

# Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 13th November 2011

## Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	36	Eleanor Kenny	Manchester Harriers & Ac	8:50
2	540	Tia Blissett	Sale Harriers Manchester	8:53
3	41	Megan Taylor	Manchester Harriers & Ac	9:05
4	34	Grace Decampos	Manchester Harriers & Ac	9:09
5	550	Elizabeth Twite	Sale Harriers Manchester	9:11
6	771	Tess McHugh	Trafford Athletic Club	9:17
7	39	Alice Stiles	Manchester Harriers & Ac	9:17
8	780	Tania Kendrick	Sale Harriers Manchester	9:24
9	549	Bethany Thornton	Sale Harriers Manchester	9:26
10	768	Hannah Das	Wirral Ac	9:35
11	3	Megan Barnsley	ABC Runners	9:41
12	543	Gloria Eden	Sale Harriers Manchester	9:47
13	544	Verity Games	Sale Harriers Manchester	9:48
14	798	Neve Maddock	Vale Royal Ac	9:49
15	548	Sophie Potter	Sale Harriers Manchester	9:52
16	2	Alexandra Barnsley	ABC Runners	9:53
17	770	Jemma Vickers	Sale Harriers Manchester	10:00
18	742	Elena Forde	Warrington Athletic Club	10:02
19	772	\$Lucia Maloni	Warrington Athletic Club	10:08
20	794	Stacey Simms	Salford Metropolitan Ac	10:10
21	767	Lily Atkins	Wirral Ac	10:14

## Under11 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Manchester Harriers & Ac	8 — 1 Eleanor Kenny	3 Megan Taylor	4 Grace Decampos
2 Sale Harriers Manchester	15 — 2 Tia Blissett	5 Elizabeth Twite	8 Tania Kendrick
3 Sale Harriers Manchester 'B'	34 — 9 Bethany Thornton	12 Gloria Eden	13 Verity Games
4 Sale Harriers Manchester 'C'	55 — 15 Sophie Potter	17 Jemma Vickers	23 Megan Hughes
5 ABC Runners	64 — 11 Megan Barnsley	16 Alexandra Barnsley	37 Chloe Mercer
6 Manchester Harriers & Ac 'B'	69 — 7 Alice Stiles	30 Beth Taylor	32 Lydia Butt
7 Warrington Athletic Club	79 — 18 Elena Forde	28 Jemma Brocklehurst	33 Mary Knowles
8 Sale Harriers Manchester 'D'	94 — 25 Josie Canham	34 B Lennonbutler	35 Isabella Hulme

## Race 2 - Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	739	Sam Evans	Warrington Athletic Club	8:23
2	31	Connor Fazakerley	Manchester Harriers & Ac	8:34
3	441	Arran Kearney	Wirral Ac	8:43
4	778	Ben Batho	Stockport Harriers & Ac	8:46
5	759	Oliver Hole	Sale Harriers Manchester	8:55
6	777	Fabio Carosi	Stockport Harriers & Ac	8:56
7	797	John Humphries	Vale Royal Ac	8:58
8	442	Sam Tempest	Wirral Ac	9:01
9	69	Byren Cookson	Moston & District H & Ac	9:03
10	440	Sam Cross	Wirral Ac	9:05
11	787	Jacob Brophy	Wirral Ac	9:09
12	480	Jack Thomas	E Cheshire H & Tameside AC	9:12
13	766	Jac Goodall	West Cheshire Athletic Club	9:16
14	751	Peter Goodfellow	Macclesfield Harriers & Ac	9:23
15	802	Luke Chesters	Sale Harriers Manchester	9:27
16	792	Oliver Thompson	Stockport Harriers & Ac	9:28

## Race 2 - Under 11 Boys — TEAM RESULTS

1 Wirral Ac	21 — 3 Arran Kearney	8 Sam Tempest	10 Sam Cross
2 Stockport Harriers & Ac	26 — 4 Ben Batho	6 Fabio Carosi	16 Oliver Thompson
3 Sale Harriers Manchester	37 — 5 Oliver Hole	15 Luke Chesters	17 Harry Boyd
4 Manchester Harriers & Ac	43 — 2 Connor Fazakerley	18 Sean McDermott	23 Patrick McDermott
5 Vale Royal Ac	46 — 7 John Humphries	19 Luke Mills	20 Alexander Doyle
6 Macclesfield Harriers & Ac	72 — 14 Peter Goodfellow	28 Jack Croker	30 Joshua Carey
7 St Helens Sutton Ac	80 — 22 Steven Walker	26 Matthew Slevin	32 Nathan Harrison

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Race 2 - Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	565	Olivia Green		Sale Harriers Manchester	8:22
2	575	Ellie Twite		Sale Harriers Manchester	8:27
3	51	Danielle Stringer		Manchester Harriers & Ac	8:30
4	46	Beth Barlow		Manchester Harriers & Ac	8:41
5	448	Bethany Foster		Wirral Ac	8:44
6	52	Zara Thompson		Manchester Harriers & Ac	8:51
7	391	E Brackenridgejones		Stockport Harriers & Ac	8:53
8	397	Juliet Downs		Stockport Harriers & Ac	8:54
9	564	Aine Cunningham		Sale Harriers Manchester	8:56
10	561	Alice Bruce		Sale Harriers Manchester	9:00
11	331	Emily Barker		Salford Metropolitan Ac	9:02
12	401	Carly Jarrett		Stockport Harriers & Ac	9:04
13	72	Giovanna Brady		Moston & District H & Ac	9:15
14	332	L Haywoodpercival		Salford Metropolitan Ac	9:17
15	399	Jasmine Hannon		Stockport Harriers & Ac	9:19
16	682	Chloe Lockett		E Cheshire H & Tameside AC	9:22
17	573	Franki Reid		Sale Harriers Manchester	9:24
18	807	Jennifer Hargreaves		Salford Metropolitan Ac	9:25
19	390	Grace Bower		Stockport Harriers & Ac	9:30
20	398	Grace Garner		Stockport Harriers & Ac	9:31
21	694	Emma Flynn		E Cheshire H & Tameside AC	9:32
22	334	Emma Wright		Salford Metropolitan Ac	9:33
23	392	Francesca Carosi		Stockport Harriers & Ac	9:34
24	389	Georgia Bourke		Stockport Harriers & Ac	9:36
25	572	Charley Reid		Sale Harriers Manchester	9:37
					26 560 Francesca Brint Sale Harriers Manchester 9:38
					27 680 Sarah Stockman Macclesfield Harriers & Ac 9:40
					28 355 Olivia Harwoodmoss St Helens Sutton Ac 9:41
					29 356 Paige Misund St Helens Sutton Ac 9:42
					30 774 Alex Bottomley St Helens Sutton Ac 9:47
					31 679 Nicole Sharrocks Stockport Harriers & Ac 9:50
					32 574 Abi Smith Sale Harriers Manchester 9:54
					33 5 Savannah Morgan ABC Runners 9:55
					34 394 Heather Corden Stockport Harriers & Ac 9:56
					35 400 Emily Hughes Stockport Harriers & Ac 9:58
					36 808 Lucy LaFauve Wirral Ac 9:59
					37 216 Jenny Pyatt Halton&frodsham H 10:02
					38 786 Alex Ellams Halton&frodsham H 10:06
					39 562 Sophie Burgess Sale Harriers Manchester 10:07
					40 492 A Brockleylangford E Cheshire H & Tameside AC 10:14
					41 47 Katie Cooper Manchester Harriers & Ac 10:23
					42 354 Alex Glynn St Helens Sutton Ac 10:38
					43 75 Jade Drinkwater Moston & District H & Ac 10:43
					44 447 Naimh Corr Wirral Ac 11:02
					45 700 Rebecca Mason Salford Metropolitan Ac 11:27
					46 775 Ellie Mawdley St Helens Sutton Ac 11:29
					47 357 Emily Roberts St Helens Sutton Ac 11:32
					48 683 Elizabeth Dingsdale St Helens Sutton Ac 11:47
					49 684 Freya Roberts St Helens Sutton Ac 12:13

### Race 2 - Under 13 Girls — TEAM RESULTS

1 Sale Harriers Manchester	12 — 1 Olivia Green	2 Ellie Twite	9 Aine Cunningham
2 Manchester Harriers & Ac	13 — 3 Danielle Stringer	4 Beth Barlow	6 Zara Thompson
3 Stockport Harriers & Ac	27 — 7 E Brackenridgejones	8 Juliet Downs	12 Carly Jarrett
4 Salford Metropolitan Ac	43 — 11 Emily Barker	14 L Haywoodpercival	18 Jennifer Hargreaves
5 Sale Harriers Manchester 'B'	52 — 10 Alice Bruce	17 Franki Reid	25 Charley Reid
6 Stockport Harriers & Ac 'B'	54 — 15 Jasmine Hannon	19 Grace Bower	20 Grace Garner
7 E Cheshire H & Tameside AC	77 — 16 Chloe Lockett	21 Emma Flynn	40 A Brockleylangford
8 Stockport Harriers & Ac 'C'	78 — 23 Francesca Carosi	24 Georgia Bourke	31 Nicole Sharrocks
9 Wirral Ac	85 — 5 Bethany Foster	36 Lucy LaFauve	44 Naimh Corr
10 St Helens Sutton Ac	87 — 28 Olivia Harwoodmoss	29 Paige Misund	30 Alex Bottomley
11 Sale Harriers Manchester 'C'	97 — 26 Francesca Brint	32 Abi Smith	39 Sophie Burgess
12 St Helens Sutton Ac 'B'	135 — 42 Alex Glynn	46 Ellie Mawdley	47 Emily Roberts

### Race 3 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	489	George Lewis	E Cheshire H & Tameside AC	11:49
2	237	Callum Ahern	Macclesfield Harriers & Ac	11:54
3	558	Jake Spilsbury	Sale Harriers Manchester	12:02
4	556	Michael Quinn	Sale Harriers Manchester	12:06
5	557	Adam Spilsbury	Sale Harriers Manchester	12:12
6	353	Adam Woosey	St Helens Sutton Ac	12:20
7	71	Kyle Anderson	Moston & District H & Ac	12:29
8	704	Patrick Magner	Stockport Harriers & Ac	12:31
9	554	Joe Hammond	Sale Harriers Manchester	12:32
10	113	Colin Daly	Trafford Athletic Club	12:40
11	209	Chris Larkin	Halton&frodsham H	12:42
12	349	Joe Ford	St Helens Sutton Ac	12:44
13	551	Saeed Absiyeh	Sale Harriers Manchester	12:48
				14 555 Adam Kinghorn Sale Harriers Manchester 12:50
				15 352 Joe Walker St Helens Sutton Ac 12:56
				16 4 Benjamin Livingston ABC Runners 13:06
				17 42 Matty Fox Manchester Harriers & Ac 13:12
				18 44 Ben Skertchly Manchester Harriers & Ac 13:14
				19 45 Sam Tarry Manchester Harriers & Ac 13:32
				20 210 Bradley Phillips Halton&frodsham H 13:47
				21 115 Mikey Kingston Trafford Athletic Club 13:50
				22 676 Ryan Dugdale Warrington Athletic Club 14:07
				23 789 Joseph Eyles Salford Metropolitan Ac 14:22
				24 350 Ben Oldham St Helens Sutton Ac 14:24
				25 769 Harry Das Wirral Ac 14:40
				26 207 Mitchil Collins Halton&frodsham H 15:03
				27 486 Ethan Hartshorne E Cheshire H & Tameside AC 15:09

### Race 3 - Under 13 Boys — TEAM RESULTS

1 Sale Harriers Manchester	12 — 3 Jake Spilsbury	4 Michael Quinn	5 Adam Spilsbury
2 St Helens Sutton Ac	33 — 6 Adam Woosey	12 Joe Ford	15 Joe Walker
3 Sale Harriers Manchester 'B'	36 — 9 Joe Hammond	13 Saeed Absiyeh	14 Adam Kinghorn
4 Manchester Harriers & Ac	54 — 17 Matty Fox	18 Ben Skertchly	19 Sam Tarry
5 Halton&frodsham H	57 — 11 Chris Larkin	20 Bradley Phillips	26 Mitchil Collins

# Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 13th November 2011

## Race 3 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	83	Sophie Hill	Moston & District H & Ac	12:18	18	81	Ashleigh Davis	Moston & District H & Ac	13:56
2	595	Catherine Podmore	Sale Harriers Manchester	12:26	19	338	Lucy Whittaker	Salford Metropolitan Ac	14:00
3	674	Elizabeth Apsley	Stockport Harriers & Ac	12:38	20	409	Alice Hughes	Stockport Harriers & Ac	14:05
4	795	Beth Donnelly	Trafford Athletic Club	12:49	21	588	Eve Gibson	Sale Harriers Manchester	14:08
5	408	Ellen Downs	Stockport Harriers & Ac	12:57	22	364	Rachel McGoldrick	St Helens Sutton Ac	14:09
6	337	Charlotte Simms	Salford Metropolitan Ac	13:09	23	56	Molly Bogin	Manchester Harriers & Ac	14:13
7	591	Rachel Hibberd	Sale Harriers Manchester	13:19	24	411	Leah O'Connell	Stockport Harriers & Ac	14:15
8	597	Hannah Simeen	Sale Harriers Manchester	13:21	25	336	Robyn Saunders	Salford Metropolitan Ac	14:20
9	686	Jemma Eyre	Warrington Athletic Club	13:28	26	589	Beth Goddard	Sale Harriers Manchester	14:26
10	454	Aileen Kearney	Wirral Ac	13:35	27	590	Julia Hassall	Sale Harriers Manchester	14:27
11	414	Sophie Williams	Stockport Harriers & Ac	13:41	28	134	Carmel Townend	Trafford Athletic Club	14:34
12	696	Sinead Bent	Salford Metropolitan Ac	13:43	29	82	Ellie Donohoe	Moston & District H & Ac	14:39
13	598	Caitlin Thomas	Sale Harriers Manchester	13:45	30	452	Eimear Corr	Wirral Ac	14:47
14	58	Caitlin Whitehead	Manchester Harriers & Ac	13:48	31	57	Kate McDermott	Manchester Harriers & Ac	14:49
15	218	Kieia Grady	Halton&frodsham H	13:51	32	362	Lucy Griffiths	St Helens Sutton Ac	15:12
16	587	Hannah Christy	Sale Harriers Manchester	13:53	33	363	Maria McGoldrick	St Helens Sutton Ac	15:17
17	85	Yasmine Kallel	Moston & District H & Ac	13:53	34	688	Lauren Wilcock	St Helens Sutton Ac	17:20

## Race 3 - Under 15 Girls — TEAM RESULTS

1	Sale Harriers Manchester	17	—	2	Catherine Podmore	7	Rachel Hibberd	8	Hannah Simeen
2	Stockport Harriers & Ac	19	—	3	Elizabeth Apsley	5	Ellen Downs	11	Sophie Williams
3	Moston & District H & Ac	36	—	1	Sophie Hill	17	Yasmine Kallel	18	Ashleigh Davis
4	Salford Metropolitan Ac	37	—	6	Charlotte Simms	12	Sinead Bent	19	Lucy Whittaker
5	Sale Harriers Manchester 'B'	50	—	13	Caitlin Thomas	16	Hannah Christy	21	Eve Gibson
6	Manchester Harriers & Ac	68	—	14	Caitlin Whitehead	23	Molly Bogin	31	Kate McDermott
7	St Helens Sutton Ac	87	—	22	Rachel McGoldrick	32	Lucy Griffiths	33	Maria McGoldrick

## Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	579	Sam Mayon	Sale Harriers Manchester	13:59	13	243	Aaron Shaughnessy	Macclesfield Harriers & Ac	15:23
2	125	Ryan Babcock	Trafford Athletic Club	14:02	14	499	Luke Piper	E Cheshire H & Tameside AC	15:27
3	902	\$Lee Dobson	Liverpool Harriers & Ac	14:15	15	287	Matthew Sutton	Manchester Triathlon	15:32
4	708	Jay Hornby	Stockport Harriers & Ac	14:32	16	78	Robert McDougall	Moston & District H & Ac	15:45
5	80	Christopher Wilson	Moston & District H & Ac	14:36	17	803	Tom Dent	Stockport Harriers & Ac	15:57
6	714	Daniel Richardson	Warrington Athletic Club	14:40	18	241	Dan Gilfillan	Macclesfield Harriers & Ac	16:11
7	406	Jay Wood	Stockport Harriers & Ac	14:49	19	702	Lewis Hickson	Salford Metropolitan Ac	16:45
8	582	Dylan Stanway	Sale Harriers Manchester	14:52	20	242	Harry Palmer	Macclesfield Harriers & Ac	17:07
9	678	Robert Dykes	Warrington Athletic Club	15:09	21	246	Edward Thompson	Macclesfield Harriers & Ac	18:23
10	577	Daniel Brint	Sale Harriers Manchester	15:11	22	717	Matt DeSousa	Macclesfield Harriers & Ac	23:03
11	576	Jordan Bezzina	Sale Harriers Manchester	15:20					
12	76	Daniel Hill	Moston & District H & Ac	15:22					

## Race 4 - Under 15 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale Harriers Manchester	17	—	1	Sam Mayon	7	Dylan Stanway	9	Daniel Brint
2	Stockport Harriers & Ac	25	—	3	Jay Hornby	6	Jay Wood	16	Tom Dent
3	Moston & District H & Ac	30	—	4	Christopher Wilson	11	Daniel Hill	15	Robert McDougall
4	Macclesfield Harriers & Ac	48	—	12	Aaron Shaughnessy	17	Dan Gilfillan	19	Harry Palmer

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time	
1	903	\$Abbie Hetherington	Carlisle	10	619	Chloe Yates	Sale Harriers Manchester	17:11		
		14:22				11	146	Nicola Scott	Trafford Athletic Club	17:16
2	254	Danielle Wallis	Macclesfield Harriers & Ac	14:38	12	461	Lauren Brett	Wirral Ac	17:20	
3	613	Megan Davies	Sale Harriers Manchester	15:20	13	617	Misha Nayakoliver	Sale Harriers Manchester	17:38	
4	462	Emily Kearney	Wirral Ac	15:29	14	417	Aimee Aikin	Stockport Harriers & Ac	18:07	
5	813	Rosa ChrystieLowe	Stockport Harriers & Ac	15:45	15	507	\$Danielle Dignan	E Cheshire H & Tameside AC	18:10	
6	791	Emma Pyatt	Vale Royal Ac	16:00	16	506	\$Clare Dignan	E Cheshire H & Tameside AC	18:51	
7	423	Olivia Wild	Stockport Harriers & Ac	16:12	17	460	Emily Atkin	Wirral Ac	19:03	
8	418	Nicola Berry	Stockport Harriers & Ac	16:21	18	508	Phoebe Hartshorne	E Cheshire H & Tameside AC	20:08	
9	616	Imani Modahl	Sale Harriers Manchester	16:48	19	806	Niamh Kenny	Moston & District H & Ac	20:13	

## Race 4 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport Harriers & Ac	17	—	4	Rosa ChrystieLowe	6	Olivia Wild	7	Nicola Berry
2	Sale Harriers Manchester	19	—	2	Megan Davies	8	Imani Modahl	9	Chloe Yates
3	Wirral Ac	28	—	3	Emily Kearney	11	Lauren Brett	14	Emily Atkin

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Race 5 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	901	\$Matthew Shirling	Liverpool Harriers & Ac	21:17
2	136	Ben Everson	Trafford Athletic Club	22:42
3	606	Alex Burchill	Sale Harriers Manchester	22:56
4	140	Richard Powell	Trafford Athletic Club	23:25
5	608	Kyle Conway	Sale Harriers Manchester	23:47
6	796	Jack Donnelly	E Cheshire H & Tameside AC	23:53
7	718	Henry Buttress	Warrington Athletic Club	24:06
8	605	Alex Bradford	Sale Harriers Manchester	24:12
9	734	Robert Ward	Stockport Harriers & Ac	24:13
10	88	Mathew Metcalf	Moston & District H & Ac	24:19
11	288	Nicholas Howarth	Manchester Triathlon	24:53
12	603	Dillon Bezzina	Sale Harriers Manchester	25:04
13	252	Ryan Wallis	Macclesfield Harriers & Ac	25:09
14	602	Khalid Absiyeh	Sale Harriers Manchester	25:12
15	87	Alex Hill	Moston & District H & Ac	25:14
16	459	Nathan Schofield	Wirral Ac	25:32
17	141	Robert Powell	Trafford Athletic Club	26:16
18	416	Simon Chadwick	Stockport Harriers & Ac	27:08
19	609	Ben Fox	Sale Harriers Manchester	27:40
20	250	Will Gayne	Macclesfield Harriers & Ac	27:47
21	812	Simon AnimSamuah	St Helens Sutton Ac	28:24
22	666	Remello Edwards	Sale Harriers Manchester	29:20
23	436	David Gerrard	Warrington Athletic Club	29:42

### Race 5 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	13 — 2 Alex Burchill	4 Kyle Conway	7 Alex Bradford
2 Trafford Athletic Club	20 — 1 Ben Everson	3 Richard Powell	16 Robert Powell
3 Sale Harriers Manchester 'B'	42 — 11 Dillon Bezzina	13 Khalid Absiyeh	18 Ben Fox

### Senior Women - U20 — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	706	Sally Ratcliffe	LJ	1 E Cheshire H & Tameside AC	27:16
2	705	Tyra Watson	LJ	2 Sale Harriers Manchester	28:00
3	659	Hannah Parkinson	LJ	3 MMU Harriers	29:46
4	660	Hannah Polak	LJ	4 MMU Harriers	30:36
5	327	Olivia McDermott	LJ	5 Salford Metropolitan Ac	31:08
6	471	Victoria Hartshorne	LJ	6 E Cheshire H & Tameside AC	33:40

