Assisted by









ACKWORTH HALF MARATHON

SUNDAY 28 MARCH 2004 at 10.30 am At the Village Hall, Low Ackworth, Nr Pontefract

Under UKA Rules. Certified distance 13 miles 192.5 yards. NoEAA Permit No. 04/6436

Incorporating the Half Marathon Championships of the A.A.A. of England, the U.K. CAU Inter Counties and the Yorkshire A.A.A.

Higibility: A.A.A. of England/Yorkshire A.A.A. birth or at least 9 months consecutive residence prior to race day. Inter Counties through county managers. Championship deadlines 13/3/04. **Tick boxes below if eligible.**

And 1.7 Miles Fun Run Starts 10.35 am Entry Fee £1.50 (£2.50 after 13/3/04

ENTRIES to Gary Buck, 112 Glebe Street, Castleford, WF10 4AP. Tel 01977 604871
CHEQUES AND POSTAL ORDERS PAYABLE TO ACKWORTH ROAD RUNNERS
ENCLOSE 9 x 6 STAMPED ADDRESSED ENVELOPE FOR RACE NUMBER AND DETAILS
CLOSING DATE: 13 MARCH 2004 for race entries and inclusion in race programme (free to all runners)
ENTRY FEES FOR HALF MARATHON - £10.00 UKA ATTACHED CLUB RUNNERS
£11.00 UNATTACHED.

LATE ENTRIES AND ENTRIES ON DAY £3 EXTRA

Tee Shirt to all Half Marathon finishers. Medal to all Fun Runners. Note! The course is not suitable for wheelchair competitors unless they are experienced.

PRIZES for half marathon to a total value of £5,400 including first 15 men, first 15 women and all veteran categories in 5 year age bands from M40 to M75 and F35 to F65.

Cash prizes to first 3 men and first 3 women.

1st man and 1st woman £750 each plus £250 for new course records (mens record 65-18, womens record 76-50).

2nd man and 2nd woman £400 each. 3rd man and 3rd woman £200 each.

All other prizes in vouchers from Northern Runner.

Note: One prize per person, except where team prizes are won. See over for full prize list & championship details.

PLEASE TICK BOXES BELOW ON ENTRY FORM AS APPROPRIATE

Surname	Forenames
Address	Post Code
Telephone	Male/Female D of B Age on Race Day
	hon Time in Last 3 Years Fee: £10.00 £11.00 £1.50
the race organizers	over 17 years of age (Half Marathon only). I agree to abide by UKA rules and accept that neits nor their sponsors will be held responsible for any loss, injury or illness resulting from this even their sponsors.
the race organizers	
the race organizers	s nor their sponsors will be held responsible for any loss, injury or illness resulting from this even