

Central Lancashire 5K Results - 20th Feb 2011

Pos	Num	Name	Cat	Club	Time
1	597	Marc Tillotson	M	Bolton United Harriers	15:47
2	663	Anthony Valentine	M	Bolton United Harriers	16:03
3	878	Tom Corson	MJ	Bolton United Harriers	16:19
4	909	Ian Bowles	M	Bolton United Harriers	16:44
5	872	Paul Mannion	M40	Astley & Tyldesley RC	16:52
6	745	Jonothan Kay	MJ	Bolton United Harriers	16:54
7	700	Stuart Sharp	M	Radcliffe AC	16:55
8	650	Seamus Walker	M40	Bolton United Harriers	16:55
9	714	John Knowles	M	Burnden Road Runners	16:57
10	868	Callum Rowlinson	MJ	Sale Harriers Manchester	17:01
11	660	Simon Ford	M	Astley & Tyldesley RC	17:01
12	862	Colin Rigby	M40	Horwich RMI Harriers	17:03
13	725	Thomas Blaney	M	Unattached	17:07
14	879	Russell Parrington	M	Unattached	17:19
15	885	Peter Chan	M45	Astley & Tyldesley RC	17:24
16	864	William Martin	M	Horwich RMI Harriers	17:27
17	653	David Jackson	M40	Horwich RMI Harriers	17:30
18	676	Ian Selby	M40	Bolton United Harriers	17:32
19	746	Steve Nolan	M50	Burnden Road Runners	17:34
20	681	Alex Foster	M	Astley & Tyldesley RC	17:39
21	689	Dave Shaw	M	Bolton United Harriers	17:41
22	801	Shaun Moran	M50	Astley & Tyldesley RC	17:51
23	905	Keith Thomas	M50	Burnden Road Runners	17:53
24	711	Steven Doxey	M50	Swinton Running Club	17:55
25	804	Sean McMyler	M45	Horwich RMI Harriers	17:56
26	895	Scott Monk	M	Blackburn Harriers	18:06
27	601	Mark Riches	M45	Astley & Tyldesley RC	18:28
28	913	Rufus Bennett	M40	Astley & Tyldesley RC	18:34
29	672	Alan Hilton	M40	Astley & Tyldesley RC	18:40
30	656	Gary Stevens	M	Astley & Tyldesley RC	18:44
31	686	Gary Cassidy	M	Astley & Tyldesley RC	18:45

32	732	Mark Birchall	M	Swinton Running Club	18:50
33	890	Gary de Banke	M45	Wesham Road Runners	18:54
34	860	Nick Howarth	M45	Bolton United Harriers	18:55
35	805	Maria Lowe	F	Astley & Tyldesley RC	18:57
36	810	Stewart Jones	M50	Burnden Road Runners	18:57
37	628	Daniel Johnson	MJ	Bolton United Harriers	18:57
38	602	Ben Scott	M	Bolton United Harriers	18:58
39	806	Rob Shiels	M	Radcliffe AC	18:59
40	908	Darren Middleton	M40	Wigan Phoenix	19:03
41	891	Chris Greenslade	M	Burnden Road Runners	19:06
42	666	Daryl Bentley	M40	Bolton United Harriers	19:11
43	889	Evan Cook	M60	Blackburn Harriers	19:14
44	665	Gary Jones	M50	Bolton United Harriers	19:16
45	803	Jonathan Hyde	M	Astley & Tyldesley RC	19:20
46	887	Robin Chan	MJ	Astley & Tyldesley RC	19:22
47	802	John Lee	M40	Astley & Tyldesley RC	19:24
48	892	Joanna Goorney	F40	Wesham Road Runners	19:25
49	744	Lee White	M	Burnden Road Runners	19:26
50	897	Dave Groombridge	M40	Unattached	19:29
51	882	Andy Duffy	M45	Burnden Road Runners	19:33
52	644	Chris Povey	M	Bolton United Harriers	19:36
53	713	Paul Turner	M50	Bolton United Harriers	19:37
54	870	Graham Shaw	M50	Bolton United Harriers	19:38
55	675	David Bartlett	M	Radcliffe AC	19:40
56	731	Greg Ruscoe	M	Astley & Tyldesley RC	19:42
57	814	Ken Fowler	M55	Bolton United Harriers	19:46
58	730	Paul Rutherford	M45	Swinton Running Club	20:01
59	680	Craig Mackenzie	M50	Bolton United Harriers	20:02
60	884	Suzanne Budgett	F45	Horwich RMI Harriers	20:05
61	712	Roger Fulton	M40	Unattached	20:06
62	728	Kirsty Preece	F40	Burnden Road Runners	20:09
63	734	Paul Christie	M55	Burnden Road Runners	20:11
64	709	Chris Walton	M	Accrington Road Runners	20:16

