



# Wolds Veteran Runners Club

Proudly present the



## Grimsby Sea Wall 5 Mile

Under UK Athletic Rules

**SUNDAY 8<sup>th</sup> July 2012 11.00 am**

By kind permission of Novartis UK.

SPONSORED BY HUMBERSIDE FIRE & RESCUE SERVICE

Race incorporates National Fire Service Championships & Humberside Fire Service Championships

- ❖ 5 Mile Road Race from the Novartis Social Club, Grimsby DN31 2SR
- ❖ Run partly along the Sea Wall at Grimsby, a Site of Special Scientific Interest.
- ❖ A flat fast 2 lap course
- ❖ **Cash category prizes awarded. £100 first prize Male & Female**
- ❖ **Technical Race T Shirt to all finishers.**
- ❖ Runners must be at least 15 years of age on race day
- ❖ Race Licence Number
- ❖ *Sorry but the course is not suitable for wheelchairs or walkers.*



**Entries to: S Green, 142 St Nicholas Drive, Grimsby DN37 9RF.**

**Tel. 01472 310861 Email [stgreen1950@gmail.com](mailto:stgreen1950@gmail.com)**

**On Line entries at [www.ukforms.net](http://www.ukforms.net)**

**Postal Entry Closing Date: Monday 25<sup>th</sup> June 2012. Cheques payable to Wolds Veteran RC.**

**Please enclose an SAE for race number and information.**

**PLEASE SEND CORRECT POSTAGE**

**IF NO SAE, You must collect number on the day**

More information when available at [www.woldsvets.co.uk](http://www.woldsvets.co.uk)



### ENTRY FORM – GRIMSBY SEA WALL 5 MILE. 8<sup>th</sup> July 2012

If the race is cancelled for any reason, it will be rescheduled, there will be no refunds.

Surname:		First Name:	
Address:			
		Postcode:	
Telephone, Daytime:		Telephone, Evening:	
Email:			
Age on Race Day:		Date of Birth:	
Club:		Expected Time:	
Is club UKA affiliated? YES/NO		Gender: MALE/FEMALE	
Where did you get this form?			
T SHIRT SIZE please circle		S M L XL	
UKA Club member	£9.00		
Unattached runner	£11.00	FIRESERVICE YES/NO _____	
Amount enclosed		HUMBS FIRE SERVICE YES/NO _____	

**DECLARATION:** I declare that I am an amateur according to UKA rules and that I am medically fit to run. I accept that the organisers shall not be liable for any injury, illness, damage or loss of property sustained as a result of my taking part in this event.

Signed \_\_\_\_\_ Date \_\_\_\_\_