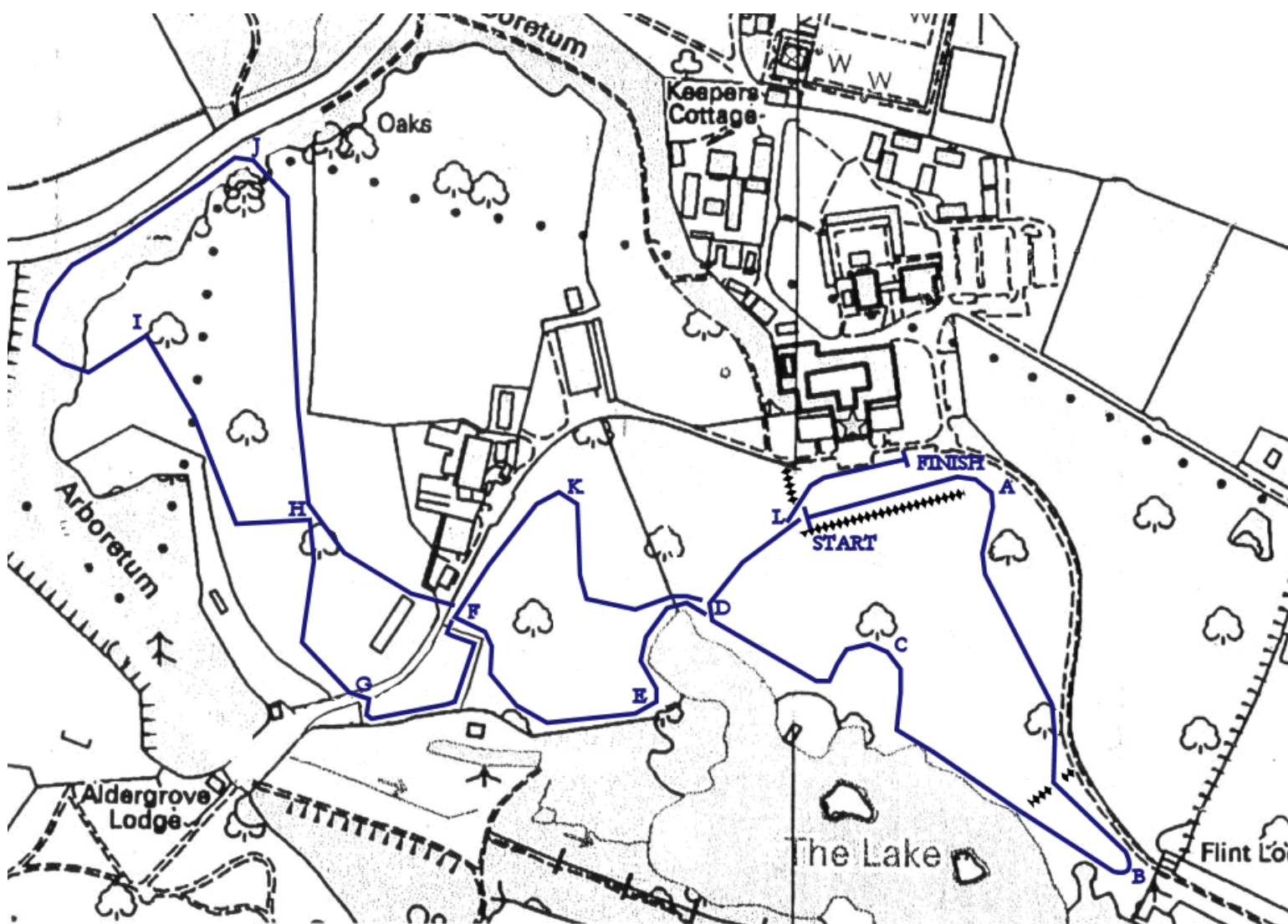


South West XC Championships – Bickton College 8th January 2012



Small Lap	A-B-C-D-L	920m
Medium Lap	A-B-C-D-E-F-K-D-L	1540m
Large Lap	A-B-C-D-E-F-G-H-I-J-H-F-K-D-L	2750m
Finishing Straight		+50m

TIMETABLE

12:00	U13G	3.1k	2 x Medium		
12:15	U13B	3.1k	2 x Medium		
12:30	U15G	3.7k	Small + Large		
12:50	U15B	3.7k	Small + Large	13.20	Presentations for U13G, U13B
13:10	SM + U20M	8.0k	Small + Medium + 2 x Large	13.45	Presentations for U15G, U15B
13:40	SW + U20W	6.5k	Small + 2 x Large	14.40	Presentations for U20M, SM
14:10	U17M	5.5k	2 x Large	15.20	Presentations for U20W, SW
14:30	U17F	4.3k	Medium + Large	15.35	Presentations for U17M, U17W

DIRECTIONS

From the M5 take junction 30 signposted Exmouth, Sidmouth, Bickton Park. At the first roundabout take the road signposted Sidmouth/Bickton Park and stay on this road until you reach the village of Newon Poppleford. At the mini roundabout take the right hand turning to Budleigh Salterton and Bickton Park. After 2 miles, Bickton College will be found on the right hand side, just before Bickton Park. Proceed under the arch gatehouse and up the monkey puzzle avenue.

The post code for Bickton College is EX9 7BY, Grid Reference SY 072 865