### Senior Women - U20 — TEAM RESULTS

No complete teams

### Senior Women — TEAM RESULTS

1 Macclesfield Harriers & Ac	49 — 7 Sarah Harris	10 Anne Farmer	15 Angela Jordan	17 Kristy Readman
2 Sale Harriers Manchester	54 — 2 Lucy O'Gorman	9 Emily Beedham	20 Hannah Griffiths	23 Tyra Watson
3 Wilmslow Running Club	54 — 6 Diane McVey	8 Claire Stevinson	13 Sharon Johnstone	27 Katy Green
4 Trafford Athletic Club	58 — 4 Jackie Fairchild	14 Joanne Dawes	19 Alison Drasdo	21 Sally Woolhouse
5 Salford Harriers	63 — 3 Hayley Kuter	11 Tania Hernandez	16 Louise Geldart	33 Laura Nash
6 Stockport Harriers & Ac	80 — 1 Elle Baker	12 Carmen Byrne	29 Jayne Lawton	38 Helen Garner
7 Altrincham & District AC	136 — 25 Sarah Macilness	28 Alison Vesey	40 Bev Ganose	43 Annmarie Jones
8 Manchester Triathlon	142 — 22 Sarah Rhodes	32 Anna Thomas	37 Jude Wall	51 Sophie Barnett
9 Sale Harriers Manchester 'B'	143 — 26 Joanne Street	35 Alison Pye	36 Jan Nichols	46 Helen Reagan
10 Sale Harriers Manchester 'C'	199 — 47 Belinda Hammond	48 Cara O'Brien	49 Zoe Gmerek	55 Jackie Cordingley
11 Trafford Athletic Club 'B'	202 — 24 Catherine Hurst	34 Joanne Lott	60 Melissa Davis	84 Claire Chaffer
12 Wilmslow Running Club 'B'	241 — 30 Kate Sutton	44 Louisa Harrison	69 Carla Owen	98 Carolyn Hiron
13 St Helens Sutton Ac	247 — 5 Gemma Connolly	52 Julia Eccleston	85 Cheryl Orrick	105 Joanne Keogh
14 Stockport Harriers & Ac 'B'	255 — 45 Gillian Doolan	59 Amanda Trivett	72 Maureen Wilkins	79 Helen Todd
15 Manchester Triathlon 'B'	261 — 53 Victoria Hinton	62 Sonia Harris	66 Helen Grimwood	80 Sarah Kenny
16 Swinton Running Club	266 — 31 Lauren Marsden	41 Carly Appleby	92 Rebecca Mills	102 Maggie McClelland
17 Macclesfield Harriers & Ac 'B'	280 — 39 Hanny Stockman	57 Catherine Voyce	61 Hales Sally Ann	123 Pauline Lynch
18 Manchester Ymca Harriers	285 — 50 Miranda Clarke	71 Hannah Brierley	75 Steph Goodchild	89 Claudia Hammondprice
19 Sale Harriers Manchester 'D'	311 — 67 Lynda Rowlinson	70 Lauren Davies	78 Jenny Clink	96 Jennifer Cordingley
20 Manchester Frontrunners	332 — 64 Ruth Travis	76 Julie Virgin	86 Linda Rix	106 Sarah Robinson
21 Stockport Harriers & Ac 'C'	346 — 81 Louise Harrison	82 Helen Fraser	90 Alexis Dinsmoor	93 Hilary West
22 Belle Vue Racers	348 — 63 Vicky Smith	68 Ruth Todd	99 Anne Webster	118 Julia Foy
23 Manchester Harriers & Ac	358 — 73 Fiona Herbert	88 Jane Stiles	94 Alice MacAdie	103 Debbie Beresford
24 Manchester Triathlon 'C'	443 — 95 Alexa Good	111 Sally Cooper	112 Sarah Mawbey	125 Becky Walton
25 Manchester Harriers & Ac 'B'	464 — 108 Stacey Benson	110 Alyson Adams	122 Ann Lanham	124 Kathryn Holmes
26 Middleton Harriers Ac	465 — 74 Lynne Higgins	114 Christine Comerford	138 Fiona Lamb	139 Sue Taylor

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Women — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	814	Elle Baker		Stockport Harriers & Ac	21:59	74	306	Lynne Higgins		Middleton Harriers Ac	31:44
2	762	Lucy O'Gorman		Sale Harriers Manchester	23:35	75	294	Steph Goodchild	L45 9	Manchester Ymca Harriers	31:52
3	320	Hayley Kuter		Salford Harriers	24:13	76	67	Julie Virgin	L40 8	Manchester Frontrunners	32:02
4	95	Jackie Fairchild		Trafford Athletic Club	24:56	77	733	Gillian Wolstenholme	L55 2	E Cheshire H & Tameside AC	32:03
5	342	Gemma Connolly		St Helens Sutton Ac	25:32	78	512	Jenny Clink		Sale Harriers Manchester	32:04
6	637	Diane McVey		Wilmslow Running Club	25:43	79	381	Helen Todd	L55 3	Stockport Harriers & Ac	32:05
7	226	Sarah Harris	L35 1	Macclesfield Harriers & Ac	25:48	80	269	Sarah Kenny	L3517	Manchester Triathlon	32:10
8	645	Claire Stevinson	L35 2	Wilmslow Running Club	25:50	81	724	Louise Harrison	L3518	Stockport Harriers & Ac	32:11
9	510	Emily Beedham		Sale Harriers Manchester	26:09	82	723	Helen Fraser	L50 4	Stockport Harriers & Ac	32:14
10	222	Anne Farmer	L35 3	Macclesfield Harriers & Ac	26:16	83	180	Lynne Nichol	L4510	Altrincham & District AC	32:28
11	317	Tania Hernandez		Salford Harriers	26:24	84	818	Claire Chaffer	L3519	Trafford Athletic Club	32:30
12	715	Carmen Byrne		Stockport Harriers & Ac	26:46	85	347	Cheryl Ormick	L3520	St Helens Sutton Ac	32:40
13	632	Sharon Johnstone	L35 4	Wilmslow Running Club	26:49	86	63	Linda Rix	L4511	Manchester Frontrunners	32:41
14	92	Joanne Dawes		Trafford Athletic Club	26:53	87	94	Sue Exon	L55 4	Trafford Athletic Club	32:42
15	227	Angela Jordan		Macclesfield Harriers & Ac	26:55	88	810	Jane Stiles	L4512	Manchester Harriers & Ac	32:43
16	809	Louise Geldart		Salford Harriers	26:57	89	296	Claudia Hammond	price	Manchester Ymca Harriers	32:47
17	232	Kristy Readman	L35 5	Macclesfield Harriers & Ac	27:02	90	372	Alexis Dinsmoor	L60 1	Stockport Harriers & Ac	32:51
18	706	Sally Ratcliffe	LJ 1	E Cheshire H & Tameside AC	27:16	91	298	Emma Parkin		Manchester Ymca Harriers	32:52
19	93	Alison Drasdo	L40 1	Trafford Athletic Club	27:19	92	168	Rebecca Mills		Swinton Running Club	32:54
20	520	Hannah Griffiths		Sale Harriers Manchester	27:20	93	383	Hilary West	L50 5	Stockport Harriers & Ac	32:55
21	105	Sally Woolhouse	L35 6	Trafford Athletic Club	27:35	94	753	Alice MacAdie		Manchester Harriers & Ac	33:06
22	275	Sarah Rhodes		Manchester Triathlon	27:44	95	63	Alexa Good		Manchester Triathlon	33:07
23	705	Tyra Watson	LJ 2	Sale Harriers Manchester	28:00	96	515	Jennifer Cordingley		Sale Harriers Manchester	33:28
24	99	Catherine Hurst	L45 1	Trafford Athletic Club	28:05	97	731	Sophie Seingier	L3521	Stockport Harriers & Ac	33:29
25	179	Sarah MacInless		Altrincham & District AC	28:08	98	630	Carolyn Hiron	L4513	Wilmslow Running Club	33:32
26	537	Joanne Street		Sale Harriers Manchester	28:15	99	199	Anne Webster	L50 6	Belle Vue Racers	33:33
27	626	Katy Green	L35 7	Wilmslow Running Club	28:20	100	471	Victoria Hartshome	LJ 6	E Cheshire H & Tameside AC	33:40
28	183	Alison Vesey	L45 2	Altrincham & District AC	28:22	101	290	Emma Bedford	L3522	Manchester Ymca Harriers	33:46
29	378	Jayne Lawton	L40 2	Stockport Harriers & Ac	28:24	102	166	Maggie McClelland	L50 7	Swinton Running Club	34:01
30	647	Kate Sutton	L45 3	Wilmslow Running Club	28:25	103	10	Debbie Beresford	L4514	Manchester Harriers & Ac	34:13
31	165	Lauren Marsden	L35 8	Swinton Running Club	28:27	104	620	Nina Birch		Wilmslow Running Club	34:16
32	281	Anna Thomas		Manchester Triathlon	28:32	105	345	Joanne Keogh	L3523	St Helens Sutton Ac	34:23
33	815	Laura Nash		Salford Harriers	28:41	106	64	Sarah Robinson	L40 9	Manchester Frontrunners	34:24
34	100	Joanne Lott	L45 4	Trafford Athletic Club	28:49	107	177	Maggie Jones	L50 8	Altrincham & District AC	34:26
35	530	Alison Pye		Sale Harriers Manchester	28:51	108	9	Stacey Benson		Manchester Harriers & Ac	34:29
36	527	Jan Nichols	L40 3	Sale Harriers Manchester	28:53	109	379	Andrea Minshull	L4515	Stockport Harriers & Ac	34:30
37	283	Jude Wall	L35 9	Manchester Triathlon	28:57	110	6	Alyson Adams	L4516	Manchester Harriers & Ac	34:31
38	374	Helen Garner	L40 4	Stockport Harriers & Ac	29:31	111	259	Sally Cooper	L3524	Manchester Triathlon	34:32
39	234	Hanny Stockman	L45 5	Macclesfield Harriers & Ac	29:33	112	270	Sarah Mawbey	L3525	Manchester Triathlon	34:33
40	173	Bev Ganose	L45 6	Altrincham & District AC	29:38	113	634	Julie Lucas	L4517	Wilmslow Running Club	34:35
41	157	Carly Appleby		Swinton Running Club	29:43	114	303	Christine Comerford	L50 9	Middleton Harriers Ac	34:37
42	659	Hannah Parkinson	LJ 3	MMU Harriers	29:46	115	689	Pam Appleton	L55 5	St Helens Sutton Ac	34:45
43	176	Annamarie Jones	L55 1	Altrincham & District AC	29:49	116	169	Lisa Ottiwell	L3526	Swinton Running Club	34:49
44	627	Louisa Harrison	L3510	Wilmslow Running Club	29:50	117	343	Chris Dempsey	L5010	St Helens Sutton Ac	34:57
45	373	Gillian Doolan	L40 5	Stockport Harriers & Ac	29:52	118	192	Julia Foy	L4010	Belle Vue Racers	35:01
46	531	Helen Reagan	L40 6	Sale Harriers Manchester	29:54	119	191	Cecilia Boodhoo	L5011	Belle Vue Racers	35:14
47	521	Belinda Hammond		Sale Harriers Manchester	30:00	120	730	Janet Wild	L4011	Wilmslow Running Club	35:28
48	528	Cara O'Brien		Sale Harriers Manchester	30:01	121	60	Heather Clarkson		Manchester Frontrunners	35:53
49	519	Zoe Gmerek	L3511	Sale Harriers Manchester	30:02	122	20	Ann Lanham		Manchester Harriers & Ac	36:10
50	292	Miranda Clarke	L3512	Manchester Ymca Harriers	30:05	123	229	Pauline Lynch	L65 1	Macclesfield Harriers & Ac	36:12
51	256	Sophie Barnett		Manchester Triathlon	30:12	124	17	Kathryn Holmes	L4518	Manchester Harriers & Ac	36:27
52	344	Julia Eccleston	L3513	St Helens Sutton Ac	30:15	125	284	Becky Walton		Manchester Triathlon	36:29
53	266	Victoria Hinton		Manchester Triathlon	30:17	126	649	Frances Mudway	L60 2	West Cheshire Athletic Club	36:55
54	816	Anneka Sanders		Salford Harriers	30:19	127	19	Lorraine Kelsey		Manchester Harriers & Ac	37:04
55	514	Jackie Cordingley	L50 1	Sale Harriers Manchester	30:26	128	14	Fiona Green	L3527	Manchester Harriers & Ac	37:05
56	318	Diane Hooper	L45 7	Salford Harriers	30:28	129	62	Emma Reilly		Manchester Frontrunners	37:10
57	235	Catherine Voyce	L3514	Macclesfield Harriers & Ac	30:35	130	819	Nicole Cottier		Manchester Ymca Harriers	37:47
58	660	Hannah Polak	LJ 4	MMU Harriers	30:36	131	196	Marie Lavin	L4519	Belle Vue Racers	38:13
59	725	Amanda Trivett	L3515	Stockport Harriers & Ac	30:41	132	164	Carol Hart	L5012	Swinton Running Club	38:20
60	91	Melissa Davis		Trafford Athletic Club	30:52	133	526	Jenny Miles	L60 3	Sale Harriers Manchester	38:23
61	225	Hales Sally Ann	L50 2	Macclesfield Harriers & Ac	30:54	134	811	Carole Williams	L55 6	Vale Royal Ac	38:49
62	265	Sonia Harris	L40 7	Manchester Triathlon	30:55	135	258	Kat Burley		Manchester Triathlon	38:52
63	197	Vicky Smith		Belle Vue Racers	30:59	136	330	Mandy Webber	L4520	Salford Metropolitan Ac	40:02
64	66	Ruth Travis	L3516	Manchester Frontrunners	31:02	137	324	Maira Farrelly	L5013	Salford Metropolitan Ac	40:20
65	327	Olivia McDermott	LJ 5	Salford Metropolitan Ac	31:08	138	311	Fiona Lamb	L4521	Middleton Harriers Ac	40:29
66	264	Helen Grimwood		Manchester Triathlon	31:10	139	314	Sue Taylor	L5014	Middleton Harriers Ac	41:05
67	536	Lynda Rowlinson	L50 3	Sale Harriers Manchester	31:12	140	268	Jennifer Johnson		Manchester Triathlon	41:37
68	198	Ruth Todd		Belle Vue Racers	31:24	141	348	Pauline Picton	L55 7	St Helens Sutton Ac	43:51
69	641	Carla Owen		Wilmslow Running Club	31:25	142	15	Mavis Gregory	L65 2	Manchester Harriers & Ac	44:10
70	516	Lauren Davies		Sale Harriers Manchester	31:26	143	309	Sandra Hutchinson	L5015	Middleton Harriers Ac	47:07
71	291	Hannah Brierley		Manchester Ymca Harriers	31:27	144	310	Alyson Lamb	L55 8	Middleton Harriers Ac	47:20
72	384	Maureen Wilkins	L45 8	Stockport Harriers & Ac	31:32	145	727	Gaynor Clarke		Swinton Running Club	47:40
73	16	Fiona Herbert		Manchester Harriers & Ac	31:33						

