, 1, 1, 1, 1)
2	Steve Shaughnessy	V55	Stockport	14	(3, 3, 4, 0, 4)
3	Tony Archer	V55	Vale Royal	16	(4, 4, 5, 3, 0)
4	Marcus Walker	V55	Unattached	23	(6, 5, 6, 0, 6)
5	Jerry Smith	V55	Sale H Man	28	(9, 7, 8, 5, 8)
6	David Chrystie-Lowe	V55	Stockport	34	(14, 9, 11, 7, 7)
7	James Atkin	V55	Wirral AC	38	(7, 10, 12, 0, 9)
=	Tim Hargreaves	V55	Stockport	38	(11, 8, 16, 9, 10)
9	John Clarke	V55	Vale Royal	46	(0, 12, 14, 8, 12)
10	Craig Sutherland	V55	Middleton	59	(20, 15, 18, 11, 15)
11	Miran Arahamian	V55	Sale H Man	61	(17, 11, 17, 0, 16)
12	Michael Gibbons	V55	Bramhall R	75	(0, 21, 23, 13, 18)
13	Mike Jones	V55	Altrincham	77	(24, 0, 24, 12, 17)

Senior Men (Vets) aged 60 to 64 — Points after 5 races

1	Robert Taylor	V60	Stockport	5	(2, 1, 1, 1, 0)
2	Len Best	V60	Stockport	7	(1, 2, 2, 2, 2)
3	Andy Watts	V60	Wilmslow R	14	(4, 4, 4, 3, 3)
4	Patrick Grannan	V60	Wilmslow R	26	(8, 6, 6, 6, 0)
5	Jon Paramor	V60	M'chr YMCA	30	(7, 5, 8, 10, 0)
6	Barry Guy	V60	Belle Vue	31	(10, 9, 0, 7, 5)
7	David Hancock	V60	Macclesie	35	(13, 11, 9, 9, 6)
8	Paul Hudson	V60	Vale Royal	36	(11, 12, 10, 8, 7)
9	John Leah	V60	Bramhall R	48	(0, 13, 14, 13, 8)
=	Alan Thomas	V60	Salford Me	48	(16, 14, 13, 12, 9)

Senior Men (Vets) aged 65 to 69 — Points after 5 races

1	Tony Hulme	V65	Wilmslow R	6	(2, 2, 1, 2, 1)
2	Colin Rathbone	V65	Vale Royal	12	(4, 3, 4, 3, 2)

Senior Men (Vets) aged 70 to 74 — Points after 5 races

1	Trevor Faulkner	V70	Wilmslow R	4	(1, 1, 1, 1, 1)
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Senior Men — Points after 5 races

1	Alex Lawton		M'chr tri	20	(10, 3, 13, 4, 3)
2	Damian Nicholls		Wilmslow R	23	(0, 8, 8, 3, 4)
3	Patrick Gardiner		E Cheshire	30	(14, 5, 6, 0, 5)
4	Tom Charles		Trafford A	38	(17, 0, 11, 8, 2)

