

| Pos | Name          | Club                         | Time  |    |               |                               |       |    |              |                                |       |
|-----|---------------|------------------------------|-------|----|---------------|-------------------------------|-------|----|--------------|--------------------------------|-------|
| 1   | Jane Potter   | Chamwood AC                  | 17:47 | 27 | G Greenfield  | Aldershot Farnham & Dist AC   | 19:47 | 53 | H Buckingham | Langport Runners               | 21:35 |
| 2   | E Ward        | City Of Stoke AC             | 17:51 | 28 | S Willmott    | Blackburn H & AC              | 19:50 | 54 | C Castledine | Blackheath Harriers Bromley    | 21:41 |
| 3   | K Reed        | Bristol AC                   | 17:53 | 29 | R Proctor     | City Of Norwich AC            | 19:53 | 55 | S Swaine     | Harborough AC                  | 22:00 |
| 4   | F Fullerton   | Havering Mayesbrook AC       | 18:04 | 30 | S Herbert     | Bristol AC                    | 19:55 | 56 | S Gattford   | Telford AC                     | 22:08 |
| 5   | A Hoban       | Wakefield District H & AC    | 18:21 | 31 | C Simkin      | Chamwood AC                   | 19:59 | 57 | L Moran      | Saracens RC                    | 22:09 |
| 6   | Juliet Potter | Charnwood AC                 | 18:26 | 32 | H Gibbs       | Leicester Corintian AC        | 20:03 | 58 | L Blackman   | Solihull & Small Heath AC      | 22:10 |
| 7   | H Zenner      | Team Solent                  | 18:36 | 33 | L Johnson     | Chamwood AC                   | 20:07 | 59 | J Tudball    | Bristol AC                     | 22:11 |
| 8   | \$B Frost     | Isle Of Wight AC             | 18:37 | 34 | S Stewart     | Team Solent                   | 20:13 | 60 | E Patrick    | Warrington AC                  | 22:13 |
| 9   | J Nugent      | Shaftesbury Barnet Harriers  | 18:39 | 35 | R Robinson    | Kendal AAC                    | 20:21 | 61 | K Burrag     | City Of Norwich AC             | 22:17 |
| 10  | N Dover       | Windsor Slough Eton Hounslow | 18:45 | 36 | H South       | City Of Norwich AC            | 20:23 | 62 | N Woods      | Royal Sutton Coldfield AC      | 22:18 |
| 11  | \$K Frost     | Isle Of Wight AC             | 18:46 | 37 | C Tomaney     | Charnwood AC                  | 20:24 | 63 | J Clements   | Solihull & Small Heath AC      | 22:18 |
| 12  | L Lilley      | Mansfield H & AC             | 18:48 | 38 | A Dungan      | City Of Norwich AC            | 20:26 | 64 | H Whitelam   | Hallamshire Harriers Sheffield | 22:20 |
| 13  | D Riding      | Sale Harriers Manchester     | 19:12 | 39 | C Bassill     | Luton United AC               | 20:29 | 65 | A Cascioli   | Medway & Maidstone AC          | 22:20 |
| 14  | K Brennan     | Warrington AC                | 19:20 | 40 | A Wiltshire   | Bristol AC                    | 20:31 | 66 | A Marsh      | Newark AC                      | 22:23 |
| 15  | U Counsell    | Bristol AC                   | 19:24 | 41 | K Douglas     | Border H & AC                 | 20:38 | 67 | \$M Smith    | Rugby & District AC            | 22:27 |
| 16  | J Wright      | Shaftesbury Barnet Harriers  | 19:26 | 42 | H Whitmore    | Charnwood AC                  | 20:46 | 68 | C Adams      | Aldershot Farnham & Dist AC    | 22:29 |
| 17  | N White       | Holmfrith Harriers AC        | 19:27 | 43 | E Woods       | Royal Sutton Coldfield AC     | 20:49 | 69 | N Rogers     | Colchester & Tending AC        | 23:03 |
| 18  | R Waller      | Sale Harriers Manchester     | 19:28 | 44 | K Vinnicombe  | Newark AC                     | 20:53 | 70 | B Kumari     | Tipton Harriers                | 23:10 |
| 19  | A Pritchard   | Reading AC                   | 19:29 | 45 | O Walwyn      | City Of Norwich AC            | 20:57 | 71 | L Clayton    | Invicta East Kent AC           | 23:27 |
| 20  | F Briscoe     | White Horse Harriers         | 19:31 | 46 | L Pringle     | Sale Harriers Manchester      | 21:00 | 72 | H Woods      | Aldershot Farnham & Dist AC    | 23:33 |
| 21  | L Deadman     | Havering Mayesbrook AC       | 19:35 | 47 | A Ferguson    | Chelmsford AC                 | 21:10 | 73 | K Price      | Mansfield H & AC               | 23:42 |
| 22  | K Wharton     | Bristol AC                   | 19:36 | 48 | E Langdon     | Leighton Buzzard AC           | 21:12 | 74 | G Cooke      | Hallamshire Harriers Sheffield | 24:27 |
| 23  | J Smith       | Warrington AC                | 19:41 | 49 | K Bartholomew | Aldershot Farnham & Dist AC   | 21:13 | 75 | L Appleby    | Solihull & Small Heath AC      | 25:01 |
| 24  | A Joel        | Basildon AC                  | 19:42 | 50 | N Fifield     | Wells City Harriers           | 21:19 | 76 | C Irons      | Warrington AC                  | 25:10 |
| 25  | R Stowe       | Peterborough AC              | 19:44 | 51 | H Stubbs      | Woodford Green W Essex Ladies | 21:21 | 77 | S Bonnage    | Invicta East Kent AC           | 26:35 |
| 26  | K Waterson    | Bedford & County AC          | 19:47 | 52 | N Duggan      | Morpeth H & AC                | 21:34 |    |              |                                |       |

|                               |     |   |                 |                  |              |              |
|-------------------------------|-----|---|-----------------|------------------|--------------|--------------|
| 1 Bristol AC                  | 64  | — | 3 K Reed        | 13 U Counsell    | 20 K Wharton | 28 S Herbert |
| 2 Charnwood AC                | 67  | — | 1 Jane Potter   | 6 Juliet Potter  | 29 C Simkin  | 31 L Johnson |
| 3 City Of Norwich AC          | 140 | — | 27 R Proctor    | 34 H South       | 36 A Dungar  | 43 O Walwyn  |
| 4 Warrington AC               | 164 | — | 12 K Brennan    | 21 J Smith       | 58 E Patrick | 73 C Irons   |
| 5 Aldershot Farnham & Dist AC | 206 | — | 25 G Greenfield | 47 K Bartholomew | 65 C Adams   | 69 H Woods   |