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Women (Vets) — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	226	Sarah Harris	L35	1 Macclesfield Harriers & Ac	25:48	45	347	Cheryl Orrick	L3520	St Helens Sutton Ac	32:40
2	645	Claire Stevinson	L35	2 Wilmslow Running Club	25:50	46	63	Linda Rix	L4511	Manchester Frontrunners	32:41
3	222	Anne Farmer	L35	3 Macclesfield Harriers & Ac	26:16	47	94	Sue Exon	L55	4 Trafford Athletic Club	32:42
4	632	Sharon Johnstone	L35	4 Wilmslow Running Club	26:49	48	810	Jane Stiles	L4512	Manchester Harriers & Ac	32:43
5	232	Kristy Readman	L35	5 Macclesfield Harriers & Ac	27:02	49	372	Alexis Dinsmoor	L60	1 Stockport Harriers & Ac	32:51
6	93	Alison Drasdo	L40	1 Trafford Athletic Club	27:19	50	383	Hilary West	L50	5 Stockport Harriers & Ac	32:55
7	105	Sally Woolhouse	L35	6 Trafford Athletic Club	27:35	51	731	Sophie Seingier	L3521	Stockport Harriers & Ac	33:29
8	99	Catherine Hurst	L45	1 Trafford Athletic Club	28:05	52	630	Carolyn Hiron	L4513	Wilmslow Running Club	33:32
9	626	Katy Green	L35	7 Wilmslow Running Club	28:20	53	199	Anne Webster	L50	6 Belle Vue Racers	33:33
10	183	Alison Vesey	L45	2 Altrincham & District AC	28:22	54	290	Emma Bedford	L3522	Manchester Ymca Harriers	33:46
11	378	Jayne Lawton	L40	2 Stockport Harriers & Ac	28:24	55	166	Maggie McClelland	L50	7 Swinton Running Club	34:01
12	647	Kate Sutton	L45	3 Wilmslow Running Club	28:25	56	10	Debbie Beresford	L4514	Manchester Harriers & Ac	34:13
13	165	Lauren Marsden	L35	8 Swinton Running Club	28:27	57	345	Joanne Keogh	L3523	St Helens Sutton Ac	34:23
14	100	Joanne Lott	L45	4 Trafford Athletic Club	28:49	58	64	Sarah Robinson	L40	9 Manchester Frontrunners	34:24
15	527	Jan Nichols	L40	3 Sale Harriers Manchester	28:53	59	177	Maggie Jones	L50	8 Altrincham & District AC	34:26
16	283	Jude Wall	L35	9 Manchester Triathlon	28:57	60	379	Andrea Minshull	L4515	Stockport Harriers & Ac	34:30
17	374	Helen Garner	L40	4 Stockport Harriers & Ac	29:31	61	6	Alyson Adams	L4516	Manchester Harriers & Ac	34:31
18	234	Hanny Stockman	L45	5 Macclesfield Harriers & Ac	29:33	62	259	Sally Cooper	L3524	Manchester Triathlon	34:32
19	173	Bev Ganose	L45	6 Altrincham & District AC	29:38	63	270	Sarah Mawbey	L3525	Manchester Triathlon	34:33
20	176	Annmarie Jones	L55	1 Altrincham & District AC	29:49	64	634	Julie Lucas	L4517	Wilmslow Running Club	34:35
21	627	Louisa Harrison	L3510	Wilmslow Running Club	29:50	65	303	Christine Comerford	L50	9 Middleton Harriers Ac	34:37
22	373	Gillian Doolan	L40	5 Stockport Harriers & Ac	29:52	66	689	Pam Appleton	L55	5 St Helens Sutton Ac	34:45
23	531	Helen Reagan	L40	6 Sale Harriers Manchester	29:54	67	169	Lisa Ottiwell	L3526	Swinton Running Club	34:49
24	519	Zoe Gmerek	L3511	Sale Harriers Manchester	30:02	68	343	Chris Dempsey	L5010	St Helens Sutton Ac	34:57
25	292	Miranda Clarke	L3512	Manchester Ymca Harriers	30:05	69	192	Julia Foy	L4010	Belle Vue Racers	35:01
26	344	Julia Eccleston	L3513	St Helens Sutton Ac	30:15	70	191	Cecilia Boodhoo	L5011	Belle Vue Racers	35:14
27	514	Jackie Cordingley	L50	1 Sale Harriers Manchester	30:26	71	730	Janet Wild	L4011	Wilmslow Running Club	35:28
28	318	Diane Hooper	L45	7 Salford Harriers	30:28	72	229	Pauline Lynch	L65	1 Macclesfield Harriers & Ac	36:12
29	235	Catherine Voyce	L3514	Macclesfield Harriers & Ac	30:35	73	17	Kathryn Holmes	L4518	Manchester Harriers & Ac	36:27
30	725	Amanda Trivett	L3515	Stockport Harriers & Ac	30:41	74	649	Frances Midway	L60	2 West Cheshire Athletic Club	36:55
31	225	Hales Sally Ann	L50	2 Macclesfield Harriers & Ac	30:54	75	14	Fiona Green	L3527	Manchester Harriers & Ac	37:05
32	265	Sonia Harris	L40	7 Manchester Triathlon	30:55	76	196	Marie Lavin	L4519	Belle Vue Racers	38:13
33	66	Ruth Travis	L3516	Manchester Frontrunners	31:02	77	164	Carol Hart	L5012	Swinton Running Club	38:20
34	536	Lynda Rowlinson	L50	3 Sale Harriers Manchester	31:12	78	526	Jenny Miles	L60	3 Sale Harriers Manchester	38:23
35	384	Maureen Wilkins	L45	8 Stockport Harriers & Ac	31:32	79	811	Carole Williams	L55	6 Vale Royal Ac	38:49
36	294	Steph Goodchild	L45	9 Manchester Ymca Harriers	31:52	80	330	Mandy Webber	L4520	Salford Metropolitan Ac	40:02
37	67	Julie Virgin	L40	8 Manchester Frontrunners	32:02	81	324	Moira Farrelly	L5013	Salford Metropolitan Ac	40:20
38	733	Gillian Wolstenholme	L552	E Cheshire H & Tameside AC	32:03	82	311	Fiona Lamb	L4521	Middleton Harriers Ac	40:29
39	381	Helen Todd	L55	3 Stockport Harriers & Ac	32:05	83	314	Sue Taylor	L5014	Middleton Harriers Ac	41:05
40	269	Sarah Kenny	L3517	Manchester Triathlon	32:10	84	348	Pauline Picton	L55	7 St Helens Sutton Ac	43:51
41	724	Louise Harrison	L3518	Stockport Harriers & Ac	32:11	85	15	Mavis Gregory	L65	2 Manchester Harriers & Ac	44:10
42	723	Helen Fraser	L50	4 Stockport Harriers & Ac	32:14	86	309	Sandra Hutchinson	L5015	Middleton Harriers Ac	47:07
43	180	Lynne Nichol	L4510	Altrincham & District AC	32:28	87	310	Alyson Lamb	L55	8 Middleton Harriers Ac	47:20
44	818	Claire Chaffer	L3519	Trafford Athletic Club	32:30						

### Senior Women (Vets) — TEAM RESULTS

1 Macclesfield Harriers & Ac	9 — 1 Sarah Harris	3 Anne Farmer	5 Kristy Readman
2 Wilmslow Running Club	15 — 2 Claire Stevinson	4 Sharon Johnstone	9 Katy Green
3 Trafford Athletic Club	21 — 6 Alison Drasdo	7 Sally Woolhouse	8 Catherine Hurst
4 Altrincham & District AC	49 — 10 Alison Vesey	19 Bev Ganose	20 Annmarie Jones
5 Stockport Harriers & Ac	50 — 11 Jayne Lawton	17 Helen Garner	22 Gillian Doolan
6 Sale Harriers Manchester	62 — 15 Jan Nichols	23 Helen Reagan	24 Zoe Gmerek
7 Macclesfield Harriers & Ac 'B'	78 — 18 Hanny Stockman	29 Catherine Voyce	31 Hales Sally Ann
8 Wilmslow Running Club 'B'	85 — 12 Kate Sutton	21 Louisa Harrison	52 Carolyn Hiron
9 Manchester Triathlon	88 — 16 Jude Wall	32 Sonia Harris	40 Sarah Kenny
10 Stockport Harriers & Ac 'B'	104 — 30 Amanda Trivett	35 Maureen Wilkins	39 Helen Todd
11 Trafford Athletic Club 'B'	105 — 14 Joanne Lott	44 Claire Chaffer	47 Sue Exon
12 Manchester Ymca Harriers	115 — 25 Miranda Clarke	36 Steph Goodchild	54 Emma Bedford
13 Manchester Frontrunners	116 — 33 Ruth Travis	37 Julie Virgin	46 Linda Rix
14 St Helens Sutton Ac	128 — 26 Julia Eccleston	45 Cheryl Orrick	57 Joanne Keogh
15 Stockport Harriers & Ac 'C'	132 — 41 Louise Harrison	42 Helen Fraser	49 Alexis Dinsmoor
16 Swinton Running Club	135 — 13 Lauren Marsden	55 Maggie McClelland	67 Lisa Ottiwell
17 Sale Harriers Manchester 'B'	139 — 27 Jackie Cordingley	34 Lynda Rowlinson	78 Jenny Miles
18 Stockport Harriers & Ac 'D'	161 — 50 Hilary West	51 Sophie Seingier	60 Andrea Minshull
19 Manchester Harriers & Ac	165 — 48 Jane Stiles	56 Debbie Beresford	61 Alyson Adams
20 Belle Vue Racers	192 — 53 Anne Webster	69 Julia Foy	70 Cecilia Boodhoo
21 St Helens Sutton Ac 'B'	218 — 66 Pam Appleton	68 Chris Dempsey	84 Pauline Picton
22 Middleton Harriers Ac	230 — 65 Christine Comerford	82 Fiona Lamb	83 Sue Taylor
23 Manchester Harriers & Ac 'B'	233 — 73 Kathryn Holmes	75 Fiona Green	85 Mavis Gregory

