

Manchester Area Cross Country League at Woodbank Park, Stockport on Saturday 10th February 2013

Under11 Girls — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time | | | | | |
|-----|------|---------------------|-----------------------------|-------|----|------|--------------------|----------------------------|-------|
| 1 | 387 | Katie Miller | Liverpool H & AC | 9:16 | 33 | 981 | Molly Atherton | Sale H Manchester | 10:51 |
| 2 | 386 | Ella McNiven | Liverpool H & AC | 9:26 | 34 | 985 | C HaywoodPercival | Salford Met AC | 10:52 |
| 3 | 421 | Bethany Thornton | Sale H Manchester | 9:31 | 35 | 1010 | Anya Read | Moston & District H | 10:53 |
| 4 | 395 | Alex Townsend | Liverpool H & AC | 9:34 | 36 | 425 | Katie Hudson | Stockport H & AC | 10:54 |
| 5 | 413 | Alice Stiles | Manchester H & AC | 9:37 | 37 | 995 | Lara Crawford | Macclesfield H & AC | 11:01 |
| 6 | 422 | Elizabeth Twite | Sale H Manchester | 9:38 | 38 | 384 | Sophie Kerr | Liverpool H & AC | 11:12 |
| 7 | 415 | Chantelle Johnson | Moston & District H | 9:39 | 39 | 365 | Holly Leadbetter | Liverpool H & AC | 11:19 |
| 8 | 412 | Beth Smyth | Manchester H & AC | 9:44 | 40 | 2128 | \$Eve Gibbons | Dash | 11:22 |
| 9 | 1021 | Mollie Cooke | Stockport H & AC | 9:55 | 41 | 433 | India Hayes | Warrington AC | 11:26 |
| 10 | 983 | Sammy Mason | Salford Met AC | 10:01 | 42 | 1054 | Alex Brooks | Macclesfield H & AC | 11:27 |
| 11 | 419 | Tess McHugh | Sale H Manchester | 10:06 | 43 | 380 | Daisy Cornell | Liverpool H & AC | 11:29 |
| 12 | 914 | Olivia Kenyon | Liverpool H & AC | 10:09 | 44 | 424 | Lucie Hall | Stockport H & AC | 11:31 |
| 13 | 980 | Ellie Young | Liverpool H & AC | 10:11 | 45 | 436 | Charlotte Stokes | Warrington AC | 11:35 |
| 14 | 922 | Lauren Smith | Sale H Manchester | 10:15 | 46 | 1018 | Poppy GlasbySeddon | Sale H Manchester | 11:37 |
| 15 | 1053 | Ty BrockleyLangford | E Cheshire H & Tameside AC | 10:16 | 47 | 394 | Milli Smith | Liverpool H & AC | 11:40 |
| 16 | 980 | Emma Gordon | Liverpool H & AC | 10:17 | 48 | 423 | Anna Briggs | Stockport H & AC | 11:46 |
| 17 | 1025 | Laura Hole | Sale H Manchester | 10:18 | 49 | 427 | Chloe Rogers | Stockport H & AC | 11:49 |
| 18 | 405 | Shona Williams | Macclesfield H & AC | 10:19 | 50 | 2126 | \$Melita Griffin | Ribble Valley AC | 11:52 |
| 19 | 399 | Eve Cobey | Macclesfield H & AC | 10:24 | 51 | 1050 | Mia Gibbons | Sale H Manchester | 12:05 |
| 20 | 391 | Annabel Pennington | Liverpool H & AC | 10:24 | 52 | 1056 | Victoria Utting | Stockport H & AC | 12:10 |
| 21 | 434 | Mary Knowles | Warrington AC | 10:24 | 53 | 1047 | Lauren Robinson | Macclesfield H & AC | 12:13 |
| 22 | 1060 | Alice Dale | Sale H Manchester | 10:31 | 54 | 407 | Anna Brogan | Manchester H & AC | 12:15 |
| 23 | 918 | Freya Handley | E Cheshire H & Tameside AC | 10:32 | 55 | 378 | Isla Bellamy | Halton & Frodsham | 12:16 |
| 24 | 431 | Neve Maddock | Vale Royal AC | 10:34 | 56 | 909 | Clara Parker | Sale H Manchester | 12:44 |
| 25 | 933 | Georgia Fazakerley | Manchester H & AC | 10:35 | 57 | 426 | Lydia Keyworth | Stockport H & AC | 12:45 |
| 26 | 401 | Amelia Newbould | Macclesfield H & AC | 10:37 | 58 | 1073 | Katherine Dane | Macclesfield H & AC | 12:46 |
| 27 | 1059 | Sarah Warhurst | Stockport H & AC | 10:37 | 59 | 377 | Megan Lewis | E Cheshire H & Tameside AC | 12:52 |
| 28 | 1061 | Beth Rimmington | Sale H Manchester | 10:38 | 60 | 1055 | Tyla Davies | Sale H Manchester | 13:02 |
| 29 | 1019 | Scarlett Whittaker | Sale H Manchester | 10:39 | 61 | 402 | Tess Newbould | Macclesfield H & AC | 13:08 |
| 30 | 904 | Ella Head | Wirral AC | 10:44 | 62 | 389 | Jess Murphy | Liverpool H & AC | 13:12 |
| 31 | 2124 | \$Alice Tonge | Bolton United Harriers & Ac | 10:45 | 63 | 911 | Lillie Walker | Liverpool H & AC | 13:22 |
| 32 | 400 | Lucy Griffiths | Macclesfield H & AC | 10:48 | | | | | |

Under11 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | |
|----|----------------------------|-----|---|----|---------------------|----|--------------------|----|--------------------|
| 1 | Liverpool H & AC | 7 | — | 1 | Katie Miller | 2 | Ella McNiven | 4 | Alex Townsend |
| 2 | Sale H Manchester | 20 | — | 3 | Bethany Thornton | 6 | Elizabeth Twite | 11 | Tess McHugh |
| 3 | Manchester H & AC | 38 | — | 5 | Alice Stiles | 8 | Beth Smyth | 25 | Georgia Fazakerley |
| 4 | Liverpool H & AC | 41 | — | 12 | Olivia Kenyon | 13 | Ellie Young | 16 | Emma Gordon |
| 5 | Sale H Manchester | 53 | — | 14 | Lauren Smith | 17 | Laura Hole | 22 | Alice Dale |
| 6 | Macclesfield H & AC | 63 | — | 18 | Shona Williams | 19 | Eve Cobey | 26 | Amelia Newbould |
| 7 | Stockport H & AC | 71 | — | 9 | Mollie Cooke | 27 | Sarah Warhurst | 35 | Katie Hudson |
| 8 | Sale H Manchester | 89 | — | 28 | Beth Rimmington | 29 | Scarlett Whittaker | 32 | Molly Atherton |
| 9 | E Cheshire H & Tameside AC | 94 | — | 15 | Ty BrockleyLangford | 23 | Freya Handley | 56 | Megan Lewis |
| 10 | Liverpool H & AC | 95 | — | 20 | Annabel Pennington | 37 | Sophie Kerr | 38 | Holly Leadbetter |
| 11 | Warrington AC | 103 | — | 21 | Mary Knowles | 39 | India Hayes | 43 | Charlotte Stokes |
| 12 | Macclesfield H & AC | 107 | — | 31 | Lucy Griffiths | 36 | Lara Crawford | 40 | Alex Brooks |
| 13 | Stockport H & AC | 135 | — | 42 | Lucie Hall | 46 | Anna Briggs | 47 | Chloe Rogers |
| 14 | Sale H Manchester | 145 | — | 44 | Poppy GlasbySeddon | 48 | Mia Gibbons | 53 | Clara Parker |
| 15 | Liverpool H & AC | 145 | — | 41 | Daisy Cornell | 45 | Milli Smith | 59 | Jess Murphy |
| 16 | Macclesfield H & AC | 163 | — | 50 | Lauren Robinson | 55 | Katherine Dane | 58 | Tess Newbould |

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th February 2013

Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|------------------|---------------------|-------|-----|------|--------------------|----------------------------|-------|
| 1 | 372 | Sam Evans | WarringtonAC | 9:43 | 23 | 1031 | Fares Ibrahim | Stockport H & AC | 11:36 |
| 2 | 363 | Fabio Carosi | Stockport H & AC | 9:48 | 24 | 349 | Matthew Slevin | St Helens Sutton AC | 11:37 |
| 3 | 364 | Lucas Parker | Stockport H & AC | 10:02 | 25 | 1068 | Seb Patrick | Trafford AC | 11:44 |
| 4 | 361 | Ben Batho | Stockport H & AC | 10:03 | 26 | 376 | Joe Williams | WarringtonAC | 11:49 |
| 5 | 373 | Ben Harrison | WarringtonAC | 10:21 | 27 | 1052 | Jacob Rawding | Sale H Manchester | 11:58 |
| 6 | 1035 | Flynn Walsh | Stockport H & AC | 10:23 | 28 | 1046 | Matthew Torkington | Manchester H & AC | 12:01 |
| 7 | 1029 | Jordan Jones | WarringtonAC | 10:24 | 29 | 365 | Oliver Thompson | Stockport H & AC | 12:02 |
| 8 | 362 | Dylan Bourke | Stockport H & AC | 10:33 | 30 | 2131 | \$GeorgeBuchan | Dash | 12:04 |
| 9 | 369 | Edward Pettitt | Vale Royal AC | 10:35 | 31 | 1075 | Euan Bottomley | Manchester H & AC | 12:05 |
| 10 | 340 | Marco Lavorini | Manchester H & AC | 10:42 | 32 | 1070 | Lewis Poole | E Cheshire H & Tameside AC | 12:08 |
| 11 | 1066 | AlexMcLaughlin | Stockport H & AC | 10:45 | 33 | 991 | William Lord | Sale H Manchester | 12:09 |
| 12 | 979 | Connor Keys | Sale H Manchester | 10:54 | 34 | 1012 | Owen Jones | Halton & Frodsham | 12:11 |
| 13 | 2123 | \$Zenon Caine | Blackley | 11:01 | 35 | 1064 | Matthew Thomas | Sale H Manchester | 12:12 |
| 14 | 337 | Peter Goodfellow | Macclesfield H & AC | 11:02 | 36 | 329 | Elliot Livingston | ABC Runners | 12:20 |
| 15 | 946 | Charlie Fawkes | Vale Royal AC | 11:08 | 37 | 335 | Jack Croker | Macclesfield H & AC | 12:21 |
| 16 | 988 | Bailey Hulse | Sale H Manchester | 11:10 | 38 | 1067 | Lewis Connolly | Macclesfield H & AC | 12:24 |
| 17 | 978 | Oliver Clark | Sale H Manchester | 11:12 | 39 | 375 | Ben O'Leary | WarringtonAC | 12:37 |
| 18 | 937 | Will Horton | Vale Royal AC | 11:18 | 40 | 1051 | Luke Fitzpatrick | Sale H Manchester | 12:41 |
| 19 | 353 | Sam Heyworth | Sale H Manchester | 11:18 | 41 | 1063 | Adam Bellis | Sale H Manchester | 12:56 |
| 20 | 944 | Edward Corden | Stockport H & AC | 11:33 | 42 | 1069 | William Culmer | Macclesfield H & AC | 13:13 |
| 21 | 1072 | William McKay | Vale Royal AC | 11:35 | 43 | 1028 | Darcy Maher | Sale H Manchester | 13:16 |
| 22 | 1058 | Joseph Philbin | Stockport H & AC | 11:35 | 44 | 2130 | \$Oliver Murphy | Unattached | 14:04 |

Race 2 - Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | |
|----|---------------------|-----|-----|----|------------------|----------------|--------------------|------------------|----------------|-----------------|
| 1 | Stockport H & AC | 9 | — | 2 | Fabio Carosi | 3 | Lucas Parker | 4 | Ben Batho | |
| 2 | Warrington AC | 13 | — | 1 | Sam Evans | 5 | Ben Harrison | 7 | Jordan Jones | |
| 3 | Stockport H & AC | 'B' | 25 | — | 6 | Flynn Walsh | 8 | Dylan Bourke | 11 | Alex McLaughlin |
| 4 | Vale Royal AC | 40 | — | 9 | Edward Pettitt | 14 | Charlie Fawkes | 17 | Will Horton | |
| 5 | Sale H Manchester | 43 | — | 12 | Connor Keys | 15 | Bailey Hulse | 16 | Oliver Clark | |
| 6 | Stockport H & AC | 'C' | 62 | — | 19 | Edward Corden | 21 | Joseph Philbin | 22 | Fares Ibrahim |
| 7 | Manchester H & AC | 66 | — | 10 | Marco Lavorini | 27 | Matthew Torkington | 29 | Euan Bottomley | |
| 8 | Sale H Manchester | 'B' | 75 | — | 18 | Sam Heyworth | 26 | Jacob Rawding | 31 | William Lord |
| 9 | Macclesfield H & AC | 84 | — | 13 | Peter Goodfellow | 35 | Jack Croker | 36 | Lewis Connolly | |
| 10 | Sale H Manchester | 'C' | 110 | — | 33 | Matthew Thomas | 38 | Luke Fitzpatrick | 39 | Adam Bellis |

Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Cat/Pos | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|---------------------|---------|---------------------|-------|-----|------|-------------------|----------------------------|-------|
| 1 | 559 | Aine Cunningham | | Sale H Manchester | 9:35 | 29 | 1062 | Anna Phillips | Sale H Manchester | 11:41 |
| 2 | 523 | Lucy Miller | | Liverpool H & AC | 9:52 | 30 | 525 | Grace Preston | Liverpool H & AC | 11:43 |
| 3 | 528 | Bethan Strange | | Liverpool H & AC | 9:53 | 31 | 1057 | Hannah Richardson | Stockport H & AC | 11:46 |
| 4 | 846 | Rebecca Jones | | Stockport H & AC | 10:01 | 32 | 570 | Ciara O'Neill | Sale H Manchester | 11:46 |
| 5 | 905 | Krystina Martindale | | Wirral AC | 10:04 | 33 | 832 | Emily Lucas | Liverpool H & AC | 11:50 |
| 6 | 558 | Claudia Cowan | | Sale H Manchester | 10:06 | 34 | 604 | Lily Atkins | Wirral AC | 11:54 |
| 7 | 569 | Niamh Nugent | | Sale H Manchester | 10:12 | 35 | 1071 | Megan Poole | E Cheshire H & Tameside AC | 11:57 |
| 8 | 564 | F Hacker-Davies | | Sale H Manchester | 10:15 | 36 | 848 | Chiara Young | Sale H Manchester | 12:06 |
| 9 | 543 | Danielle Stringer | | Manchester H & AC | 10:15 | 37 | 580 | Abigail McNulty | Salford Met AC | 12:07 |
| 10 | 555 | Francesca Brint | | Sale H Manchester | 10:23 | 38 | 573 | Chloe Taylor | Sale H Manchester | 12:10 |
| 11 | 584 | Georgia Bourke | | Stockport H & AC | 10:46 | 39 | 526 | Millie Raine | Liverpool H & AC | 12:10 |
| 12 | 538 | Beth Barlow | | Manchester H & AC | 10:53 | 40 | 539 | Alicia Brogan | Manchester H & AC | 12:13 |
| 13 | 2125 | \$Georgia Tansey | | Ribble Valley AC | 10:56 | 41 | 540 | Katie Cooper | Manchester H & AC | 12:16 |
| 14 | 586 | Francesca Carosi | | Stockport H & AC | 10:58 | 42 | 561 | Verity Games | Sale H Manchester | 12:22 |
| 15 | 551 | Susan Shirling | | St Helens Sutton AC | 11:06 | 43 | 549 | Abbie Roberts | St Helens Sutton AC | 12:23 |
| 16 | 840 | Emma Flynn | | Stockport H & AC | 11:07 | 44 | 550 | Freya Roberts | St Helens Sutton AC | 12:24 |
| 17 | 837 | Natasha Harrison | | Stockport H & AC | 11:09 | 45 | 527 | Isobel St.john | Liverpool H & AC | 12:28 |
| 18 | 588 | Heather Corden | | Stockport H & AC | 11:10 | 46 | 596 | Abbie Wood-Doyle | Stockport H & AC | 12:31 |
| 19 | 605 | Hannah Das | | Wirral AC | 11:16 | 47 | 567 | BLennon-Butler | Sale H Manchester | 12:32 |
| 20 | 579 | L Haywood-Percival | | Salford Met AC | 11:17 | 48 | 553 | Hattie Barrington | Sale H Manchester | 12:33 |
| 21 | 575 | Jemma Vickers | | Sale H Manchester | 11:18 | 49 | 2132 | \$ChloeBuchan | Dash | 12:39 |
| 22 | 518 | Jessica Cook | | Liverpool H & AC | 11:21 | 50 | 847 | Holly Peltier | Salford Met AC | 12:43 |
| 23 | 541 | Emily Hughes | | Manchester H & AC | 11:22 | 51 | 2135 | \$Ruth Hardy | Dash | 12:44 |
| 24 | 510 | Megan Bamsley | | ABC Runners | 11:24 | 52 | 552 | Caitlin Young | St Helens Sutton AC | 13:02 |
| 25 | 582 | Molly Wilson | | Salford Met AC | 11:29 | 53 | 1013 | Elanor Jones | Halton & Frodsham | 13:07 |
| 26 | 509 | Alexandra Bamsley | | ABC Runners | 11:30 | 54 | 2138 | \$Emilia Gajda | Dash | 13:10 |
| 27 | 565 | Isabella Hulme | | Sale H Manchester | 11:34 | 55 | 548 | Ellie Mawdsley | St Helens Sutton AC | 13:16 |
| 28 | 521 | Faye Ireland | | Liverpool H & AC | 11:37 | | | | | |

Race 2 - Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | |
|----|---------------------|-----|-----|----|---------------------|-----------------|----------------|------------------|------------------|----------------|
| 1 | Sale H Manchester | 14 | — | 1 | Aine Cunningham | 6 | Claudia Cowan | 7 | Niamh Nugent | |
| 2 | Liverpool H & AC | 26 | — | 2 | Lucy Miller | 3 | Bethan Strange | 21 | Jessica Cook | |
| 3 | Stockport H & AC | 28 | — | 4 | Rebecca Jones | 11 | Georgia Bourke | 13 | Francesca Carosi | |
| 4 | Sale H Manchester | 'B' | 38 | — | 8 | F Hacker-Davies | 10 | Francesca Brint | 20 | Jemma Vickers |
| 5 | Manchester H & AC | 43 | — | 9 | Danielle Stringer | 12 | Beth Barlow | 22 | Emily Hughes | |
| 6 | Stockport H & AC | 'B' | 48 | — | 15 | Emma Flynn | 16 | Natasha Harrison | 17 | Heather Corden |
| 7 | Wirral AC | 56 | — | 5 | Krystina Martindale | 18 | Hannah Das | 33 | Lily Atkins | |
| 8 | Salford Met AC | 79 | — | 19 | L Haywood-Percival | 24 | Molly Wilson | 36 | Abigail McNulty | |
| 9 | Sale H Manchester | 'C' | 85 | — | 26 | Isabella Hulme | 28 | Anna Phillips | 31 | Ciara O'Neill |
| 10 | Liverpool H & AC | 'B' | 88 | — | 27 | Faye Ireland | 29 | Grace Preston | 32 | Emily Lucas |
| 11 | St Helens Sutton AC | 99 | — | 14 | Susan Shirling | 42 | Abbie Roberts | 43 | Freya Roberts | |
| 12 | Sale H Manchester | 'D' | 113 | — | 35 | Chiara Young | 37 | Chloe Taylor | 41 | Verity Games |

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th February 2013

Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time |
|-----|------|---------------------|----------------------------|-------|
| 1 | 2095 | \$Joshua Boyle | Hyndburn AC | 11:44 |
| 2 | 917 | Jack Stubbings | Warrington AC | 12:17 |
| 3 | 849 | Joe Wigfield | Wirral AC | 12:22 |
| 4 | 469 | Joe Ford | St Helens Sutton AC | 12:24 |
| 5 | 493 | John Humphries | Vale Royal AC | 12:29 |
| 6 | 443 | Louie Haynes | E Cheshire H & Tameside AC | 12:31 |
| 7 | 463 | Connor Fazakerley | Manchester H & AC | 12:36 |
| 8 | 448 | Chris Larkin | Halton & Frodsham | 12:43 |
| 9 | 507 | Ieuan Kearney | Wirral AC | 12:44 |
| 10 | 500 | Luke Gamble | Warrington AC | 12:48 |
| 11 | 476 | Luke Chesters | Sale H Manchester | 12:51 |
| 12 | 473 | Harry Boyd | Sale H Manchester | 12:58 |
| 13 | 502 | Jacob Brophy | Wirral AC | 13:02 |
| 14 | 506 | Arran Kearney | Wirral AC | 13:08 |
| 15 | 968 | Jacob Birtles | Halton & Frodsham | 13:09 |
| 16 | 508 | Sam Tempest | Wirral AC | 13:12 |
| 17 | 479 | Oliver Hole | Sale H Manchester | 13:13 |
| 18 | 441 | Paolo Guarnieri | E Cheshire H & Tameside AC | 13:23 |
| 19 | 445 | Jack Thomas | E Cheshire H & Tameside AC | 13:28 |
| 20 | 467 | Byren Cookson | Moston & District H | 13:30 |
| 21 | 503 | Sam Cross | Wirral AC | 13:37 |
| 22 | 438 | Benjamin Livingston | ABC Runners | 13:42 |
| 23 | 460 | Robert Finnis | Macclesfield H & AC | 13:48 |
| 24 | 505 | Jonathon Head | Wirral AC | 13:51 |
| 25 | 941 | Cameron Buchan | Sale H Manchester | 14:42 |
| 26 | 856 | Daniel Wallace | Wirral AC | 15:44 |
| 27 | 466 | Sammy Warne | Manchester H & AC | 20:36 |

Race 3 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | |
|---|----------------------------|-----|----|----|---------------|---------------|-----------------|-------------|--------------|-----------|
| 1 | Wirral AC | 22 | — | 2 | Joe Wigfield | 8 | Ieuan Kearney | 12 | Jacob Brophy | |
| 2 | Sale H Manchester | 37 | — | 10 | Luke Chesters | 11 | Harry Boyd | 16 | Oliver Hole | |
| 3 | E Cheshire H & Tameside AC | 40 | — | 5 | Louie Haynes | 17 | Paolo Guarnieri | 18 | Jack Thomas | |
| 4 | Wirral AC | 'B' | 48 | — | 13 | Arran Kearney | 15 | Sam Tempest | 20 | Sam Cross |

Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time |
|-----|------|---------------------|---------------------|-------|
| 1 | 857 | Zara Thompson | Sale H Manchester | 11:50 |
| 2 | 682 | Katie Lowery | Macclesfield H & AC | 12:13 |
| 3 | 673 | Sophia Brennan | Liverpool H & AC | 12:20 |
| 4 | 693 | Sophie Hill | Moston & District H | 12:38 |
| 5 | 716 | Amber Towns | Sale H Manchester | 12:40 |
| 6 | 710 | Catherine Podmore | Sale H Manchester | 12:56 |
| 7 | 681 | Dannielle Webb | Liverpool H & AC | 13:03 |
| 8 | 724 | Juliet Downs | Stockport H & AC | 13:11 |
| 9 | 2134 | \$Georgie Smith | Ribble Valley AC | 13:15 |
| 10 | 1049 | Georgia AstonMassey | Warrington AC | 13:31 |
| 11 | 691 | Ashleigh Davis | Moston & District H | 13:43 |
| 12 | 734 | Aileen Kearney | Wirral AC | 13:46 |
| 13 | 718 | Tilly Yates | Sale H Manchester | 13:55 |
| 14 | 671 | Kieia Grady | Halton & Frodsham | 13:56 |
| 15 | 2139 | \$Eleanor Bolton | Ribble Valley AC | 13:59 |
| 16 | 1074 | Chloe Broad | Vale Royal AC | 14:02 |
| 17 | 692 | Ellie Donohoe | Moston & District H | 14:04 |
| 18 | 1026 | Madeleine Hole | Sale H Manchester | 14:05 |
| 19 | 733 | Nicola Harris | Wirral AC | 14:16 |
| 20 | 675 | Melanie Cattell | Liverpool H & AC | 14:19 |
| 21 | 1030 | Emma ChrystielLowe | Stockport H & AC | 14:20 |
| 22 | 709 | Alexandria Pitt | Sale H Manchester | 14:25 |
| 23 | 686 | Molly Bogin | Manchester H & AC | 14:31 |
| 24 | 690 | Giovanna Brady | Moston & District H | 14:40 |
| 25 | 696 | Lucy Griffiths | St Helens Sutton AC | 14:49 |
| 26 | 674 | Lucy Cattell | Liverpool H & AC | 14:57 |
| 27 | 679 | Emily Rowe | Liverpool H & AC | 15:11 |
| 28 | 1048 | Charlotte Hignett | Wirral AC | 15:20 |
| 29 | 695 | Alex Glynn | St Helens Sutton AC | 17:32 |
| 30 | 699 | Emily Roberts | St Helens Sutton AC | 22:08 |

Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | |
|---|---------------------|-----|----|----|----------------|-------------|----------------|----------------|-------------------|-----------------|
| 1 | Sale H Manchester | 12 | — | 1 | Zara Thompson | 5 | Amber Towns | 6 | Catherine Podmore | |
| 2 | Liverpool H & AC | 28 | — | 3 | Sophia Brennan | 7 | Dannielle Webb | 18 | Melanie Cattell | |
| 3 | Moston & District H | 29 | — | 4 | Sophie Hill | 10 | Ashleigh Davis | 15 | Ellie Donohoe | |
| 4 | Sale H Manchester | 'B' | 48 | — | 12 | Tilly Yates | 16 | Madeleine Hole | 20 | Alexandria Pitt |
| 5 | Wirral AC | 54 | — | 11 | Aileen Kearney | 17 | Nicola Harris | 26 | Charlotte Hignett | |
| 6 | St Helens Sutton AC | 78 | — | 23 | Lucy Griffiths | 27 | Alex Glynn | 28 | Emily Roberts | |

Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time |
|-----|------|----------------------|----------------------------|-------|
| 1 | 626 | Donnacha Maguire | Manchester H & AC | 14:43 |
| 2 | 2133 | \$George Nightingale | Ribble Valley AC | 14:56 |
| 3 | 615 | Tom Clarke | Liverpool H & AC | 15:04 |
| 4 | 866 | Shay Ward | Stockport H & AC | 15:20 |
| 5 | 613 | Luke Piper | E Cheshire H & Tameside AC | 15:22 |
| 6 | 612 | George Lewis | E Cheshire H & Tameside AC | 15:22 |
| 7 | 931 | Alex Jackson | Stockport H & AC | 15:39 |
| 8 | 653 | Patrick Magner | Stockport H & AC | 15:48 |
| 9 | 623 | Callum Ahern | Macclesfield H & AC | 15:57 |
| 10 | 627 | Sam Tarry | Manchester H & AC | 16:06 |
| 11 | 652 | Jay Hornby | Stockport H & AC | 16:15 |
| 12 | 642 | Dillon Burchill | Sale H Manchester | 16:16 |
| 13 | 630 | Kyle Anderson | Moston & District H | 16:28 |
| 14 | 632 | Bill Karuga | Moston & District H | 17:02 |
| 15 | 1027 | Alexander Brophy | Wirral AC | 17:09 |
| 16 | 2129 | Alex Gibbons | Dash | 17:19 |
| 17 | 841 | Grant Anderson | Stockport H & AC | 17:39 |
| 18 | 633 | Anthony Kelly | Moston & District H | 17:45 |
| 19 | 663 | Harry Das | Wirral AC | 17:52 |
| 20 | 876 | Lewis Thurgoland | Stockport H & AC | 18:21 |
| 21 | 853 | Dillon Cooper | E Cheshire H & Tameside AC | 18:44 |
| 22 | 634 | George Stott | Moston & District H | 19:22 |
| 23 | 651 | Jack McNulty | Salford Met AC | 22:34 |

Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | |
|---|----------------------------|-----|----|----|---------------|------------|--------------|----------------|----------------|------------------|
| 1 | Stockport H & AC | 16 | — | 3 | Shay Ward | 6 | Alex Jackson | 7 | Patrick Magner | |
| 2 | E Cheshire H & Tameside AC | 29 | — | 4 | Luke Piper | 5 | George Lewis | 20 | Dillon Cooper | |
| 3 | Moston & District H | 42 | — | 12 | Kyle Anderson | 13 | Bill Karuga | 17 | Anthony Kelly | |
| 4 | Stockport H & AC | 'B' | 45 | — | 10 | Jay Hornby | 16 | Grant Anderson | 19 | Lewis Thurgoland |

Manchester Area Cross Country League at Woodbank Park, Stockport on Saturday 10th February 2013

Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|--------------------|---------------------|-------|-----|-----|-----------------|----------------------------|-------|
| 1 | 812 | Elizabeth Apsley | Stockport H & AC | 16:13 | 10 | 821 | Sophie Williams | Stockport H & AC | 18:33 |
| 2 | 826 | Emily Kearney | Wirral AC | 16:44 | 11 | 825 | Lauren Brett | Wirral AC | 18:39 |
| 3 | 2137 | \$Lucy Lennon | Ribble Valley AC | 17:22 | 12 | 803 | Rachel Hibberd | Sale H Manchester | 18:40 |
| 4 | 870 | Lucy Scott | Vale Royal AC | 17:23 | 13 | 797 | MariaMcGoldrick | St Helens Sutton AC | 18:52 |
| 5 | 813 | Rosa Chrystie-Lowe | Stockport H & AC | 17:30 | 14 | 827 | Fiona Nuttall | Wirral AC | 19:15 |
| 6 | 2136 | \$Amelia Wood | Ribble Valley AC | 17:46 | 15 | 791 | Hayley Simpson | E Cheshire H & Tameside AC | 19:23 |
| 7 | 823 | Clara Pettit | Vale Royal AC | 18:06 | 16 | 790 | Danielle Dignan | E Cheshire H & Tameside AC | 20:07 |
| 8 | 798 | RachelMcGoldrick | St Helens Sutton AC | 18:12 | 17 | 789 | Clare Dignan | E Cheshire H & Tameside AC | 20:28 |
| 9 | 799 | Hannah Christy | Sale H Manchester | 18:31 | | | | | |

Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | |
|------------------------------|-------------------------|----------------------|-------------------|
| 1 Stockport H & AC | 13 — 1 Elizabeth Apsley | 4 Rosa Chrystie-Lowe | 8 Sophie Williams |
| 2 Wirral AC | 23 — 2 Emily Kearney | 9 Lauren Brett | 12 Fiona Nuttall |
| 3 E Cheshire H & Tameside AC | 42 — 13 Hayley Simpson | 14 Danielle Dignan | 15 Clare Dignan |

Under 17 Men — FINAL RESULTS

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|-----|--------------------|---------------------|-------|-----|------|----------------|----------------------------|-------|
| 1 | 742 | Daniel Jarvis | Liverpool H & AC | 21:53 | 10 | 771 | Simon Chadwick | Stockport H & AC | 25:42 |
| 2 | 745 | Abdulqani Sharif | Liverpool H & AC | 22:31 | 11 | 763 | Khalid Absiyeh | Sale H Manchester | 25:45 |
| 3 | 769 | Kevin Acton | Stockport H & AC | 23:04 | 12 | 774 | Robert Ward | Stockport H & AC | 26:13 |
| 4 | 741 | Lee Dobson | Liverpool H & AC | 23:31 | 13 | 760 | Alex Hill | Moston & District H | 26:22 |
| 5 | 747 | Mathew Wigelsworth | Liverpool H & AC | 24:01 | 14 | 999 | Denis Powell | Sale H Manchester | 27:19 |
| 6 | 773 | Alex Minshul | Stockport H & AC | 25:14 | 15 | 958 | Josh Walton | Stockport H & AC | 28:35 |
| 7 | 761 | Robert McDougall | Moston & District H | 25:30 | 16 | 772 | Tom Dent | Stockport H & AC | 28:36 |
| 8 | 785 | Kieran Morgan | Wirral AC | 25:31 | 17 | 1076 | MaxHobson | E Cheshire H & Tameside AC | 29:08 |
| 9 | 764 | Matthew Beacock | Sale H Manchester | 25:35 | | | | | |

Under 17 Men — TEAM RESULTS

| | | | |
|---------------------|------------------------|--------------------|-------------------|
| 1 Liverpool H & AC | 7 — 1 Daniel Jarvis | 2 Abdulqani Sharif | 4 Lee Dobson |
| 2 Stockport H & AC | 19 — 3 Kevin Acton | 6 Alex Minshul | 10 Simon Chadwick |
| 3 Sale H Manchester | 34 — 9 Matthew Beacock | 11 Khalid Absiyeh | 14 Denis Powell |
| 4 Stockport H & AC | 43 — 12 Robert Ward | 15 Josh Walton | 16 Tom Dent |

Senior Women aged 17 to 19

| Pos | Num | Name | Cat/Pos | Club | Time | Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|-----------------|---------|-----------------------|-------|-----|-----|--------------------|---------|-----------------------|-------|
| 1 | 292 | Amelia Pettitt | U20 | 1 Vale Royal AC | 32:36 | 5 | 839 | KatieBowersFolan | U20 | 5 St Helens Sutton AC | 38:22 |
| 2 | 71 | Danielle Wallis | U20 | 2 Macclesfield H & AC | 34:25 | 6 | 190 | Misha Nayak-Oliver | U20 | 6 Sale H Manchester | 38:53 |
| 3 | 885 | Kate Moulds | U20 | 3 Vale Royal AC | 35:43 | 7 | 218 | Olivia McDermott | U20 | 7 Salford Met AC | 43:31 |
| 4 | 47 | Olivia Perez | U20 | 4 Liverpool H & AC | 36:04 | | | | | | |

Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Women aged 20 to 34

| Pos | Num | Name | Cat/Pos | Club | Time | Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|------------------|---------|----------------------|-------|-----|------|------------------|---------|-------------------------|-------|
| 1 | 296 | Katie Brough | | Warrington AC | 31:54 | 23 | 1078 | Rachael Fishwick | | ABC Runners | 42:13 |
| 2 | 115 | Pauline Griffin | | Manchester Triathlon | 34:29 | 24 | 252 | Julie Hamilton | | Swinton RC | 42:29 |
| 3 | 229 | Lyndsay Clarke | | Stockport H & AC | 34:44 | 25 | 257 | Rebecca Mills | | Swinton RC | 42:37 |
| 4 | 234 | Samantha Jones | | Stockport H & AC | 35:01 | 26 | 137 | Deborah Tout | | Manchester Triathlon | 42:39 |
| 5 | 170 | Gemma Connolly | | St Helens Sutton AC | 35:32 | 27 | 147 | Kelly Ormisher | | Manchester Ymca H | 42:47 |
| 6 | 132 | Sarah Rhodes | | Manchester Triathlon | 35:39 | 28 | 28 | Vicky Smith | | Belle Vue Racers | 42:57 |
| 7 | 52 | Amber Magee | | MMU Harriers | 36:17 | 29 | 36 | Nicola Lloyd | | Bramhall Runners | 43:11 |
| 8 | 206 | Tania Hernandez | | Salford H & AC | 36:29 | 30 | 148 | Emma Parkin | | Manchester Ymca H | 43:27 |
| 9 | 192 | Cara O'Brien | | Sale H Manchester | 36:37 | 31 | 91 | Wendy Woodhead | | Manchester H & AC | 44:48 |
| 10 | 175 | Hayley Cavill | | Sale H Manchester | 36:58 | 32 | 94 | Heather Clarkson | | Manchester Frontrunners | 44:50 |
| 11 | 272 | Hannah Griffiths | | Trafford AC | 37:30 | 33 | 1043 | Amanda Murphy | | Wirral AC | 46:19 |
| 12 | 1041 | Daisy Pickles | | Macclesfield H & AC | 37:36 | 34 | 79 | Sarah Harrison | | Manchester H & AC | 46:29 |
| 13 | 262 | Liz Austen | | Trafford AC | 37:40 | 35 | 318 | Sarah Miles | | Wilmslow RC | 47:13 |
| 14 | 1042 | Becky Ellis | | Wilmslow RC | 37:50 | 36 | 84 | Kirsty Lyons | | Manchester H & AC | 47:23 |
| 15 | 128 | Emily Newton | | Manchester Triathlon | 38:37 | 37 | 1077 | Helen Carter | | Sale H Manchester | 47:39 |
| 16 | 200 | Joanne Street | | Sale H Manchester | 39:49 | 38 | 73 | Caroline Baba | | Manchester H & AC | 47:54 |
| 17 | 224 | Jill Bailey | | Stockport H & AC | 40:35 | 39 | 21 | Leah Evans | | Belle Vue Racers | 48:29 |
| 18 | 111 | Holly Eadsforth | | Manchester Triathlon | 40:53 | 40 | 121 | Jennifer Johnson | | Manchester Triathlon | 48:30 |
| 19 | 142 | Hannah Brierley | | Manchester Ymca H | 40:55 | 41 | 1065 | Mariama Krubally | | Salford H & AC | 50:01 |
| 20 | 264 | Ruth Beresford | | Trafford AC | 41:15 | 42 | 833 | Claire Garrett | | Manchester Frontrunners | 53:10 |
| 21 | 320 | Rachel Peers | | Wilmslow RC | 41:33 | 43 | 31 | Emma Aldred | | Bramhall Runners | 53:36 |
| 22 | 217 | Carolyn Lewtas | | Salford Met AC | 41:46 | 44 | 112 | Lucy Foster | | Manchester Triathlon | 54:04 |

