

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 1st December 2012

## Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	413	Alice Stiles	Manchester H & AC	7:39	26	977	TiaRae Barton	Sale H Manchester	8:57
2	421	Bethany Thornton	Sale H Manchester	7:46	27	414	Beth Taylor	Manchester H & AC	9:06
3	387	Katie Miller	Liverpool H & AC	7:48	28	400	Lucy Griffiths	Macclesfield H & AC	9:07
4	409	Grace De-Campos	Manchester H & AC	7:50	29	401	Amelia Newbould	Macclesfield H & AC	9:08
5	422	Elizabeth Twite	Sale H Manchester	7:56	30	384	Sophie Kerr	Liverpool H & AC	9:11
6	415	Chantelle Johnson	Moston & District H	8:05	31	397	Natasha Wood	Liverpool H & AC	9:14
7	412	Beth Smyth	Manchester H & AC	8:06	32	385	Holly Leadbetter	Liverpool H & AC	9:16
8	419	Tess McHugh	Sale H Manchester	8:09	33	909	Clara Parker	Sale H Manchester	9:17
9	386	Ella McNiven	Liverpool H & AC	8:16	34	976	Rachael Anderson	Sale H Manchester	9:21
10	395	Alex Townsend	Liverpool H & AC	8:18	35	940	Isla Law	Vale Royal AC	9:25
11	983	Sammy Mason	Salford Met AC	8:20	36	436	Charlotte Stokes	Warrington AC	9:28
12	435	Lucia Meloni	Warrington AC	8:34	37	995	Lara Crawford	Macclesfield H & AC	9:31
13	914	Olivia Kenyon	Liverpool H & AC	8:36	38	915	Faith Crossley	Liverpool H & AC	9:34
14	431	Neve Maddock	Vale Royal AC	8:38	39	396	Lauren Ward	Liverpool H & AC	9:36
15	2070	\$Melita Griffin	Ribble Valley AC	8:42	40	911	Lillie Walker	Liverpool H & AC	9:36
16	933	Georgia Fazakerley	Manchester H & AC	8:45	41	378	Isla Bellamy	Halton & Frodsham	9:45
17	980	Emma Gordon	Liverpool H & AC	8:46	42	394	Milli Smith	Liverpool H & AC	9:47
18	932	Isobel Murphy	Liverpool H & AC	8:47	43	975	Marianne Blandamer	Sale H Manchester	9:59
19	391	Annabel Pennington	Liverpool H & AC	8:48	44	379	Nadia Alsamarraie	Liverpool H & AC	10:05
20	985	C Haywood Percival	Salford Met AC	8:51	45	430	Molly Billinge	Vale Royal AC	10:17
21	904	Ella Head	Wirral AC	8:52	46	390	Elizabeth Pederson	Liverpool H & AC	10:19
22	981	Molly Atherton	Sale H Manchester	8:53	47	912	Alex Tasker	Liverpool H & AC	10:19
23	377	Megan Lewis	E Cheshire H & Tameside AC	8:54	48	402	Tess Newbould	Macclesfield H & AC	10:42
24	399	Eve Cobey	Macclesfield H & AC	8:55	49	404	Florence Thomson	Macclesfield H & AC	11:18
25	990	Ellie Young	Liverpool H & AC	8:56	50	986	Isabelle Hartley	Vale Royal AC	11:24

## Under11 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Manchester H & AC	12 — 1 Alice Stiles	4 Grace De-Campos	7 Beth Smyth
2 Sale H Manchester	15 — 2 Bethany Thornton	5 Elizabeth Twite	8 Tess McHugh
3 Liverpool H & AC	22 — 3 Katie Miller	9 Ella McNiven	10 Alex Townsend
4 Liverpool H & AC 'B'	46 — 13 Olivia Kenyon	16 Emma Gordon	17 Isobel Murphy
5 Liverpool H & AC 'C'	71 — 18 Annabel Pennington	24 Ellie Young	29 Sophie Kerr
6 Macclesfield H & AC	78 — 23 Eve Cobey	27 Lucy Griffiths	28 Amelia Newbould
7 Sale H Manchester 'B'	78 — 21 Molly Atherton	25 TiaRae Barton	32 Clara Parker
8 Vale Royal AC	92 — 14 Neve Maddock	34 Isla Law	44 Molly Billinge
9 Liverpool H & AC 'D'	98 — 30 Natasha Wood	31 Holly Leadbetter	37 Faith Crossley
10 Liverpool H & AC 'E'	118 — 38 Lauren Ward	39 Lillie Walker	41 Milli Smith
11 Macclesfield H & AC 'B'	131 — 36 Lara Crawford	47 Tess Newbould	48 Florence Thomson
12 Liverpool H & AC 'F'	134 — 43 Nadia Alsamarraie	45 Elizabeth Pederson	46 Alex Tasker

## Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	372	Sam Evans	Warrington AC	9:00	17	376	Joe Williams	Warrington AC	10:39
2	363	Fabio Carosi	Stockport H & AC	9:16	18	978	Oliver Clark	Sale H Manchester	10:42
3	361	Ben Batho	Stockport H & AC	9:17	19	346	Jamie Ford	St Helens Sutton AC	10:47
4	373	Ben Harrison	Warrington AC	9:34	20	942	Lewis Rowlinson	Sale H Manchester	11:10
5	364	Lucas Parker	Stockport H & AC	9:35	21	367	Charlie Piekardski	Trafford AC	11:15
6	340	Marco Lavorini	Manchester H & AC	9:35	22	336	Morgan Frith	Macclesfield H & AC	11:17
7	343	Joel Stringer	Manchester H & AC	9:36	23	943	Jay Cushen	Vale Royal AC	11:20
8	347	Joe Houghton	St Helens Sutton AC	9:47	24	1999	???	Und 1 Unattached	11:21
9	979	Connor Keys	Sale H Manchester	9:58	25	991	William Lord	Sale H Manchester	11:22
10	337	Peter Goodfellow	Macclesfield H & AC	10:04	26	919	Lewis Danher	St Helens Sutton AC	11:37
11	371	Rory Thompson	Vale Royal AC	10:13	27	930	Ethan Sephton	Vale Royal AC	12:04
12	937	Will Horton	Vale Royal AC	10:17	28	992	Jack Ainley	Macclesfield H & AC	12:12
13	946	Charlie Fawkes	Vale Royal AC	10:18	29	2069	\$Oliver Murphy	Unattached	12:15
14	965	James Valley	Altrincham & Dist AC	10:19					
15	988	Bailey Hulse	Sale H Manchester	10:29					
16	329	Elliot Livingston	ABC Runners	10:30					

## Race 2 - Under 11 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Stockport H & AC	10 — 2 Fabio Carosi	3 Ben Batho	5 Lucas Parker
2 Warrington AC	22 — 1 Sam Evans	4 Ben Harrison	17 Joe Williams
3 Vale Royal AC	36 — 11 Rory Thompson	12 Will Horton	13 Charlie Fawkes
4 Sale H Manchester	42 — 9 Connor Keys	15 Bailey Hulse	18 Oliver Clark
5 St Helens Sutton AC	52 — 8 Joe Houghton	19 Jamie Ford	25 Lewis Danher
6 Macclesfield H & AC	59 — 10 Peter Goodfellow	22 Morgan Frith	27 Jack Ainley

# Manchester Area Cross Country League

## at Wythenshawe Park on Saturday 1st December 2012

### Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	559	Aine Cunningham		Sale H Manchester	9:02	31	603	Jasmine Thompson	Vale Royal AC	10:43
2	562	Olivia Green		Sale H Manchester	9:08	32	852	Georgia Haworth	Sale H Manchester	10:45
3	543	Danielle Stringer		Manchester H & AC	9:21	33	601	Ellie Cushen	Vale Royal AC	10:48
4	574	Ellie Twite		Sale H Manchester	9:23	34	969	Emily Howard	Halton & Frodsham	10:49
5	542	Eleanor Kenny		Manchester H & AC	9:25	35	549	Abbie Roberts	St Helens Sutton AC	10:52
6	564	F Hacker-Davies		Sale H Manchester	9:29	36	516	Mia Alsamaraie	Liverpool H & AC	10:52
7	905	Krystina Martindale		Wirral AC	9:29	37	573	Chloe Taylor	Sale H Manchester	10:53
8	523	Lucy Miller		Liverpool H & AC	9:31	38	588	Heather Corden	Stockport H & AC	10:55
9	569	Niamh Nugent		Sale H Manchester	9:39	39	832	Emily Lucas	Liverpool H & AC	10:56
10	846	Rebecca Jones		Stockport H & AC	9:40	40	565	Isabella Hulme	Sale H Manchester	10:58
11	521	Faye Ireland		Liverpool H & AC	9:49	41	848	Chiara Young	Sale H Manchester	11:01
12	544	Megan Taylor		Manchester H & AC	9:51	42	515	Esther Wilson	Halton & Frodsham	11:02
13	551	Susan Shirling		St Helens Sutton AC	9:57	43	547	Alex Bottomley	St Helens Sutton AC	11:03
14	554	Tia Blissett		Sale H Manchester	10:01	44	580	Abigail McNulty	Salford Met AC	11:08
15	864	Emily Barker		Salford Met AC	10:03	45	982	Catherine Hooper	Salford Met AC	11:09
16	608	Olivia Waring		Wirral AC	10:05	46	527	Isobel St.john	Liverpool H & AC	11:16
17	575	Jemma Vickers		Sale H Manchester	10:12	47	844	Sophie Harrison	Salford Met AC	11:19
18	837	Natasha Harrison		Stockport H & AC	10:14	48	1999	???	Und 1 Unattached	11:21
19	584	Georgia Bourke		Stockport H & AC	10:15	49	553	Hattie Barrington	Sale H Manchester	11:28
20	579	L Haywood-Percival		Salford Met AC	10:20	50	519	Emily Derby	Liverpool H & AC	11:35
21	541	Emily Hughes		Manchester H & AC	10:23	51	540	?Katie Cooper	Manchester H & AC	11:36
22	594	Naomi Sinclair		Stockport H & AC	10:27	52	903	Jasmine Gorman	Liverpool H & AC	11:41
23	535	Hannah Gaskell		Macclesfield H & AC	10:28	53	536	Abbie Wood-Doyle	Stockport H & AC	11:45
24	509	Alexandra Barnsley		ABC Runners	10:31	54	567	B Lennon-Butler	Sale H Manchester	11:49
25	840	Emma Flynn		Stockport H & AC	10:32	55	2073	\$Mia Hart	Unattached	11:52
26	540	?Katie Cooper		Manchester H & AC	10:33	56	984	Rebecca Mason	Salford Met AC	11:58
27	510	Megan Barnsley		ABC Runners	10:34	57	2072	\$Alexandra Thacker	Unattached	12:00
28	582	Molly Wilson		Salford Met AC	10:36	58	548	Ellie Mawdsley	St Helens Sutton AC	12:03
29	518	Jessica Cook		Liverpool H & AC	10:38	59	526	Millie Raine	Liverpool H & AC	12:06
30	589	Grace Garner		Stockport H & AC	10:40					