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	355	Steve Vernon		Stockport H&ac	29:39	85	556	Andy Whittingham	V4015	Wilmslow RC	37:21
2	660	Patrick Martin		Stockport H&ac	30:10	86	663	Adam Soley	JM 3	South Cheshire AC	37:22
3	633	Simon Horsefield		E Cheshire H&tameside AC	31:22	87	241	Lee Dunn	V4016	Manchester Ymca H	37:23
4	135	David Norman		Altrincham&district AC	31:43	88	264	Ian Jackson	V4017	Salford H&ac	37:24
5	659	Christopher Kays	JM 1	E Cheshire H&tameside AC	31:47	89	461	Jason Bowers		Sale H Manchester	37:25
6	649	Ben Riddell		Salford H&ac	32:09	90	458	Carl Barber		Sale H Manchester	37:27
7	335	Jack Morris	U20 1	Stockport H&ac	32:20	91	258	Callum Corneille	U2010	Salford H&ac	37:32
8	482	Charlie Hulson	U20 2	Sale H Manchester	32:27	92	361	Vinny Booth	V4510	Trafford AC	37:32
9	274	Matthew Shaw		Salford H&ac	32:33	93	159	Chris Bentley		Macclesfield H&ac	37:34
10	312	James Scottbuccleuch		Stockport H&ac	32:35	94	364	Dick Byers	V4511	Trafford AC	37:40
11	457	James Bailey		Sale H Manchester	32:38	95	217	Brian Mullan	V4018	Manchester Triathlon	37:44
12	657	Stuart Doyle	V40 1	Vale Royal AC	32:40	96	662	Russell Gibbons	JM 4	South Cheshire AC	37:47
13	497	Gareth Raven		Sale H Manchester	32:46	97	675	Stephen Burthem	V50 4	Warrington Athletic Club	37:48
14	366	Tom Charles		Trafford AC	32:50	98	547	Graham Screawn	V4019	Wilmslow RC	37:50
15	360	James Bleakley		Trafford AC	33:00	99	914	\$John Connolly	V4020	Penny Lane Striders	37:51
16	405	Gavin Tomlinson		Trafford AC	33:10	100	330	Graham Marsland	V4021	Stockport H&ac	37:52
17	524	Malcolm Fowler	V45 1	Wilmslow RC	33:13	101	35	Andy Skitt		Manchester H&ac	37:53
18	664	Ben Scarlett		Sale H Manchester	33:29	102	349	Mike Shaw	V4512	Stockport H&ac	37:56
19	387	Ben Martin		Trafford AC	33:33	103	419	Liam Browne		E Cheshire H&tameside AC	37:58
20	636	Dominic Mahon		Warrington Athletic Club	33:37	104	591	Barry Graney	V4022	St Helens Sutton AC	38:00
21	464	Niall Brooks		Sale H Manchester	33:42	105	62	Daniel Murphy		Manchester Fronrunners	38:01
22	271	Mark Russell	V40 2	Salford H&ac	33:45	106	225	Paul Schofield	V4023	Manchester Triathlon	38:03
23	909	\$Steve Morrow		Ballymena & Antrim	33:50	107	473	Olivier Gaillemin		Sale H Manchester	38:04
24	201	Paul Hawkins		Manchester Triathlon	33:57	108	532	Mike Hill	V4513	Wilmslow RC	38:05
25	399	Ian Salisbury	V40 3	Trafford AC	34:09	109	174	Robert Wilson	V4024	Macclesfield H&ac	38:08
26	520	Rob Downs	V45 2	Wilmslow RC	34:10	110	6	Chris Green		ABC Runners	38:09
27	278	James Williams		Salford H&ac	34:16	111	435	Phillip Jacques	V4025	E Cheshire H&tameside AC	38:14
28	267	Howard Mead		Salford H&ac	34:19	112	352	Robert Taylor	V60 1	Stockport H&ac	38:17
29	227	Joe Skipper		Manchester Triathlon	34:26	113	586	David Rich	U2011	Sale H Manchester	38:20
30	905	\$Jamie Webb	JM 2	Liverpool Harriers & Ac	34:32	114	459	Paul Barrett		Sale H Manchester	38:23
31	481	Matt Holmes	U20 3	Sale H Manchester	34:39	115	666	Steven Caldwell		Vale Royal AC	38:24
32	95	Nick Hindle		Swinton RC	34:43	116	411	Ronan Kearney		Wirral AC	38:26
33	260	Mike Grace		Salford H&ac	34:45	117	89	Dan Bird		Swinton RC	38:27
34	127	Ryan Ganose	U20 4	Altrincham&district AC	34:52	118	54	Jonathon Guildford		Manchester Fronrunners	38:30
35	446	Howard Oldham		E Cheshire H&tameside AC	34:58	119	132	David Livingstone	V4026	Altrincham&district AC	38:35
36	374	Timothy Fletcher		Trafford AC	35:10	120	224	Andy Quicke		Manchester Triathlon	38:40
37	167	James Noakes	V40 4	Macclesfield H&ac	35:19	121	665	Richard Park		Warrington Athletic Club	38:46
38	433	Joe Hudak	U20 5	E Cheshire H&tameside AC	35:20	122	303	Rob Marsh	V4027	St Helens Sutton AC	38:46
39	231	Mark Tickle		Manchester Triathlon	35:21	123	386	Paul Mannion	V4514	Trafford AC	38:48
40	915	\$James McNally		Penny Lane Striders	35:27	124	288	Shane Wolstencroft	V4028	Salford Met AC	38:51
41	293	Henry Valentine	U20 6	South Cheshire AC	35:30	125	410	John Cross	V4029	Wirral AC	38:52
42	536	Graham Macneill	V45 3	Wilmslow RC	35:32	126	626	Dave Maher		Trafford AC	38:52
43	339	Adrian Nutter		Stockport H&ac	35:37	127	208	Ian Jones		Manchester Triathlon	38:53
44	23	Ed Fazakerley	V40 5	Manchester H&ac	35:38	128	343	Frank Reilly	V65 1	Stockport H&ac	38:54
45	544	Jim Pendrill	V40 6	Wilmslow RC	35:39	129	77	Carl Bibby	V4515	Warrington Tri Club	39:00
46	503	Phil Scowcroft		Sale H Manchester	35:43	130	521	Ray Eagle	V55 2	Wilmslow RC	39:07
47	672	Anthony Smith	V40 7	St Helens Sutton AC	35:48	131	119	Matt Billingham		Altrincham&district AC	39:08
48	490	Stephen McCarron		Sale H Manchester	35:50	132	169	Tim Stock	V4516	Macclesfield H&ac	39:09
49	468	Peter Crawford		Sale H Manchester	35:53	133	88	Mark Birchall		Swinton RC	39:10
50	317	Kevan Garner	V45 4	Stockport H&ac	35:58	134	340	Paul Nutter	V4030	Stockport H&ac	39:12
51	538	Tom McGaff	V55 1	Wilmslow RC	36:00	135	7	Michael Hodgkinson		ABC Runners	39:13
52	316	James Corden	V40 8	Stockport H&ac	36:01	136	206	Tim Johns	V4031	Manchester Triathlon	39:15
53	382	Mike Hutchinson	V45 5	Trafford AC	36:02	137	299	Ian Hayburn	V4032	St Helens Sutton AC	39:17
54	114	Colin Bannothornton		Altrincham&district AC	36:03	138	603	Craig Sephton	V4033	Vale Royal AC	39:18
55	612	James Grannan	U20 7	Stockport H&ac	36:04	139	629	Daniel Sate		Altrincham&district AC	39:19
56	313	Phil Burns		Stockport H&ac	36:05	140	656	Will Ferguson		Wirral AC	39:28
57	500	Gary Rowlinson	V45 6	Sale H Manchester	36:08	141	197	Colin Hammond	V4517	Manchester Triathlon	39:35
58	307	Jamie White	U20 8	St Helens Sutton AC	36:15	142	11	Dave Lovatt	V50 5	ABC Runners	39:37
59	643	Timothy Bedford	V40 9	Warrington Athletic Club	36:26	143	14	Matt Shillabeer		ABC Runners	39:39
60	289	Michael Hatton	V50 1	South Cheshire AC	36:30	144	537	Allan McCormick		Wilmslow RC	39:40
61	676	Richard Edwards		Sale H Manchester	36:31	145	230	Roger Thomas		Manchester Triathlon	39:41
62	661	Andrew Whittingham		Altrincham&district AC	36:33	146	38	Matt Whitehead	V4518	Manchester H&ac	39:42
63	630	Steven Townley		Sale H Manchester	36:34	147	302	Mark Liprot	V50 6	St Helens Sutton AC	39:43
64	61	James Moles		Manchester Fronrunners	36:36	148	422	Francis Day	V60 2	E Cheshire H&tameside AC	39:45
65	354	Matt Townley		Stockport H&ac	36:40	149	34	Jacques Sharkey	V4519	Manchester H&ac	39:47
66	91	Steve Doxey	V50 2	Swinton RC	36:45	150	907	\$Phil Bailey	V60 3	Southport Waterloo Ac	39:49
67	494	Josh Oquntayo	U20 9	Sale H Manchester	36:47	151	280	Paul Connolly		Salford Met AC	39:51
68	270	James O'Connor	V4010	Salford H&ac	36:48	152	140	Tim Raffle	V4520	Altrincham&district AC	39:55
69	453	John Slone		E Cheshire H&tameside AC	36:49	153	183	Alan Burton		Manchester Triathlon	39:58
70	113	Peter Abraham		Altrincham&district AC	36:54	154	1	Andrew Berry	V4034	ABC Runners	40:00
71	297	Ian Costello	V4011	St Helens Sutton AC	37:00	155	913	\$Gerald Musdke		Liverpool Harriers & Ac	40:00
72	469	Elton Davies		Sale H Manchester	37:03	156	408	Gareth Woodcock		Trafford AC	40:01
73	277	Phil West		Salford H&ac	37:07	157	69	Ian Roberts		Manchester Fronrunners	40:07
74	87	Daniel Appleby		Swinton RC	37:08	158	614	Tony Archer	V55 3	Vale Royal AC	40:08
75	450	Stephen Robinson	V50 3	E Cheshire H&tameside AC	37:09	159	434	Derek Hughes	V50 7	E Cheshire H&tameside AC	40:11
76	242	David Garner	V45 7	Manchester Ymca H	37:10	160	613	Steven Wyatt	V50 8	Wilmslow RC	40:12
77	128	Dave Gilchrist	V45 8	Altrincham&district AC	37:11	161	604	Tim Walton	V4035	Macclesfield H&ac	40:15
78	236	Steven Worthington		Manchester Triathlon	37:12	162	590	Maurice Collins	V4521	St Helens Sutton AC	40:16
79	272	Mark Seed	V4012	Salford H&ac	37:13	163	369	Duncan Drasdo	V4522	Trafford AC	40:17
80	229	Stephen Taylor	V4013	Manchester Triathlon	37:14	164	40	Tom Arnold		Manchester Fronrunners	40:36
81	448	Glenn Piper	V45 9	E Cheshire H&tameside AC	37:15	165	255	Ian Wilding		Manchester Ymca H	40:39
82	383	Juan Ibannamedina		Trafford AC	37:16	166	414	Daniel Bamber		E Cheshire H&tameside AC	40:42
83	103	Darren Russell		Swinton RC	37:17	167	239	Roger Carter	V50 9	Manchester Ymca H	40:46
84	329	Richard Mariton	V4014	Stockport H&ac	37:20	168	67	Roberto Raso	V4523	Manchester Fronrunners	40:47