Senior Women (Vets) aged 35 to 39

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-------------------|---------|-------------------------|-------|
| 1 | 327 | Sarah Kearney | L35 1 | Wirral AC | 34:40 |
| 2 | 317 | Diane McVey | L35 2 | Wilmslow RC | 34:55 |
| 3 | 312 | Sharon Johnstone | L35 3 | Wilmslow RC | 35:47 |
| 4 | 307 | Katy Green | L35 4 | Wilmslow RC | 36:01 |
| 5 | 323 | Claire Stevinson | L35 5 | Wilmslow RC | 36:02 |
| 6 | 308 | Louisa Harrison | L35 6 | Wilmslow RC | 36:44 |
| 7 | 316 | Vicky McKinnon | L35 7 | Wilmslow RC | 36:53 |
| 8 | 174 | Helen Armitage | L35 8 | Sale H Manchester | 38:05 |
| 9 | 282 | Sally Woolhouse | L35 9 | Trafford AC | 39:26 |
| 10 | 5 | Claire Murphy | L35 10 | ABC Runners | 40:39 |
| 11 | 972 | Claire Heazlewood | L35 11 | Bramhall Runners | 40:45 |
| 12 | 2127 | \$Helen Maguire | L35 12 | Ribble Valley AC | 40:59 |
| 13 | 1039 | Sophia Rees | L35 13 | Vale Royal AC | 41:28 |
| 14 | 193 | Carla Ousey | L35 14 | Sale H Manchester | 43:52 |
| 15 | 997 | Hayley Winder | L35 15 | Salford H & AC | 44:23 |
| 16 | 108 | Sally Cooper | L35 16 | Manchester Triathlon | 46:03 |
| 17 | 141 | Emma Bedford | L35 17 | Manchester Ymca H | 46:34 |
| 18 | 104 | Gillian Aspin | L35 18 | Manchester Triathlon | 47:32 |
| 19 | 1045 | Nicola Pickford | L35 19 | Bramhall Runners | 48:56 |
| 20 | 964 | Mel Johnson | L35 20 | Manchester Frontrunners | 49:30 |
| 21 | 2 | Adele Fisher | L35 21 | ABC Runners | 58:32 |

Senior Women (Vets) aged 40 to 44

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-------------------|---------|----------------------------|-------|
| 1 | 208 | Beverley Jenkins | L40 1 | Salford H & AC | 34:21 |
| 2 | 191 | Jan Nichols | L40 2 | Sale H Manchester | 37:55 |
| 3 | 236 | Jayne Lawton | L40 3 | Stockport H & AC | 38:42 |
| 4 | 254 | Lauren Marsden | L40 4 | Swinton RC | 39:31 |
| 5 | 43 | Emma McQueen | L40 5 | E Cheshire H & Tameside AC | 40:19 |
| 6 | 96 | Anna Einarsdottir | L40 6 | Manchester Frontrunners | 40:25 |
| 7 | 1044 | Emma Young | L40 7 | Bramhall Runners | 40:33 |
| 8 | 231 | Gillian Doolan | L40 8 | Stockport H & AC | 40:47 |
| 9 | 1079 | Rachel McDonnell | L40 9 | Trafford AC | 41:35 |
| 10 | 110 | Claire Deane | L40 10 | Manchester Triathlon | 44:03 |
| 11 | 897 | Miranda Taylor | L40 11 | Knutsford Tri Club | 44:55 |
| 12 | 3 | Kath Livingston | L40 12 | ABC Runners | 50:34 |
| 13 | 6 | Emma Shillabeer | L40 13 | ABC Runners | 51:14 |
| 14 | 22 | Julia Foy | L40 14 | Belle Vue Racers | 52:04 |
| 15 | 38 | Alison Sheedy | L40 15 | Bramhall Runners | 54:25 |

Senior Women (Vets) aged 45 to 49

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-------------------|---------|----------------------------|-------|
| 1 | 247 | Kerrie Wood-Doyle | L45 1 | Stockport H & AC | 39:24 |
| 2 | 277 | Joanne Lott | L45 2 | Trafford AC | 39:38 |
| 3 | 45 | Janine Ridgard | L45 3 | E Cheshire H & Tameside AC | 39:56 |
| 4 | 59 | Andrea Frost | L45 4 | Macclesfield H & AC | 40:07 |
| 5 | 2120 | Philippa James | L45 5 | Rotherham Harriers & Ac | 40:34 |
| 6 | 4 | April Morgan | L45 6 | ABC Runners | 41:33 |
| 7 | 12 | Carole Harrison | L45 7 | Altrincham & Dist AC | 42:45 |
| 8 | 246 | Maureen Wilkins | L45 8 | Stockport H & AC | 42:50 |
| 9 | 140 | Michelle Wilder | L45 9 | Manchester Triathlon | 47:00 |
| 10 | 963 | Belinda Carp | L45 10 | Wilmslow RC | 49:09 |
| 11 | 150 | Justine Stevens | L45 11 | Manchester Ymca H | 54:03 |

Senior Women (Vets) aged 50 to 54

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-------------------|---------|----------------------|-------|
| 1 | 294 | Jacky Thom | L50 1 | Vale Royal AC | 39:33 |
| 2 | 324 | Kate Sutton | L50 2 | Wilmslow RC | 40:23 |
| 3 | 177 | Jackie Cordingley | L50 3 | Sale H Manchester | 41:55 |
| 4 | 883 | Mary Tavener | L50 4 | Vale Royal AC | 42:24 |
| 5 | 198 | Lynda Rowlinson | L50 5 | Sale H Manchester | 44:35 |
| 6 | 1004 | Jo Owen | L50 6 | Altrincham & Dist AC | 49:24 |
| 7 | 14 | Maggie Jones | L50 7 | Altrincham & Dist AC | 49:35 |
| 8 | 30 | Anne Webster | L50 8 | Belle Vue Racers | 50:38 |
| 9 | 160 | Fiona Lamb | L50 9 | Middleton HAC | 53:02 |

Senior Women (Vets) aged 55 to 59

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|----------------------|---------|----------------------------|---------|
| 1 | 13 | Ann-Marie Jones | L55 1 | Altrincham & Dist AC | 40:50 |
| 2 | 23 | Annie Hirsch | L55 2 | Belle Vue Racers | 43:08 |
| 3 | 242 | Helen Todd | L55 3 | Stockport H & AC | 43:33 |
| 4 | 269 | Sue Exon | L55 4 | Trafford AC | 45:06 |
| 5 | 245 | Hilary West | L55 5 | Stockport H & AC | 46:57 |
| 6 | 888 | Gillian Wolstenholme | L55 6 | E Cheshire H & Tameside AC | 49:17 |
| 7 | 159 | Alyson Lamb | L55 7 | Middleton HAC | 1:04:05 |

Senior Women (Vets) aged 60 to 64

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|----------------|---------|----------------------------|-------|
| 1 | 44 | Angela Oldham | L60 1 | E Cheshire H & Tameside AC | 41:24 |
| 2 | 230 | Alexis Dinsmor | L60 2 | Stockport H & AC | 45:18 |

Senior Women (Vets) aged 65 to 69

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|---------------|---------|---------------------|-------|
| 1 | 64 | Pauline Lynch | L65 1 | Macclesfield H & AC | 54:11 |

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | |
|------------------------------|-----|--------------------------|----------------------|----------------------|
| 1 Wilmslow RC | | 12 — 3 Diane McVey | 4 Sharon Johnstone | 5 Katy Green |
| 2 Wilmslow RC | 'B' | 21 — 6 Claire Stevinson | 7 Louisa Harrison | 8 Vicky McKinnon |
| 3 Stockport H & AC | | 49 — 11 Jayne Lawton | 12 Kerrie Wood-Doyle | 26 Gillian Doolan |
| 4 Sale H Manchester | | 51 — 9 Jan Nichols | 10 Helen Armitage | 32 Jackie Cordingley |
| 5 Trafford AC | | 60 — 13 Sally Woolhouse | 16 Joanne Lott | 31 Rachel McDonnell |
| 6 E Cheshire H & Tameside AC | | 64 — 17 Janine Ridgard | 19 Emma McQueen | 28 Angela Oldham |
| 7 Vale Royal AC | | 77 — 15 Jacky Thom | 29 Sophia Rees | 33 Mary Tavener |
| 8 Bramhall Runners | | 97 — 22 Emma Young | 25 Claire Heazlewood | 50 Nicola Pickford |
| 9 ABC Runners | | 110 — 24 Claire Murphy | 30 April Morgan | 56 Kath Livingston |
| 10 Altrincham & Dist AC | | 114 — 27 Ann-Marie Jones | 34 Carole Harrison | 53 Jo Owen |
| 11 Stockport H & AC | 'B' | 116 — 35 Maureen Wilkins | 37 Helen Todd | 44 Alexis Dinsmor |
| 12 Manchester Triathlon | | 132 — 39 Claire Deane | 45 Sally Cooper | 48 Michelle Wilder |
| 13 Belle Vue Racers | | 152 — 36 Annie Hirsch | 57 Anne Webster | 59 Julia Foy |

Senior Men aged 17 to 19

| Pos | Num | Name | Cat/Pos | Club | Time | | | | | | | |
|-----|-----|------------------|---------|---------------------|-------|----|-----|------------------|-----|-------------------------|-------|--|
| 1 | 475 | Callum Rowlinson | U20 | 1 Sale H Manchester | 38:48 | 7 | 212 | Nathan Brown | U20 | 7 Liverpool H & AC | 41:45 | |
| 2 | 653 | Richard Powell | U20 | 2 Trafford AC | 38:56 | 8 | 221 | Tom Hindmarch | U20 | 8 MMU Harriers | 41:56 | |
| 3 | 211 | Nzimah Akpan | U20 | 3 Liverpool H & AC | 39:54 | 9 | 754 | Darren Carr | U20 | 9 Liverpool H & AC | 42:05 | |
| 4 | 424 | Alex Bradford | U20 | 4 Sale H Manchester | 40:07 | 10 | 334 | Nicholas Howarth | U20 | 10 Manchester Triathlon | 44:55 | |
| 5 | 431 | Kyle Conway | U20 | 5 Sale H Manchester | 40:59 | 11 | 222 | Luke McCrave | U20 | 11 MMU Harriers | 45:33 | |
| 6 | 473 | David Rich | U20 | 6 Sale H Manchester | 41:03 | | | | | | | |

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | |
|---------------------|--------|------------------|-----------------|---------------|
| 1 Sale H Manchester | 10 — 1 | Callum Rowlinson | 4 Alex Bradford | 5 Kyle Conway |
| 2 Liverpool H & AC | 19 — 3 | Nzimah Akpan | 7 Nathan Brown | 9 Darren Carr |