### Race 2 - Under 13 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	7	—	1	Aine Cunningham	2	Olivia Green	4	Ellie Twite
2	Manchester H & AC	20	—	3	Danielle Stringer	5	Eleanor Kenny	12	Megan Taylor
3	Sale H Manchester	29	—	6	F Hacker-Davies	9	Niamh Nugent	14	Tia Blissett
4	Stockport H & AC	47	—	10	Rebecca Jones	18	Natasha Harrison	19	Georgia Bourke
5	Liverpool H & AC	47	—	8	Lucy Miller	11	Faye Ireland	28	Jessica Cook
6	Salford Met AC	62	—	15	Emily Barker	20	L Haywood-Percival	27	Molly Wilson
7	Stockport H & AC	76	—	22	Naomi Sinclair	25	Emma Flynn	29	Grace Garner
8	Sale H Manchester	84	—	17	Jemma Vickers	31	Georgia Haworth	36	Chloe Taylor
9	St Helens Sutton AC	89	—	13	Susan Shirling	34	Abbie Roberts	42	Alex Bottomley
10	Liverpool H & AC	118	—	35	Mia Alsamaraie	38	Emily Lucas	45	Isobel St.john
11	Sale H Manchester	126	—	39	Isabella Hulme	40	Chiara Young	47	Hattie Barrington
12	Salford Met AC	133	—	43	Abigail McNulty	44	Catherine Hooper	46	Sophie Harrison
13	Liverpool H & AC	151	—	48	Emily Derby	49	Jasmine Gorman	54	Millie Raine

### Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	500	Luke Gamble	Warrington AC	12:00	23	505	Jonathon Head	Wirral AC	13:29
2	917	Jack Stubbings	Warrington AC	12:07	24	479	Oliver Hole	Sale H Manchester	13:35
3	488	Colin Daly	Trafford AC	12:09	25	508	Sam Tempest	Wirral AC	13:37
4	465	Ben Skertchly	Manchester H & AC	12:20	26	438	Benjamin Livingston	ABC Runners	13:40
5	463	Connor Fazakerley	Manchester H & AC	12:26	27	454	Joshua Lowe	Liverpool H & AC	13:41
6	448	Chris Larkin	Halton & Frodsham	12:30	28	449	Luke Southerton	Halton & Frodsham	13:43
7	469	Joe Ford	St Helens Sutton AC	12:31	29	489	Mikey Kingston	Trafford AC	13:43
8	451	Max Brame	Liverpool H & AC	12:38	30	445	Jack Thomas	E Cheshire H & Tameside AC	13:49
9	504	Daniel Evans	Wirral AC	12:40	31	467	Byren Cookson	Moston & District H	14:18
10	476	Luke Chesters	Sale H Manchester	12:42	32	973	Jack Hughes	Moston & District H	14:19
11	493	John Humphries	Vale Royal AC	12:46	33	466	Sammy Warne	Manchester H & AC	14:26
12	464	Matty Fox	Manchester H & AC	12:49	34	872	Reece Butterworth	Sale H Manchester	14:28
13	938	Daniel Fox	Warrington AC	12:57	35	941	Cameron Buchan	Sale H Manchester	14:32
14	460	Robert Finnis	Macclesfield H & AC	13:03	36	475	Thomas Brown	Sale H Manchester	14:51
15	462	Robert Peal	Macclesfield H & AC	13:06	37	484	Dillon Walker	Sale H Manchester	14:55
16	443	Louie Haynes	E Cheshire H & Tameside AC	13:07	38	483	Jack Wadsworth	Sale H Manchester	15:05
17	993	Daniel Pullen	Trafford AC	13:09	39	856	Daniel Wallace	Wirral AC	15:23
18	482	Andrew Toner	Sale H Manchester	13:16	40	945	Khalid Ramadan	Sale H Manchester	15:40
19	854	Jacob Winfield	Macclesfield H & AC	13:20	41	970	Luke Bayirli	Macclesfield H & AC	15:50
20	473	Harry Boyd	Sale H Manchester	13:23	42	920	Tom Standish	St Helens Sutton AC	16:09
21	503	Sam Cross	Wirral AC	13:24	43	437	Benjamin Fisher	ABC Runners	17:02
22	968	Jacob Birtles	Halton & Frodsham	13:26	44	468	Peter Davies	St Helens Sutton AC	20:02

### Race 3 - Under 13 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warrington AC	16	—	1	Luke Gamble	2	Jack Stubbings	13	Daniel Fox
2	Manchester H & AC	21	—	4	Ben Skertchly	5	Connor Fazakerley	12	Matty Fox
3	Macclesfield H & AC	48	—	14	Robert Finnis	15	Robert Peal	19	Jacob Winfield
4	Sale H Manchester	48	—	10	Luke Chesters	18	Andrew Toner	20	Harry Boyd
5	Trafford AC	49	—	3	Colin Daly	17	Daniel Pullen	29	Mikey Kingston
6	Wirral AC	53	—	9	Daniel Evans	21	Sam Cross	23	Jonathon Head
7	Halton & Frodsham	56	—	6	Chris Larkin	22	Jacob Birtles	28	Luke Southerton
8	Sale H Manchester	93	—	24	Oliver Hole	34	Reece Butterworth	35	Cameron Buchan
9	St Helens Sutton AC	93	—	7	Joe Ford	42	Tom Standish	44	Peter Davies
10	Sale H Manchester	111	—	36	Thomas Brown	37	Dillon Walker	38	Jack Wadsworth

**Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)**  
**Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight**

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 1st December 2012

## Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	730	Katy Whiteoak	Stockport H & AC	12:02	14	671	Kieia Grady	Halton & Frodsham	13:40
2	857	Zara Thompson	Sale H Manchester	12:14	15	2068	\$Katie Oakley	Bolton United Harriers & AC	13:47
3	682	Katie Lowery	Macclesfield H & AC	12:22	16	686	Molly Bogin	Manchester H & AC	14:03
4	673	Sophia Brennan	Liverpool H & AC	12:23	17	696	Lucy Griffiths	St Helens Sutton AC	14:05
5	681	Dannielle Webb	Liverpool H & AC	12:28	18	722	Emma Donaghy	Stockport H & AC	14:14
6	711	Aimee Pratt	Sale H Manchester	12:32	19	675	Melanie Cattell	Liverpool H & AC	14:20
7	693	Sophie Hill	Moston & District H	12:39	20	733	Nicola Harris	Wirral AC	14:24
8	683	Lucy Snelson	Macclesfield H & AC	12:54	21	679	Emily Rowe	Liverpool H & AC	14:40
9	732	Bethany Foster	Wirral AC	12:56	22	698	Shannon Partington	St Helens Sutton AC	14:46
10	716	Amber Towns	Sale H Manchester	13:00	23	690	Giovanna Brady	Moston & District H	14:52
11	724	Juliet Downs	Stockport H & AC	13:08	24	674	Lucy Cattell	Liverpool H & AC	15:03
12	855	Chloe Lockett	Stockport H & AC	13:36	25	668	Savannah Morgan	ABC Runners	15:29
13	717	Flora Whyte	Sale H Manchester	13:39	26	695	Alex Glynn	St Helens Sutton AC	16:44

## Race 3 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	18	—	2	Zara Thompson	6	Aimee Pratt	10	Amber Towns
2	Stockport H & AC	24	—	1	Katy Whiteoak	11	Juliet Downs	12	Chloe Lockett
3	Liverpool H & AC	27	—	4	Sophia Brennan	5	Dannielle Webb	18	Melanie Cattell
4	St Helens Sutton AC	62	—	16	Lucy Griffiths	21	Shannon Partington	25	Alex Glynn

## Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	628	Thomas Taylor	Manchester H & AC	14:32	22	652	Jay Hornby	Stockport H & AC	16:04
2	610	James Wardle	ABC Runners	14:33	23	629	Matthew Sutton	Manchester Triathlon	16:07
3	626	Donnacha Maguire	Manchester H & AC	14:34	24	2062	\$Adam Moorcroft	Unattached	16:14
4	643	Euan Gilchrist	Sale H Manchester	14:46	25	639	Saeed Absiyeh	Sale H Manchester	16:17
5	646	Adam Roden	Sale H Manchester	14:51	26	649	Dylan Stanway	Sale H Manchester	16:19
6	612	George Lewis	E Cheshire H & Tameside AC	14:55	27	630	Kyle Anderson	Moston & District H	16:23
7	866	Shay Ward	Stockport H & AC	15:02	28	853	Dillon Cooper	E Cheshire H & Tameside AC	16:27
8	2071	\$George Nightingale	Ribble Valley AC	15:04	29	632	Bill Karuga	Moston & District H	16:30
9	613	Luke Piper	E Cheshire H & Tameside AC	15:06	30	640	Jordan Bezzina	Sale H Manchester	16:35
10	653	Patrick Magner	Stockport H & AC	15:15	31	989	Kyle Hornby	Stockport H & AC	16:42
11	615	Tom Clarke	Liverpool H & AC	15:18	32	658	Alex Warren	Trafford AC	16:56
12	611	Sam Wardle	ABC Runners	15:20	33	876	Lewis Thurgoland	Stockport H & AC	17:14
13	644	Adam Kinghorn	Sale H Manchester	15:23	34	663	Harry Das	Wirral AC	17:29
14	2061	\$Jacob Brown	Crewe & Nantwich	15:31	35	868	Nathan Haigh	Macclesfield H & AC	17:40
15	655	Jay Wood	Stockport H & AC	15:33	36	645	Michael Quinn	Sale H Manchester	17:49
16	627	Sam Tarry	Manchester H & AC	15:36	37	633	Anthony Kelly	Moston & District H	18:08
17	642	Dillon Burchill	Sale H Manchester	15:38	38	625	Edward Thompson	Macclesfield H & AC	19:11
18	623	Callum Ahern	Macclesfield H & AC	15:45	39	634	George Stott	Moston & District H	19:49
19	931	Alex Jackson	Stockport H & AC	15:45	40	624	Matt Desousa	Macclesfield H & AC	19:49
20	638	Adam Woosey	St Helens Sutton AC	15:56	41	974	Alex Moran	Moston & District H	20:00
21	636	James Lee	St Helens Sutton AC	15:59					

## Race 4 - Under 15 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester H & AC	18	—	1	Thomas Taylor	3	Donnacha Maguire	14	Sam Tarry
2	Sale H Manchester	21	—	4	Euan Gilchrist	5	Adam Roden	12	Adam Kinghorn
3	Stockport H & AC	29	—	7	Shay Ward	9	Patrick Magner	13	Jay Wood
4	E Cheshire H & Tameside AC	39	—	6	George Lewis	8	Luke Piper	25	Dillon Cooper
5	Sale H Manchester 'B'	60	—	15	Dillon Burchill	22	Saeed Absiyeh	23	Dylan Stanway
6	Stockport H & AC 'B'	65	—	17	Alex Jackson	20	Jay Hornby	28	Kyle Hornby
7	Macclesfield H & AC	83	—	16	Callum Ahern	32	Nathan Haigh	35	Edward Thompson
8	Moston & District H	84	—	24	Kyle Anderson	26	Bill Karuga	34	Anthony Kelly

