



Wolds Veteran RC

Present



30th Lincolnshire Wolds 10 Mile Road Race Known as "The Tough Ten"

Saturday 1st September 2012 11.00

Blacksmiths Arms, Rothwell, Lincs LN7 6AZ

Good food and real ale.

UNDER U.K.ATHLETICS RULES, CERTIFIED ACCURATE COURSE LICENCE NUMBER 7968

VOTED 4TH BEST RACE IN RUNNERS WORLD FOR 2011

A scenic, undulating course on quiet country roads in the beautiful Lincolnshire Wolds

LONG SLEEVED TECHNICAL T SHIRT TO ALL FINISHER

Race limit 250, this will be reached, so enter early.

£100 CASH FOR 1ST MALE AND FEMALE, CASH PRIZES IN ALL AGE CATEGORIES

£100.00 bonus for any winner who breaks the course record.

RECORDS: Male - 50.41, John Clark, Grimsby Harriers 1984, Female 61.58, Jane Colebrook, Wolds Vets 1996

NO WALKERS PLEASE, TIME LIMIT 2 HOURS 15 MINUTES,

ALL SUPPORT WILL BE WITHDRAWN AFTER THIS TIME

Entries to: S Green, 142 St Nicholas Drive, Grimsby, DN37 9RF stgreen1950@gmail.com 01472 310861

Entry Fees: Affiliated club £11.00 (Unattached £13.00)

Cheques payable to Wolds Veteran RC, enclose SAE, IF NO SAE, NO NUMBER WILL BE SENT OUT.

Age Limit: 17 & Over on the day of the race **Closing Date:** Postal 21st August 2012

ON-LINE ENTRY AT www.ukforms.net

**ENTRY FORM Lincolnshire Wolds 10 Mile Dont forget correct postage.
If the event has to be cancelled, it will be rescheduled, there will be no refunds given.**

Name Male/Female DOB.....

Address

..... Post Code

Contact email address/Tel No

ClubUKA Licence Number.....

T SHIRT SIZE, PLEASE CIRCLE S. M. L. XL.

Entries after closing date may NOT have choice of T Shirt size

Declaration: I declare that the above details are correct, am physically fit to take part in the event and do so at my own risk. I understand the organisers of the event will not be held responsible for any injury, sickness or loss as a result of my taking part.

Signed

Date