Senior Men aged 20 to 39

| Pos | Num | Name | Cat/Pos | Club | Time | | | | | | | |
|-----|------|-------------------|---------|----------------------------|-------|----|------|------------------|--|-------------------------|---------|--|
| 1 | 579 | Andrew Nixon | | Stockport H & AC | 35:28 | 45 | 233 | Robert Hasler | | Macclesfield H & AC | 45:26 | |
| 2 | 633 | Tom Charles | | Trafford AC | 36:17 | 46 | 288 | Jono Guildford | | Manchester Frontrunners | 45:35 | |
| 3 | 344 | Alex Lawton | | Manchester Triathlon | 36:42 | 47 | 118 | Matt Shillabeer | | ABC Runners | 45:45 | |
| 4 | 725 | Damian Nicholls | | Wilmslow RC | 36:48 | 48 | 376 | Mark Griffiths | | Manchester Ymca H | 45:56 | |
| 5 | 193 | Patrick Gardiner | | E Cheshire H & Tameside AC | 37:32 | 49 | 396 | Alec Roberts | | Middleton H AC | 46:04 | |
| 6 | 507 | Robert Hughes | | Salford H & AC | 37:41 | 50 | 719 | Allan McCormick | | Wilmslow RC | 46:05 | |
| 7 | 607 | Matthew Clark | | Swinton RC | 38:03 | 51 | 417 | Paul Barrett | | Sale H Manchester | 46:23 | |
| 8 | 766 | Jamie Loxam | | Stockport H & AC | 38:11 | 52 | 566 | Robert Goulsbra | | Stockport H & AC | 46:35 | |
| 9 | 733 | Peter Speake | | Wilmslow RC | 38:25 | 53 | 272 | Chris Sewart | | Manchester H & AC | 46:43 | |
| 10 | 526 | Anthony Taylor | | Salford H & AC | 39:17 | 54 | 160 | Adam Barber | | Belle Vue Racers | 47:30 | |
| 11 | 459 | David Marsh | | Sale H Manchester | 39:50 | 55 | 638 | Edward Hickling | | Trafford AC | 47:52 | |
| 12 | 132 | Tom Bush | | Altrincham & Dist AC | 39:55 | 56 | 598 | Dave Townley | | Stockport H & AC | 47:59 | |
| 13 | 514 | Howard Mead | | Salford H & AC | 40:03 | 57 | 867 | Adam Cooper | | Belle Vue Racers | 48:02 | |
| 14 | 461 | Stephen McCarron | | Sale H Manchester | 40:04 | 58 | 846 | Chris McDermott | | Belle Vue Racers | 48:56 | |
| 15 | 855 | Bradley Murphy | | Wilmslow RC | 40:17 | 59 | 177 | Simon Harlow | | Bramhall Runners | 48:57 | |
| 16 | 627 | Daniel Ansell | | Trafford AC | 40:51 | 60 | 868 | Andrew McEvoy | | Macclesfield H & AC | 49:06 | |
| 17 | 436 | Chris Donnelly | | Sale H Manchester | 40:55 | 61 | 625 | Liam Wilkinson | | Swinton RC | 49:16 | |
| 18 | 145 | Matthew Kelly | | Altrincham & Dist AC | 40:56 | 62 | 171 | Stephen Webb | | Belle Vue Racers | 49:37 | |
| 19 | 293 | James Moles | | Manchester Frontrunners | 40:57 | 63 | 2144 | Michael Lim | | Unattached | 49:41 | |
| 20 | 858 | Nigel Martin | | Sale H Manchester | 40:58 | 64 | 796 | John Goggins | | Knutsford Tri Club | 50:14 | |
| 21 | 439 | Rob Flannery | | Sale H Manchester | 41:09 | 65 | 319 | Kevin Cornwall | | Manchester Triathlon | 50:18 | |
| 22 | 619 | Darren Russell | | Swinton RC | 41:14 | 66 | 775 | Mike Neal | | Manchester Triathlon | 50:19 | |
| 23 | 434 | Peter Crawford | | Sale H Manchester | 41:17 | 67 | 557 | Alistair Chapman | | Stockport H & AC | 50:29 | |
| 24 | 606 | Dan Bird | | Swinton RC | 41:25 | 68 | 736 | Matt Taylor | | Wilmslow RC | 50:33 | |
| 25 | 443 | Olivier Gaillemin | | Sale H Manchester | 41:28 | 69 | 2141 | Paul Clifton | | Unattached | 51:21 | |
| 26 | 849 | Matthew Wackett | | Knutsford Tri Club | 41:40 | 70 | 297 | J Ramos-Gallego | | Manchester Frontrunners | 51:32 | |
| 27 | 240 | Lachie Murray | | Macclesfield H & AC | 41:43 | 71 | 763 | Lewis Green | | Sale H Manchester | 52:26 | |
| 28 | 599 | Matt Townley | | Stockport H & AC | 42:06 | 72 | 536 | Stuart Mairs | | Salford Met AC | 52:52 | |
| 29 | 463 | Andrew Mooney | | Sale H Manchester | 42:07 | 73 | 647 | Dave Maher | | Trafford AC | 53:04 | |
| 30 | 624 | Mark Whittington | | Swinton RC | 42:21 | 74 | 751 | Stephen Weigh | | Manchester Frontrunners | 53:27 | |
| 31 | 755 | David Stephan | | Manchester Frontrunners | 42:23 | 75 | 225 | Matty Vee | | MMU Harriers | 53:49 | |
| 32 | 335 | Llyr Hughes | | Manchester Triathlon | 42:48 | 76 | 180 | Andy Williams | | Bramhall Runners | 53:54 | |
| 33 | 554 | Phil Burns | | Stockport H & AC | 43:12 | 77 | 159 | Ali Alsaadi | | Belle Vue Racers | 53:55 | |
| 34 | 227 | Chris Bentley | | Macclesfield H & AC | 43:15 | 78 | 178 | Ross Kennedy | | Bramhall Runners | 54:26 | |
| 35 | 822 | Scott Wilson | | Macclesfield H & AC | 43:19 | 79 | 377 | James Gu | | Manchester Ymca H | 54:39 | |
| 36 | 2140 | Aaron Saxton | | Unattached | 43:44 | 80 | 162 | James Corrigan | | Belle Vue Racers | 55:12 | |
| 37 | 326 | Rob Halfpenny | | Manchester Triathlon | 44:10 | 81 | 861 | Matthew Hodgson | | Wilmslow RC | 55:38 | |
| 38 | 363 | Roger Thomas | | Manchester Triathlon | 44:15 | 82 | 866 | Antony Young | | St Helens Sutton AC | 56:14 | |
| 39 | 588 | Martin Rutter | | Stockport H & AC | 44:23 | 83 | 601 | Jeremy Woodham | | Stockport H & AC | 56:18 | |
| 40 | 690 | Barry Archbold | | Wilmslow RC | 44:25 | 84 | 287 | Michael Goldie | | Manchester Frontrunners | 57:25 | |
| 41 | 481 | Steven Townley | | Sale H Manchester | 44:41 | 85 | 823 | David Larkin | | Macclesfield H & AC | 58:30 | |
| 42 | 454 | Ian Jones | | Sale H Manchester | 44:44 | 86 | 622 | Andy Smith | | Swinton RC | 1:23:00 | |
| 43 | 414 | Mike Ashby | | Sale H Manchester | 44:58 | | | | | | | |
| 44 | 360 | Mark Simpson | | Manchester Triathlon | 45:13 | | | | | | | |

Senior Men (Vets) aged 40 to 44

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|--------------------|---------|----------------------|-------|
| 1 | 646 | Chris Leigh | V40 1 | Trafford AC | 37:52 |
| 2 | 729 | Jim Pendrill | V40 2 | Wilmslow RC | 40:28 |
| 3 | 581 | Adrian Nutter | V40 3 | Stockport H & AC | 41:01 |
| 4 | 740 | Andy Whittingham | V40 4 | Wilmslow RC | 41:02 |
| 5 | 124 | Peter Abraham | V40 5 | Altrincham & Dist AC | 41:15 |
| 6 | 641 | Michael Hunt | V40 6 | Trafford AC | 42:04 |
| 7 | 562 | James Corden | V40 7 | Stockport H & AC | 42:38 |
| 8 | 416 | Carl Barber | V40 8 | Sale H Manchester | 42:58 |
| 9 | 112 | Mark Livingstone | V40 9 | ABC Runners | 43:43 |
| 10 | 147 | David Livingstone | V40 10 | Altrincham & Dist AC | 44:04 |
| 11 | 2145 | Stuart Cartledge | V40 11 | Dash | 44:49 |
| 12 | 444 | Steve Gavin | V40 12 | Sale H Manchester | 44:59 |
| 13 | 539 | Shane Wolstencroft | V40 13 | Salford Met AC | 45:49 |
| 14 | 496 | Sean Cordell | V40 14 | Salford H & AC | 46:33 |
| 15 | 351 | John Murray | V40 15 | Manchester Triathlon | 46:53 |
| 16 | 247 | Tim Walton | V40 16 | Macclesfield H & AC | 46:58 |
| 17 | 863 | Michael Hodson | V40 17 | Bramhall Runners | 47:08 |
| 18 | 115 | Tony Morgan | V40 18 | ABC Runners | 47:34 |
| 19 | 432 | Chris Cook | V40 19 | Sale H Manchester | 47:35 |
| 20 | 616 | Chris Lomax | V40 20 | Swinton RC | 47:50 |
| 21 | 150 | Mark Norton | V40 21 | Altrincham & Dist AC | 47:54 |
| 22 | 418 | Gaurav Batra | V40 22 | Sale H Manchester | 48:36 |
| 23 | 257 | Jason Brogan | V40 23 | Manchester H & AC | 50:02 |
| 24 | 567 | Darren Hales | V40 24 | Stockport H & AC | 50:43 |
| 25 | 793 | Paul Wilson | V40 25 | Swinton RC | 51:10 |
| 26 | 163 | Philip D'netto | V40 26 | Belle Vue Racers | 51:18 |
| 27 | 717 | Richard Lawson | V40 27 | Wilmslow RC | 53:21 |
| 28 | 114 | Jonathan Mercer | V40 28 | ABC Runners | 55:43 |
| 29 | 848 | Michael Wyrmer | V40 29 | Sale H Manchester | 55:50 |
| 30 | 119 | Lee Stinch | V40 30 | ABC Runners | 55:56 |

Senior Men (Vets) aged 45 to 49

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-------------------|---------|----------------------------|---------|
| 1 | 701 | Rob Downs | V45 1 | Wilmslow RC | 38:23 |
| 2 | 565 | Kevan Garner | V45 2 | Stockport H & AC | 41:25 |
| 3 | 375 | David Garner | V45 3 | Manchester Ymca H | 41:46 |
| 4 | 241 | James Noakes | V45 4 | Macclesfield H & AC | 41:59 |
| 5 | 489 | Roger Alsop | V45 5 | Salford H & AC | 42:09 |
| 6 | 642 | Mike Hutchinson | V45 6 | Trafford AC | 42:55 |
| 7 | 194 | Simon Grundy | V45 7 | E Cheshire H & Tameside AC | 42:56 |
| 8 | 336 | Phil Huntington | V45 8 | Manchester Triathlon | 42:57 |
| 9 | 610 | Tony Flanagan | V45 9 | Swinton RC | 43:32 |
| 10 | 648 | Paul Mannion | V45 10 | Trafford AC | 43:36 |
| 11 | 741 | Rob Wilson | V45 11 | Wilmslow RC | 43:41 |
| 12 | 735 | Graham Taylor | V45 12 | Wilmslow RC | 43:46 |
| 13 | 790 | Ian Ireland | V45 13 | Middleton HAC | 45:43 |
| 14 | 522 | Mark Seed | V45 14 | Salford H & AC | 45:52 |
| 15 | 276 | Matt Whitehead | V45 15 | Manchester H & AC | 45:57 |
| 16 | 591 | Mike Shaw | V45 16 | Stockport H & AC | 46:11 |
| 17 | 732 | Ian Smallwood | V45 17 | Wilmslow RC | 46:41 |
| 18 | 574 | Graham Marsland | V45 18 | Stockport H & AC | 46:54 |
| 19 | 592 | Michael Slater | V45 19 | Stockport H & AC | 48:11 |
| 20 | 862 | Andy Dines | V45 20 | Knutsford Tri Club | 48:13 |
| 21 | 799 | Pete Openshaw | V45 21 | Knutsford Tri Club | 48:51 |
| 22 | 836 | Chris Grime | V45 22 | Wilmslow RC | 49:22 |
| 23 | 327 | Colin Hammond | V45 23 | Manchester Triathlon | 49:32 |
| 24 | 298 | Roberto Raso | V45 24 | Manchester Frontrunners | 49:35 |
| 25 | 471 | Tim Rainey | V45 25 | Sale H Manchester | 49:46 |
| 26 | 169 | Simon Stead | V45 26 | Belle Vue Racers | 50:26 |
| 27 | 184 | John Bowker | V45 27 | E Cheshire H & Tameside AC | 50:42 |
| 28 | 628 | Robin Beaumont | V45 28 | Trafford AC | 50:58 |
| 29 | 860 | Paul Stupples | V45 29 | ABC Runners | 51:36 |
| 30 | 172 | Andy Wood | V45 30 | Belle Vue Racers | 51:46 |
| 31 | 552 | David Bibby | V45 31 | Stockport H & AC | 52:01 |
| 32 | 385 | Colin Carter | V45 32 | Middleton HAC | 52:14 |
| 33 | 175 | Steve Fairclough | V45 33 | Bramhall Runners | 52:58 |
| 34 | 696 | Simon Bolton | V45 34 | Wilmslow RC | 53:05 |
| 35 | 688 | James Jones | V45 35 | West Cheshire AC | 53:39 |
| 36 | 623 | Rick Waring | V45 36 | Swinton RC | 53:48 |
| 37 | 586 | Nick Roberts | V45 37 | Stockport H & AC | 54:04 |
| 38 | 535 | Chris Jones | V45 38 | Salford Met AC | 54:08 |
| 39 | 864 | Stephen Sharrocks | V45 39 | Stockport H & AC | 54:55 |
| 40 | 815 | Robert Tipping | V45 40 | Vale Royal AC | 55:57 |
| 41 | 313 | Andy Chalmers | V45 41 | Manchester Triathlon | 56:04 |
| 42 | 2121 | Gabor Vitos | V45 42 | Unattached | 56:57 |
| 43 | 264 | Denis Kelly | V45 43 | Manchester H & AC | 1:02:12 |
| 44 | 626 | David Williamson | V45 44 | Swinton RC | 1:03:30 |
| 45 | 320 | David Deane | V45 45 | Manchester Triathlon | 1:05:44 |