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	800	Megan Davies	Sale H Manchester	15:53	11	936	Jemma Eyre	Warrington AC	17:56
2	812	Elizabeth Apsley	Stockport H & AC	16:11	12	821	Sophie Williams	Stockport H & AC	17:59
3	826	Emily Kearney	Wirral AC	16:25	13	865	Roisin Clegg	Stockport H & AC	18:11
4	805	Imani Modahl	Sale H Manchester	16:48	14	797	Maria McGoldrick	St Helens Sutton AC	18:20
5	814	Ellen Downs	Stockport H & AC	17:08	15	987	Holly Tidd	Warrington AC	18:30
6	994	Megan Ashelby	Stockport H & AC	17:18	16	796	Amy Pope	Moston & District H	18:36
7	813	Rosa Chrystie-Lowe	Stockport H & AC	17:22	17	790	Danielle Dignan	E Cheshire H & Tameside AC	18:43
8	870	Lucy Scott	Vale Royal AC	17:24	18	791	Hayley Simpson	E Cheshire H & Tameside AC	18:47
9	799	Hannah Christy	Sale H Manchester	17:39	19	816	Alice Hughes	Stockport H & AC	18:54
10	798	Rachel McGoldrick	St Helens Sutton AC	17:52	20	825	Lauren Brett	Wirral AC	19:25
					21	789	Clare Dignan	E Cheshire H & Tameside AC	20:02

## Race 4 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H & AC	13	—	2	Elizabeth Apsley	5	Ellen Downs	6	Megan Ashelby
2	Sale H Manchester	14	—	1	Megan Davies	4	Imani Modahl	9	Hannah Christy
3	Stockport H & AC 'B'	32	—	7	Rosa Chrystie-Lowe	12	Sophie Williams	13	Roisin Clegg
4	E Cheshire H & Tameside AC	56	—	17	Danielle Dignan	18	Hayley Simpson	21	Clare Dignan

# Manchester Area Cross Country League

## at Wythenshawe Park on Saturday 1st December 2012

### Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	746	Matthew Shirling	Liverpool H & AC	18:55
2	742	Daniel Jarvis	Liverpool H & AC	19:06
3	776	Ben Everson	Trafford AC	19:21
4	745	Abdulqani Sharif	Liverpool H & AC	19:30
5	767	Matthew Metcalf	Sale H Manchester	20:17
6	758	Jonathon Stewart	Manchester H & AC	20:22
7	954	Nathan Tipping	Vale Royal AC	20:54
8	779	Robert Powell	Trafford AC	20:55
9	996	Robert Rogers	West Cheshire AC	21:06
10	763	Khalid Absiyeh	Sale H Manchester	21:13
11	785	Kieran Morgan	Wirral AC	21:22
12	771	Simon Chadwick	Stockport H & AC	21:30
13	760	Alex Hill	Moston & District H	21:34

### Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Liverpool H & AC	7 — 1 Matthew Shirling	2 Daniel Jarvis	4 Abdulqani Sharif
2 Sale H Manchester	30 — 5 Matthew Metcalf	10 Khalid Absiyeh	15 Matthew Beacock
3 Stockport H & AC	56 — 12 Simon Chadwick	21 Josh Walton	23 Tom Dent

### Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	885	Kate Moulds	U20 1	Vale Royal AC	30:16
2	71	Danielle Wallis	U20 2	Macclesfield H & AC	30:31
3	190	Misha Nayak-Oliver	U20 3	Sale H Manchester	32:43
4	839	Katie Bowers-Folan	U20 4	St Helens Sutton AC	33:01
5	237	Imogen Nutter	U20 5	Stockport H & AC	33:26
6	218	Olivia McDermott	U20 6	Salford Met AC	35:09
7	55	Laura Rogers	U20 7	MMU Harriers	43:37

### Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	270	Jackie Fairchild		Trafford AC	27:51
2	2063	\$Helen Fines		Vegan Runners Uk	27:58
3	170	Gemma Connolly		St Helens Sutton AC	28:56
4	2074	\$Emily Brown		Cardiff AAC	29:14
5	278	Victoria O'Donnell		Trafford AC	29:57
6	272	Hannah Griffiths		Trafford AC	30:06
7	206	Tania Hernandez		Salford H & AC	30:11
8	276	Teresa Kemp		Trafford AC	30:20
9	132	Sarah Rhodes		Manchester Triathlon	30:43
10	229	Lyndsay Clarke		Stockport H & AC	30:50
11	894	Holly Teague		E Cheshire H & Tameside AC	31:13
12	115	Pauline Griffin		Manchester Triathlon	31:18
13	175	Hayley Cavill		Sale H Manchester	31:33
14	16	Sarah MacInless		Altrincham & Dist AC	32:01
15	2077	\$Kirsty Seddon		City Of Chester Triathlon Club	32:09
16	262	Liz Austen		Trafford AC	32:11
17	128	Emily Newton		Manchester Triathlon	32:36
18	1002	Alice Sharpe		MMU Harriers	33:19
19	248	Carly Appleby		Swinton RC	34:01
20	320	Rachel Peers		Wilmslow RC	34:20
21	224	Jill Bailey		Stockport H & AC	34:24
22	200	Joanne Street		Sale H Manchester	34:35
23	217	Carolyn Lewtas		Salford Met AC	34:36
24	183	Belinda Hammond		Sale H Manchester	34:58
25	252	Julie Hamilton		Swinton RC	35:03
26	1005	Susie Allen		Sale H Manchester	35:15
27	106	Sophie Barnett		Manchester Triathlon	35:18
28	257	Rebecca Mills		Swinton RC	35:21
29	178	Lauren Davies		Sale H Manchester	35:24
30	134	Claudia Robles-Morse		Manchester Triathlon	36:11
31	176	Jenny Clink		Sale H Manchester	36:17
32	147	Kelly Ormisher		Manchester Ymca H	36:18
33	97	Helen Hart		Manchester Frontrunners	36:33
34	148	Emma Parkin		Manchester Ymca H	36:38
35	219	Reah Palmer		Salford Met AC	36:44
36	251	Emma Flynn		Swinton RC	36:52
37	91	Wendy Woodhead		Manchester H & AC	36:56
38	27	Carmel Salvidge		Belle Vue Racers	36:57
39	264	Ruth Beresford		Trafford AC	37:07
40	85	Alice Macadie		Manchester H & AC	37:33
41	1007	Rachael Teebay		Knutsford Tri Club	37:36
42	79	Sarah Harrison		Manchester H & AC	37:39
43	181	Gaby Evans		Sale H Manchester	38:01
44	36	Nicola Lloyd		Bramhall Runners	38:05
45	73	Caroline Baba		Manchester H & AC	38:57
46	26	Lara Mason		Belle Vue Racers	39:02
47	1009	Sarah Waldron		Sale H Manchester	39:58
48	113	Nicola Fox		Manchester Triathlon	42:10
49	121	Jennifer Johnson		Manchester Triathlon	42:52
50	82	Lorraine Kelsey		Manchester H & AC	46:00
51	250	Gaynor Clarke		Swinton RC	49:17

### Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	239	Louise Rudd	L35 1	Stockport H & AC	28:32
2	327	Sarah Kearney	L35 2	Wirral AC	29:26
3	317	Diane McVey	L35 3	Wilmslow RC	29:30
4	15	Sandra Lewis	L35 4	Altrincham & Dist AC	30:05
5	323	Claire Stevinson	L35 5	Wilmslow RC	30:21
6	312	Sharon Johnstone	L35 6	Wilmslow RC	30:26
7	212	Claire O'Connor	L35 7	Salford H & AC	31:03
8	316	Vicky McKinnon	L35 8	Wilmslow RC	31:08
9	228	Carmen Byrne	L35 9	Stockport H & AC	31:16
10	282	Sally Woolhouse	L35 10	Trafford AC	31:24
11	307	Katy Green	L35 11	Wilmslow RC	31:45
12	135	Viv Slack	L35 12	Manchester Triathlon	31:56
13	68	Kristy Readman	L35 13	Macclesfield H & AC	32:13
14	5	Claire Murphy	L35 14	ABC Runners	33:06
15	182	Zoe Gmerek	L35 15	Sale H Manchester	33:34
16	265	Claire Chaffer	L35 16	Trafford AC	33:45
17	197	Louise Robbins	L35 17	Sale H Manchester	33:46
18	289	Maggie Fenn	L35 18	Vale Royal AC	33:47
19	125	Sarah Kenny	L35 19	Manchester Triathlon	34:38
20	40	Janet Grint	L35 20	E Cheshire H & Tameside AC	35:02
21	972	Claire Heazlewood	L35 21	Bramhall Runners	35:09
22	997	Hayley Winder	L35 22	Salford H & AC	35:33
23	193	Carla Ousey	L35 23	Sale H Manchester	36:22
24	108	Sally Cooper	L35 24	Manchester Triathlon	37:35
25	891	Linda Nuamah	L35 25	Manchester H & AC	38:29
26	298	Julie Wood	L35 26	West Cheshire AC	39:38
27	104	Gillian Aspin	L35 27	Manchester Triathlon	40:27
28	258	Lisa Ottiwell	L35 28	Swinton RC	41:23
29	124	Jenny Keith	L35 29	Manchester Triathlon	41:50
30	259	Sharen Roberts	L35 30	Swinton RC	41:52
31	1006	Catherine Jones	L35 31	Sale H Manchester	42:25
32	971	Clare Dooley	L35 32	Knutsford Tri Club	43:44
33	2075	\$Faye Holden	L35 33	Pendle Athletic Club	45:55
34	2	Adele Fisher	L35 34	ABC Runners	48:06

## Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	191	Jan Nichols	L40 1	Sale H Manchester	30:53
2	268	Alison Drasdo	L40 2	Trafford AC	31:36
3	236	Jayne Lawton	L40 3	Stockport H & AC	31:54
4	138	Jude Wall	L40 4	Manchester Triathlon	32:30
5	43	Emma McQueen	L40 5	E Cheshire H & Tameside AC	34:15
6	109	Angela Coppock	L40 6	Manchester Triathlon	35:08
7	96	Anna Einarsdottir	L40 7	Manchester Fronrunners	35:56
8	890	Joanne Aplin	L40 8	Salford H & AC	36:08
9	1003	Sarah Ledbury	L40 9	Macclesfield H & AC	36:49
10	233	Louise Harrison	L40 10	Stockport H & AC	37:03
11	32	V Chadwick-Dunbar	L40 11	Bramhall Runners	37:16
12	897	Miranda Taylor	L40 12	Knutsford Tri Club	38:00
13	110	Claire Deane	L40 13	Manchester Triathlon	38:03
14	879	Lynne Graves	L40 14	Macclesfield H & AC	40:29
15	6	Emma Shillabeer	L40 15	ABC Runners	41:49
16	3	Kath Livingston	L40 16	ABC Runners	41:54
17	22	Julia Foy	L40 17	Belle Vue Racers	41:58
18	38	Alison Sheedy	L40 18	Bramhall Runners	43:46

## Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	244	Helen Walch	L45 1	Stockport H & AC	30:37
2	59	Andrea Frost	L45 2	Macclesfield H & AC	32:23
3	45	Janine Ridgard	L45 3	E Cheshire H & Tameside AC	32:58
4	11	Bev Ganose	L45 4	Altrincham & Dist AC	33:20
5	241	Lesley Sinclair	L45 5	Stockport H & AC	33:35
6	273	Sally Howarth	L45 6	Trafford AC	33:53
7	277	Joanne Lott	L45 7	Trafford AC	34:03
8	101	Catherine Shelley	L45 8	Manchester Fronrunners	34:28
9	12	Carole Harrison	L45 9	Altrincham & Dist AC	34:46
10	4	April Morgan	L45 10	ABC Runners	35:00
11	69	Hanny Stockman	L45 11	Macclesfield H & AC	35:46
12	313	Sharon Jones	L45 12	Wilmslow RC	36:14
13	880	Emma Beveridge	L45 13	Macclesfield H & AC	37:46
14	144	Steph Goodchild	L45 14	Manchester Ymca H	38:38
15	140	Michelle Wilder	L45 15	Manchester Triathlon	39:35
16	162	Catherine Murphy	L45 16	Middleton HAC	39:39
17	963	Belinda Carp	L45 17	Wilmslow RC	40:13
18	72	Alyson Adams	L45 18	Manchester H & AC	40:21
19	80	Kathryn Holmes	L45 19	Manchester H & AC	41:05
20	18	Jennifer Raffle	L45 20	Altrincham & Dist AC	42:44
21	220	Mandy Webber	L45 21	Salford Met AC	44:56
22	25	Marie Lavin	L45 22	Belle Vue Racers	48:19
23	150	Justine Stevens	L45 23	Manchester Ymca H	48:56

## Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	306	Sally Gilliver	L50 1	Wilmslow RC	32:55
2	294	Jacky Thom	L50 2	Vale Royal AC	33:01
3	177	Jackie Cordingley	L50 3	Sale H Manchester	33:30
4	324	Kate Sutton	L50 4	Wilmslow RC	33:38
5	319	Nicky Mowat	L50 5	Wilmslow RC	34:08
6	305	Christine Geraghty	L50 6	Wilmslow RC	34:25
7	207	Diane Hooper	L50 7	Salford H & AC	34:37
8	883	Mary Tavener	L50 8	Vale Royal AC	34:53
9	288	Joanne Edwards	L50 9	Vale Royal AC	35:41
10	203	Lynne Yates	L50 10	Sale H Manchester	36:19
11	998	Den Masset	L50 11	Macclesfield H & AC	36:25
12	232	Helen Fraser	L50 12	Stockport H & AC	37:31
13	30	Anne Webster	L50 13	Belle Vue Racers	39:28
14	20	Cecilia Boodhoo	L50 14	Belle Vue Racers	39:53
15	1000	Karen Sheen	L50 15	Sale H Manchester	40:12
16	1004	Jo Owen	L50 16	Altrincham & Dist AC	40:19
17	834	Dawn Clarke	L50 17	Swinton RC	41:02
18	14	Maggie Jones	L50 18	Altrincham & Dist AC	41:11
19	160	Fiona Lamb	L50 19	Middleton HAC	44:29
20	168	Sue Taylor	L50 20	Middleton HAC	48:02

## Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	13	Ann-Marie Jones	L55 1	Altrincham & Dist AC	33:21
2	23	Annie Hirsch	L55 2	Belle Vue Racers	36:23
3	66	Barbara Murray	L55 3	Macclesfield H & AC	36:29
4	269	Sue Exon	L55 4	Trafford AC	38:52
5	245	Hilary West	L55 5	Stockport H & AC	39:18
6	151	Shelagh Ackers	L55 6	Middleton HAC	45:10
7	164	Janice Pugh	L55 7	Middleton HAC	46:40
8	159	Alyson Lamb	L55 8	Middleton HAC	53:32

## Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	230	Alexis Dinsmor	L60 1	Stockport H & AC	37:48
2	1001	Margaret Trickey	L60 2	Sale H Manchester	39:46
3	155	Ruth Hare	L60 3	Middleton HAC	43:05
4	295	Carole Williams	L60 4	Vale Royal AC	44:06
5	189	Jenny Miles	L60 5	Sale H Manchester	45:07

## Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	10	Jean Dolan	L65 1	Altrincham & Dist AC	39:24
2	64	Pauline Lynch	L65 2	Macclesfield H & AC	42:26
3	78	Mavis Gregory	L65 3	Manchester H & AC	52:42



## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford AC	26	—	1	Jackie Fairchild	6	Victoria O'Donnell	8	Hannah Griffiths	11	Teresa Kemp
2	Wilmslow RC	50	—	5	Diane McVey	12	Claire Stevinson	13	Sharon Johnstone	20	Vicky McKinnon
3	Stockport H & AC	56	—	2	Louise Rudd	15	Helen Walch	17	Lyndsay Clarke	22	Carmen Byrne
4	Manchester Triathlon	102	—	16	Sarah Rhodes	23	Pauline Griffin	29	Viv Slack	34	Jude Wall
5	Altrincham & Dist AC	124	—	7	Sandra Lewis	30	Sarah Macilness	43	Bev Ganose	44	Ann-Marie Jones
6	Sale H Manchester	125	—	18	Jan Nichols	25	Hayley Cavill	36	Misha Nayak-Oliver	46	Jackie Cordingley
7	Trafford AC 'B'	131	—	24	Sally Woolhouse	26	Alison Drasdo	31	Liz Austen	50	Claire Chaffer
8	Macclesfield H & AC	160	—	14	Danielle Wallis	32	Kristy Readman	33	Andrea Frost	81	Hanny Stockman
9	Wilmslow RC 'B'	169	—	27	Katy Green	37	Sally Gilliver	49	Kate Sutton	56	Nicky Mowat
10	Vale Royal AC	169	—	10	Kate Moulds	40	Jacky Thom	52	Maggie Fenn	67	Mary Tavener
11	Salford H & AC	171	—	9	Tania Hernandez	19	Claire O'Connor	64	Diane Hooper	79	Hayley Winder
12	Stockport H & AC 'B'	180	—	28	Jayne Lawton	45	Imogen Nutter	48	Lesley Sinclair	59	Jill Bailey
13	E Cheshire H & Tameside AC	186	—	21	Holly Teague	38	Janine Ridgard	57	Emma McQueen	70	Janet Grint
14	Sale H Manchester 'B'	228	—	47	Zoe Gmerek	51	Louise Robbins	62	Joanne Street	68	Belinda Hammond
15	Manchester Triathlon 'B'	248	—	35	Emily Newton	65	Sarah Kenny	72	Angela Coppock	76	Sophie Barnett
16	Swinton RC	299	—	54	Carly Appleby	71	Julie Hamilton	77	Rebecca Mills	97	Emma Flynn
17	Trafford AC 'C'	325	—	53	Sally Howarth	55	Joanne Lott	101	Ruth Beresford	116	Sue Exon
18	Sale H Manchester 'C'	327	—	75	Susie Allen	78	Lauren Davies	86	Jenny Clink	88	Lynne Yates
19	Wilmslow RC 'C'	332	—	58	Rachel Peers	60	Christine Geraghty	85	Sharon Jones	129	Belinda Carp
20	Salford Met AC	386	—	63	Carolyn Lewtas	74	Olivia McDermott	95	Reah Palmer	154	Mandy Webber
21	Macclesfield H & AC 'B'	387	—	91	Den Masset	92	Barbara Murray	96	Sarah Ledbury	108	Emma Beveridge
22	ABC Runners	389	—	41	Claire Murphy	69	April Morgan	138	Emma Shillabeer	141	Kath Livingston
23	Manchester H & AC	423	—	98	Wendy Woodhead	104	Alice Macadie	107	Sarah Harrison	114	Linda Nuamah
24	Manchester Triathlon 'C'	423	—	84	Claudia Robles-Morse	105	Sally Cooper	112	Claire Deane	122	Michelle Wilder
25	Belle Vue Racers	428	—	90	Annie Hirsch	99	Carmel Salvidge	118	Lara Mason	121	Anne Webster
26	Stockport H & AC 'C'	431	—	100	Louise Harrison	103	Helen Fraser	109	Alexis Dinsmor	119	Hilary West
27	Bramhall Runners	439	—	73	Claire Heazlewood	102	V Chadwick-Dunbar	113	Nicola Lloyd	151	Alison Sheedy
28	Sale H Manchester 'D'	452	—	89	Carla Ousey	111	Gaby Evans	125	Margaret Trickey	127	Sarah Waldron
29	Altrincham & Dist AC 'B'	452	—	66	Carole Harrison	120	Jean Dolan	130	Jo Owen	136	Maggie Jones
30	Manchester Ymca H	458	—	87	Kelly Ormisher	94	Emma Parkin	115	Steph Goodchild	162	Justine Stevens
31	Manchester H & AC 'B'	540	—	117	Caroline Baba	131	Alyson Adams	135	Kathryn Holmes	157	Lorraine Kelsey
32	Manchester Triathlon 'D'	561	—	132	Gillian Aspin	139	Jenny Keith	143	Nicola Fox	147	Jennifer Johnson
33	Swinton RC 'B'	574	—	134	Dawn Clarke	137	Lisa Ottiwell	140	Sharen Roberts	163	Gaynor Clarke
34	Middleton H AC	581	—	124	Catherine Murphy	148	Ruth Hare	153	Fiona Lamb	156	Shelagh Ackers

## Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow RC	14	—	3	Diane McVey	5	Claire Stevinson	6	Sharon Johnstone
2	Stockport H & AC	19	—	1	Louise Rudd	7	Helen Walch	11	Carmen Byrne
3	Wilmslow RC 'B'	44	—	10	Vicky McKinnon	14	Katy Green	20	Sally Gilliver
4	Altrincham & Dist AC	53	—	4	Sandra Lewis	24	Bev Ganose	25	Ann-Marie Jones
5	Trafford AC	55	—	12	Sally Woolhouse	13	Alison Drasdo	30	Claire Chaffer
6	Sale H Manchester	61	—	8	Jan Nichols	26	Jackie Cordingley	27	Zoe Gmerek
7	Manchester Triathlon	75	—	16	Viv Slack	19	Jude Wall	40	Sarah Kenny
8	Macclesfield H & AC	84	—	17	Kristy Readman	18	Andrea Frost	49	Hanny Stockman
9	Salford H & AC	95	—	9	Claire O'Connor	39	Diane Hooper	47	Hayley Winder
10	Vale Royal AC	96	—	22	Jacky Thom	32	Maggie Fenn	42	Mary Tavener
11	Wilmslow RC 'C'	101	—	29	Kate Sutton	35	Nicky Mowat	37	Christine Geraghty
12	E Cheshire H & Tameside AC	101	—	21	Janine Ridgard	36	Emma McQueen	44	Janet Grint
13	Stockport H & AC 'B'	102	—	15	Jayne Lawton	28	Lesley Sinclair	59	Louise Harrison
14	Trafford AC 'B'	136	—	33	Sally Howarth	34	Joanne Lott	69	Sue Exon
15	Sale H Manchester 'B'	138	—	31	Louise Robbins	53	Lynne Yates	54	Carla Ousey
16	ABC Runners	154	—	23	Claire Murphy	43	April Morgan	88	Emma Shillabeer
17	Macclesfield H & AC 'B'	171	—	56	Den Masset	57	Barbara Murray	58	Sarah Ledbury
18	Manchester Triathlon 'B'	173	—	45	Angela Coppock	62	Sally Cooper	66	Claire Deane
19	Altrincham & Dist AC 'B'	192	—	41	Carole Harrison	71	Jean Dolan	80	Jo Owen
20	Stockport H & AC 'C'	195	—	61	Helen Fraser	64	Alexis Dinsmor	70	Hilary West
21	Belle Vue Racers	204	—	55	Annie Hirsch	72	Anne Webster	77	Cecilia Boodhoo
22	Bramhall Runners	204	—	46	Claire Heazlewood	60	V Chadwick-Dunbar	98	Alison Sheedy
23	Manchester H & AC	233	—	67	Linda Nuamah	81	Alyson Adams	85	Kathryn Holmes
24	Macclesfield H & AC 'C'	240	—	63	Emma Beveridge	83	Lynne Graves	94	Pauline Lynch
25	Manchester Triathlon 'C'	244	—	73	Michelle Wilder	82	Gillian Aspin	89	Jenny Keith
26	Sale H Manchester 'C'	247	—	76	Margaret Trickey	78	Karen Sheen	93	Catherine Jones
27	Swinton RC	261	—	84	Dawn Clarke	87	Lisa Ottiwell	90	Sharen Roberts
28	Middleton H AC	271	—	75	Catherine Murphy	96	Ruth Hare	100	Fiona Lamb
29	Middleton H AC 'B'	312	—	103	Shelagh Ackers	104	Janice Pugh	105	Sue Taylor

