

# NORTH YORK MOORS AC

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PRESENT THE



## 10th CASTLETON SHOW RUN

*FROM THE CASTLETON SHOWFIELD/CRICKET PITCH*

*(only 9 miles from Guisborough, off Whitby Moor road A171)*

**ON SATURDAY 10 SEPTEMBER 2011 AT 1.30PM**

A MOST SCENIC AND UNDULATING **ROAD** COURSE THROUGH THE HEART OF THE NORTH YORK MOORS NATIONAL PARK, TAKING IN DIBBLE BRIDGE, HOB HOLE AND WESTERDALE - APPROXIMATELY 6 miles

**A ROAD RACE FOR FELL RUNNERS – A FELL RACE FOR ROAD RUNNERS!!**

Course records: Male –32.42 (Andy Hilton 2006), Female – 39.27 (Alison Raw 2004)

Under UK Athletics Rules. Licence No. 2011-102713

Make it family day out - plenty of showfield attractions - exhibitor's marquees, children's rides, trade and craft stands, children's races, live music, home baking for sale (highly recommended!) etc

- \* Prizes awarded to leading individuals, veterans and teams
- \* All entrants must be at least 16 years old on the day of the race
- \* Entry fee UKA registered £5, unattached £7
- \* **Pre-entries** have *free entry* to showfield on production of race number/ticket
- \* **Entries on day most welcome - but** will have to *pay to enter* the showfield (adults £2.50)
- \* Postal entries - cheques made payable to 'Chris Wright'
- \* Enclose a Stamped Addressed Envelope for race number and Showfield ticket.

Pre-entries (close 3 September 2011) to:

Race Secretary, 4 Ash Lea, Castleton, Whitby, North Yorkshire, YO21 2EW (Tel: 01287 660767)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel No: \_\_\_\_\_ E:mail address: \_\_\_\_\_

Age on day of race: \_\_\_\_\_ Club: \_\_\_\_\_

UKA Reg No: \_\_\_\_\_ Entry fee: \_\_\_\_\_

Signature \_\_\_\_\_ (Parent/Guardian signature for under 18 years old)

(# I declare that I am an amateur as laid down by UKAthletics laws. I am medically fit to take part in this race. I understand that I participate at my own risk. The organisers shall not be liable for any loss, damage, actions, claims, costs, expenses which I may suffer due to my participation.

**WATCH OUR WEBSITES – [www.nym.ac](http://www.nym.ac) & [www.castletonshowrun.btck.co.uk/](http://www.castletonshowrun.btck.co.uk/)**