

# Reebok Manchester

## May Day Sale 5K Races

**Monday 3rd May 2010 : first race at 10.30am**

Venue: At Wythenshawe Park Athletics Facility, Wythenshawe Road, Wythenshawe, Manchester M23 0AB

Facilities: Changing, toilets, parking, drinks, food, massage, running kit for sale.

Course : Start and Finish on the track and run on fast & flat park roads & paths in & around the park.

**Cash Prizes:- £200 First Man & Woman.** Prizes to First 3 individuals, Men & Women  
**£50 for UK, MayDay bests of 14:21 Men(Chris Davies) & 16:00 Women(Jane Spark)**  
**£50 Bonus for all Sub 14:30 Men & Sub 16:30 Women**

**Technical Tee Shirt or medal to all Finishers**

Young Athlete and Veteran category prizes (Minimum age 13yrs)

First teams (of 3) : Men & Women : Veterans : Young Athletes in the 5K Races.

**Young Athletes Under13 & Under11 2K race** Minimum age 8 years on the day

Awards for age groups. First Three Boys & Girls in each age group.

1. **10.30am Family Fun Run** approx. 1mile £3.00 each (Medals to finishers)
2. **10.45am Junior Race 2Km** (Under 13 minimum age 8 years) £2.00
3. **11.00am Men's 5Km:** £8.00each or £6.00 UKA club runners, £2 extra on the day entry
4. **11.30am Women Only 5Km:** £8.00each or £6.00 UKA club runners, £2 extra on the day

Cheques payable to **Sale Harriers Manchester** or Enter online at [www.race-results.co.uk](http://www.race-results.co.uk)

**Closing date for postal entries: 26/4/2010** Collect number on the day enquiries to: [runningwise@ntlworld.com](mailto:runningwise@ntlworld.com)

Further details can be found on [www.runningwisedr.co.uk](http://www.runningwisedr.co.uk) & Results Service at [www.race-results.co.uk](http://www.race-results.co.uk)



Reebok Manchester May Day Sale 5K - Entry Form – *Please print clearly*

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Post code: \_\_\_\_\_ Telephone no: \_\_\_\_\_

UKA Club (if any): \_\_\_\_\_ England Athletic Registration No \_\_\_\_\_

**Date of Birth**..... Sex : Male  Female  : **5 Km Race**  **Y A 2k Race**  **Fun Run**  :

*I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any loss, damage, illness or injury sustained as a result of taking part in the race. **Signature** also of Parent or guardian of Under17 athletes.....*

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Entry fee enclosed : £ \_\_\_\_\_