# Manchester Area Cross Country League

## at Wythenshawe Park on Saturday 1st December 2012

### Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time															
1	580	Jack Nixon	U20	1 Stockport H & AC	31:56	9	486	Glyn Windebank	U20	9	Sale H Manchester	37:03								
2	653	Richard Powell	U20	2 Trafford AC	32:47	10	816	Karl Herod	U20	10	E Cheshire H & Tameside AC	38:17								
3	218	Jamie Webb	U20	3 Liverpool H & AC	33:44	11	334	Nicholas Howarth	U20	11	Manchester Triathlon	38:19								
4	475	Callum Rowlinson	U20	4 Sale H Manchester	33:52	12	441	Ben Fox	U20	12	Sale H Manchester	38:26								
5	451	Matt Holmes	U20	5 Sale H Manchester	34:03	13	222	Luke McCrave	U20	13	MMU Harriers	39:07								
6	431	Kyle Conway	U20	6 Sale H Manchester	35:01															
7	212	Nathan Brown	U20	7 Liverpool H & AC	35:10															
8	221	Tom Hindmarch	U20	8 MMU Harriers	36:36															

### Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time															
1	842	Jack Martin		Stockport H & AC	30:31	65	219	Craig Birch			MMU Harriers	38:47								
2	148	David Norman		Altrincham & Dist AC	30:58	66	130	Matt Bingham			Altrincham & Dist AC	38:51								
3	428	Niall Brooks		Sale H Manchester	31:09	67	557	Alistair Chapman			Stockport H & AC	38:59								
4	472	Gareth Raven		Sale H Manchester	31:13	68	271	Jonathan Reeh			Manchester H & AC	39:02								
5	193	Patrick Gardiner		E Cheshire H & Tameside AC	31:23	69	177	Simon Harlow			Bramhall Runners	39:06								
6	415	James Bailey		Sale H Manchester	31:38	70	566	Robert Goulsbra			Stockport H & AC	39:09								
7	725	Damian Nicholls		Wilmslow RC	31:40	71	315	Tim Condon			Manchester Triathlon	39:24								
8	524	Matthew Shaw		Salford H & AC	31:59	72	152	Toby Percival			Altrincham & Dist AC	39:25								
9	633	Tom Charles		Trafford AC	32:01	73	272	Chris Sewart			Manchester H & AC	39:27								
10	344	Alex Lawton		Manchester Triathlon	32:09	74	396	Alec Roberts			Middleton H AC	39:28								
11	507	Robert Hughes		Salford H & AC	32:36	75	775	Mike Neal			Manchester Triathlon	39:30								
12	526	Anthony Taylor		Salford H & AC	32:43	76	808	Steven Millar			Macclesfield H & AC	39:31								
13	589	J Scott-Bucdeuch		Stockport H & AC	33:00	77	598	Dave Townley			Stockport H & AC	39:34								
14	607	Matthew Clark		Swinton RC	33:26	78	797	Steve Martin			Knutsford Tri Club	39:36								
15	460	Gareth Matthews		Sale H Manchester	33:30	79	118	Matt Shillabeer			ABC Runners	39:37								
16	2066	Frazer Jardine		Bolton United Harriers & Ac	33:36	80	361	Richard Smith			Manchester Triathlon	39:39								
17	733	Peter Speake		Wilmslow RC	33:39	81	105	Dominic Byrne			ABC Runners	39:40								
18	132	Tom Bush		Altrincham & Dist AC	34:01	82	458	Kevin Mahon			Sale H Manchester	39:42								
19	439	Rob Flannery		Sale H Manchester	34:11	83	846	Chris McDermott			Belle Vue Racers	39:46								
20	487	Mark Windsor		Sale H Manchester	34:30	84	421	Simon Bond			Sale H Manchester	39:52								
21	514	Howard Mead		Salford H & AC	34:33	85	341	Edward Kearney			Manchester Triathlon	39:53								
22	436	Chris Donnelly		Sale H Manchester	34:47	86	311	James Bruce			Manchester Triathlon	40:03								
23	469	Alan Pitman		Sale H Manchester	34:51	87	376	Mark Griffiths			Manchester Ymca H	40:11								
24	293	James Moles		Manchester Frontrunners	35:02	88	312	Alan Burton			Manchester Triathlon	40:29								
25	831	John Sloan		E Cheshire H & Tameside AC	35:06	89	449	Christopher Heys			Sale H Manchester	40:32								
26	434	Peter Crawford		Sale H Manchester	35:12	90	796	John Giggins			Knutsford Tri Club	40:35								
27	513	Billy McCartney		Salford H & AC	35:15	91	278	Tom Arnold			Manchester Frontrunners	40:52								
28	639	John Howe		Trafford AC	35:17	92	116	Adrian Moylan			ABC Runners	41:00								
29	199	Kevin Jowett		E Cheshire H & Tameside AC	35:22	93	753	Adam Bradbury			Bramhall Runners	41:21								
30	459	David Marsh		Sale H Manchester	35:27	94	719	Allan McCormick			Wilmslow RC	41:33								
31	484	Dan Whittaker		Sale H Manchester	35:36	95	845	Neil McGraw			Stockport H & AC	41:35								
32	606	Dan Bird		Swinton RC	35:36	96	295	Lucas Nightingale			Manchester Frontrunners	41:38								
33	129	Michael Berks		Altrincham & Dist AC	35:46	97	774	Matthew Bell			Salford Met AC	41:40								
34	599	Matt Townley		Stockport H & AC	35:51	98	342	Mark Keith			Manchester Triathlon	42:03								
35	2067	Andrew Cafferky		Bolton United Harriers & Ac	35:57	99	534	Gordon Johnston			Salford Met AC	42:08								
36	624	Mark Whittington		Swinton RC	35:59	100	171	Stephen Webb			Belle Vue Racers	42:24								
37	481	Steven Townley		Sale H Manchester	36:01	101	354	John Pegington			Manchester Triathlon	42:34								
38	329	Rob Harper		Manchester Triathlon	36:03	102	798	Robin Maxwell			Knutsford Tri Club	43:20								
39	335	Llyr Hughes		Manchester Triathlon	36:05	103	314	Giles Cheshel			Manchester Triathlon	43:32								
40	108	Chris Green		ABC Runners	36:08	104	300	Steve Scott			Manchester Frontrunners	43:53								
41	227	Chris Bentley		Macclesfield H & AC	36:10	105	103	Gary Birch			ABC Runners	44:18								
42	554	Phil Burns		Stockport H & AC	36:19	106	281	Stephen Brown			Manchester Frontrunners	44:24								
43	2081	Aaron Saxton		Unattached	36:35	107	303	Damien Aspin			Manchester Triathlon	44:29								
44	603	Daniel Appleby		Swinton RC	36:43	108	159	Ali Alsaadi			Belle Vue Racers	44:30								
45	755	David Stephan		Manchester Frontrunners	36:46	109	340	Christopher Jones			Manchester Triathlon	44:33								
46	443	Olivier Gaillemain		Sale H Manchester	36:55	110	379	Rob Kedian			Manchester Ymca H	44:38								
47	728	Tom Peers		Wilmslow RC	36:56	111	536	Stuart Mairs			Salford Met AC	44:51								
48	360	Mark Simpson		Manchester Triathlon	36:56	112	770	Phil Facey			Manchester Frontrunners	45:30								
49	356	Andy Quicke		Manchester Triathlon	37:20	113	377	James Gu			Manchester Ymca H	46:12								
50	690	Barry Archbold		Wilmslow RC	37:30	114	162	James Corrigan			Belle Vue Racers	46:16								
51	2079	Chris Hunt		Unattached	37:37	115	178	Ross Kennedy			Bramhall Runners	46:23								
52	288	Jono Guildford		Manchester Frontrunners	37:39	116	835	Daniel Eccles			Manchester Frontrunners	46:40								
53	531	Paul Connolly		Salford Met AC	37:47	117	763	Lewis Green			Sale H Manchester	47:29								
54	326	Rob Halfpenny		Manchester Triathlon	37:49	118	316	Darren Cooper			Manchester Triathlon	47:53								
55	417	Paul Barrett		Sale H Manchester	37:52	119	823	David Larkin			Macclesfield H & AC	48:10								
56	294	Daniel Murphy		Manchester Frontrunners	37:53	120	601	Jeremy Woodham			Stockport H & AC	48:24								
57	363	Roger Thomas		Manchester Triathlon	37:55	121	2078	Mark Donnelly			Unattached	48:53								
58	440	Kevin Foster		Sale H Manchester	37:59	122	614	Mike Horton			Swinton RC	49:01								
59	467	Peter O'Neil		Sale H Manchester	38:03	123	287	Michael Goldie			Manchester Frontrunners	49:16								
60	185	Gavin Browne		E Cheshire H & Tameside AC	38:06	124	749	Paul Jaggs			Manchester Frontrunners	53:03								
61	665	Simon O'Meara		Univ Manchester CC Club	38:22	125	166	Frank Rogers			Belle Vue Racers	54:04								
62	220	JP Fulton		MMU Harriers	38:25	126	622	Andy Smith			Swinton RC	54:27								
63	806	Craig Lammas		Sale H Manchester	38:27	127	840	Jonathon Ho			MMU Harriers	54:50								
64	328	Mark Hanna		Manchester Triathlon	38:38															



## Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time						
1	445	Paul Green	V40 1	Sale H Manchester	31:20	25	724	Adam Neale	V40 25	Wilmslow RC	39:23
2	2080	\$Ian Grime	V40 2	Newham & Essex Beagles	32:02	26	247	Tim Walton	V40 26	Macclesfield H & AC	39:38
3	388	Michael Flatley	V40 3	Middleton H AC	32:41	27	785	David Betteley	V40 27	South Cheshire AC	39:40
4	259	Ed Fazakerley	V40 4	Manchester H & AC	33:32	28	784	Tony Wardle	V40 28	South Cheshire AC	39:41
5	581	Adrian Nutter	V40 5	Stockport H & AC	33:47	29	191	Tony Faulkner	V40 29	E Cheshire H & Tameside AC	39:43
6	729	Jim Pendrill	V40 6	Wilmslow RC	34:09	30	150	Mark Norton	V40 30	Altrincham & Dist AC	39:44
7	740	Andy Whittingham	V40 7	Wilmslow RC	34:35	31	115	Tony Morgan	V40 31	ABC Runners	39:47
8	124	Peter Abraham	V40 8	Altrincham & Dist AC	34:40	32	370	Gary Wolstencroft	V40 32	Manchester Triathlon	39:54
9	416	Carl Barber	V40 9	Sale H Manchester	35:04	33	616	Chris Lomax	V40 33	Swinton RC	39:59
10	562	James Corden	V40 10	Stockport H & AC	35:05	34	432	Chris Cook	V40 34	Sale H Manchester	40:08
11	508	Ian Jackson	V40 11	Salford H & AC	36:00	35	418	Gaurav Batra	V40 35	Sale H Manchester	41:05
12	156	Paul Watson	V40 12	Altrincham & Dist AC	36:11	36	253	Lloyd Barlow	V40 36	Manchester H & AC	41:18
13	773	Steve Renny	V40 13	Altrincham & Dist AC	36:21	37	582	Paul Nutter	V40 37	Stockport H & AC	41:24
14	550	Charlie Batho	V40 14	Stockport H & AC	36:37	38	236	Steve Lomas	V40 38	Macclesfield H & AC	41:39
15	779	Marcus Gregory	V40 15	E Cheshire H & Tameside AC	36:51	39	343	Rob King	V40 39	Manchester Triathlon	42:28
16	539	Shane Wolstencroft	V40 16	Salford Met AC	36:54	40	404	Peter Johnson	V40 40	St Helens Sutton AC	42:52
17	743	John Cross	V40 17	Wirral AC	37:08	41	309	Kevin Booth	V40 41	Manchester Triathlon	43:45
18	597	Mike Toal	V40 18	Stockport H & AC	37:10	42	257	Jason Brogan	V40 42	Manchester H & AC	44:15
19	147	David Livingstone	V40 19	Altrincham & Dist AC	37:29	43	322	Andrew Don	V40 43	Manchester Triathlon	44:17
20	143	Shaun Jackson	V40 20	Altrincham & Dist AC	37:50	44	324	Simon Granger	V40 44	Manchester Triathlon	45:12
21	444	Steve Gavin	V40 21	Sale H Manchester	38:40	45	805	Edward Taylor	V40 45	Knutsford Tri Club	45:14
22	516	James O'Connor	V40 22	Salford H & AC	39:01	46	120	Rick Whalley	V40 46	ABC Runners	45:22
23	496	Sean Cordell	V40 23	Salford H & AC	39:11	47	2084	\$Paul Abraham	V40 47	Unattached	45:49
24	351	John Murray	V40 24	Manchester Triathlon	39:22	48	848	Michael Wymer	V40 48	Sale H Manchester	46:07
						49	847	Paul Cooper	V40 49	Manchester Ymca H	46:40

## Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	701	Rob Downs	V45 1	Wilmslow RC	32:28	30	367	Shaun Walsh	V45 30	Manchester Triathlon	40:04
2	482	Ian Wetherall	V45 2	Sale H Manchester	32:44	31	140	Clive Greatorex	V45 31	Altrincham & Dist AC	40:07
3	489	Roger Alsop	V45 3	Salford H & AC	33:54	32	620	Paul Rutherford	V45 32	Swinton RC	40:16
4	512	Dave Lockett	V45 4	Salford H & AC	34:07	33	546	Rob Valentine	V45 33	South Cheshire AC	40:41
5	584	Paul Payne	V45 5	Stockport H & AC	34:49	34	592	Michael Slater	V45 34	Stockport H & AC	40:45
6	492	Paul Birkett	V45 6	Salford H & AC	34:54	35	628	Robin Beaumont	V45 35	Trafford AC	40:54
7	632	Dick Byers	V45 7	Trafford AC	35:11	36	732	Ian Smallwood	V45 36	Wilmslow RC	40:57
8	642	Mike Hutchinson	V45 8	Trafford AC	35:44	37	169	Simon Stead	V45 37	Belle Vue Racers	41:19
9	336	Phil Huntington	V45 9	Manchester Triathlon	35:55	38	231	Joe Desousa	V45 38	Macclesfield H & AC	41:20
10	375	David Garner	V45 10	Manchester Ymca H	36:03	39	634	Duncan Drasdo	V45 39	Trafford AC	41:30
11	761	John Greenall	V45 11	St Helens Sutton AC	36:17	40	552	David Bibby	V45 40	Stockport H & AC	41:36
12	610	Tony Flanagan	V45 12	Swinton RC	36:20	41	623	Rick Waring	V45 41	Swinton RC	41:52
13	680	Stephen Thompson	V45 13	Vale Royal AC	36:22	42	154	Damian Utton	V45 42	Altrincham & Dist AC	42:12
14	565	Kevan Garner	V45 14	Stockport H & AC	36:22	43	471	Tim Rainey	V45 43	Sale H Manchester	42:20
15	359	Paul Schofield	V45 15	Manchester Triathlon	36:38	44	304	Mark Barker	V45 44	Manchester Triathlon	42:46
16	821	Tom Annable	V45 16	Vale Royal AC	36:49	45	836	Chris Grime	V45 45	Wilmslow RC	42:58
17	841	Dan Croft	V45 17	Macclesfield H & AC	36:55	46	175	Steve Fairclough	V45 46	Bramhall Runners	43:11
18	741	Rob Wilson	V45 18	Wilmslow RC	37:01	47	738	Allan Turner	V45 47	Wilmslow RC	43:18
19	207	Glenn Piper	V45 19	E Cheshire H & Tameside AC	37:01	48	535	Chris Jones	V45 48	Salford Met AC	43:25
20	194	Simon Grundy	V45 20	E Cheshire H & Tameside AC	37:04	49	172	Andy Wood	V45 49	Belle Vue Racers	43:37
21	574	Graham Marsland	V45 21	Stockport H & AC	37:12	50	282	Iain Buchan	V45 50	Manchester Frontrunners	43:44
22	648	Paul Mannion	V45 22	Trafford AC	37:21	51	385	Colin Carter	V45 51	Middleton H AC	43:48
23	735	Graham Taylor	V45 23	Wilmslow RC	37:25	52	317	Neil Cooper	V45 52	Manchester Triathlon	43:55
24	173	Paul Beckett	V45 24	Bramhall Runners	37:33	53	688	James Jones	V45 53	West Cheshire AC	44:06
25	731	Graham Screawn	V45 25	Wilmslow RC	37:48	54	569	Nigel Harrison	V45 54	Stockport H & AC	44:26
26	522	Mark Seed	V45 26	Salford H & AC	38:12	55	275	William Staniard	V45 55	Manchester H & AC	45:07
27	153	Tim Raffle	V45 27	Altrincham & Dist AC	38:31	56	313	Andy Chalmers	V45 56	Manchester Triathlon	45:24
28	298	Roberto Raso	V45 28	Manchester Frontrunners	39:45	57	586	Nick Roberts	V45 57	Stockport H & AC	45:45
29	307	Lee Benson	V45 29	Manchester Triathlon	39:50	58	626	David Williamson	V45 58	Swinton RC	52:19

## Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time						
1	718	Graham Macneill	V50 1	Wilmslow RC	34:17	16	409	Andrew O'Connor	V50 16	St Helens Sutton AC	40:24
2	497	Derek Crewe	V50 2	Salford H & AC	34:25	17	706	Paul Garnett	V50 17	Wilmslow RC	40:28
3	609	Steve Doxey	V50 3	Swinton RC	35:23	18	556	Rob Cator	V50 18	Stockport H & AC	42:49
4	795	Dave Clamp	V50 4	Knutsford Tri Club	35:35	19	804	Paul Stubbs-Jeffries	V50 19	Knutsford Tri Club	43:04
5	203	Gary Matthews	V50 5	E Cheshire H & Tameside AC	36:07	20	559	Roger Coleman	V50 20	Stockport H & AC	43:21
6	209	Stephen Robinson	V50 6	E Cheshire H & Tameside AC	36:28	21	248	Alan Webster	V50 21	Macclesfield H & AC	43:41
7	843	Bruce Penhale	V50 7	Trafford AC	37:54	22	249	Mark Wheelton	V50 22	Macclesfield H & AC	44:21
8	488	Andy Yates	V50 8	Sale H Manchester	38:36	23	787	Tom Lavin	V50 23	Altrincham & Dist AC	45:40
9	196	Derek Hughes	V50 9	E Cheshire H & Tameside AC	38:42	24	217	David Rowe	V50 24	Liverpool H & AC	47:04
10	251	Gary Willcock	V50 10	Macclesfield H & AC	39:00	25	613	Steve Hart	V50 25	Swinton RC	48:38
11	635	Mark Evans	V50 11	Trafford AC	39:30	26	265	Steve McCall	V50 26	Manchester H & AC	50:21
12	407	Alan McNally	V50 12	St Helens Sutton AC	39:48	27	378	Steve Ingham	V50 27	Manchester Ymca H	50:49
13	142	Pete Hill	V50 13	Altrincham & Dist AC	39:49	28	618	John Pickup	V50 28	Swinton RC	51:24
14	141	Graham Harrison	V50 14	Altrincham & Dist AC	40:02						
15	393	Anthony Lowe	V50 15	Middleton H AC	40:10						

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	720	Tom McGaff	V55 1	Wilmslow RC	35:31
2	839	Stanley Owen	V55 2	Salford H & AC	36:06
3	260	David Gee	V55 3	Manchester H & AC	36:42
4	590	Steve Shaughnessy	V55 4	Stockport H & AC	38:18
5	670	Tony Archer	V55 5	Vale Royal AC	38:35
6	2083	\$Marcus Walker	V55 6	Unattached	40:07
7	788	Mark Hunter	V55 7	Altrincham & Dist AC	41:07
8	479	Jery Smith	V55 8	Sale H Manchester	41:37
9	838	Nigel Fielden	V55 9	Sale H Manchester	41:55
10	2082	\$Kevin Fingleton	V55 10	Unattached	41:56
11	558	David Chrystie-Lowe	V55 11	Stockport H & AC	41:57
12	742	James Atkin	V55 12	Wirral AC	42:04

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	596	Robert Taylor	V60 1	Stockport H & AC	36:47
2	551	Len Best	V60 2	Stockport H & AC	38:01
3	189	Francis Day	V60 3	E Cheshire H & Tameside AC	39:05
4	739	Andy Watts	V60 4	Wilmslow RC	39:29
5	707	Geoff Gilbert	V60 5	Wilmslow RC	41:48
6	710	Patrick Grannan	V60 6	Wilmslow RC	43:19
7	721	Gavin Mendham	V60 7	Wilmslow RC	43:43

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	715	Tony Hulme	V65 1	Wilmslow RC	41:12
2	834	Jamie Smith	V65 2	Wilmslow RC	44:22
3	258	Michael Cunningham	V65 3	Manchester H & AC	44:54
4	678	Colin Rathbone	V65 4	Vale Royal AC	45:16
5	515	Dennis Moran	V65 5	Salford H & AC	48:21

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	704	Trevor Faulkner	V70 1	Wilmslow RC	57:32