65	808	Richard Waring	M40	Swinton Running Club	20:19
66	906	Scott Whittle	M	Bolton United Harriers	20:20
67	708	Andy Davidson	M	Unattached	20:23
68	916	Rachel Davies	F	Unattached	20:25
69	912	Cardine Scholes	F35	Bolton United Harriers	20:26
70	722	Chris Greenall	M40	Burnden Road Runners	20:27
71	718	Jonathan Craig	M	Unattached	20:31
72	717	Marcus Taylor	M40	Astley & Tyldesley RC	20:34
73	914	Glyn Williams	M40	Swinton Running Club	20:35
74	670	Steven Lomax	M	Radcliffe AC	20:36
75	886	Jean Mann	F45	Astley & Tyldesley RC	20:39
76	595	Nathan Lee	MJ	Bolton United Harriers	20:41
77	815	Andrew O'Connor	M50	Unattached	20:54
78	894	Andrew Nightingale	M	Wigan Phoenix	20:59
79	871	Peter Ramsdale	M50	Horwich RMI Harriers	21:04
80	659	Neil Haydock	M45	Unattached	21:07
81	902	Andy Staveley	M50	Burnden Road Runners	21:08
82	627	Paul Rushton	M45	Radcliffe AC	21:10
83	694	Terry Gardiner	M45	Astley & Tyldesley RC	21:12
84	903	Michael Williams	M	Unattached	21:13
85	715	Cathy Flitcroft	F45	Bolton United Harriers	21:15
86	911	Chris Nightingale	M40	Wigan Phoenix	21:23
87	823	Vas Sarras	M	Unattached	21:29
88	817	Craig Bradbury	M40	Astley & Tyldesley RC	21:32
89	679	Steve Foster	M45	Astley & Tyldesley RC	21:36
90	869	Duncan Davenport	M40	Unattached	21:44
91	703	David Pearson	M55	Burnden Road Runners	21:48
92	901	Shirley Staveley	F45	Burnden Road Runners	21:49
93	918	Dale Kenyon	M	Unattached	21:51
94	684	Brenda Wane	F45	Astley & Tyldesley RC	21:54
95	594	Mark Wolstencroft	M45	Unattached	21:57
96	920	Oliver Power	M	Burnden Road Runners	21:58
97	629	Dave Waywell	M65	Wesham Road Runners	22:00

