

EAST MANCHESTER HARRIERS

PROUDLY PRESENTS

The B of the BANG 10k

Under UKA Rules, awaiting permit

to be held at Sportcity on

Sunday 25 May 2008

Registration from 8.45am

Start 10.00am

Come and take part in the East Manchester 10k taking place inside the Sportcity complex. Run the course around Man City stadium, Sportcity car parks, the famous athletics track and the B of the Bang sculpture.

Raise money for Cerebral Palsy

CASH PRIZES AND AWARDS FOR

<p><u>MEN</u> 1st Four 1st two O40/O45/O50/ O55/O60/70 1st two men's teams 1st two vets teams</p>	<p><u>Extra category</u> 1st three company teams 4 to count in each team Enter online at www.race-results.co.uk, ukresults.net or www.runnersworld.co.uk</p>	<p><u>WOMEN</u> 1st Four 1st two O35/O40/O45/ O50/O55/O60 1st two women's teams 1st two vets teams</p>
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ENTRY FORM

I would like to enter the East Manchester B of the Bang 10k on Sunday 25 May 2008 and I enclose a cheque/postal order made payable to East Manchester Harriers for the £10.00 entry fee. £12.00 UNATTACHED, £1.00 extra on the day Cerebral Palsy

Name: SEX: Male/Female (please delete)

Address:

..... POSTCODE:

Telephone Number:

Date of Birth: Age on Race Day:

Club Name:

Company Name (4 to count in each team):
(£2 levy applies)

Team Entries (3 to count in each team): MALE/LADIES/VET (please delete as applicable)

Unattached: Yes/No (please delete as applicable)

Declaration: I am an amateur as defined by UK Athletics Rules. I am medically fit to take part. I agree that the organisers and/or sponsors shall not be responsible for any loss, accident or injury (or loss/damage to property) arising from my participation in this event.

Signed: Date:

Please return to Ken Dobson, Race Organiser, c/o 87 Stuart St East, Manchester, M11 4BZ. Tel 0161-230 8854