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SportSoft

5	Robert Hughes		Salford H&M	43	(41, 17, 15, 5, 6)	96	Tim Condon		M'chr tri	716(148,258,154,156, 0)
6	Rob Downs	V45	Wilmslow R	45	(23, 12, 14, 9, 10)	97	Paul Rutherford	V45	Swinton RC	720(214,176,191,139, 0)
7	Anthony Taylor		Salford H&M	56	(32, 15, 17, 10, 14)	98	Darren Hales	V40	Stockport	726(222,194, 0,149,161)
8	Matthew Clark		Swinton RC	58	(25, 11, 21, 18, 8)		= Liam Wilkinson		Swinton RC	726(223,226, 0,140,137)
9	Richard Powell	U20	Trafford A	78	(40, 0, 19, 6, 13)	100	Robin Beaumont	V45	Trafford A	730(217,198,200,169,163)
10	Callum Rowlinson	U20	Sale H Man	82	(0, 28, 28, 14, 12)	101	Tony Hulme	V65	Wilmslow R	733(248,208,205,158,162)
11	Howard Mead		Salford H&M	92	(0, 25, 38, 11, 18)	102	Rick Waring	V45	Swinton RC	741(281,192,220,141,188)
12	Ed Fazakerley	V40	Manchester	96	(38, 20, 23, 15, 0)	103	Steve Lomas	V40	Macclesfie	746(206,189,217,134, 0)
13	Rob Flannery		Sale H Man	105	(0, 21, 34, 17, 33)		= David Chrystie-Lowe	V55	Stockport	746(235,202,223,174,147)
14	Graham Macneill	V50	Wilmslow R	107	(50, 33, 35, 16, 23)	105	Lucas Nightingale		M'chrFront	747(195,188,216,148, 0)
	= Adrian Nutter	V40	Stockport	107	(35, 26, 27, 24, 30)	106	Tim Hargreaves	V55	Stockport	751(226,190,256,176,159)
16	Jim Pendrill	V40	Wilmslow R	114	(0, 36, 33, 23, 22)	107	David Bibby	V45	Stockport	763(0,222,214,154,173)
17	Andy Whittingham	V40	Wilmslow R	133	(55, 37, 39, 26, 31)	108	James Atkin	V55	Wirral AC	785(204,206,225, 0,150)
18	James Moles		M'chrFront	139	(0, 35, 46, 31, 27)	109	Stephen Webb		Belle Vue	792(218,201,230, 0,143)
19	David Marsh		Sale H Man	140	(94, 43, 57, 25, 15)	110	John Clarke	V55	Vale Royal	829(0,245,238,175,171)
20	Roger Alsop	V45	Salford H&M	148	(39, 0, 29, 27, 53)	111	Steve Fairclough	V45	Bramhall R	830(261,227,239,182,182)
21	Peter Abraham	V40	Altrincham	165	(59, 31, 40, 0, 35)	112	Andy Wood	V45	Belle Vue	845(260, 0,247,168,170)
22	James Noakes	V45	Macclesfie	174	(44, 40, 0, 42, 48)	113	Jason Brogan	V40	Manchester	847(0,252,257,189,149)
23	James Corden	V40	Stockport	188	(58, 34, 48, 50, 56)	114	Roger Coleman	V50	Stockport	850(241, 0,244,185,180)
24	Dave Clamp	V50	KnutsfordT	190	(0, 47, 59, 43, 41)	115	Paul StubbsJeffries	V50	KnutsfordT	854(0,251,237,173,193)
25	Tom McGaff	V55	Wilmslow R	204	(87, 61, 58, 48, 37)	116	Alan Webster	V50	Macclesfie	856(286, 0,248,164,158)
26	Gary Matthews	V50	E Cheshire	208	(0, 51, 74, 37, 46)		= James Jones	V45	West Chesh	856(275,236,225,178,187)
27	Kevan Gamer	V45	Stockport	211	(77, 49, 84, 46, 39)		= Peter Johnson	V40	St Helens	856(229,204,235,188, 0)
28	Carl Barber	V40	Sale H Man	218	(60, 50, 47, 0, 61)	119	John Pegington		M'chr tri	869(277,210,232,150, 0)
29	Kyle Conway	U20	Sale H Man	224	(79, 71, 45, 0, 29)	120	Chris Jones	V45	Salford Me	886(296,244,245,202,195)