98	603	Anne Ferguson	F50	Burnden Road Runners	22:08
99	671	Kieran Hynes	M	Bolton United Harriers	22:11
100	687	Jayne Dickenson	F35	Bolton United Harriers	22:23
101	816	Cara Anderson	F	Swinton Running Club	22:25
102	749	Derek Coop	M50	Astley & Tyldesley RC	22:30
103	698	Carlos Irizar	M50	Southport Waterloo	22:31
104	608	Joshua McCarten	M	Unattached	22:32
105	721	Mark Murphy	M	Radcliffe AC	22:33
106	866	Barry Allman	M50	Astley & Tyldesley RC	22:36
107	748	Wayne Babyneec	M45	Astley & Tyldesley RC	22:37
108	898	Ian Hamilton	M60	Astley & Tyldesley RC	22:37
109	907	Christine Boardman	F	Horwich RMI Harriers	22:41
110	630	Kath Hoyer	F50	Wesham Road Runners	22:44
111	740	Jack Cullen	MJ	Bolton United Harriers	22:45
112	683	Suzanne Gregory	F35	Astley & Tyldesley RC	22:53
113	695	Paul Basnett	M40	Astley & Tyldesley RC	22:55
114	674	Gary Madden	M45	Swinton Running Club	23:01
115	876	Berin Jones	M40	Radcliffe AC	23:03
116	915	Susan Catterall	F55	Northern Vets AC	23:05
117	702	Mark Crowley	M45	Astley & Tyldesley RC	23:06
118	696	Kate Cammish	F35	Swinton Running Club	23:06
119	742	Michael Richardson	M	Unattached	23:09
120	861	Jane Forrest	F45	Burnden Road Runners	23:12
121	706	Yasmin Parapia	F	Radcliffe AC	23:14
122	822	Lawrence Pinnell	M40	Horwich RMI Harriers	23:15
123	811	Brian Duffy	M55	Burnden Road Runners	23:33
124	658	Mark Butler	M45	Burnden Road Runners	23:36
125	896	Paul Rankin	M	Unattached	23:40
126	682	Glyn Thomson	M40	Astley & Tyldesley RC	23:41
127	824	Nick Roberts	M40	Stockport Harriers	23:46
128	637	Susan Booth	F45	Burnden Road Runners	23:47
129	626	John Kirkham	M60	Radcliffe AC	23:55
130	880	Paul Heald	M50	Northern Vets AC	23:56

131	610	Jason Lane	M	Unattached	24:04
132	704	Paul Shier	M	Swinton Running Club	24:04
133	899	Richard Preston	M	Unattached	24:06
134	690	Phil Boardman	M55	Bolton United Harriers	24:17
135	910	Lindsay Warburton	F	Unattached	24:18
136	667	Catherine Jones	F45	Bolton United Harriers	24:23
137	677	Kathryn Davies	F45	Radcliffe AC	24:27
138	596	David Williamson	M40	Swinton Running Club	24:31
139	664	Ed Swift	M60	Horwich RMI Harriers	24:45
140	820	Vanessa Thomson	F	Astley & Tyldesley RC	24:47
141	737	Vannessa Knowles	F35	Burnden Road Runners	24:53
142	867	Mike Lilley	M50	Swinton Running Club	24:53
143	619	Sheila Jones	F55	Radcliffe AC	24:57
144	881	Keith Robson	M70	Manchester Tri Club	24:59
145	599	Paul Turner	M	Unattached	25:09
146	624	Steve Hart	M50	Swinton Running Club	25:17
147	877	Mark Finch	M	Unattached	25:19
148	662	Helen Katherine Ross	F	Unattached	25:20
149	661	Alan Barton	M	Unattached	25:20
150	719	Cliff Stanley	M55	Astley & Tyldesley RC	25:22
151	807	Dawn Green	F50	Swinton Running Club	25:23
152	646	Paul Arrowsmith	M	UKNetRunner	25:24
153	819	Hazel Banks	F45	Horwich RMI Harriers	25:32
154	604	Dhara Tormey	M	Unattached	25:33
155	893	Bill Miller	M45	Bolton United Harriers	25:34
156	699	Eileen Royle	F60	Radcliffe AC	25:38
157	724	Susan Williams	F40	Burnden Road Runners	25:45
158	600	Jeanne Lancashire	F35	Unattached	25:46
159	726	Ian Thomas	M55	Swinton Running Club	25:52
160	647	Alex Donnelly	M40	Bolton United Harriers	25:57
161	865	Denise Kay	F45	Radcliffe AC	26:01
162	705	Melvyn Jones	M55	Swinton Running Club	26:04
163	614	John Lightbowne	M	Unattached	26:11