Senior Men (Vets) aged 50 to 54

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|----------------------|---------|----------------------------|---------|
| 1 | 718 | Graham Macneill | V50 1 | Wilmslow RC | 40:46 |
| 2 | 795 | Dave Clamp | V50 2 | Knutsford Tri Club | 41:31 |
| 3 | 203 | Gary Matthews | V50 3 | E Cheshire H & Tameside AC | 41:52 |
| 4 | 209 | Stephen Robinson | V50 4 | E Cheshire H & Tameside AC | 43:07 |
| 5 | 644 | David Keeling | V50 5 | Trafford AC | 44:31 |
| 6 | 239 | John Mooney | V50 6 | Macclesfield H & AC | 44:50 |
| 7 | 609 | Steve Doxey | V50 7 | Swinton RC | 45:03 |
| 8 | 196 | Derek Hughes | V50 8 | E Cheshire H & Tameside AC | 46:45 |
| 9 | 393 | Anthony Lowe | V50 9 | Middleton HAC | 46:49 |
| 10 | 195 | Barry Hirst | V50 10 | E Cheshire H & Tameside AC | 47:43 |
| 11 | 141 | Graham Harrison | V50 11 | Altrincham & Dist AC | 47:56 |
| 12 | 706 | Paul Garnett | V50 12 | Wilmslow RC | 48:01 |
| 13 | 251 | Gary Willcock | V50 13 | Macclesfield H & AC | 48:13 |
| 14 | 693 | Jon Bale | V50 14 | Wilmslow RC | 48:41 |
| 15 | 409 | Andrew O'Connor | V50 15 | St Helens Sutton AC | 48:47 |
| 16 | 407 | Alan McNally | V50 16 | St Helens Sutton AC | 49:28 |
| 17 | 410 | Ian White | V50 17 | St Helens Sutton AC | 49:45 |
| 18 | 2142 | Dave Bradford | V50 18 | Unattached | 50:10 |
| 19 | 248 | Alan Webster | V50 19 | Macclesfield H & AC | 50:35 |
| 20 | 406 | Mark Liptrot | V50 20 | St Helens Sutton AC | 51:57 |
| 21 | 556 | Rob Cator | V50 21 | Stockport H & AC | 52:35 |
| 22 | 559 | Roger Coleman | V50 22 | Stockport H & AC | 52:49 |
| 23 | 804 | Paul Stubbs-Jeffries | V50 23 | Knutsford Tri Club | 53:59 |
| 24 | 366 | Richard Wallace | V50 24 | Manchester Triathlon | 54:12 |
| 25 | 249 | Mark Wheelton | V50 25 | Macclesfield H & AC | 55:03 |
| 26 | 677 | Richard Pettitt | V50 26 | Vale Royal AC | 55:42 |
| 27 | 217 | David Rowe | V50 27 | Liverpool H & AC | 58:32 |
| 28 | 787 | Tom Lavin | V50 28 | Altrincham & Dist AC | 1:00:07 |

Senior Men (Vets) aged 55 to 59

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|--------------------|---------|------------------------|---------|
| 1 | 720 | Tom McGaff | V55 1 | Wilmslow RC | 41:23 |
| 2 | 839 | Stanley Owen | V55 2 | Salford H & AC | 43:05 |
| 3 | 866 | Mike Weedall | V55 3 | Vale Royal AC | 46:01 |
| 4 | 788 | Mark Hunter | V55 4 | Altrincham & Dist AC | 48:52 |
| 5 | 2122 | Marcus Walker | V55 5 | Unattached | 49:22 |
| 6 | 568 | David Christy-Lowe | V55 6 | Stockport H & AC | 49:47 |
| 7 | 479 | Jerry Smith | V55 7 | Sale H Manchester | 49:49 |
| 8 | 742 | James Atkin | V55 8 | Wirral AC | 50:09 |
| 9 | 568 | Tim Hargreaves | V55 9 | Stockport H & AC | 50:37 |
| 10 | 726 | Paul Norris | V55 10 | Wilmslow RC | 51:37 |
| 11 | 672 | John Clarke | V55 11 | Vale Royal AC | 51:52 |
| 12 | 2143 | Brian Schofield | V55 12 | Oldham & Royton H & Ac | 52:20 |
| 13 | 256 | Jim Brett | V55 13 | Manchester H & AC | 52:39 |
| 14 | 397 | Craig Sutherland | V55 14 | Middleton HAC | 52:45 |
| 15 | 413 | Miran Arahmian | V55 15 | Sale H Manchester | 55:04 |
| 16 | 144 | Mike Jones | V55 16 | Altrincham & Dist AC | 1:00:56 |
| 17 | 176 | Michael Gibbons | V55 17 | Bramhall Runners | 1:01:37 |

Senior Men (Vets) aged 60 to 64

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|---------------|---------|---------------------|---------|
| 1 | 551 | Len Best | V60 1 | Stockport H & AC | 44:17 |
| 2 | 596 | Robert Taylor | V60 2 | Stockport H & AC | 46:17 |
| 3 | 739 | Andy Watts | V60 3 | Wilmslow RC | 48:58 |
| 4 | 707 | Geoff Gilbert | V60 4 | Wilmslow RC | 53:50 |
| 5 | 165 | Barry Guy | V60 5 | Belle Vue Racers | 56:38 |
| 6 | 232 | David Hancock | V60 6 | Macclesfield H & AC | 59:09 |
| 7 | 675 | Paul Hudson | V60 7 | Vale Royal AC | 1:00:05 |
| 8 | 179 | John Leah | V60 8 | Bramhall Runners | 1:01:38 |
| 9 | 778 | Alan Thomas | V60 9 | Salford Met AC | 1:09:13 |

Senior Men (Vets) aged 65 to 69

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|----------------|---------|----------------------|---------|
| 1 | 715 | Tony Hulme | V65 1 | Wilmslow RC | 50:48 |
| 2 | 678 | Colin Rathbone | V65 2 | Vale Royal AC | 56:52 |
| 3 | 515 | Dennis Moran | V65 3 | Salford H & AC | 58:05 |
| 4 | 127 | Alan Barlow | V65 4 | Altrincham & Dist AC | 1:06:39 |

Senior Men (Vets) over 70

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|-----|-----------------|---------|------------------|---------|
| 1 | 704 | Trevor Faulkner | V70 1 | Wilmslow RC | 1:07:56 |
| 2 | 563 | Chris Bryans | V75 1 | Stockport H & AC | 1:20:00 |