169	784	Tony Wardle	V40 28	South Cheshire AC	39:41	246	314	Giles Chesher		Manchester Triathlon	43:32
170	458	Kevin Mahon		Sale H Manchester	39:42	247	172	Andy Wood	V45 49	Belle Vue Racers	43:37
171	191	Tony Faulkner	V40 29	E Cheshire H & Tameside AC	39:43	248	248	Alan Webster	V50 21	Macclesfield H & AC	43:41
172	150	Mark Norton	V40 30	Altrincham & Dist AC	39:44	249	721	Gavin Mendham	V60 7	Wilmslow RC	43:43
173	298	Roberto Raso	V45 28	Manchester Frontrunners	39:45	250	282	Iain Buchan	V45 50	Manchester Frontrunners	43:44
174	846	Chris McDermott		Belle Vue Racers	39:46	251	309	Kevin Booth	V40 41	Manchester Triathlon	43:45
175	115	Tony Morgan	V40 31	ABC Runners	39:47	252	385	Colin Carter	V45 51	Middleton H AC	43:48
176	407	Alan McNally	V50 12	St Helens Sutton AC	39:48	253	300	Steve Scott		Manchester Frontrunners	43:53
177	142	Pete Hill	V50 13	Altrincham & Dist AC	39:49	254	317	Neil Cooper	V45 52	Manchester Triathlon	43:55
178	307	Lee Benson	V45 29	Manchester Triathlon	39:50	255	688	James Jones	V45 53	West Cheshire AC	44:06
179	421	Simon Bond		Sale H Manchester	39:52	256	568	Tim Hargreaves	V55 16	Stockport H & AC	44:08
180	341	Edward Kearney		Manchester Triathlon	39:53	257	257	Jason Brogan	V40 42	Manchester H & AC	44:15
181	370	Gary Wolstencroft	V40 32	Manchester Triathlon	39:54	258	322	Andrew Don	V40 43	Manchester Triathlon	44:17
182	616	Chris Lomax	V40 33	Swinton RC	39:59	259	103	Gary Birch		ABC Runners	44:18
183	141	Graham Harrison	V50 14	Altrincham & Dist AC	40:02	260	249	Mark Wheelton	V50 22	Macclesfield H & AC	44:21
184	311	James Bruce		Manchester Triathlon	40:03	261	834	Jamie Smith	V65 2	Wilmslow RC	44:22
185	367	Shaun Walsh	V45 30	Manchester Triathlon	40:04	262	281	Stephen Brown		Manchester Frontrunners	44:24
186	140	Clive Greatorex	V45 31	Altrincham & Dist AC	40:07	263	569	Nigel Harrison	V45 54	Stockport H & AC	44:26
187	2083	\$Marcus Walker	V55 6	Unattached	40:07	264	303	Damien Aspin		Manchester Triathlon	44:29
188	432	Chris Cook	V40 34	Sale H Manchester	40:08	265	159	Ali Alsaadi		Belle Vue Racers	44:30
189	393	Anthony Lowe	V50 15	Middleton H AC	40:10	266	340	Christopher Jones		Manchester Triathlon	44:33
190	376	Mark Griffiths		Manchester Ymca H	40:11	267	379	Rob Kedian		Manchester Ymca H	44:38
191	620	Paul Rutherford	V45 32	Swinton RC	40:16	268	413	Miran Arahamian	V55 17	Sale H Manchester	44:42
192	409	Andrew O'Connor	V50 16	St Helens Sutton AC	40:24	269	536	Stuart Mairs		Salford Met AC	44:51
193	706	Paul Garnett	V50 17	Wilmslow RC	40:28	270	258	Michael Cunningham	V65 3	Manchester H & AC	44:54
194	312	Alan Burton		Manchester Triathlon	40:29	271	275	William Staniard	V45 55	Manchester H & AC	45:07
195	449	Christopher Heys		Sale H Manchester	40:32	272	324	Simon Granger	V40 44	Manchester Triathlon	45:12
196	796	John Goggins		Knutsford Tri Club	40:35	273	805	Edward Taylor	V40 45	Knutsford Tri Club	45:14
197	546	Rob Valentine	V45 33	South Cheshire AC	40:41	274	397	Craig Sutherland	V55 18	Middleton H AC	45:15
198	592	Michael Slater	V45 34	Stockport H & AC	40:45	275	678	Colin Rathbone	V65 4	Vale Royal AC	45:16
199	278	Tom Arnold		Manchester Frontrunners	40:52	276	120	Rick Whalley	V40 46	ABC Runners	45:22
200	628	Robin Beaumont	V45 35	Trafford AC	40:54	277	313	Andy Chalmers	V45 56	Manchester Triathlon	45:24
201	732	Ian Smallwood	V45 36	Wilmslow RC	41:07	278	770	Phil Facey		Manchester Frontrunners	45:30
202	116	Adrian Moylan		ABC Runners	41:00	279	787	Tom Lavin	V50 23	Altrincham & Dist AC	45:40
203	418	Gaurav Batra	V40 35	Sale H Manchester	41:05	280	586	Nick Roberts	V45 57	Stockport H & AC	45:45
204	788	Mark Hunter	V55 7	Altrincham & Dist AC	41:07	281	2084	\$Paul Abraham	V40 47	Unattached	45:49
205	715	Tony Hulme	V65 1	Wilmslow RC	41:12	282	848	Michael Wymer	V40 48	Sale H Manchester	46:07
206	253	Lloyd Barlow	V40 36	Manchester H & AC	41:18	283	377	James Gu		Manchester Ymca H	46:12
207	169	Simon Stead	V45 37	Belle Vue Racers	41:19	284	162	James Corrigan		Belle Vue Racers	46:16
208	231	Joe Desousa	V45 38	Macclesfield H & AC	41:20	285	178	Ross Kennedy		Bramhall Runners	46:23
209	753	Adam Bradbury		Bramhall Runners	41:21	286	847	Paul Cooper	V40 49	Manchester Ymca H	46:40
210	582	Paul Nutter	V40 37	Stockport H & AC	41:24	287	835	Daniel Eccles		Manchester Frontrunners	46:40
211	634	Duncan Drasdo	V45 39	Trafford AC	41:30	288	381	Jon Paramor	V60 8	Manchester Ymca H	47:02
212	719	Allan McCormick		Wilmslow RC	41:33	289	217	David Rowe	V50 24	Liverpool H & AC	47:04
213	845	Neil McGraw		Stockport H & AC	41:35	290	763	Lewis Green		Sale H Manchester	47:29
214	552	David Bibby	V45 40	Stockport H & AC	41:36	291	373	Geoff Cotterill	V55 19	Manchester Ymca H	47:30
215	479	Jerry Smith	V55 8	Sale H Manchester	41:37	292	316	Darren Cooper		Manchester Triathlon	47:53
216	295	Lucas Nightingale		Manchester Frontrunners	41:38	293	532	Brian Eyre	V55 20	Salford Met AC	48:01
217	236	Steve Lomas	V40 38	Macclesfield H & AC	41:39	294	823	David Larkin		Macclesfield H & AC	48:10
218	774	Matthew Bell		Salford Met AC	41:40	295	232	David Hancock	V60 9	Macclesfield H & AC	48:17
219	707	Geoff Gilbert	V60 5	Wilmslow RC	41:48	296	515	Dennis Moran	V65 5	Salford H & AC	48:21
220	623	Rick Waring	V45 41	Swinton RC	41:52	297	601	Jeremy Woodham		Stockport H & AC	48:24
221	838	Nigel Fielden	V55 9	Sale H Manchester	41:55	298	613	Steve Hart	V50 25	Swinton RC	48:38
222	2082	\$Kevin Fingleton	V55 10	Unattached	41:56	299	2078	\$Mark Donnelly		Unattached	48:53
223	568	David Christie-Lowe	V55 11	Stockport H & AC	41:57	300	527	Gary Thomason	V55 21	Salford H & AC	48:57
224	342	Mark Keith		Manchester Triathlon	42:03	301	614	Mike Horton		Swinton RC	49:01
225	742	James Atkin	V55 12	Wirral AC	42:04	302	833	Simon Fenton	V65 6	Wilmslow RC	49:04
226	534	Gordon Johnston		Salford Met AC	42:08	303	287	Michael Goldie		Manchester Frontrunners	49:16
227	154	Damian Utton	V45 42	Altrincham & Dist AC	42:12	304	675	Paul Hudson	V60 10	Vale Royal AC	49:45
228	386	Paul Collinge	V55 13	Middleton H AC	42:18	305	844	Robert Dunkley	V60 11	Wilmslow RC	50:01
229	471	Tim Rainey	V45 43	Sale H Manchester	42:20	306	174	Don Bennett	V55 22	Bramhall Runners	50:15
230	171	Stephen Webb		Belle Vue Racers	42:24	307	265	Steve McCall	V50 26	Manchester H & AC	50:21
231	343	Rob King	V40 39	Manchester Triathlon	42:28	308	378	Steve Ingham	V50 27	Manchester Ymca H	50:49
232	354	John Pegington		Manchester Triathlon	42:34	309	176	Michael Gibbons	V55 23	Bramhall Runners	51:24
233	304	Mark Barker	V45 44	Manchester Triathlon	42:46	310	618	John Pickup	V50 28	Swinton RC	51:24
234	556	Rob Cator	V50 18	Stockport H & AC	42:49	311	392	Bob Horrocks	V65 7	Middleton H AC	52:08
235	404	Peter Johnson	V40 40	St Helens Sutton AC	42:52	312	626	David Williamson	V45 58	Swinton RC	52:19
236	836	Chris Grime	V45 45	Wilmslow RC	42:58	313	144	Mike Jones	V55 24	Altrincham & Dist AC	52:29
237	804	Paul Stubbs-Jeffries	V50 19	Knutsford Tri Club	43:04	314	730	Roy Pownall	V60 12	Wilmslow RC	52:50
238	672	John Clarke	V55 14	Vale Royal AC	43:08	315	749	Paul Jaggs		Manchester Frontrunners	53:03
239	175	Steve Fairclough	V45 46	Bramhall Runners	43:11	316	778	Alan Thomas	V60 13	Salford Met AC	53:20
240	390	Alan Garvey	V55 15	Middleton H AC	43:17	317	166	Frank Rogers		Belle Vue Racers	54:04
241	738	Allan Turner	V45 47	Wilmslow RC	43:18	318	622	Andy Smith		Swinton RC	54:27
242	710	Patrick Grannan	V60 6	Wilmslow RC	43:19	319	691	Ian Ashcroft	V65 8	Wilmslow RC	54:45
243	798	Robin Maxwell		Knutsford Tri Club	43:20	320	840	Jonathon Ho		MMU Harriers	54:50
244	559	Roger Coleman	V50 20	Stockport H & AC	43:21	321	179	John Leah	V60 14	Bramhall Runners	55:08
245	535	Chris Jones	V45 48	Salford Met AC	43:25	322	704	Trevor Faulkner	V70 1	Wilmslow RC	57:32