164	591	James Wood	M	Unattached	26:12
165	643	Sarah Lakeland	F	Unattached	26:13
166	638	Barbara Garmory	F50	Unattached	26:18
167	632	Jill Hargreaves	F40	Bolton United Harriers	26:27
168	615	Peter Ahern	M	Unattached	26:34
169	655	Phil Holden	M45	Unattached	27:14
170	654	Emma Holden	FJ	Unattached	27:14
171	649	Jo Smillie	F40	Unattached	27:15
172	625	Catherine Hodgetts	F35	Astley & Tyldesley RC	27:19
173	733	Bill Kelly	M60	Burnden Road Runners	27:20
174	612	Gemma Harris	F	Unattached	27:34
175	741	Liz Hopley	F40	Burnden Road Runners	27:35
176	883	Lisa Offiwell	F35	Swinton Running Club	27:37
177	710	Elizabeth Mole	F50	Atherton Running Club	27:37
178	904	Deborah Flitcroft	F	Bolton United Harriers	27:44
179	875	Kath Roberts	F50	Swinton Running Club	27:48
180	747	Shelley Parkinson	F50	Chorley Harriers & Tri	27:50
181	642	Francesca Davenport	F	Unattached	28:01
182	812	Michael McDonald	M65	Bowland Fell Runners	28:04
183	623	Carol Hart	F50	Swinton Running Club	28:08
184	736	Ken Beevers	M60	Burnden Road Runners	28:18
185	633	Rob Hargreaves	M40	Unattached	28:38
186	590	Sue Brown	F35	Unattached	28:49
187	611	Les Duncan	M55	Unattached	28:50
188	735	Jacqui Beevers	F60	Burnden Road Runners	29:00
189	631	Andy Wheeler	M55	Radcliffe AC	29:11
190	609	Hayley Lane	F	Unattached	29:13
191	607	Natalie Duncan	F	Unattached	29:13
192	818	Kate Grobbelaar	F	Unattached	29:26
193	648	Chris Smillie	M50	Unattached	29:28
194	692	Martin Schofield	M55	Unattached	29:47
195	900	John Robson	M60	Unattached	30:05
196	691	Christine Booth	F35	Unattached	30:08

197	729	Claire Wolfendale	F	Swinton Running Club	30:09
198	873	Sarah Kelly	F	Unattached	30:13
199	809	Ian Maddrell	M	Unattached	30:30
200	821	Jackie Halstead	F40	Unattached	30:38
201	636	Marie Holden	F45	Unattached	30:56
202	645	Donna Oiller	F	Pendle AC	30:57
203	750	Claire Richardson	F	Unattached	30:59
204	635	Gaynor Clarke	F	Swinton Running Club	30:59
205	657	Sarah Gorse	F	Unattached	31:19
206	919	Howard Henshaw	M70	Blackpool Wyre & Fylde AC	31:33
207	723	Maria Parkinson	F40	Burnden Road Runners	31:35
208	888	Christine Thomasson	F50	Unattached	31:47
209	863	Janet Thomas	F55	Swinton Running Club	32:16
210	613	Melissa Talbot	F	Unattached	32:59
211	605	Jennifer Tobin	F	Unattached	33:02
212	874	Gill Chadwick	F	Unattached	33:45
213	678	Sandra Kay	F45	Unattached	34:02
214	697	Mandy Farrimond	F40	Unattached	34:02
215	917	Helen Steele	F	Unattached	36:01
216	621	Natasha Harvey	F	Unattached	36:34
217	622	Ian Harvey	M40	Unattached	36:34
218	727	Ben Harvey	M	Unattached	36:34
219	813	John Egan	M60	Burnden Road Runners	37:14