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th February 2013

Senior Men — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|--------------------|---------|----------------------------|---|
| 1 | 579 | Andrew Nixon | | Stockport H & AC | 35:28 |
| 2 | 633 | Tom Charles | | Trafford AC | 36:17 |
| 3 | 344 | Alex Lawton | | Manchester Triathlon | 36:42 |
| 4 | 725 | Damian Nicholls | | Wilmslow RC | 36:48 |
| 5 | 193 | Patrick Gardiner | | E Cheshire H & Tameside AC | 37:32 |
| 6 | 507 | Robert Hughes | | Salford H & AC | 37:41 |
| 7 | 646 | Chris Leigh | V40 1 | Trafford AC | 37:52 |
| 8 | 607 | Matthew Clark | | Swinton RC | 38:03 |
| 9 | 766 | Jamie Loxam | | Stockport H & AC | 38:11 |
| 10 | 701 | Rob Downs | V45 1 | Wilmslow RC | 38:23 |
| 11 | 733 | Peter Speake | | Wilmslow RC | 38:25 |
| 12 | 475 | Callum Rowlinson | U20 1 | Sale H Manchester | 38:48 |
| 13 | 653 | Richard Powell | U20 2 | Trafford AC | 38:56 |
| 14 | 526 | Anthony Taylor | | Salford H & AC | 39:17 |
| 15 | 459 | David Marsh | | Sale H Manchester | 39:50 |
| 16 | 211 | Nzimah Akpan | U20 3 | Liverpool H & AC | 39:54 |
| 17 | 132 | Tom Bush | | Altrincham & Dist AC | 39:55 |
| 18 | 514 | Howard Mead | | Salford H & AC | 40:03 |
| 19 | 461 | Stephen McCarron | | Sale H Manchester | 40:04 |
| 20 | 424 | Alex Bradford | U20 4 | Sale H Manchester | 40:07 |
| 21 | 855 | Bradley Murphy | | Wilmslow RC | 40:17 |
| 22 | 729 | Jim Pendrill | V40 2 | Wilmslow RC | 40:28 |
| 23 | 718 | Graham Macneill | V50 1 | Wilmslow RC | 40:46 |
| 24 | 627 | Daniel Ansell | | Trafford AC | 40:51 |
| 25 | 436 | Chris Donnelly | | Sale H Manchester | 40:55 |
| 26 | 145 | Matthew Kelly | | Altrincham & Dist AC | 40:56 |
| 27 | 293 | James Moles | | Manchester Frontrunners | 40:57 |
| 28 | 858 | Nigel Martin | | Sale H Manchester | 40:58 |
| 29 | 431 | Kyle Conway | U20 5 | Sale H Manchester | 40:59 |
| 30 | 581 | Adrian Nutter | V40 3 | Stockport H & AC | 41:01 |
| 31 | 740 | Andy Whittingham | V40 4 | Wilmslow RC | 41:02 |
| 32 | 473 | David Rich | U20 6 | Sale H Manchester | 41:03 |
| 33 | 439 | Rob Flannery | | Sale H Manchester | 41:09 |
| 34 | 619 | Darren Russell | | Swinton RC | 41:14 |
| 35 | 124 | Peter Abraham | V40 5 | Altrincham & Dist AC | 41:15 |
| 36 | 434 | Peter Crawford | | Sale H Manchester | 41:17 |
| 37 | 720 | Tom McGaff | V55 1 | Wilmslow RC | 41:23 |
| 38 | 606 | Dan Bird | | Swinton RC | 41:25 |
| 39 | 565 | Kevan Garner | V45 2 | Stockport H & AC | 41:25 |
| 40 | 443 | Olivier Gaillemin | | Sale H Manchester | 41:28 |
| 41 | 795 | Dave Clamp | V50 2 | Knutsford Tri Club | 41:31 |
| 42 | 849 | Matthew Wackett | | Knutsford Tri Club | 41:40 |
| 43 | 240 | Lachie Murray | | Macclesfield H & AC | 41:43 |
| 44 | 212 | Nathan Brown | U20 7 | Liverpool H & AC | 41:45 |
| 45 | 375 | David Garner | V45 3 | Manchester Ymca H | 41:46 |
| 46 | 203 | Gary Matthews | V50 3 | E Cheshire H & Tameside AC | 41:52 |
| 47 | 221 | Tom Hindmarch | U20 8 | MMU Harriers | 41:56 |
| 48 | 241 | James Noakes | V45 4 | Macclesfield H & AC | 41:59 |
| 49 | 641 | Michael Hunt | V40 6 | Trafford AC | 42:04 |
| 50 | 754 | Darren Carr | U20 9 | Liverpool H & AC | 42:05 |
| 51 | 599 | Matt Townley | | Stockport H & AC | 42:06 |
| 52 | 463 | Andrew Mooney | | Sale H Manchester | 42:07 |
| 53 | 489 | Roger Alsop | V45 5 | Salford H & AC | 42:09 |
| 54 | 624 | Mark Whittington | | Swinton RC | 42:21 |
| 55 | 755 | David Stephan | | Manchester Frontrunners | 42:23 |
| 56 | 562 | James Corden | V40 7 | Stockport H & AC | 42:38 |
| 57 | 335 | Llyr Hughes | | Manchester Triathlon | 42:48 |
| 58 | 642 | Mike Hutchinson | V45 6 | Trafford AC | 42:55 |
| 59 | 194 | Simon Grundy | V45 7 | E Cheshire H & Tameside AC | 42:56 |
| 60 | 336 | Phil Huntington | V45 8 | Manchester Triathlon | 42:57 |
| 61 | 416 | Carl Barber | V40 8 | Sale H Manchester | 42:58 |
| 62 | 839 | Stanley Owen | V55 2 | Salford H & AC | 43:05 |
| 63 | 209 | Stephen Robinson | V50 4 | E Cheshire H & Tameside AC | 43:07 |
| 64 | 554 | Phil Burns | | Stockport H & AC | 43:12 |
| 65 | 227 | Chris Bentley | | Macclesfield H & AC | 43:15 |
| 66 | 822 | Scott Wilson | | Macclesfield H & AC | 43:19 |
| 67 | 610 | Tony Flanagan | V45 9 | Swinton RC | 43:32 |
| 68 | 648 | Paul Mannion | V45 10 | Trafford AC | 43:36 |
| 69 | 741 | Rob Wilson | V45 11 | Wilmslow RC | 43:41 |
| 70 | 112 | Mark Livingston | V40 9 | ABC Runners | 43:43 |
| 71 | 2140 | \$Aaron Saxton | | Unattached | 43:44 |
| 72 | 735 | Graham Taylor | V45 12 | Wilmslow RC | 43:46 |
| 73 | 147 | David Livingstone | V40 10 | Altrincham & Dist AC | 44:04 |
| 74 | 326 | Rob Halfpenny | | Manchester Triathlon | 44:10 |
| 75 | 363 | Roger Thomas | | Manchester Triathlon | 44:15 |
| 76 | 551 | Len Best | V60 1 | Stockport H & AC | 44:17 |
| 77 | 588 | Martin Rutter | | Stockport H & AC | 44:23 |
| 78 | 690 | Barry Archbold | | Wilmslow RC | 44:25 |
| 79 | 644 | David Keeling | V50 5 | Trafford AC | 44:31 |
| 80 | 481 | Steven Townley | | Sale H Manchester | 44:41 |
| 81 | 454 | Ian Jones | | Sale H Manchester | 44:44 |
| 82 | 2145 | \$Stuart Cartledge | V40 11 | Dash | 44:49 |
| 83 | 239 | John Mooney | V50 6 | Macclesfield H & AC | 44:50 |
| 84 | 334 | Nicholas Howarth | U20 10 | Manchester Triathlon | 44:55 |
| | | | | | 85 414 Mike Ashby Sale H Manchester 44:58 |
| | | | | | 86 444 Steve Gavin V40 12 Sale H Manchester 44:59 |
| | | | | | 87 609 Steve Doxey V50 7 Swinton RC 45:03 |
| | | | | | 88 360 Mark Simpson Manchester Triathlon 45:13 |
| | | | | | 89 233 Robert Hasler Macclesfield H & AC 45:26 |
| | | | | | 90 222 Luke McCrave U20 11 MMU Harriers 45:33 |
| | | | | | 91 288 Jono Guildford Manchester Frontrunners 45:35 |
| | | | | | 92 790 Ian Ireland V45 13 Middleton H AC 45:43 |
| | | | | | 93 118 Matt Shillabeer ABC Runners 45:45 |
| | | | | | 94 539 Shane Wolstencroft V40 13 Salford Met AC 45:49 |
| | | | | | 95 522 Mark Seed V45 14 Salford H & AC 45:52 |
| | | | | | 96 376 Mark Griffiths Manchester Ymca H 45:56 |
| | | | | | 97 276 Matt Whitehead V45 15 Manchester H & AC 45:57 |
| | | | | | 98 856 Mike Weedall V55 3 Vale Royal AC 46:01 |
| | | | | | 99 396 Alec Roberts Middleton H AC 46:04 |
| | | | | | 100 719 Allan McCormick Wilmslow RC 46:05 |
| | | | | | 101 591 Mike Shaw V45 16 Stockport H & AC 46:11 |
| | | | | | 102 596 Robert Taylor V60 2 Stockport H & AC 46:17 |
| | | | | | 103 417 Paul Barrett Sale H Manchester 46:23 |
| | | | | | 104 496 Sean Cordell V40 14 Salford H & AC 46:33 |
| | | | | | 105 566 Robert Goulsbra Stockport H & AC 46:35 |
| | | | | | 106 732 Ian Smallwood V45 17 Wilmslow RC 46:41 |
| | | | | | 107 272 Chris Sewart Manchester H & AC 46:43 |
| | | | | | 108 196 Derek Hughes V50 8 E Cheshire H & Tameside AC 46:45 |
| | | | | | 109 393 Anthony Lowe V50 9 Middleton H AC 46:49 |
| | | | | | 110 351 John Murray V40 15 Manchester Triathlon 46:53 |
| | | | | | 111 574 Graham Marsland V45 18 Stockport H & AC 46:54 |
| | | | | | 112 247 Tim Walton V40 16 Macclesfield H & AC 46:58 |
| | | | | | 113 863 Michael Hodson V40 17 Bramhall Runners 47:08 |
| | | | | | 114 160 Adam Barber Belle Vue Racers 47:30 |
| | | | | | 115 115 Tony Morgan V40 18 ABC Runners 47:34 |
| | | | | | 116 432 Chris Cook V40 19 Sale H Manchester 47:35 |
| | | | | | 117 195 Barry Hirst V50 10 E Cheshire H & Tameside AC 47:43 |
| | | | | | 118 616 Chris Lomax V40 20 Swinton RC 47:50 |
| | | | | | 119 638 Edward Hickling Trafford AC 47:52 |
| | | | | | 120 150 Mark Norton V40 21 Altrincham & Dist AC 47:54 |
| | | | | | 121 141 Graham Harrison V50 11 Altrincham & Dist AC 47:56 |
| | | | | | 122 598 Dave Townley Stockport H & AC 47:59 |
| | | | | | 123 706 Paul Garnett V50 12 Wilmslow RC 48:01 |
| | | | | | 124 867 Adam Cooper Belle Vue Racers 48:02 |
| | | | | | 125 592 Michael Slater V45 19 Stockport H & AC 48:11 |
| | | | | | 126 251 Gary Wilcock V50 13 Macclesfield H & AC 48:13 |
| | | | | | 127 862 Andy Dines V45 20 Knutsford Tri Club 48:13 |
| | | | | | 128 418 Gaurav Batra V40 22 Sale H Manchester 48:36 |
| | | | | | 129 693 Jon Bale V50 14 Wilmslow RC 48:41 |
| | | | | | 130 409 Andrew O'Connor V50 15 St Helens Sutton AC 48:47 |
| | | | | | 131 799 Pete Openshaw V45 21 Knutsford Tri Club 48:51 |
| | | | | | 132 788 Mark Hunter V55 4 Altrincham & Dist AC 48:52 |
| | | | | | 133 846 Chris McDermott Belle Vue Racers 48:56 |
| | | | | | 134 177 Simon Harlow Bramhall Runners 48:57 |
| | | | | | 135 739 Andy Watts V60 3 Wilmslow RC 48:58 |
| | | | | | 136 868 Andrew McEvoy Macclesfield H & AC 49:06 |
| | | | | | 137 625 Liam Wilkinson Swinton RC 49:16 |
| | | | | | 138 836 Chris Grime V45 22 Wilmslow RC 49:22 |
| | | | | | 139 2122 \$Marcus Walker V55 5 Unattached 49:22 |
| | | | | | 140 407 Alan McNally V50 16 St Helens Sutton AC 49:28 |
| | | | | | 141 327 Colin Hammond V45 23 Manchester Triathlon 49:32 |
| | | | | | 142 298 Roberto Raso V45 24 Manchester Frontrunners 49:35 |
| | | | | | 143 171 Stephen Webb Belle Vue Racers 49:37 |
| | | | | | 144 2144 \$Michael Lim Unattached 49:41 |
| | | | | | 145 410 Ian White V50 17 St Helens Sutton AC 49:45 |
| | | | | | 146 471 Tim Rainey V45 25 Sale H Manchester 49:46 |
| | | | | | 147 558 David Christie-Lowe V55 6 Stockport H & AC 49:47 |
| | | | | | 148 479 Jerry Smith V55 7 Sale H Manchester 49:49 |
| | | | | | 149 257 Jason Brogan V40 23 Manchester H & AC 50:02 |
| | | | | | 150 742 James Atkin V55 8 Wirral AC 50:09 |
| | | | | | 151 2142 \$Dave Bradford V50 18 Unattached 50:10 |
| | | | | | 152 796 John Goggins Knutsford Tri Club 50:14 |
| | | | | | 153 319 Kevin Cornwall Manchester Triathlon 50:18 |
| | | | | | 154 775 Mike Neal Manchester Triathlon 50:19 |
| | | | | | 155 169 Simon Stead V45 26 Belle Vue Racers 50:26 |
| | | | | | 156 557 Alistair Chapman Stockport H & AC 50:29 |
| | | | | | 157 736 Matt Taylor Wilmslow RC 50:33 |
| | | | | | 158 248 Alan Webster V50 19 Macclesfield H & AC 50:35 |
| | | | | | 159 568 Tim Hargreaves V55 9 Stockport H & AC 50:37 |
| | | | | | 160 184 John Bowker V45 27 E Cheshire H & Tameside AC 50:42 |
| | | | | | 161 567 Darren Hales V40 24 Stockport H & AC 50:43 |
| | | | | | 162 715 Tony Hulme V65 1 Wilmslow RC 50:48 |
| | | | | | 163 628 Robin Beaumont V45 28 Trafford AC 50:58 |
| | | | | | 164 793 Paul Wilson V40 25 Swinton RC 51:10 |
| | | | | | 165 163 Philip D'netto V40 26 Belle Vue Racers 51:18 |
| | | | | | 166 2141 \$Paul Clifton Unattached 51:21 |
| | | | | | 167 297 J Ramos-Gallego Manchester Frontrunners 51:32 |
| | | | | | 168 860 Paul Stupples V45 29 ABC Runners 51:36 |
| | | | | | 169 726 Paul Norris V55 10 Wilmslow RC 51:37 |

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| | | | | | | | | | | | | | |
|-----|------|---------------------|-----|----|-------------------------|-------|-----|------|------------------|------------------|-------|-------------------------|---------|
| 170 | 172 | Andy Wood | V45 | 30 | Belle Vue Racers | 51:46 | 202 | 162 | James Corrigan | Belle Vue Racers | 55:12 | | |
| 171 | 672 | John Clarke | V55 | 11 | Vale Royal AC | 51:52 | 203 | 861 | Matthew Hodgson | Wilmslow RC | 55:38 | | |
| 172 | 406 | Mark Liprot | V50 | 20 | St Helens Sutton AC | 51:57 | 204 | 677 | Richard Pettitt | V50 | 26 | Vale Royal AC | 55:42 |
| 173 | 552 | David Bibby | V45 | 31 | Stockport H & AC | 52:01 | 205 | 114 | Jonathan Mercer | V40 | 28 | ABC Runners | 55:43 |
| 174 | 385 | Colin Carter | V45 | 32 | Middleton HAC | 52:14 | 206 | 848 | Michael Wymer | V40 | 29 | Sale H Manchester | 55:50 |
| 175 | 2143 | \$Brian Schofield | V55 | 12 | Oldham & Royton H & Ac | 52:20 | 207 | 119 | Lee Stinch | V40 | 30 | ABC Runners | 55:56 |
| 176 | 763 | Lewis Green | | | Sale H Manchester | 52:26 | 208 | 815 | Robert Tipping | V45 | 40 | Vale Royal AC | 55:57 |
| 177 | 556 | Rob Cator | V50 | 21 | Stockport H & AC | 52:35 | 209 | 313 | Andy Chalmers | V45 | 41 | Manchester Triathlon | 56:04 |
| 178 | 256 | Jim Brett | V55 | 13 | Manchester H & AC | 52:39 | 210 | 866 | Antony Young | | | St Helens Sutton AC | 56:14 |
| 179 | 397 | Craig Sutherland | V55 | 14 | Middleton HAC | 52:45 | 211 | 601 | Jeremy Woodham | | | Stockport H & AC | 56:18 |
| 180 | 559 | Roger Coleman | V50 | 22 | Stockport H & AC | 52:49 | 212 | 165 | Barry Guy | V60 | 5 | Belle Vue Racers | 56:38 |
| 181 | 536 | Stuart Mairs | | | Salford Met AC | 52:52 | 213 | 678 | Colin Rathbone | V65 | 2 | Vale Royal AC | 56:52 |
| 182 | 175 | Steve Fairclough | V45 | 33 | Bramhall Runners | 52:58 | 214 | 2121 | \$Gabor Vitos | V45 | 42 | Unattached | 56:57 |
| 183 | 647 | Dave Maher | | | Trafford AC | 53:04 | 215 | 287 | Michael Goldie | | | Manchester Frontrunners | 57:25 |
| 184 | 696 | Simon Bolton | V45 | 34 | Wilmslow RC | 53:05 | 216 | 515 | Dennis Moran | V65 | 3 | Salford H & AC | 58:05 |
| 185 | 717 | Richard Lawson | V40 | 27 | Wilmslow RC | 53:21 | 217 | 823 | David Larkin | | | Macclesfield H & AC | 58:30 |
| 186 | 751 | Stephen Weigh | | | Manchester Frontrunners | 53:27 | 218 | 217 | David Rowe | V50 | 27 | Liverpool H & AC | 58:32 |
| 187 | 688 | James Jones | V45 | 35 | West Cheshire AC | 53:39 | 219 | 232 | David Hancock | V60 | 6 | Macclesfield H & AC | 59:09 |
| 188 | 623 | Rick Waring | V45 | 36 | Swinton RC | 53:48 | 220 | 675 | Paul Hudson | V60 | 7 | Vale Royal AC | 1:00:05 |
| 189 | 225 | Matty Vee | | | MMU Harriers | 53:49 | 221 | 787 | Tom Lavin | V50 | 28 | Altrincham & Dist AC | 1:00:07 |
| 190 | 707 | Geoff Gilbert | V60 | 4 | Wilmslow RC | 53:50 | 222 | 144 | Mike Jones | V55 | 16 | Altrincham & Dist AC | 1:00:56 |
| 191 | 180 | Andy Williams | | | Bramhall Runners | 53:54 | 223 | 176 | Michael Gibbons | V55 | 17 | Bramhall Runners | 1:01:37 |
| 192 | 159 | Ali Alsaadi | | | Belle Vue Racers | 53:55 | 224 | 179 | John Leah | V60 | 8 | Bramhall Runners | 1:01:38 |
| 193 | 804 | Paul StubbsJeffries | V50 | 23 | Knutsford Tri Club | 53:59 | 225 | 264 | Denis Kelly | V45 | 43 | Manchester H & AC | 1:02:12 |
| 194 | 586 | Nick Roberts | V45 | 37 | Stockport H & AC | 54:04 | 226 | 626 | David Williamson | V45 | 44 | Swinton RC | 1:03:30 |
| 195 | 535 | Chris Jones | V45 | 38 | Salford Met AC | 54:08 | 227 | 320 | David Deane | V45 | 45 | Manchester Triathlon | 1:05:44 |
| 196 | 366 | Richard Wallace | V50 | 24 | Manchester Triathlon | 54:12 | 228 | 127 | Alan Barlow | V65 | 4 | Altrincham & Dist AC | 1:06:39 |
| 197 | 178 | Ross Kennedy | | | Bramhall Runners | 54:26 | 229 | 704 | Trevor Faulkner | V70 | 1 | Wilmslow RC | 1:07:56 |
| 198 | 377 | James Gu | | | Manchester Ymca H | 54:39 | 230 | 778 | Alan Thomas | V60 | 9 | Salford Met AC | 1:09:13 |
| 199 | 864 | Stephen Sharrocks | V45 | 39 | Stockport H & AC | 54:55 | 231 | 553 | Chris Bryans | V75 | 1 | Stockport H & AC | 1:20:00 |
| 200 | 249 | Mark Wheelton | V50 | 25 | Macclesfield H & AC | 55:03 | 232 | 622 | Andy Smith | | | Swinton RC | 1:23:00 |
| 201 | 413 | Miran Aprahamian | V55 | 15 | Sale H Manchester | 55:04 | | | | | | | |