30	Mark Whittington		Swinton RC	229	(86, 57, 67, 51, 54)	121	Stuart Mairs		Salford Me	893(0,247,269,196,181)
	= Dick Byers	V45	Trafford A	229	(66, 52, 51, 60, 0)	122	Neil Cooper	V45	M'chr tri	910(243,209,254,204, 0)
32	Phil Huntington	V45	M'chr tri	237	(72, 44, 65, 68, 60)	123	Mark Wheelton	V50	Macclesfie	911(283,253,260,198,200)
33	Steven Townley		Sale H Man	238	(53, 75, 69, 41, 80)	124	Lewis Green		Sale H Man	920(295,264,290,190,176)
34	Tom Hindmarch	U20	MMUH	252	(73, 53, 86, 79, 47)	125	Nick Roberts	V45	Stockport	923(282,241,280,208,194)
35	Simon Grundy	V45	E Cheshire	263	(93, 45, 103, 66, 59)	126	Craig Sutherland	V55	Middleton	937(316,272,274,212,179)
36	Phil Burns		Stockport	268	(71, 54, 79, 84, 64)	127	Ali Alsaadi		Belle Vue	941(256,228,265, 0,192)
37	David Stephan		M'chrFront	275	(92, 58, 91, 71, 55)	128	James Gu		M'chr YMCA	942(323,255,283,206,198)
38	Mark Livingston	V40	ABC Runner	278	(76, 67, 0, 65, 70)		= Ross Kennedy		Bramhall R	942(319,268,285,192,197)
39	Stephen Robinson	V50	E Cheshire	280	(101, 72, 83, 62, 63)	130	Colin Rathbone	V65	Vale Royal	943(311,260,275,195,213)
40	Chris Bentley		Macclesfie	284	(84, 0, 76, 59, 65)	131	Gary Birch		ABC Runner	950(292,215,259,184, 0)
41	David Keeling	V50	Trafford A	294	(80, 65, 0, 70, 79)	132	Patrick Grannan	V60	Wilmslow R	954(280,249,242,183, 0)
42	Steve Doxey	V50	Swinton RC	302	(85, 74, 56, 0, 87)		= Rob Cator	V50	Stockport	954(305,238,234, 0,177)
43	Robert Hasler		Macclesfie	306	(78, 76, 0, 63, 89)	134	Andy Chalmers	V45	M'chr tri	955(300,262,277,207,209)
44	Rob Wilson	V45	Wilmslow R	340	(0, 90,100, 81, 69)	135	Tom Lavin	V50	Altrincham	972(306,263,279,209,221)
45	Graham Taylor	V45	Wilmslow R	368	(0, 94,109, 93, 72)		= James Corrigan		Belle Vue	972(308,273,284,213,202)
46	Paul Mannion	V45	Trafford A	371	(109,110,108, 86, 68)	137	Nigel Harrison	V45	Stockport	985(279,243,263,200, 0)
47	Nicholas Howarth	U20	M'chr tri	382	(145, 96,130, 72, 84)	138	Jeremy Woodham		Stockport	999(330,286,297,205,211)
48	David Livingstone	V40	Altrincham	384	(123, 78,110, 0, 73)	139	Miran Aprahamian	V55	Sale H Man	1001(290,242,268, 0,201)
49	Rob Halfpenny		M'chr tri	385	(0,125,117, 69, 74)	140	Bary Guy	V60	Belle Vue	1015(324,276, 0,203,212)
50	Paul Schofield	V45	M'chr tri	389	(108, 83, 88,110, 0)	141	David Hancock	V60	Macclesfie	1019(338,290,295,215,219)
51	Graham Marsland	V45	Stockport	390	(0, 77,106, 96,111)	142	Jon Paramor	V60	M'chr YMCA	1021(276,240,288,217, 0)
52	Jono Guildford		M'chrFront	392	(104, 99,114, 98, 91)	143	Paul Hudson	V60	Vale Royal	1028(336,294,304,210,220)
53	Roger Thomas		M'chr tri	393	(0,118,122, 78, 75)	144	Michael Gibbons	V55	Bramhall R	1048(0,291,309,225,223)
54	Len Best	V60	Stockport	396	(115,113,124, 92, 76)	145	Alan Thomas	V60	Salford Me	1073(351,301,316,226,230)
