



WALTON PARK 5
FIVE MILE RACE
ORGANISED BY LIVERPOOL RUNNING CLUB
 Permit Applied For
Website: www.liverpoolrunningclub.com



Tuesday 20th May 2008 at 7.30 pm
At Walton Hall Park Sports Centre Liverpool

ENTRY £8:00 attached. £10:00 unattached. £1:00 Extra on the Day.
 Cheques should be made payable to Liverpool Running Club

• Computerised Results Available on the Night •

ENTRIES ACCEPTED ON THE DAY UNTIL A LIMIT OF 250 IS REACHED

Entries to Mr. Patrick Daly
 117 Bedford Road Walton Liverpool L4 5PT
 Please enclose a 9" x 6" S.A.E.

COURSE RECORD

Male: Martin McCloughlin 23.37. Female Jennifer Clague 28.39.

BONUS FOR NEW "OPEN EVENT" MALE OR FEMALE RECORD

**** Commemorative Towel to all finishers ****

PRIZES TO ALL CATEGORY WINNERS: (ONE PRIZE PER INDIVIDUAL)

FIRST 5 MEN , FIRST 3 WOMEN
 VETERAN CATEGORIES: MEN 40+, 45+, 50+,55+,60+, WOMEN 35+,40+,45+,50+,55+

• Car Parking • Showers • Changing Facilities •

Full Name.....*Sex M / F*.....

Address.....

Age ____ *D.O.B* ____ / ____ / ____ *Best Time:* _____ *Tel:* _____

B.A.F Club _____ *N.o.E Registered Number* _____ *Signed* _____

I declare that I am an amateur as certified by the United Kingdom Athletics Laws .I certify that I am fit and understand that the organisers will be in no way responsible for any injury or illness during the event.

SCAFFOLD & TOWER HIRE LTD

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