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	57	—	3 Niall Brooks	4 Gareth Raven	5 Paul Green	7 James Bailey	17 Ian Wetherall	21 Gareth Matthews
2 Salford H & AC	131	—	10 Matthew Shaw	14 Robert Hughes	16 Anthony Taylor	27 Roger Alsop	30 Dave Lockett	34 Derek Crewe
3 Stockport H & AC	140	—	1 Jack Martin	9 Jack Nixon	19 J Scott-Buccleuch	25 Adrian Nutter	40 Paul Payne	46 James Corden
4 Wilmslow RC	145	—	8 Damian Nicholls	13 Rob Downs	23 Peter Speake	31 Jim Pendrill	33 Graham Macneill	37 Andy Whittingham
5 Sale H Manchester	202	—	26 Callum Rowlinson	29 Matt Holmes	32 Rob Flannery	35 Mark Windsor	39 Chris Donnelly	41 Alan Pitman
6 Altrincham & Dist AC	281	—	2 David Norman	28 Tom Bush	38 Peter Abraham	61 Michael Berks	74 Paul Watson	78 Steve Renny
7 Trafford AC	294	—	11 Tom Charles	18 Richard Powell	49 Dick Byers	52 John Howe	60 Mike Hutchinson	104 Paul Mannion
8 Sale H Manchester	317	—	43 Kyle Conway	45 Carl Barber	50 Peter Crawford	55 David Marsh	58 Dan Whittaker	66 Steven Townley
9 E Cheshire H & Tameside AC	347	—	6 Ipatrick Gardiner	47 John Sloan	53 Kevin Jowett	71 Gary Matthews	80 Stephen Robinson	90 Marcus Gregory
10 Swinton RC	360	—	20 Matthew Clark	54 Steve Doxey	59 Dan Bird	64 Mark Whittington	77 Tony Flanagan	86 Daniel Appleby
11 Salford H & AC	386	—	36 Howard Mead	42 Paul Birkett	51 Billy McCartney	65 Ian Jackson	70 Stanley Owen	122 Mark Seed
12 Manchester Triathlon	391	—	12 Alex Lawton	63 Phil Huntington	68 Rob Harper	69 Llyr Hughes	84 Paul Schofield	95 Mark Simpson
13 Stockport H & AC	491	—	62 Matt Townley	76 Phil Burns	81 Kevan Garner	83 Charlie Batho	88 Robert Taylor	101 Mike Toal
14 Wilmslow RC	569	—	56 Tom McGaff	94 Tom Peers	96 Rob Wilson	105 Graham Taylor	107 Barry Archbold	111 Graham Screawrn
15 Sale H Manchester	671	—	93 Olivier Gailllemin	98 Glyn Windebank	114 Paul Barrett	118 Kevin Foster	120 Peter O'Neil	128 Ben Fox
16 Manchester Frontrunners	716	—	44 James Moles	87 David Stephan	109 Jono Guildford	115 Daniel Murphy	168 Roberto Raso	193 Tom Arnold
17 E Cheshire H & Tameside AC 'B'	717	—	97 Glenn Piper	99 Simon Grundy	120 Peter Crawford	123 Karl Herod	135 Derek Hughes	142 Francis Day
18 Manchester Triathlon	737	—	103 Andy Quicke	112 Rob Halfpenny	117 Roger Thomas	125 Nicholas Howarth	133 Mark Hanna	147 John Murray
19 Stockport H & AC	785	—	102 Graham Marsland	119 Len Best	124 Steve Shaughnessy	138 Alistair Chapman	145 Robert Goulsbra	157 Dave Townley
20 Altrincham & Dist AC	803	—	106 David Livingstone	113 Shaun Jackson	130 Tim Raffie	137 Matt Billingham	150 Toby Percival	167 Mark Norton
21 Macclesfield H & AC	822	—	73 Chris Bentley	92 Dan Croft	139 Gary Willcock	156 Steven Millar	160 Tim Walton	202 Joe Desousa
22 Manchester H & AC	849	—	22 Ed Fazakerley	85 David Gee	141 Jonathan Reeh	151 Chris Sewart	200 Lloyd Barlow	250 Jason Brogan
23 Sale H Manchester	916	—	129 Craig Lammars	132 Alec Roberts	134 Steve Gavin	165 Kevin Mahon	174 Simon Bond	182 Chris Cook
24 Manchester Triathlon	988	—	149 Tim Condon	154 Mike Neal	161 Richard Smith	173 Lee Benson	175 Edward Kearney	176 Gary Wolstencroft
25 ABC Runners	1012	—	72 Chris Green	159 Matt Shillabeer	163 Dominic Byrne	170 Tony Morgan	196 Adrian Moylan	252 Gary Birch
26 Middleton H AC	1049	—	15 Michael Flatley	152 Alec Roberts	183 Anthony Lowe	221 Paul Collinge	233 Alan Garvey	245 Colin Carter
27 Wilmslow RC	1088	—	148 Adam Neale	153 Andy Watts	187 Paul Gamett	195 Ian Smallwood	199 Tony Hulme	206 Allan McCormick
28 Vale Royal AC	1093	—	79 Stephen Thompson	89 Tom Annable	131 Tony Archer	231 John Clarke	268 Colin Rathbone	295 Paul Hudson
29 Salford Met AC	1132	—	91 Shane Wolstencroft	110 Paul Connolly	212 Matthew Bell	219 Gordon Johnston	238 Chris Jones	262 Stuart Mairs
30 Knutsford Tri Club	1137	—	57 Dave Clamp	158 Steve Martin	190 John Goggins	230 Paul StubbsJeffries	236 Robin Maxwell	266 Edward Taylor
31 Manchester Triathlon	1213	—	179 James Bruce	180 Shaun Walsh	188 Alan Burton	217 Mark Keith	224 Rob King	225 John Pegington
32 Altrincham & Dist AC	1221	—	172 Pete Hill	178 Graham Harrison	181 Clive Greatorex	198 Mark Hunter	220 Damian Utton	272 Tom Lavin
33 Stockport H & AC	1254	—	192 Michael Slater	204 Paul Nutter	207 Neil McGraw	208 David Bibby	216 David Chrystie-Lowe	227 Rob Cator
34 Bramhall Runners	1260	—	108 Paul Beckett	143 Simon Harlow	203 Adam Bradbury	232 Steve Fairclough	277 Ross Kennedy	297 Don Bennett
35 Sale H Manchester	1293	—	189 Christopher Heys	197 Gaurav Batra	209 Jerry Smith	215 Nigel Fielden	222 Tim Rainey	261 Miran Arahamian
36 Manchester Ymca H	1344	—	67 David Garner	184 Mark Griffiths	260 Rob Kedian	275 James Gu	278 Paul Cooper	280 Jon Paramor
37 Belle Vue Racers	1367	—	169 Chris McDermott	201 Simon Stead	223 Stephen Webb	240 Andy Wood	258 Ali Alsaadi	276 James Corrigan
38 Wilmslow RC	1407	—	213 Geoff Gilbert	229 Chris Grime	234 Allan Turner	245 Patrick Grannan	242 Gavin Mendham	254 Jamie Smith
39 Swinton RC	1459	—	177 Chris Lomax	185 Paul Rutherford	214 Rick Waring	290 Steve Hart	292 Mike Horton	301 John Pickup
40 Manchester Triathlon	1464	—	226 Mark Barker	239 Giles Cheshier	244 Kevin Booth	247 Neil Cooper	251 Andrew Don	257 Damien Aspin
41 Manchester Frontrunners	1504	—	210 Lucas Nightingale	243 Iain Buchan	246 Steve Scott	255 Stephen Brown	271 Phil Facey	279 Daniel Eccles

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	15	—	4 Callum Rowlinson	5 Matt Holmes	6 Kyle Conway
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## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	33	—	2 Rob Downs	9 Jim Pendrill	10 Graham Macneill	12 Andy Whittingham
2 Salford H & AC	41	—	7 Roger Alsop	8 Dave Lockett	11 Derek Crewe	15 Paul Birkett
3 Stockport H & AC	71	—	6 Adrian Nutter	14 Paul Payne	17 James Corden	34 Kevan Garner
4 Sale H Manchester	82	—	1 Paul Green	4 Ian Wetherall	16 Carl Barber	61 Andy Yates
5 Altrincham & Dist AC	123	—	13 Peter Abraham	28 Paul Watson	31 Steve Renny	51 David Livingstone
6 E Cheshire H & Tameside AC	144	—	27 Gary Matthews	33 Stephen Robinson	40 Marcus Gregory	44 Glenn Piper
7 Trafford AC	144	—	18 Dick Byers	22 Mike Hutchinson	49 Paul Mannion	55 Bruce Penhale
8 Wilmslow RC	166	—	20 Tom McGaff	43 Rob Wilson	50 Graham Taylor	53 Graham Screawrn
9 Stockport H & AC	168	—	35 Charlie Batho	38 Robert Taylor	47 Mike Toal	48 Graham Marsland
10 Salford H & AC	172	—	24 Ian Jackson	26 Stanley Owen	57 Mark Seed	65 James O'Connor
11 Manchester Triathlon	208	—	23 Phil Huntington	36 Paul Schofield	68 John Murray	81 Lee Benson
12 Swinton RC	221	—	19 Steve Doxey	30 Tony Flanagan	83 Chris Lomax	89 Paul Rutherford
13 E Cheshire H & Tameside AC 'B'	249	—	45 Simon Grundy	63 Derek Hughes	66 Francis Day	75 Tony Faulkner
14 Vale Royal AC	252	—	32 Stephen Thompson	39 Tom Annable	60 Tony Archer	121 John Clarke
15 Altrincham & Dist AC	269	—	54 Shaun Jackson	59 Tim Raffie	76 Mark Norton	80 Pete Hill
16 Manchester H & AC	278	—	5 Ed Fazakerley	37 David Gee	99 Lloyd Barlow	137 Jason Brogan
17 Macclesfield H & AC	279	—	42 Dan Croft	64 Gary Willcock	72 Tim Walton	101 Joe Desousa
18 Stockport H & AC	309	—	56 Len Best	58 Steve Shaughnessy	93 Michael Slater	102 Paul Nutter
19 St Helens Sutton AC	316	—	29 John Greenall	79 Alan McNally	90 Andrew O'Connor	118 Peter Johnson
20 Wilmslow RC	325	—	69 Adam Neale	70 Andy Watts	91 Paul Gamett	95 Ian Smallwood
21 Middleton H AC	327	—	3 Michael Flatley	88 Anthony Lowe	113 Paul Collinge	123 Alan Garvey
22 Sale H Manchester	350	—	62 Steve Gavin	87 Chris Cook	96 Gaurav Batra	105 Jerry Smith
23 Altrincham & Dist AC	379	—	84 Graham Harrison	86 Clive Greatorex	97 Mark Hunter	112 Damian Utton
24 Manchester Triathlon	398	—	82 Gary Wolstencroft	85 Shaun Walsh	115 Rob King	116 Mark Barker
25 Wilmslow RC	448	—	98 Tony Hulme	107 Geoff Gilbert	119 Chris Grime	124 Allan Turner
26 Stockport H & AC	457	—	104 David Bibby	110 David Chrystie-Lowe	117 Rob Cator	126 Roger Coleman
27 Manchester Ymca H	491	—	25 David Garner	154 Paul Cooper	155 Jon Paramor	157 Geoff Cotterill
28 Salford Met AC	501	—	41 Shane Wolstencroft	127 Chris Jones	158 Brian Eyre	175 Alan Thomas
29 Bramhall Runners	509	—	52 Paul Beckett	122 Steve Fairclough	166 Don Bennett	169 Michael Gibbons
30 Sale H Manchester	518	—	109 Nigel Fielden	114 Tim Rainey	142 Miran Arahamian	153 Michael Wymer
31 Macclesfield H & AC	533	—	106 Steve Lomas	129 Alan Webster	139 Mark Wheelton	159 David Hancock
32 Manchester Triathlon	549	—	132 Kevin Booth	134 Neil Cooper	138 Andrew Don	145 Simon Granger
33 Wilmslow RC	558	—	125 Patrick Grannan	130 Gavin Mendham	140 Jamie Smith	163 Simon Fenton
34 Swinton RC	611	—	108 Rick Waring	161 Steve Hart	170 John Pickup	172 David Williamson
35 Wilmslow RC	693	—	165 Robert Dunkley	174 Roy Pownall	176 Ian Ashcroft	178 Trevor Faulkner