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August 2010

**MIDLAND COUNTIES ATHLETIC ASSOCIATION  
YOUNG ATHLETE'S ROAD RELAY CHAMPIONSHIPS  
SUTTON PARK, SUTTON COLDFIELD  
SUNDAY 26<sup>th</sup> SEPTEMBER 2010**

Please find enclosed entry forms for the **MCAA Young Athletes Road Relay Championships** at Sutton Park, Sutton Coldfield, Birmingham commencing at **11.15 am**.

If you are not the person responsible for your Club entries could you please ensure that this letter and entry forms are forwarded to the appropriate person who deals with your road running section.

**SPECIAL AWARDS NOTICE**

In the following age groups, the Under 13s, Under 15s, Under 17s events, any B team who finishes in the first ten positions will receive a special award.

**NB Athletes are NOT allowed to run more than one leg**

**Any Club who runs an athlete not on the declaration form will be disqualified – checking will be done by the office against the results after the event.**

We look forward to receiving your Club's entry and hope you have an enjoyable day.

**Please note the closing date for entries is Monday 13th September 2010.**

Yours in sport

*Dave McNamee*

**Dave McNamee  
Chairman Midland Road Running**

**MCAA YOUNG ATHLETE ROAD RELAY CHAMPIONSHIPS  
SUNDAY 26 SEPTEMBER 2010**

**ENTERING THE MIDLAND ROAD RELAYS ONLINE**

You can enter all the Relays **online** at:

***<http://www.race-results.co.uk/results/2010/index.htm>***

Scroll down the calendar list of races until you find the MCAA Relays event that you wish to enter. Click the big green button on the right hand side that says "Enter online now" and you will be prompted to follow the online entry system.

A guide on how to use the system will be provided on the same page.

**IMPORTANT**

You are **ALSO** reminded that every entrant added must have an England Athletics (EA) registration number or the system will reject that entry. It is the Club's responsibility to ensure all their entered athletes are registered with EA prior to entering the competition.

We wish you a successful and competitive day.

Dave McNamee  
MCAA Road Running Chairman