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | | | | | |
|----|----------------------------|------|---|-----|------------------|-----|-----------------|-----|------------------|-----|---------------------|-----|-------------------|-----|---------------------|
| 1 | Wilmslow RC | 91 | — | 4 | Damian Nicholls | 10 | Rob Downs | 11 | Peter Speake | 21 | Bradley Murphy | 22 | Jim Pendrill | 23 | Graham Macneill |
| 2 | Sale H Manchester | 119 | — | 12 | Callum Rowlinson | 15 | David Marsh | 19 | Stephen McCarron | 20 | Alex Bradford | 25 | Chris Donnelly | 28 | Nigel Martin |
| 3 | Trafford AC | 153 | — | 2 | Tom Charles | 7 | Chris Leigh | 13 | Richard Powell | 24 | Daniel Ansell | 49 | Michael Hunt | 58 | Mike Hutchinson |
| 4 | Stockport H & AC | 186 | — | 1 | Andrew Nixon | 9 | Jamie Loxam | 30 | Adrian Nutter | 39 | Kevan Garner | 51 | Matt Townley | 56 | James Corden |
| 5 | Sale H Manchester | 222 | — | 29 | Kyle Conway | 32 | David Rich | 33 | Rob Flannery | 36 | Peter Crawford | 40 | Olivier Gaillemin | 52 | Andrew Mooney |
| 6 | Salford H & AC | 246 | — | 6 | Robert Hughes | 14 | Anthony Taylor | 18 | Howard Mead | 53 | Roger Alsop | 62 | Stanley Owen | 93 | Mark Seed |
| 7 | Swinton RC | 286 | — | 8 | Matthew Clark | 34 | Darren Russell | 38 | Dan Bird | 54 | Mark Whittington | 67 | Tony Flanagan | 85 | Steve Doxey |
| 8 | Manchester Triathlon | 349 | — | 3 | Alex Lawton | 57 | Llyr Hughes | 60 | Phil Huntington | 73 | Rob Halfpenny | 74 | Roger Thomas | 82 | Nicholas Howarth |
| 9 | Wilmslow RC | 383 | — | 31 | Andy Whittingham | 37 | Tom McGaff | 69 | Rob Wilson | 71 | Graham Taylor | 77 | Barry Archbold | 98 | Allan McCormick |
| 10 | Altrincham & Dist AC | 387 | — | 17 | Tom Bush | 26 | Matthew Kelly | 35 | Peter Abraham | 72 | David Livingstone | 118 | Mark Norton | 119 | Graham Harrison |
| 11 | Macclesfield H & AC | 390 | — | 43 | Lachie Murray | 48 | James Noakes | 65 | Chris Bentley | 66 | Scott Wilson | 81 | John Mooney | 87 | Robert Hasler |
| 12 | E Cheshire H & Tameside AC | 394 | — | 5 | Patrick Gardiner | 46 | Gary Matthews | 59 | Simon Grundy | 63 | Stephen Robinson | 106 | Derek Hughes | 115 | Barry Hirst |
| 13 | Sale H Manchester | 488 | — | 61 | Carl Barber | 79 | Steven Townley | 80 | Ian Jones | 83 | Mike Ashby | 84 | Steve Gavin | 101 | Paul Barrett |
| 14 | Stockport H & AC | 517 | — | 64 | Phil Burns | 75 | Len Best | 76 | Martin Rutter | 99 | Mike Shaw | 100 | Robert Taylor | 103 | Robert Goulsbra |
| 15 | Manchester Frontrunners | 650 | — | 27 | James Moles | 55 | David Stephan | 89 | Jono Guildford | 139 | Roberto Raso | 161 | J Ramos-Gallego | 179 | Stephen Weigh |
| 16 | Knutsford Tri Club | 670 | — | 41 | Mathew Wackett | 42 | Matthew Wackett | 125 | Andy Dines | 129 | Pete Openshaw | 147 | John Goggins | 186 | Paul StubbsJeffries |
| 17 | Wilmslow RC | 773 | — | 104 | Ian Smallwood | 121 | Paul Garnett | 127 | Jon Bale | 133 | Andy Watts | 136 | Chris Grime | 152 | Matt Taylor |
| 18 | Stockport H & AC | 800 | — | 109 | Graham Marsland | 120 | Dave Townley | 123 | Michael Slater | 143 | David Chrystie-Lowe | 150 | Alistair Chapman | 154 | Tim Hargreaves |
| 19 | Belle Vue Racers | 815 | — | 112 | Adam Barber | 122 | Adam Cooper | 131 | Chris McDermott | 140 | Stephen Webb | 151 | Simon Stead | 160 | Philip D'netto |
| 20 | Manchester Triathlon | 818 | — | 86 | Mark Simpson | 108 | John Murray | 138 | Colin Hammond | 148 | Kevin Cornwall | 149 | Mike Neal | 189 | Richard Wallace |
| 21 | ABC Runners | 834 | — | 70 | Mark Livingston | 91 | Matt Shillabeer | 113 | Tony Morgan | 162 | Paul Stupples | 198 | Jonathan Mercer | 200 | Lee Stinch |
| 22 | Sale H Manchester | 889 | — | 114 | Chris Cook | 126 | Gaurav Batra | 142 | Tim Rainey | 144 | Jerry Smith | 169 | Lewis Green | 194 | Miran Aprahamian |
| 23 | Macclesfield H & AC | 923 | — | 110 | Tim Walton | 124 | Gary Wilcock | 134 | Andrew McEvoy | 153 | Alan Webster | 193 | Mark Wheelton | 209 | David Larkin |
| 24 | Bramhall Runners | 1007 | — | 111 | Michael Hodson | 132 | Simon Harlow | 175 | Steve Fairclough | 184 | Andy Williams | 190 | Ross Kennedy | 215 | Michael Gibbons |
| 25 | Swinton RC | 1033 | — | 116 | Chris Lomax | 135 | Liam Wilkinson | 159 | Paul Wilson | 181 | Rick Waring | 218 | David Williamson | 224 | Andy Smith |
| 26 | Stockport H & AC | 1045 | — | 156 | Darren Hales | 167 | David Bibby | 170 | Rob Cator | 173 | Roger Coleman | 187 | Nick Roberts | 192 | Stephen Sharrocks |
| 27 | Wilmslow RC | 1054 | — | 157 | Tony Hulme | 163 | Paul Norris | 177 | Simon Bolton | 178 | Richard Lawson | 183 | Geoff Gilbert | 196 | Matthew Hodgson |
| 28 | Vale Royal AC | 1077 | — | 96 | Mike Weedall | 165 | John Clarke | 197 | Richard Pettitt | 201 | Robert Tipping | 206 | Colin Rathbone | 212 | Paul Hudson |

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | |
|----|----------------------------|-----|---|----|---------------------|-----|-------------------|-----|------------------|-----|---------------------|
| 1 | Wilmslow RC | 15 | — | 2 | Rob Downs | 3 | Jim Pendrill | 4 | Graham Macneill | 6 | Andy Whittingham |
| 2 | Trafford AC | 56 | — | 1 | Chris Leigh | 14 | Michael Hunt | 17 | Mike Hutchinson | 24 | Paul Mannion |
| 3 | Stockport H & AC | 59 | — | 5 | Adrian Nutter | 9 | Kevan Garner | 16 | James Corden | 29 | Len Best |
| 4 | E Cheshire H & Tameside AC | 95 | — | 12 | Gary Matthews | 18 | Simon Grundy | 22 | Stephen Robinson | 43 | Derek Hughes |
| 5 | Wilmslow RC | 102 | — | 8 | Tom McGaff | 25 | Rob Wilson | 27 | Graham Taylor | 42 | Ian Smallwood |
| 6 | Salford H & AC | 113 | — | 15 | Roger Alsop | 21 | Stanley Owen | 36 | Mark Seed | 41 | Sean Cordell |
| 7 | Altrincham & Dist AC | 142 | — | 7 | Peter Abraham | 28 | David Livingstone | 53 | Mark Norton | 54 | Graham Harrison |
| 8 | Macclesfield H & AC | 148 | — | 13 | James Noakes | 31 | John Mooney | 47 | Tim Walton | 57 | Gary Wilcock |
| 9 | Sale H Manchester | 161 | — | 20 | Carl Barber | 32 | Steve Gavin | 50 | Chris Cook | 59 | Gaurav Batra |
| 10 | Stockport H & AC | 181 | — | 39 | Mike Shaw | 40 | Robert Taylor | 46 | Graham Marsland | 56 | Michael Slater |
| 11 | Swinton RC | 190 | — | 23 | Tony Flanagan | 33 | Steve Doxey | 52 | Chris Lomax | 82 | Paul Wilson |
| 12 | Knutsford Tri Club | 231 | — | 10 | Dave Clamp | 58 | Andy Dines | 62 | Pete Openshaw | 101 | Paul StubbsJeffries |
| 13 | Manchester Triathlon | 235 | — | 19 | Phil Huntington | 45 | John Murray | 67 | Colin Hammond | 104 | Richard Wallace |
| 14 | Wilmslow RC | 244 | — | 55 | Paul Garnett | 60 | Jon Bale | 64 | Andy Watts | 65 | Chris Grime |
| 15 | Middleton H AC | 261 | — | 34 | Ian Ireland | 44 | Anthony Lowe | 90 | Colin Carter | 93 | Craig Sutherland |
| 16 | ABC Runners | 268 | — | 26 | Mark Livingston | 49 | Tony Morgan | 84 | Paul Stupples | 109 | Jonathan Mercer |
| 17 | St Helens Sutton AC | 284 | — | 61 | Andrew O'Connor | 66 | Alan McNally | 69 | Ian White | 88 | Mark Liprot |
| 18 | Stockport H & AC | 316 | — | 71 | David Chrystie-Lowe | 77 | Tim Hargreaves | 79 | Darren Hales | 89 | David Bibby |
| 19 | Manchester H & AC | 326 | — | 37 | Matt Whitehead | 73 | Jason Brogan | 92 | Jim Brett | 124 | Denis Kelly |
| 20 | Vale Royal AC | 345 | — | 38 | Mike Weedall | 87 | John Clarke | 108 | Richard Pettitt | 112 | Robert Tipping |
| 21 | Wilmslow RC | 358 | — | 80 | Tony Hulme | 85 | Paul Norris | 96 | Simon Bolton | 97 | Richard Lawson |
| 22 | Belle Vue Racers | 358 | — | 75 | Simon Stead | 83 | Philip D'netto | 86 | Andy Wood | 114 | Barry Guy |
| 23 | Sale H Manchester | 359 | — | 70 | Tim Rainey | 72 | Jerry Smith | 107 | Miran Aprahamian | 110 | Michael Wymer |
| 24 | Bramhall Runners | 388 | — | 48 | Michael Hodson | 95 | Steve Fairclough | 122 | Michael Gibbons | 123 | John Leah |
| 25 | Stockport H & AC | 392 | — | 91 | Rob Cator | 94 | Roger Coleman | 102 | Nick Roberts | 105 | Stephen Sharrocks |
| 26 | Altrincham & Dist AC | 431 | — | 63 | Mark Hunter | 120 | Tom Lavin | 121 | Mike Jones | 127 | Alan Barlow |

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

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