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	549	Ian Smallwood	V4524	Wilmslow RC	40:52	240	104	Paul Rutherford	V4539	Swinton RC	44:38
170	98	Chris Lomax	V4036	Swinton RC	40:56	241	319	Darren Hales	V4049	Stockport H&ac	44:46
171	320	Tim Hargreaves	V5010	Stockport H&ac	40:59	242	193	Simon Granger		Manchester Triathlon	44:53
172	155	Nigel Sedman	V4525	Belle Vue Racers	41:04	243	602	Michael Ogden	V4540	Manchester Triathlon	44:54
173	578	Luke McCrave		MMU Harriers	41:07	244	63	Lucas Nightingale		Manchester Frontrunners	44:57
174	234	Gary Wolstencroft	V4037	Manchester Triathlon	41:12	245	244	Mark Griffiths		Manchester Ymca H	45:00
175	243	Eddie Gilligan	V4526	Manchester Ymca H	41:13	246	412	Peter Weatherhead	V60 9	Wirral AC	45:03
176	670	Chris Levy		St Helens Sutton AC	41:18	247	254	Steve Symons	V4541	Manchester Ymca H	45:07
177	65	Stephen Pottage		Manchester Frontrunners	41:21	248	447	Keith Parker	V5018	E Cheshire H&tameside AC	45:20
178	203	Ewan Holton		Manchester Triathlon	41:25	249	542	Paul Norris	V5019	Wilmslow RC	45:25
179	554	Andy Watts	V60 4	Wilmslow RC	41:27	250	348	Paul Sanders		Stockport H&ac	45:25
180	294	Rob Valentine	V4038	South Cheshire AC	41:28	251	321	Nigel Harrison	V4542	Stockport H&ac	45:26
181	109	Rick Waring	V4039	Swinton RC	41:31	252	610	Oliver Johnstone	V4050	Macclesfield H&ac	45:39
182	480	Christopher Heys		Sale H Manchester	41:32	253	47	Chris Cooper		Manchester Frontrunners	45:40
183	582	Samuel Thornborrow		MMU Harriers	41:33	254	285	Stuart Mairs		Salford Met AC	45:42
184	571	Mark Cook	U2012	MMU Harriers	41:36	255	574	Lewis Green		MMU Harriers	45:43
185	472	Bill Fox	V55 4	Sale H Manchester	41:38	256	70	Stephen Scott		Manchester Frontrunners	45:47
186	163	Steve Lomas	V4040	Macclesfield H&ac	41:42	257	269	Vincent Murphy	V65 3	Salford H&ac	45:57
187	304	Alan McNally	V4527	St Helens Sutton AC	41:46	258	344	Nick Roberts	V4051	Stockport H&ac	46:02
188	533	Richard Hiron	V4528	Wilmslow RC	41:50	259	202	Jake Holmes		Manchester Triathlon	46:06
189	4	Robert Chesters		ABC Runners	41:53	260	284	Chris Jones	V4543	Salford Met AC	46:12
190	55	Dave Hedges		Manchester Frontrunners	41:54	261	154	Frank Rogers		Belle Vue Racers	46:15
191	483	Alastair Kell	V4041	Sale H Manchester	41:57	262	173	Mark Wheelton	V5020	Macclesfield H&ac	46:20
192	423	Kevin Duckworth	V5011	E Cheshire H&tameside AC	42:00	263	667	Stephen Webb		Belle Vue Racers	46:22
193	8	Paul Kay	V55 5	ABC Runners	42:02	264	251	Jon Paramor	V6010	Manchester Ymca H	46:42
194	525	Paul Garnett	V4529	Wilmslow RC	42:05	265	268	Dennis Moran	V65 4	Salford H&ac	46:45
195	515	Simon Bolton	V4530	Wilmslow RC	42:07	266	908	\$Ahmed Demnati		Unattached	46:52
196	147	Steve Bunyan	V4042	Belle Vue Racers	42:08	267	124	Colin Davies	V6011	Altrincham&district AC	46:54
197	426	Tony Faulkner	V4043	E Cheshire H&tameside AC	42:11	268	151	Bary Guy	V6012	Belle Vue Racers	46:56
198	470	Adam Dooley	U2013	Sale H Manchester	42:11	269	611	Nigel Goldfinch	V4052	Manchester Frontrunners	47:10
199	912	\$Patrick Donohue	V4531	Unattached	42:13	270	279	Jack Carney	V5510	Salford Met AC	47:25
200	669	Francis Sweeney	V4532	Sale H Manchester	42:18	271	50	Jose Fernandez		Manchester Frontrunners	47:26
201	21	Jim Brett	V55 6	Manchester H&ac	42:19	272	44	Iain Buchan	V4053	Manchester Frontrunners	47:27
202	129	Clive Greatorex	V4533	Altrincham&district AC	42:20	273	668	Roland Bowness	V65 5	Salford H&ac	47:33
203	671	Graham Harrison	V5012	Altrincham&district AC	42:25	274	281	Brian Eyre	V5511	Salford Met AC	47:42
204	33	Chris Sewart		Manchester H&ac	42:30	275	20	Arnold Bradshaw	V6013	Manchester H&ac	48:03
205	658	Ian White	V4534	St Helens Sutton AC	42:34	276	29	Darren Mellor		Manchester H&ac	48:10
206	566	Mike Barry		MMU Harriers	42:35	277	131	Mike Jones	V5512	Altrincham&district AC	48:14
207	425	Andrew Farley	V5013	E Cheshire H&tameside AC	42:36	278	235	Jan Wong		Manchester Triathlon	48:47
208	357	Robin Beaumont	V4535	Thafford AC	42:49	279	100	John Pickup	V5021	Swinton RC	48:52
209	906	\$Peter Acland	V5014	Kendal Amateur Athletic Club	42:50	280	345	Alan Rogers	V4054	Stockport H&ac	49:10
210	72	Peter Symonds	V5015	Manchester Frontrunners	42:54	281	49	Trevor Fenton		Manchester Frontrunners	49:27
211	534	Tony Hulme	V60 5	Wilmslow RC	42:56	282	517	Chris Cannon	V5513	Wilmslow RC	49:40
212	673	Michael Lim		Manchester Triathlon	42:59	283	286	Andy O'Connell		Salford Met AC	49:49
213	296	Greg Carns	V4044	St Helens Sutton AC	43:02	284	28	Steve McCall	V5022	Manchester H&ac	49:54
214	237	David Ashton	V60 6	Manchester Ymca H	43:03	285	415	Howard Bamber	V5514	E Cheshire H&tameside AC	50:15
215	421	Gary Coxson	V55 7	E Cheshire H&tameside AC	43:04	286	455	Miran Arahamian	V5515	Sale H Manchester	50:43
216	43	Stephen Brown		Manchester Frontrunners	43:07	287	561	Stephen Granville	V5516	Middleton H AC	50:47
217	246	Rob Kedian		Manchester Ymca H	43:11	288	622	Denis Kelly	V4055	Manchester H&ac	51:09
218	910	\$Stuart Burthem	V4045	Unattached	43:18	289	323	John Hughes	V4544	Stockport H&ac	51:12
219	416	John Bowker	V4536	E Cheshire H&tameside AC	43:21	290	187	Darren Cooper		Manchester Triathlon	51:16
220	504	Jerry Smith	V55 8	Sale H Manchester	43:27	291	105	Paul Shier		Swinton RC	51:49
221	332	Steve Matkin	V5016	Stockport H&ac	43:31	292	595	Paul Hudson	V5517	Vale Royal AC	51:49
222	176	Mark Barker	V4537	Manchester Triathlon	43:36	293	36	William Staniard	V4545	Manchester H&ac	52:27
223	308	Len Best	V60 7	Stockport H&ac	43:42	294	52	Michael Goldie		Manchester Frontrunners	52:29
224	594	Phil Robinson	V4046	St Helens Sutton AC	43:51	295	115	Alan Barlow	V6014	Altrincham&district AC	52:38
225	570	Gary Chadwick		MMU Harriers	43:54	296	150	Kevin Egerton	V5518	Belle Vue Racers	52:54
226	171	Alan Webster	V5017	Macclesfield H&ac	44:00	297	39	Dave Wood	V5023	Manchester H&ac	53:02
227	81	Charles Eggleston	V4538	Warrington Tri Club	44:01	298	94	Steve Hart	V5024	Swinton RC	53:03
228	623	Tommy Temple	V55 9	Salford H&ac	44:09	299	601	Dave Batty	V4546	Swinton RC	53:06
229	177	Paul Barnard		Manchester Triathlon	44:11	300	76	Colin Rathbone	V65 6	Vale Royal AC	53:09
230	647	Alexander Armstrong		ABC Runners	44:17	301	25	David Gregory	V65 7	Manchester H&ac	53:34
231	148	James Corrigan		Belle Vue Racers	44:19	302	112	David Williamson	V4056	Swinton RC	53:47
232	42	Graham Bateson	V4047	Manchester Frontrunners	44:20	303	249	Ian Manners	V4547	Manchester Ymca H	53:58
233	529	Patrick Grannan	V60 8	Wilmslow RC	44:21	304	106	Andy Smith		Swinton RC	54:05
234	117	Andrew Barton		Altrincham&district AC	44:22	305	451	David Salmon	V65 8	E Cheshire H&tameside AC	54:09
235	583	Matty Vee		MMU Harriers	44:24	306	674	Brian Roberts	V65 9	Belle Vue Racers	54:22
236	493	Andrew Mooney		Sale H Manchester	44:29	307	648	Henry Walker	V4057	Manchester Frontrunners	54:32
237	22	Michael Cunningham	V65 2	Manchester H&ac	44:30	308	911	\$Sean McCarthy	V4548	Unattached	59:34
238	156	Bernard Wagner		Belle Vue Racers	44:32	309	311	Chris Bryans	V70 1	Stockport H&ac	59:37
239	149	Philip D'netto	V4048	Belle Vue Racers	44:33						

## Senior Men - U20 — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	659	Christopher Kays	JM 1	E Cheshire H&tameside AC	31:47	10	307	Jamie White		St Helens Sutton AC	36:15
2	335	Jack Morris		Stockport H&ac	32:20	11	494	Josh Oguntayo		Sale H Manchester	36:47
3	482	Charlie Hulson		Sale H Manchester	32:27	12	663	Adam Soley	JM 3	South Cheshire AC	37:22
4	905	\$Jamie Webb	JM 2	Liverpool Harriers & Ac	34:32	13	258	Callum Corneille		Salford H&ac	37:32
5	481	Matt Holmes		Sale H Manchester	34:39	14	662	Russell Gibbons	JM 4	South Cheshire AC	37:47
6	127	Ryan Ganose		Altrincham&district AC	34:52	15	586	David Rich		Sale H Manchester	38:20
7	433	Joe Hudak		E Cheshire H&tameside AC	35:20	16	571	Mark Cook		MMU Harriers	41:36
8	293	Henry Valentine		South Cheshire AC	35:30	17	470	Adam Dooley		Sale H Manchester	42:11
9	612	James Grannan		Stockport H&ac	36:04						

## Senior Men - U20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	17 —	3 Charlie Hulson	4 Matt Holmes	10 Josh Oguntayo
2 South Cheshire AC	31 —	7 Henry Valentine	11 Adam Soley	13 Russell Gibbons