55	John Mooney	V50	Macclesfie	401	(122,120, 0, 76, 83)		= John Leah	V60	Bramhall R	1073(0,300,321,228,224)
56	Robert Taylor	V60	Stockport	406	(144, 93, 92, 77, 0)	147	Andy Smith		Swinton RC	1078(345,297,318,231,232)
57	Shane Wolstencroft	V40	Salford Me	415	(127, 0, 95, 99, 94)	148	Trevor Faulkner	V70	Wilmslow R	1083(349,302,322,230,229)
58	Andy Quicke		M'chr tri	417	(124, 91,107, 95, 0)	149	Mike Jones	V55	Altrincham	1091(334, 0,313,222,222)
59	Mark Seed	V45	Salford H&M	426	(112, 92,127,135, 95)	150	Steve Hart	V50	Swinton RC	1149(339,292,298,220, 0)
60	Matt Whitehead	V45	Manchester	427	(139, 97, 0, 94, 97)					
61	Mark Simpson		M'chr tri	438	(146,105, 99, 0, 88)					
62	Steve Shaughnessy	V55	Stockport	482	(140,111,129, 0,102)					
63	Paul Barrett		Sale H Man	496	(166,108,119, 0,103)					
64	Derek Hughes	V50	E Cheshire	499	(0,138,140,113,108)					
65	Dave Townley		Stockport	519	(0,126,162,109,122)					
	= Tony Archer	V55	Vale Royal	519	(152,124,136,107, 0)					
67	Ben Fox	U20	Sale H Man	528	(143,129,133,123, 0)					
68	John Murray	V40	M'chr tri	530	(0,164,152,104,110)					
69	Luke McCrave	U20	MMUH	534	(171,173,149,124, 90)					
70	Tim Walton	V40	Macclesfie	545	(181,149,165,119,112)					
71	Chris Stewart		Manchester	552	(191,158,156,131,107)					
72	Ian Smallwood	V45	Wilmslow R	554	(0,139,201,108,106)					
73	Anthony Lowe	V50	Middleton	561	(158, 0,189,105,109)					
74	Mark Griffiths		M'chr YMCA	567	(220,178,190,103, 96)					
75	Graham Harrison	V50	Altrincham	575	(169,147,183,138,121)					
76	Chris Lomax	V40	Swinton RC	577	(180,161,182,118,118)					
77	Tony Morgan	V40	ABC Runner	582	(170,160,175,137,115)					
78	Andy Watts	V60	Wilmslow R	594	(183,168,158,133,135)					
79	Roberto Raso	V45	M'chrFront	596	(164,169,173,121,142)					
80	Mike Neal		M'chr tri	597	(154,130,159, 0,154)					
81	Mark Norton	V40	Altrincham	613	(176,145,172, 0,120)					
82	Christopher Heys		Sale H Man	616	(151,170,195,100, 0)					
	= Pete Hill	V50	Altrincham	616	(162,157,177,120, 0)					
84	Chris Cook	V40	Sale H Man	624	(0,205,188,115,116)					
85	Michael Slater	V45	Stockport	627	(187,179,198,136,125)					
86	Andrew O'Connor	V50	St Helens	628	(189,167,192,142,130)					
87	Simon Harlow		Bramhall R	653	(199,172,148, 0,134)					
88	Simon Stead	V45	Belle Vue	665	(198,186,207,126,155)					
89	Marcus Walker	V55	Unattached	670	(196,148,187, 0,139)					
90	Paul Gamett	V50	Wilmslow R	672	(190,166,193, 0,123)					
91	Tim Rainey	V45	Sale H Man	679	(207,180,229,146,146)					
92	Alan McNally	V50	St Helens	684	(212,156,176, 0,140)					
93	Kevin Cornwall		M'chr tri	695	(201,182, 0,159,153)					
94	Jerry Smith	V55	Sale H Man	697	(209,187,215,153,148)					
95	John Goggins		KnutsfordT	702	(0,199,196,155,152)					