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight



## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	100	—	8	Charlie Hulson	11 James Bailey	13 Gareth Raven	18 Ben Scarlett	21 Niall Brooks	29 Matt Holmes
2 Stockport H&ac	107	—	1	Steve Vernon	2 Patrick Martin	7 Jack Morris	10 James Scottbuccleuch	40 Adrian Nutter	47 Kevan Garner
3 Salford H&ac	121	—	6	Ben Riddell	9 Matthew Shaw	22 Mark Russell	26 James Williams	27 Howard Mead	31 Mike Grace
4 Trafford AC	122	—	14	Tom Charles	15 James Bleakley	16 Gavin Tomlinson	19 Ben Martin	24 Ian Salisbury	34 Timothy Fletcher
5 E Cheshire H&tameside AC	215	—	3	Simon Horsefield	5 Christopher Kays	33 Howard Oldham	36 Joe Hudak	66 John Slone	72 Stephen Robinson
6 Wilmslow RC	253	—	17	Malcolm Fowler	25 Rob Downs	39 Graham Macneill	42 Jim Pendrill	48 Tom McGaff	82 Andy Whittingham
7 Altrincham&district AC	287	—	4	David Norman	32 Ryan Ganose	51 Colin Bannothomton	59 Andrew Whittingham	67 Peter Abraham	74 Dave Gilchrist
8 Sale H Manchester 'B'	306	—	43	Phil Scowcroft	45 Stephen McCarron	46 Peter Crawford	54 Gary Rowlinson	58 Richard Edwards	60 Steven Townley
9 Manchester Triathlon	332	—	23	Paul Hawkins	28 Joe Skipper	37 Mark Tickle	75 Steven Worthington	77 Stephen Taylor	92 Brian Mullan
10 Stockport H&ac 'B'	393	—	49	James Corden	52 James Grannan	53 Phil Burns	62 Matt Townley	81 Richard Marilton	96 Graham Marsland
11 Swinton RC	486	—	30	Nick Hindle	63 Steve Doxey	71 Daniel Appleby	80 Darren Russell	113 Dan Bird	129 Mark Birchall
12 Sale H Manchester 'C'	518	—	64	Josh Oguntayo	69 Elton Davies	86 Jason Bowers	87 Carl Barber	103 Olivier Gaillemin	109 David Rich
13 St Helens Sutton AC	518	—	44	Anthony Smith	55 Jamie White	68 Ian Costello	100 Barry Graney	118 Rob Marsh	133 Ian Hayburn
14 Trafford AC 'B'	550	—	50	Mike Hutchinson	79 Juan Ibanamedina	89 Vinny Booth	91 Dick Byers	119 Paul Mannion	122 Dave Maher
15 Salford H&ac 'B'	603	—	65	James O'Connor	70 Phil West	76 Mark Seed	85 Ian Jackson	88 Callum Corneille	219 Tommy Temple
16 Macclesfield H&ac	693	—	35	James Noakes	90 Chris Bentley	105 Robert Wilson	128 Tim Stock	155 Tim Walton	180 Steve Lomas
17 E Cheshire H&tameside AC 'B'	741	—	78	Glenn Piper	99 Liam Browne	107 Phillip Jacques	144 Francis Day	153 Derek Hughes	160 Daniel Bamber
18 Manchester Frontrunners	747	—	61	James Mole	101 Daniel Murphy	114 Jonathon Guildford	151 Ian Roberts	158 Tom Arnold	162 Roberto Raso
19 Manchester Triathlon 'B'	751	—	102	Paul Schofield	116 Andy Quicke	123 Ian Jones	132 Tim Johns	137 Colin Hammond	141 Roger Thomas
20 Wilmslow RC 'B'	782	—	95	Graham Screawn	104 Mike Hill	126 Ray Eagle	140 Allan McCormick	154 StevenWyatt	163 Ian Smallwood
21 Manchester H&ac	816	—	41	Ed Fazakerley	97 Andy Skitt	142 Matt Whitehead	145 Jacques Sharkey	194 Jim Brett	197 Chris Sewart
22 Stockport H&ac 'C'	837	—	98	Mike Shaw	108 Robert Taylor	124 Frank Reilly	130 Paul Nutter	165 Tim Hargreaves	212 Steve Matkin
23 ABC Runners	846	—	106	Chris Green	131 Michael Hodgkinson	138 Dave Lovatt	139 Matt Shillabeer	149 Andrew Berry	183 Robert Chesters
24 Manchester Ymca H	852	—	73	David Garner	84 Lee Dunn	159 Ian Wilding	161 Roger Carter	169 Eddie Gilligan	206 David Ashton
25 Altrincham&district AC 'B'	915	—	115	David Livingstone	127 Matt Billingham	135 Daniel Sate	147 Tim Raffle	195 Clive Greatorex	196 Graham Harrison
26 Vale Royal AC	981	—	12	Stuart Doyle	111 Steven Caldwell	134 Craig Sephton	152 Tony Archer	282 Paul Hudson	290 Colin Rathbone
27 Sale H Manchester 'D'	1035	—	110	Paul Barrett	176 Christopher Heys	179 Bill Fox	185 Alastair Kell	192 Adam Dooley	193 Francis Sweeney
28 St Helens Sutton AC 'B'	1053	—	143	Mark Liptrot	156 Maurice Collins	170 Chris Levy	181 Alan McNally	198 Ian White	205 Greg Carns
29 Manchester Triathlon 'C'	1125	—	148	Alan Burton	168 Gary Wolstencroft	172 Ewan Holton	204 Michael Lim	213 Mark Barker	220 Paul Barnard
30 Wilmslow RC 'C'	1159	—	173	Andy Watts	182 Richard Hiron	188 Paul Garnett	189 Simon Bolton	203 Tony Hulme	224 Patrick Grannan
31 MMU Harriers	1163	—	167	Luke McCrave	177 Samuel Thomborrow	178 Mark Cook	199 Mike Barry	216 Gary Chadwick	226 Matty Vee
32 Manchester Frontrunners 'B'	1223	—	171	Stephen Pottage	184 Dave Hedges	202 Peter Symonds	208 Stephen Brown	223 Graham Bateson	235 Lucas Nightingale
33 E Cheshire H&tameside AC 'C'	1233	—	186	Kevin Duckworth	191 Tony Faulkner	200 Andrew Farley	207 Gary Coxson	210 John Bowker	239 Keith Parker
34 Salford Met AC	1286	—	120	Shane Wolstencroft	146 Paul Connolly	245 Stuart Mairs	251 Chris Jones	260 Jack Carney	264 Brian Eyre
35 Belle Vue Racers	1289	—	166	Nigel Sedman	190 SteveBunyan	222 James Corrigan	229 Bernard Wagner	230 Philip D'netto	252 Frank Rogers
36 Swinton RC 'B'	1408	—	164	Chris Lomax	175 Rick Waring	231 Paul Rutherford	269 John Pickup	281 Paul Shier	288 Steve Hart
37 Stockport H&ac 'D'	1448	—	214	Len Best	232 Darren Hales	241 Paul Sanders	242 Nigel Harrison	249 Nick Roberts	270 Alan Rogers
38 Manchester Frontrunners 'C'	1544	—	244	Chris Cooper	247 Stephen Scott	259 Nigel Goldfinch	261 Jose Fernandez	262 Iain Buchan	271 Trevor Fenton
39 Manchester H&ac 'B'	1594	—	228	Michael Cunningham	265 Arnold Bradshaw	266 Darren Mellor	274 Steve McCall	278 Denis Kelly	283 William Staniard

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	23	—	2	Malcolm Fowler	5 Rob Downs	7 Graham Macneill	9 Jim Pendrill
2 Salford H&ac	76	—	3	Mark Russell	19 James O'Connor	24 Mark Seed	30 Ian Jackson
3 Trafford AC	81	—	4	Ian Salisbury	14 Mike Hutchinson	31 Vinny Booth	32 Dick Byers
4 Stockport H&ac	87	—	11	Kevan Garner	13 James Corden	27 Richard Marilton	36 Graham Marsland
5 St Helens Sutton AC	113	—	10	Anthony Smith	20 Ian Costello	38 Barry Graney	45 Rob Marsh
6 Wilmslow RC 'B'	115	—	12	Tom McGaff	28 Andy Whittingham	35 Graham Screawn	40 Mike Hill
7 E Cheshire H&tameside AC	150	—	21	Stephen Robinson	26 Glenn Piper	42 Phillip Jacques	61 Francis Day
8 Manchester Triathlon	151	—	25	Stephen Taylor	33 Brian Mullan	39 Paul Schofield	54 Tim Johns
9 Macclesfield H&ac	167	—	6	James Noakes	41 Robert Wilson	52 Tim Stock	68 Tim Walton
10 Stockport H&ac 'B'	182	—	37	Mike Shaw	43 Robert Taylor	49 Frank Reilly	53 Paul Nutter
11 Manchester Ymca H	200	—	22	David Garner	29 Lee Dunn	71 Roger Carter	78 Eddie Gilligan
12 Manchester H&ac	223	—	8	Ed Fazakerley	59 Matt Whitehead	62 Jacques Sharkey	94 Jim Brett
13 Altrincham&district AC	225	—	23	Dave Gilchrist	44 David Livingstone	63 Tim Raffle	95 Clive Greatorex
14 St Helens Sutton AC 'B'	268	—	55	Ian Hayburn	60 Mark Liptrot	69 Maurice Collins	84 Alan McNally
15 Wilmslow RC 'C'	270	—	51	Ray Eagle	67 Steven Wyatt	73 Ian Smallwood	79 Andy Watts
16 Vale Royal AC	273	—	1	Stuart Doyle	56 Craig Sephton	65 Tony Archer	151 Paul Hudson
17 Sale H Manchester	276	—	15	Gary Rowlinson	82 Bill Fox	86 Alastair Kell	93 Francis Sweeney
18 Swinton RC	291	—	18	Steve Doxey	74 Chris Lomax	81 Rick Waring	118 Paul Rutherford
19 E Cheshire H&tameside AC 'B'	343	—	66	Derek Hughes	87 Kevin Duckworth	92 Tony Faulkner	98 Andrew Farley
20 Manchester Triathlon 'B'	362	—	57	Colin Hammond	77 Gary Wolstencroft	108 Mark Barker	120 Michael Ogden
21 Wilmslow RC 'D'	365	—	85	Richard Hiron	89 Paul Garnett	90 Simon Bolton	101 Tony Hulme
22 Stockport H&ac 'C'	410	—	75	Tim Hargreaves	107 Steve Matkin	109 Len Best	119 Darren Hales
23 Belle Vue Racers	418	—	76	Nigel Sedman	91 Steve Bunyan	117 Philip D'netto	134 Barry Guy
24 Manchester Frontrunners	421	—	72	Roberto Raso	100 Peter Symonds	114 Graham Bateson	135 Nigel Goldfinch
25 Macclesfield H&ac 'B'	450	—	83	Steve Lomas	111 Alan Webster	126 Oliver Johnstone	130 Mark Wheelton
26 Salford Met AC	451	—	47	Shane Wolstencroft	129 Chris Jones	136 Jack Carney	139 Brian Eyre
27 E Cheshire H&tameside AC 'C'	478	—	104	Gary Coxson	105 John Bowker	123 Keith Parker	146 Howard Bamber
28 Salford H&ac 'B'	510	—	113	Tommy Temple	127 Vincent Murphy	132 Dennis Moran	138 Roland Bowness
29 Manchester Ymca H 'B'	517	—	103	David Ashton	122 Steve Symons	131 Jon Paramor	161 Ian Manners
30 Altrincham&district AC 'B'	523	—	96	Graham Harrison	133 Colin Davies	141 Mike Jones	153 Alan Barlow
31 Stockport H&ac 'D'	546	—	125	Nigel Harrison	128 Nick Roberts	143 Alan Rogers	150 John Hughes
32 Manchester H&ac 'B'	550	—	116	Michael Cunningham	140 Arnold Bradshaw	145 Steve McCall	149 Denis Kelly
33 Swinton RC 'B'	615	—	142	John Pickup	156 Steve Hart	157 Dave Batty	160 David Williamson

# Manchester Area Cross Country League

## at Sherdley Park, St Helens on Sunday 13th November 2011

### Senior Men (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	657	Stuart Doyle	V40 1	Vale Royal AC	32:40
2	524	Malcolm Fowler	V45 1	Wilmslow RC	33:13
3	271	Mark Russell	V40 2	Salford H&ac	33:45
4	399	Ian Salisbury	V40 3	Trafford AC	34:09
5	520	Rob Downs	V45 2	Wilmslow RC	34:10
6	167	James Noakes	V40 4	Macclesfield H&ac	35:19
7	536	Graham Macneill	V45 3	Wilmslow RC	35:32
8	23	Ed Fazakerley	V40 5	Manchester H&ac	35:38
9	544	Jim Pendrill	V40 6	Wilmslow RC	35:39
10	672	Anthony Smith	V40 7	St Helens Sutton AC	35:48
11	317	Kevan Garner	V45 4	Stockport H&ac	35:58
12	538	Tom McGaff	V55 1	Wilmslow RC	36:00
13	316	James Corden	V40 8	Stockport H&ac	36:01
14	382	Mike Hutchinson	V45 5	Trafford AC	36:02
15	500	Gary Rowlinson	V45 6	Sale H Manchester	36:08
16	643	Timothy Bedford	V40 9	Warrington Athletic Club	36:26
17	289	Michael Hatton	V50 1	South Cheshire AC	36:30
18	91	Steve Doxey	V50 2	Swinton RC	36:45
19	270	James O'Connor	V4010	Salford H&ac	36:48
20	297	Ian Costello	V4011	St Helens Sutton AC	37:00
21	450	Stephen Robinson	V50 3	E Cheshire H&tameside AC	37:09
22	242	David Garner	V45 7	Manchester Ymca H	37:10
23	128	Dave Gilchrist	V45 8	Altrincham&district AC	37:11
24	272	Mark Seed	V4012	Salford H&ac	37:13
25	229	Stephen Taylor	V4013	Manchester Triathlon	37:14
26	448	Glenn Piper	V45 9	E Cheshire H&tameside AC	37:15
27	329	Richard Mariton	V4014	Stockport H&ac	37:20
28	556	Andy Whittingham	V4015	Wilmslow RC	37:21
29	241	Lee Dunn	V4016	Manchester Ymca H	37:23
30	264	Ian Jackson	V4017	Salford H&ac	37:24
31	361	Vinny Booth	V4510	Trafford AC	37:32
32	364	Dick Byers	V4511	Trafford AC	37:40
33	217	Brian Mullan	V4018	Manchester Triathlon	37:44
34	675	Stephen Burthem	V50 4	Warrington Athletic Club	37:48
35	547	Graham Screawn	V4019	Wilmslow RC	37:50
36	914	\$John Connolly	V4020	Penny Lane Striders	37:51
37	330	Graham Marsland	V4021	Stockport H&ac	37:52
38	349	Mike Shaw	V4512	Stockport H&ac	37:56
39	591	Barry Graney	V4022	St Helens Sutton AC	38:00
40	225	Paul Schofield	V4023	Manchester Triathlon	38:03
41	532	Mike Hill	V4513	Wilmslow RC	38:05
42	174	Robert Wilson	V4024	Macclesfield H&ac	38:08
43	435	Phillip Jacques	V4025	E Cheshire H&tameside AC	38:14
44	352	Robert Taylor	V60 1	Stockport H&ac	38:17
45	132	David Livingstone	V4026	Altrincham&district AC	38:35
46	303	Rob Marsh	V4027	St Helens Sutton AC	38:46
47	386	Paul Mannion	V4514	Trafford AC	38:48
48	288	Shane Wolstencroft	V4028	Salford Met AC	38:51
49	410	John Cross	V4029	Wirral AC	38:52
50	343	Frank Reilly	V65 1	Stockport H&ac	38:54
51	77	Carl Bibby	V4515	Warrington Tri Club	39:00
52	521	Ray Eagle	V55 2	Wilmslow RC	39:07
53	169	Tim Stock	V4516	Macclesfield H&ac	39:09
54	340	Paul Nutter	V4030	Stockport H&ac	39:12
55	206	Tim Johns	V4031	Manchester Triathlon	39:15
56	299	Ian Hayburn	V4032	St Helens Sutton AC	39:17
57	603	Craig Sephton	V4033	Vale Royal AC	39:18
58	197	Colin Hammond	V4517	Manchester Triathlon	39:35
59	11	Dave Lovatt	V50 5	ABC Runners	39:37
60	38	Matt Whitehead	V4518	Manchester H&ac	39:42
61	302	Mark Liptrot	V50 6	St Helens Sutton AC	39:43
62	422	Francis Day	V60 2	E Cheshire H&tameside AC	39:45
63	34	Jacques Sharkey	V4519	Manchester H&ac	39:47
64	907	\$Phil Bailey	V60 3	Southport Waterloo AC	39:49
65	140	Tim Raffle	V4520	Altrincham&district AC	39:55
66	1	Andrew Berry	V4034	ABC Runners	40:00
67	614	Tony Archer	V55 3	Vale Royal AC	40:08
68	434	Derek Hughes	V50 7	E Cheshire H&tameside AC	40:11
69	613	Steven Wyatt	V50 8	Wilmslow RC	40:12
70	604	Tim Walton	V4035	Macclesfield H&ac	40:15
71	590	Maurice Collins	V4521	St Helens Sutton AC	40:16
72	369	Duncan Drasdo	V4522	Trafford AC	40:17
73	239	Roger Carter	V50 9	Manchester Ymca H	40:46
74	67	Roberto Raso	V4523	Manchester Frontrunners	40:47
75	549	Ian Smallwood	V4524	Wilmslow RC	40:52
76	98	Chris Lomax	V4036	Swinton RC	40:56
77	320	Tim Hargreaves	V5010	Stockport H&ac	40:59
78	155	Nigel Sedman	V4525	Belle Vue Racers	41:04
79	234	Gary Wolstencroft	V4037	Manchester Triathlon	41:12
80	243	Eddie Gilligan	V4526	Manchester Ymca H	41:13
81	554	Andy Watts	V60 4	Wilmslow RC	41:27
82	294	Rob Valentine	V4038	South Cheshire AC	41:28
83	109	Rick Waring	V4039	Swinton RC	41:31
84	472	Bill Fox	V55 4	Sale H Manchester	41:38
85	163	Steve Lomas	V4040	Macclesfield H&ac	41:42
86	304	Alan McNally	V4527	St Helens Sutton AC	41:46
87	533	Richard Hiron	V4528	Wilmslow RC	41:50
88	483	Alastair Kell	V4041	Sale H Manchester	41:57
89	423	Kevin Duckworth	V5011	E Cheshire H&tameside AC	42:00
90	8	Paul Kay	V55 5	ABC Runners	42:02
91	525	Paul Garnett	V4529	Wilmslow RC	42:05
92	515	Simon Bolton	V4530	Wilmslow RC	42:07
93	147	Steve Bunyan	V4042	Belle Vue Racers	42:08
94	426	Tony Faulkner	V4043	E Cheshire H&tameside AC	42:11
95	912	\$Patrick Donohue	V4531	Unattached	42:13
96	669	Francis Sweeney	V4532	Sale H Manchester	42:18
97	21	Jim Brett	V55 6	Manchester H&ac	42:19
98	129	Clive Greatorex	V4533	Altrincham&district AC	42:20
99	671	Graham Harrison	V5012	Altrincham&district AC	42:25
100	658	Ian White	V4534	St Helens Sutton AC	42:34
101	425	Andrew Farley	V5013	E Cheshire H&tameside AC	42:36
102	357	Robin Beaumont	V4535	Trafford AC	42:49
103	906	\$Peter Acland	V5014	Kendal Amateur Athletic Club	42:50
104	72	Peter Symonds	V5015	Manchester Frontrunners	42:54
105	534	Tony Hulme	V60 5	Wilmslow RC	42:56
106	296	Greg Carns	V4044	St Helens Sutton AC	43:02
107	237	David Ashton	V60 6	Manchester Ymca H	43:03
108	421	Gary Coxson	V55 7	E Cheshire H&tameside AC	43:04
109	910	\$Stuart Burthem	V4045	Unattached	43:18
110	916	John Bowker	V4536	E Cheshire H&tameside AC	43:21
111	504	Jerry Smith	V55 8	Sale H Manchester	43:27
112	332	Steve Matkin	V5016	Stockport H&ac	43:31
113	176	Mark Barker	V4537	Manchester Triathlon	43:36
114	308	Len Best	V60 7	Stockport H&ac	43:42
115	594	Phil Robinson	V4046	St Helens Sutton AC	43:51
116	171	Alan Webster	V5017	Macclesfield H&ac	44:00
117	81	Charles Eggleston	V4538	Warrington Tri Club	44:01
118	623	Tommy Temple	V55 9	Salford H&ac	44:09
119	42	Graham Bateson	V4047	Manchester Frontrunners	44:20
120	529	Patrick Grannan	V60 8	Wilmslow RC	44:21
121	22	Michael Cunningham	V65 2	Manchester H&ac	44:30
122	149	Philip D'netto	V4048	Belle Vue Racers	44:33
123	104	Paul Rutherford	V4539	Swinton RC	44:38
124	319	Daren Hales	V4049	Stockport H&ac	44:46
125	602	Michael Ogden	V4540	Manchester Triathlon	44:54
126	412	Peter Weatherhead	V60 9	Wirral AC	45:03
127	254	Steve Symons	V4541	Manchester Ymca H	45:07
128	447	Keith Parker	V5018	E Cheshire H&tameside AC	45:20
129	542	Paul Norris	V5019	Wilmslow RC	45:25
130	321	Nigel Harrison	V4542	Stockport H&ac	45:26
131	610	Oliver Johnstone	V4050	Macclesfield H&ac	45:39
132	269	Vincent Murphy	V65 3	Salford H&ac	45:57
133	344	Nick Roberts	V4051	Stockport H&ac	46:02
134	284	Chris Jones	V4543	Salford Met AC	46:12
135	173	Mark Wheelton	V5020	Macclesfield H&ac	46:20
136	251	Jon Paramor	V6010	Manchester Ymca H	46:42
137	268	Dennis Moran	V65 4	Salford H&ac	46:45
138	124	Colin Davies	V6011	Altrincham&district AC	46:54
139	151	Bary Guy	V6012	Belle Vue Racers	46:56
140	611	Nigel Goldfinch	V4052	Manchester Frontrunners	47:10
141	279	Jack Carney	V5510	Salford Met AC	47:25
142	44	Iain Buchan	V4053	Manchester Frontrunners	47:27
143	668	Roland Bowness	V65 5	Salford H&ac	47:33
144	281	Brian Eyre	V5511	Salford Met AC	47:42
145	20	Arnold Bradshaw	V6013	Manchester H&ac	48:03
146	131	Mike Jones	V5512	Altrincham&district AC	48:14
147	100	John Pickup	V5021	Swinton RC	48:52
148	345	Alan Rogers	V4054	Stockport H&ac	49:10
149	517	Chris Cannon	V5513	Wilmslow RC	49:40
150	28	Steve McCall	V5022	Manchester H&ac	49:54
151	415	Howard Bamber	V5514	E Cheshire H&tameside AC	50:15
152	455	Miran Aprahamian	V5515	Sale H Manchester	50:43
153	561	Stephen Granville	V5516	Middleton H AC	50:47
154	622	Denis Kelly	V4055	Manchester H&ac	51:09
155	323	John Hughes	V4544	Stockport H&ac	51:12
156	595	Paul Hudson	V5517	Vale Royal AC	51:49
157	36	William Staniard	V4545	Manchester H&ac	52:27
158	115	Alan Barlow	V6014	Altrincham&district AC	52:38
159	150	Kevin Egerton	V5518	Belle Vue Racers	52:54
160	39	Dave Wood	V5023	Manchester H&ac	53:02
161	94	Steve Hart	V5024	Swinton RC	53:03
162	601	Dave Batty	V4546	Swinton RC	53:06
163	76	Colin Rathbone	V65 6	Vale Royal AC	53:09
164	25	David Gregory	V65 7	Manchester H&ac	53:34
165	112	David Williamson	V4056	Swinton RC	53:47
166	249	Ian Manners	V4547	Manchester Ymca H	53:58
167	451	David Salmon	V65 8	E Cheshire H&tameside AC	54:09
168	674	Brian Roberts	V65 9	Belle Vue Racers	54:22
169	648	Henry Walker	V4057	Manchester Frontrunners	54:32
170	911	\$Sean McCarthy	V4548	Unattached	59:34
171	311	Chris Bryans	V70 1	Stockport H&ac	59:37